



## Georgia Department of Public Health Dietetic Internship

### Renal Rotation Description

**Renal Rotation:** During the renal rotation, interns will work with the renal interdisciplinary team in the dialysis clinic and provide consultations and renal nutrition education to patients in the outpatient renal clinic. The intern will assess, follow up with, and manage the nutritional care of patients undergoing hemodialysis/peritoneal dialysis along with their other complex medical needs throughout the rotation.

#### Before the rotation:

1. Review [www.kidney.org](http://www.kidney.org) , [www.davita.com](http://www.davita.com) , [www.KDIGO.org](http://www.KDIGO.org) , [www.eatright.org](http://www.eatright.org) , Nutrition and Diagnosis Related Care, Food Medication Interactions, Code of Ethics for the Profession of Dietetics, Pocket Guide to Nutritional Assessment of the Patient with chronic Kidney Disease (4th Edition)
2. Complete the GDPH DI pre-rotation Renal Rotation Module
3. Contact renal rotation preceptor 2 weeks prior to rotation start date to arrange renal rotation schedule

**Length of rotation:** 3 weeks (72 hours)

**Standard hours:** TBD by rotation preceptor

#### Expectations:

1. Interns have completed the renal rotation module entirely before the first day of the renal rotation
2. Interns will meet with preceptor on the first day of rotation to discuss the preceptor/intern task list and pre rotation renal module
3. Interns will abide by all internship policies

#### Resources needed for rotation:

1. Calculator and black ink pen
2. Food Medication Interaction Handbook, Nutrition Assessment Pocket Guide and Nutrition Care Process Pocket Guide
3. Completed renal module

#### Learning Objectives:

1. The intern will be able to review monthly lab results of clients on dialysis therapy, recognize and interpret outlier results, discuss physiological implications of abnormal labs, and make nutrition care related recommendations for change to improve lab results
2. Interns will be able to use medical information and client interview to complete comprehensive nutrition assessments and document care plans for patients on dialysis
3. The intern will be able to plan and present nutrition education appropriately to patients on dialysis clients



4. Interns will be able to participate in the interdisciplinary care and recognize and demonstrate the role of the RD in the care of the dialysis client to include referral as needed to other care providers

### **Activities:**

1. Comprehensive nutrition assessment, intervention, and evaluation for patients with renal disease (lab work review, diet guidelines, patient education, and nutrition care recommendations)
2. Interdisciplinary rounds/care
3. Special project as assigned by preceptor (Lobby Day, bulletin board, education material development, etc.)

### **Competencies:**

1. CRD 1.1: Select indicators of program quality and/or customer service and measure achievement objectives
2. CRD 1.3: Justify programs, products, services and care using appropriate evidence or data
3. CRD 2.1: Practice in compliance with current federal regulations and state statutes and rules, as applicable and in accordance with accreditation standards and the Scope of Dietetics Practice and Code of Ethics for the Profession of Dietetics
4. CRD 2.2: Demonstrate professional writing skills in preparing professional communications
5. CRD 2.3: Design, implement, and evaluate presentations to a target audience
6. CRD 2.4: Use effective education and counseling skills to facilitate behavior change
7. CRD 2.5: Demonstrate active participation, teamwork, and contributions in group settings
8. CRD 2.6: Assign patient care activities to DTRs and support personnel as appropriate
9. CRD 2.7: Refer clients and patients to other professionals and services when needs are beyond individual scope of practice
10. CRD 2.8: Apply leadership skills to achieve desired outcomes
11. CRD 2.10: Establish collaborative relationships with other health professionals and support personnel to deliver effective nutrition services
12. CRD 2.11: Demonstrate professional attributes within various organizational cultures
13. CRD 3.1: Perform the Nutrition Care Process (a through e below) and use standardized nutrition language for individuals, groups and populations of differing ages and health status, in a variety of settings
  - a. Assess the nutritional status of individuals, groups, and populations in a variety of settings where nutrition care is or can be delivered
  - b. Diagnose nutrition problems and create problem, etiology, signs and symptoms (PES) statements
  - c. Plan and implement nutrition interventions to include prioritizing the nutrition diagnosis



- d. Monitor and evaluate problems, etiologies, signs, symptoms, and the impact of interventions on the nutrition diagnosis
  - e. Complete documentation that follows professional guidelines, guidelines required by the health care systems and guidelines required by the practice setting
14. CRD 3.2: Demonstrate effective communication skills for clinical and customer services in a variety of formats
  15. CRD 3.3: Develop and deliver products, programs or services that promote consumer health, wellness and lifestyle management

**Evaluation** –Intern activities and assignments will be evaluated by the preceptor using performance standards definitions included in final evaluation form. Interns will be given a final evaluation at the end of the rotation using the GDPH DI final evaluation form. The final evaluation form will include grades from all activities/assignments as well as a review of professionalism parameters

**After the rotation:**

1. Submit electronically to DI Program Director
  - a. Signed and dated renal rotation orientation check list
  - b. Completed signed and dated renal rotation goals and reflections form
  - c. Documentation from all activities and assignments
  - d. All signed and dated activity logs for the entire renal rotation
  - e. Completed, signed and dated renal rotation hours summary form
  - f. Completed, dated, and signed renal rotation final evaluation form