



Commitment of Participation for Georgia's 5-STAR Hospital Initiative

Please complete, print, sign and fax to: 404-657-7307

Understanding Georgia's commitment to reaching a goal, by 2020, of 81.9% breastfeeding among infants, _____ [facility name] would like to support that goal by making a commitment to participate in Georgia's 5-STAR Hospital Initiative. Georgia's 5-STAR Hospital Initiative recognizes that all efforts for supporting breastfeeding are important and to recognize those efforts the Georgia Department of Public Health will award one star for every two steps achieved in the *Ten Steps to Successful Breastfeeding*, as defined by Baby-Friendly -USA®.

Steps for achieving STAR(s):

- Submit a written breastfeeding policy
- Train all health care staff in skills to support successful breastfeeding
- Inform/Educate all pregnant women about benefits/management of breastfeeding
- Skin-to-skin within one-hour of birth for 30 minutes and until first feeding is completed
- Practice rooming-in
- Show mothers how to breastfeed and how to maintain lactation even if they are separated from the infant(s)
- Breastfeeding on demand; educating mothers regarding cue-based feeding
- No supplemental formula unless medically indicated
- No artificial nipples/pacifiers
- Breastfeeding support groups referred at discharge for a focus of exclusive breastfeeding for 6 months

Our current *initiation* of breastfeeding rate is _____% (excluding NICU infants)

Our current rate for skin-to-skin within 1-hour is _____%

Our current rate of **exclusive** (no formula used) breastfeeding at discharge is _____%

Our current breastfeeding rate at discharge for all breastfeeding infants is _____%

Name of Contact Person (printed)

Name of Executive Leader (printed)

Title of Contact Person (printed)

Title of Executive Leader (printed)

Phone Number

Signature of Executive Leader

NOTE: Authorization of this commitment includes granting consent to the Georgia Department of Public Health (DPH), in the utilization of images and videos captured during DPH events, for promotion and recruitment of the Georgia 5-STAR Hospital Initiative.