



## Georgia Department of Public Health WIC Dietetic Internship Program Bariatric Rotation Description

**Bariatric Rotation:** During this outpatient rotation, interns will partake in observation and then progress to independent completion of individual and group nutrition education sessions (as appropriate), education of modified diets and risk factor prevention techniques. Interns will be responsible for implementing and managing nutrition care plans for diagnoses including obesity, and weight management while also considering life experiences, cultural diversity and educational background. Interns will receive experience in pre- and post-operative counseling for bariatric surgery patients.

### **Before the rotation:**

1. Contact preceptor two weeks before the start of the rotation to arrange the rotation schedule.
2. Complete the clinical pre-rotation modules.

**Length of rotation:** Varies by intern/preceptor **Standard hours:** TBD by rotation preceptor

### **Expectations:**

1. Interns have completed clinical pre rotation modules entirely before the first day of any clinical rotation.
2. Interns will meet with preceptor on the first day of rotation to discuss review the orientation checklist and rotation goals forms.
3. Interns will abide by all internship and facility policies.

### **Resources needed for rotation:**

1. Calculator and black ink pen.
2. Food Medication Interaction Handbook, Nutrition Assessment Pocket Guide and Nutrition Care Process Pocket Guide, Nutrition and Diagnosis Related Care Textbook, Nutrition Diagnosis and Intervention: Standardized Language for the Nutrition Care Process, Nutrition Therapy & Pathophysiology, 2<sup>nd</sup> Edition.
3. Completed pre-rotation module.
4. Computer and internet access.

### **Learning Objectives:**

1. The intern will be able to utilize technology to access credible scientific sources to research nutrition related questions and apply evidence-based guidelines.
2. The intern will be able to appropriately complete nutrition assessments, distinguish nutrition diagnoses, plan nutrition interventions and identify parameters to monitor success of interventions.
3. Intern will be able to confidently and effectively work as part of an interdisciplinary care team to provide high quality patient care.



### Activities:

1. Nutrition Assessment, Diagnosis, Intervention and Monitoring (Nutrition Care Process)
2. Nutrition Education – Group and Individual

### Competencies:

1. CRD 1.1: Select indicators of program quality and/or customer service and measure achievement objectives
2. CRD 1.2: Apply evidence-based guidelines, systematic reviews and scientific literature (such as the Academy's Evidence Analysis Library and Evidence-based Nutrition Practice Guidelines, the Cochrane Database of Systematic Reviews and the U.S. Department of Health and Human Services, Agency for Healthcare Research and Quality, National Guideline Clearinghouse Web sites) in the nutrition care process and model and other areas of dietetics practice
3. CRD 1.4: Evaluate emerging research for application in dietetics practice
4. CRD 2.1: Practice in compliance with current federal regulations and state statutes and rules, as applicable and in accordance with accreditation standards and the *Scope of Dietetics Practice and Code of Ethics for the Profession of Dietetics*
5. CRD 2.2: Demonstrate professional writing skills in preparing professional communications
6. CRD 2.3: Design, implement, and evaluate presentations to a target audience
7. CRD 2.4: Use effective education and counseling skills to facilitate behavior change
8. CRD 2.5: Demonstrate active participation, teamwork, and contributions in group settings
9. CRD 2.7: Refer clients and patients to other professionals and services when needs are beyond individual scope of practice
10. CRD 2.11: Demonstrate professional attributes within various organizational cultures
11. CRD 2.13: Demonstrate negotiation skills
12. CRD 3.1: Perform the Nutrition Care Process (a through e below) and use standardized nutrition language for individuals, groups, and populations of differing ages and health status, in a variety of settings
  - a. Assess the nutritional status of individuals, groups, and populations in a variety of settings where nutrition care is or can be delivered
  - b. Diagnose nutrition problems and create problem, etiology, signs, and symptoms (PES) statements
  - c. Plan and implement nutrition interventions to include prioritizing the nutrition diagnosis
  - d. Monitor and evaluate problems, etiologies, signs, symptoms, and the impact of interventions on the nutrition diagnosis
  - e. Complete documentation that follows professional guidelines, guidelines required by the health care systems and guidelines required by the practice setting
13. CRD 3.2: Demonstrate effective communication skills for clinical and customer services in a variety of formats



14. CRD 3.3: Develop and deliver products, programs or services that promote consumer health, wellness, and lifestyle management
15. CRD 4.5: Use current informatics technology to develop, store, retrieve, and disseminate information and data

**Evaluation:**

1. Intern activities and assignments will be evaluated by the preceptor using grading definitions included in final evaluation form.
2. Interns will be given a final evaluation at the end of the rotation using the DPH WIC DI final evaluation form.
3. The final evaluation form will include grades from all activities/assignments as well as a review of professionalism parameters.

**After the rotation:**

1. Submit electronically to DPH WIC Dietetic Internship Program Director:
  - a. Signed and dated rotation orientation check list.
  - b. Completed, signed, and dated rotation goals and reflections form.
  - c. Documentation from all activities and assignments.
  - d. All signed and dated activity logs for the entire bariatric rotation.
  - e. Completed, signed, and dated rotation hour's summary form.
  - f. Completed and signed bariatric rotation final evaluation form.