

MEMORADUM

INFORMATION MEMO # 13-03

TO: District Health Directors
District Program Managers
District Administrators
District Nutrition Services Directors

FROM: Debra L. Keyes, MA, RD 
Director
Georgia WIC Program

DATE: January 30, 2013

RE: Breastfeeding Mother and Baby Dyad Clarification

This memo is intended to clarify the assignment of feeding types and food packages of the breastfeeding mother and infant feeding dyad. Below please find the procedures:

Breastfeeding Mother and Infant Feeding Dyads

- Infants **must follow** the feeding type category of their mothers
- All breastfeeding women on WIC must have a breastfed infant on the program
- On the woman's certification, WIC staff must enter the code AAA in the infant's food package field when the infant(s) cannot be certified because they are still in the hospital.
- If the infant's mother is exclusively breastfeeding then the infant is also classified as exclusively breastfed
- If the infant's mom is mostly breastfeeding, the infant should be in the infant mostly breastfed category

Feeding Types

- Feeding types can be changed. However, both mother and infant feeding types must be changed at the same time
- An infant cannot be issued additional formula that results in a feeding type change, when the mother has already cashed her vouchers for the current month.
- The only exception (to this rule) is when a mother/baby dyad is less than six months old and is switching from Some Breastfeeding to Fully Formula Feeding. In this instance, the mother's food package does not change.

Multiple Births

- For multiple births, only one infants ID number is recorded on the mother's certification.
- If both infants are the same feeding type, either infants ID can be recorded.



- In cases where the infants have different feeding types, enter the ID for infant with the feeding type that represents the largest amount of breastfeeding. In other words, Exclusively Breastfed before Mostly Breastfeeding and Mostly Breastfeeding before Some Breastfeeding.

WIC Identification Number

The infant's WIC ID number must be entered on the mother's Certification form. This information will be used to establish breastfeeding mother and baby dyad reports to ensure feeding types remain matched.

Attached are pages FP-11, FP-12, and FP-24 of the 2013 Georgia WIC Procedures Manual which have been revised to emphasize the relationship between the mother/Infant dyad.

If you have any questions, please contact Julianne Gaston at (404) 657-2884.

jg/kpa

Attachments

c: Lynn A. Flen – WIC Program Deputy Director
Hugh P. Warren, Jr. MPA, CPA – WIC Program Deputy Director
WIC Managers

Formulas that are only available in large powder container sizes (e.g., 22-25.7 oz) cannot be issued to a MBF infant during the first month of life since their reconstituted yield exceeds the maximum allowed. CPAs must verify the formula yield per can prior to issuance of a 999 food package to a MBF infant during the first month of life. Infant formula issuance is limited during this time period to support the successful establishment of breastfeeding.

When an infant's initial certification is during the first month of life, the CPA will assign the CPA FPC that provides the amount of formula that should be issued after the first month. After entering the CPA FPC for a MBF package in the computer system, a second box will appear for the CPA to enter the FPC for the first month. From 0 to 20 (twenty) days of age this can either be E00 (no formula) or the appropriate FPC for one (1) can of powder formula (i.e., E17 for Gerber Good Start Gentle).

From 21 (twenty-one) days to one (1) month of age, the CPA is allowed a third choice for the first month's food package. Since the infant is almost one (1) month old, the CPA can assign the same package as the CPA FPC or the full amount of formula being prescribed after the first month. For example, entering F17 in the second box would provide the maximum formula amount of five (5) cans allowed for ages one (1) to three (3) months. This option is only available at the initial certification.

For additional formula to be issued during the first 30 days of life both mother and baby must be switched to some breastfeeding or fully formula feeding.

3. Exclusively Breastfed (EBF) infants receive no formula from WIC. At six (6) months of age, EBF infants receive infant cereal, infant fruits and vegetables, and infant meats. EBF infant food package codes are E00 and E01. The computer will automatically advance the food package at age six (6) months from E00 to E01.

D. Matching Mother/Baby Packages

"Mother/baby dyad" refers to the process of thinking of a mother and her infant as a unit or pair rather than as two individuals. The mother/baby dyad food packages must agree. For instance, the infant of an Exclusively Breastfeeding Woman (EBF) must be issued an Exclusively Breastfed food package. The table below matches the appropriate infants food package to their mothers food package.

Mother Receives:	Infant Receives:	Federal Terminology:
Exclusively Breastfeeding (EBF) woman food package	Exclusively Breastfed (EBF) food package (receives no formula from WIC)	Fully Breastfed infant and Fully Breastfeeding Woman
Mostly Breastfeeding (MBF) woman food package	Mostly Breastfed (MBF) food package (does not exceed monthly formula allowance for Mostly Breastfed infant)	Partially Breastfed Infant and Partially Breastfeeding Woman where a singleton infant receives formula from the WIC program in amounts that does not exceed the maximum allowances for FP I-BF/FF A, B, C or II-BF/FF
If less than 6 months postpartum: a Some Breastfeeding (SBF) woman food package If greater than 6 months postpartum: Some Breastfeeding (SBF) woman food package W80 (with no foods)	Formula in an amount that exceeds the monthly allowance for a Mostly Breastfed infant (e.g., a Fully Formula Fed [FFF] food package) <u>and breast milk</u>	Partially Breastfed Infant and Partially Breastfeeding Woman where a singleton infant receives formula from the WIC program in amounts that exceeds the maximum allowances for FP I-BF/FF A, B, C or II-BF/FF
If less than 6 months postpartum: Non-Breastfeeding woman food package If greater than 6 months postpartum: mother is no longer WIC eligible	Fully Formula Fed (FFF) food package and <u>no</u> breast milk	Fully Formula Fed

E. Manual Food Package

When Voucher Printing on Demand (VPOD) is not available, a manual food package for age or equivalent (i.e., concentrate or powder) should be issued to infants. Manual vouchers are available for Gerber Good Start Gentle for food packages A17, B17, and D17. If a manual food package is not available for the type and/or the amount of formula the infant receives, the food package should be issued on a blank voucher(s). When using blank vouchers for state-created food packages, the CPA FPC, the age-appropriate internal food package code (FPC), and the voucher code (VC) must be listed on the blank voucher. For example, a FFF three (3)-month-old infant on powder Gerber Good Start Soothe would be issued two vouchers with the following codes: CPA FPC A37, FPC A37, and VC L01 and L02.

(4) Food Package VII also includes a "super" food package for women exclusively breastfeeding multiple infants ("Exclusively Breastfeeding Multiples") from the same pregnancy. None of the infants of a woman in this classification can receive any formula or medical foods from WIC in order for the woman to qualify for this "super" food package. This package contains 1.5 times the amount of foods in the standard Food Package VII. Each of these "super" food packages consists of two monthly packages that are issued in alternating months. The rotation is done automatically by the computer system.

Food Package VII consists of milk, cheese, cereal, juice, eggs, whole grain bread or alternative, fruits and/or vegetables, beans/peas, peanut butter and fish. Refer to Attachment FP-3¹ for the authorized foods and the maximum amounts allowed per month for women.

D. Tailoring

It is federally mandated that the maximum monthly allowance be prescribed. This applies even where there are two (2) or more family members participating on WIC.

The CPA can assign a standard package or a package with an alternative dairy option such as goat milk, tofu, or soy milk.

E. Food Package Assignment

The food packages for women are listed on Attachments FP-1¹ to FP-1⁴. The Food Package Codes (FPCs) for Prenatal and Mostly Breastfeeding Women are W00– W13. The FPCs for Postpartum Non-Breastfeeding/Fully Formula Feeding and Some Breastfeeding Women are W20 – W33 plus W80 for Some Breastfeeding women greater than 6 months postpartum. The FPCs for Exclusively Breastfeeding Women are W40 – W79.



If at any time the mother requests an additional amount of formula, the CPA should reassess the mother/baby pair to determine what changes need to be made to both the mother's and the infant's food package and feeding type. CPAs must change both the food package of the mother and infant(s) to reflect any changes in their joint status; for example, transitioning from Exclusively Breastfeeding to Mostly Breastfeeding or from Mostly Breastfeeding to Some Breastfeeding. Refer to Attachment FP-3¹ for the authorized foods and the maximum amounts allowed per month for women.

F. Manual Food Package

When Voucher Printing on Demand (VPOD) is not available, a manual food package should be issued. If a manual food package is not available for the food package the woman receives, then a food package should be issued using blank vouchers.

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