

Meningococcal Disease Epidemiology and Serogroup B Outbreaks

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Overview

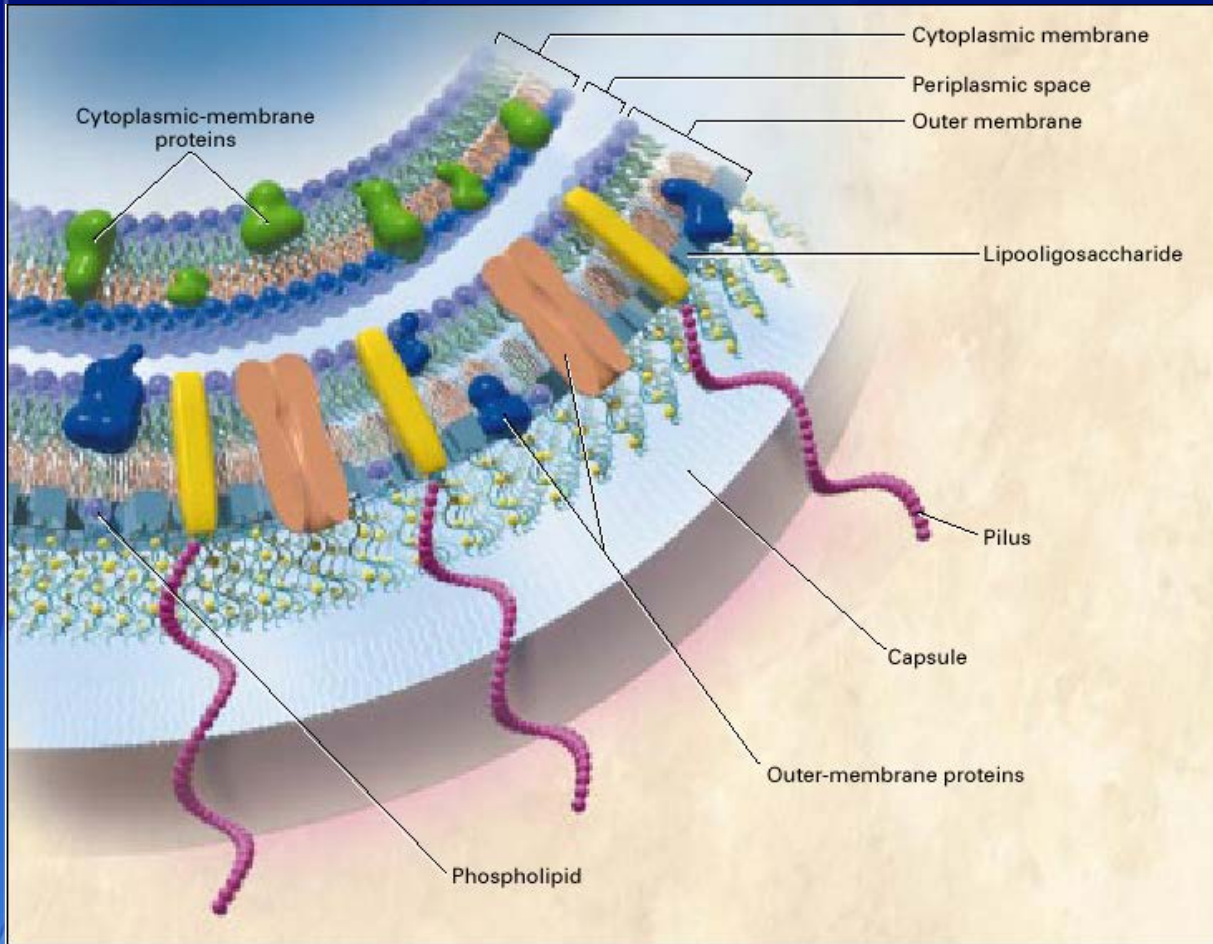
- ❑ Overview of meningococcal disease
- ❑ Epidemiology and burden of disease
- ❑ Recent outbreaks on college campuses
- ❑ Prevention and management

Meningococcal Disease

- ❑ **Three syndromes:**
 - Meningitis
 - Bloodstream infection
 - Pneumonia
- ❑ **“Flu-like” symptoms early**
- ❑ **Rapidly progressive**
- ❑ **High morbidity and mortality**
 - 10-15% die
 - 11-19% have long-term disability
- ❑ **Most disease occurs in healthy people**



Neisseria meningitidis bacteria



Capsule

- 13 types
- 6 cause most disease globally (A, B, C, W, X, and Y)
- Target for conjugate vaccines

Outer-membrane proteins

- targets for serogroup B vaccines

Nasopharyngeal Carriage

- ❑ Carried as part of the commensal microbiota in the upper respiratory tract of humans
- ❑ 5-10% of the population are carriers
 - Adolescents and young adults have highest carriage rates
- ❑ <1% of persons exposed who become carriers develop invasive disease
- ❑ Carriage is asymptomatic and transient
- ❑ Level of carriage does not predict the course of the outbreak

Meningococcal Disease Risk Factors

Pathogen

Virulence Factors

capsule, adhesins,
nutrient acquisition
factors, endotoxin
release

Host Factors

deficiencies in terminal
complement pathway,
asplenia,
immunosuppression,
genetic risk factors

Population/ Environmental Factors

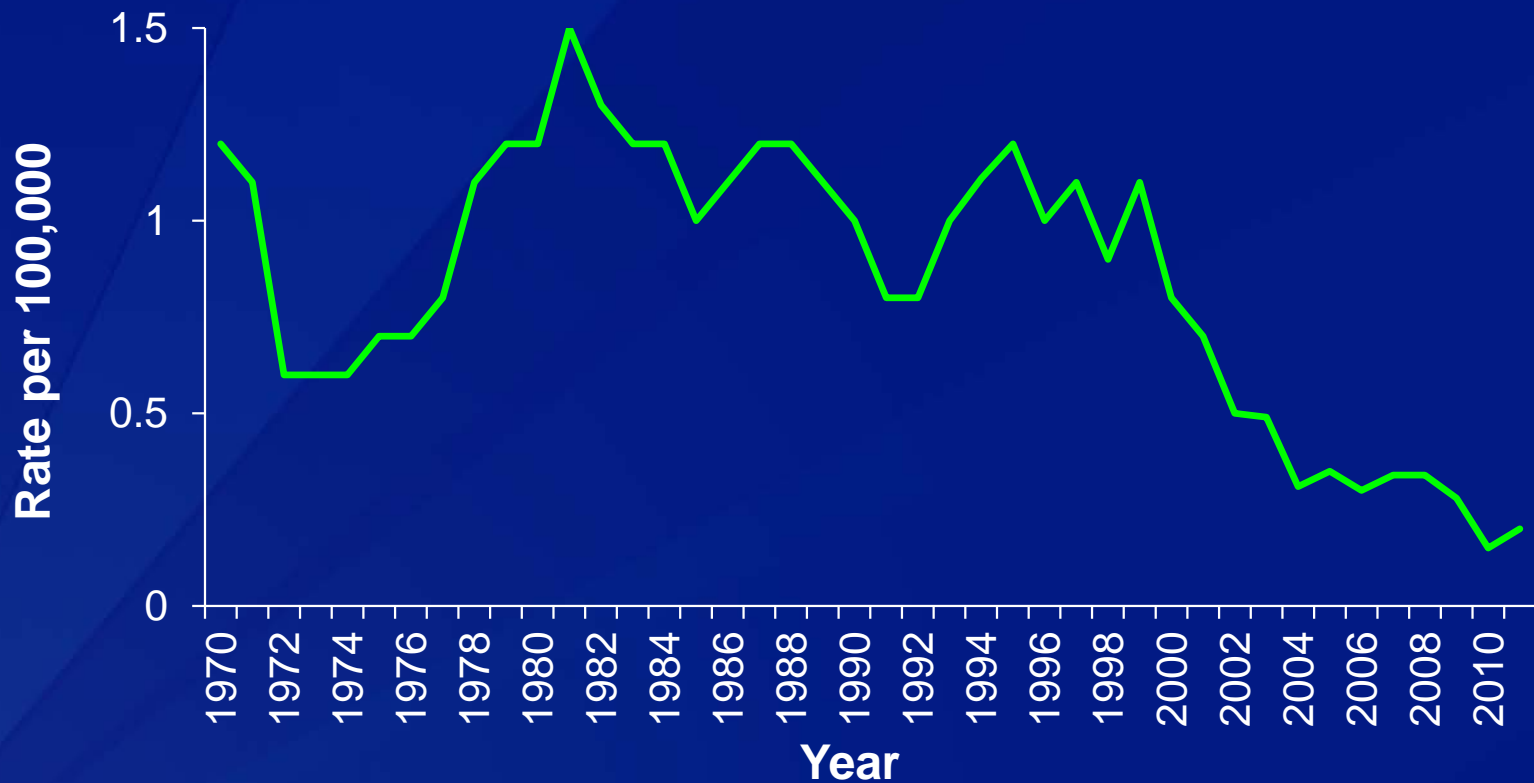
household exposure,
crowding, demographic
and socio-economic
factors, active and passive
smoking, concurrent
upper respiratory tract
infections

EPIDEMIOLOGY AND BURDEN OF MENINGOCOCCAL DISEASE

Meningococcal Disease Incidence by Country/Region

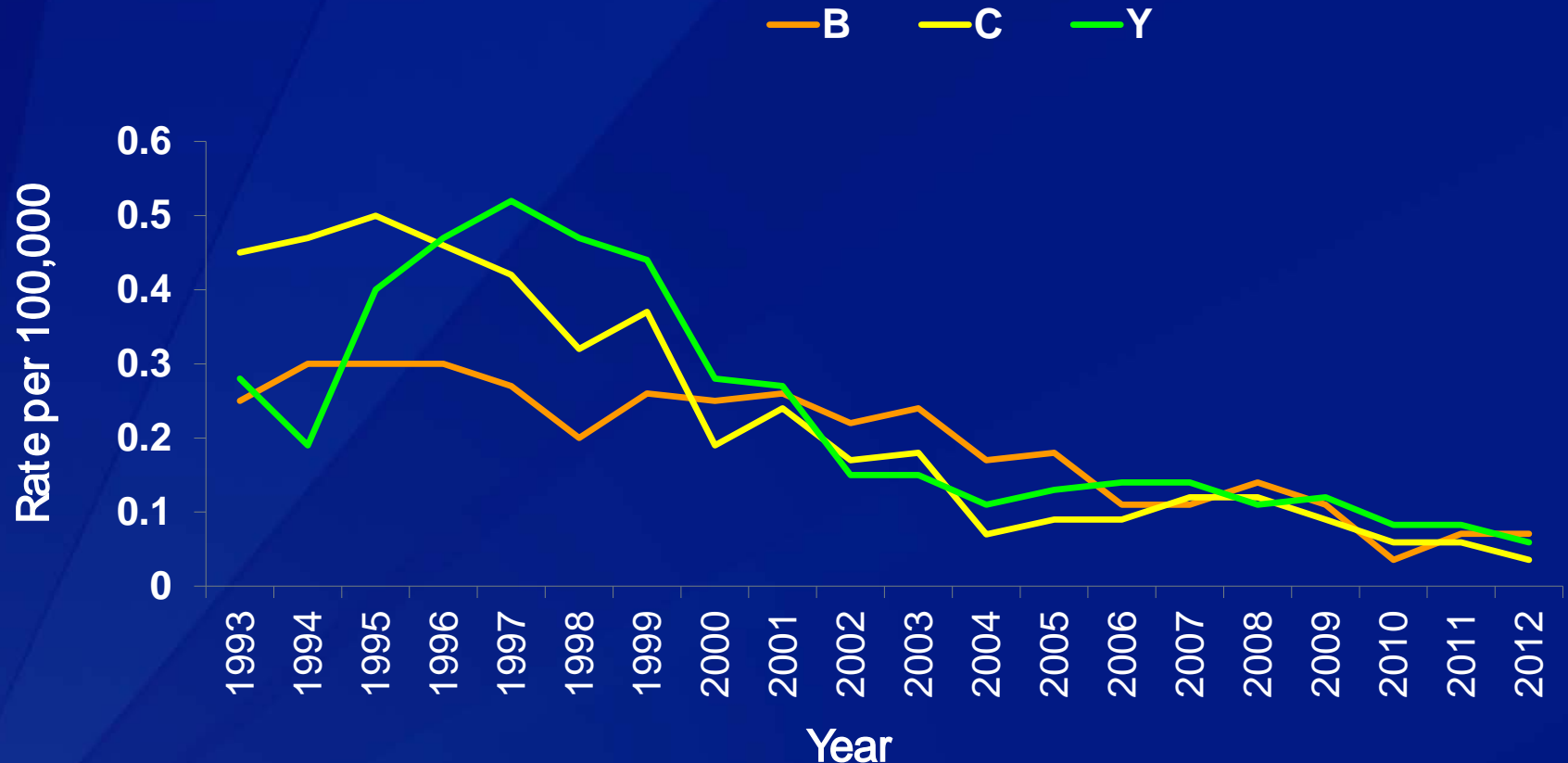
Country/Region	Incidence per 100,000	Predominant Serogroup(s)	Year
African meningitis belt	10-1,000 (during epidemics)	A	n/a
New Zealand	2.4	B	2010
Australia	1.2	B	2009
Europe	0.92	B,C	2009
Chile	0.5	B,C	2010
Argentina	0.6	B,W	2008
Canada	0.47	B,C	2008
United States	0.28	B,C,Y	2009

Meningococcal Disease Incidence, United States, 1970-2011



1970-1996 NNDSS data, 1997-2011 ABCs data estimated to U.S. population

Meningococcal Disease Incidence by Serogroup, United States, 1993-2012*



*Source: ABCs cases from 1993-2012 estimated to the U.S. population with 18% correction for under reporting

Case-Fatality Ratio by Serogroup and Age-Group, United States, 1997-2011

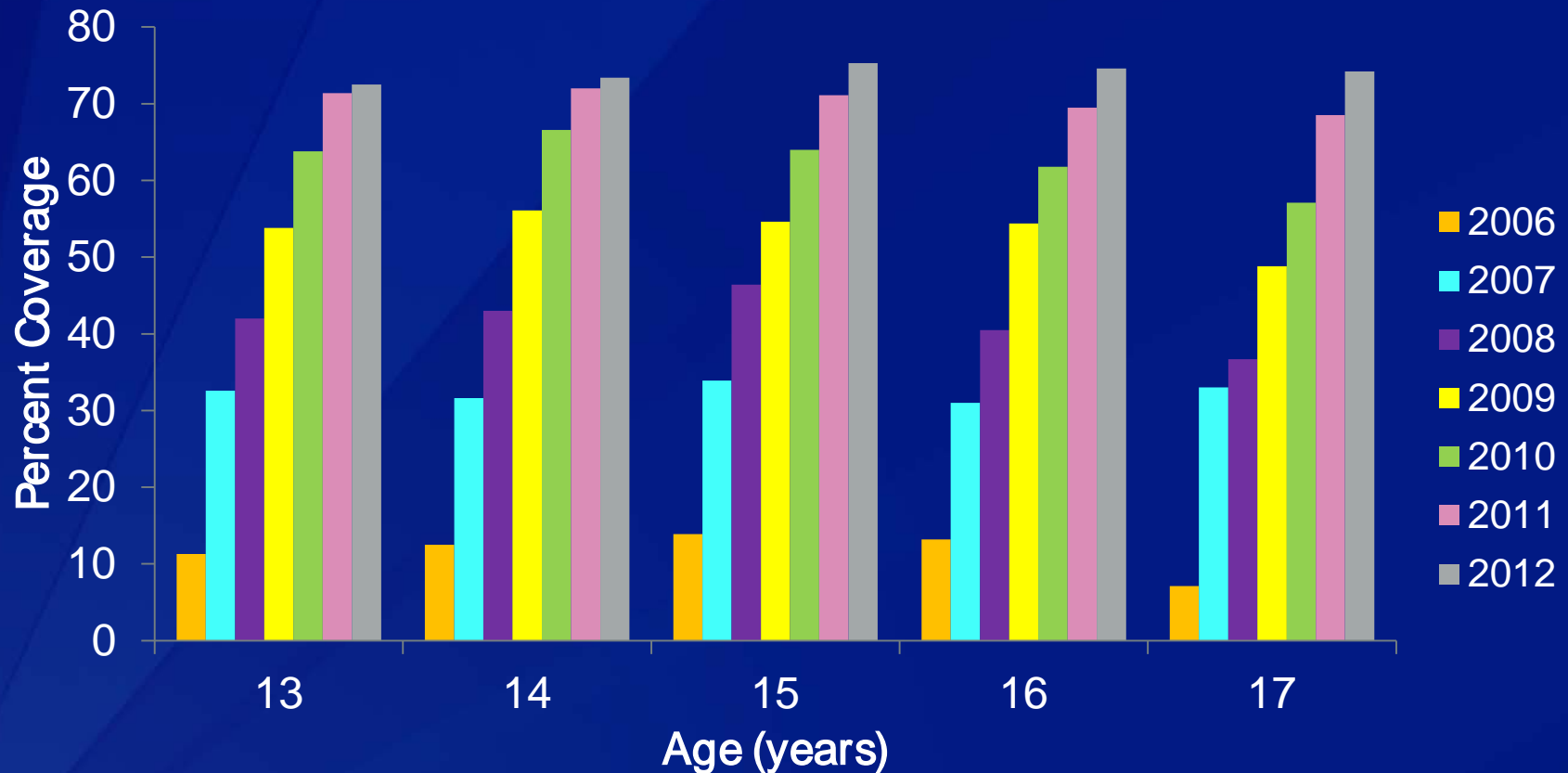
Serogroup	<5 years	5-10 years	11-19 years	20 years	Total
B	4%	22%	15%	23%	13%
C	13%	9%	12%	16%	13%
Y	0%	13%	13%	12%	10%
W135	<1%	0%	0%	10%	7%
Total	5%	12%	15%	15%	12%

ABCs cases from 1997-2011 estimated to the US population

Licensed Meningococcal Vaccine Products, U.S.

Vaccine	Type	Manufacturer	Serogroups	Ages
Menactra®	Conjugate – Diphtheria toxoid	Sanofi Pasteur	A, C, W, Y	9 months— 55 years
Menveo®	Conjugate - CRM ₁₉₇	Novartis Vaccines	A, C, W, Y	2 months— 55 years
MenHibRix®	Conjugate – Tetanus toxoid	GSK Vaccines	C, Y	6 weeks—18 months
Menomune®	Polysaccharide	Sanofi Pasteur	A, C, W, Y	≥ 2 years

Coverage of 1-dose MenACWY among 13-17 year-olds, NIS-Teen, 2006-2012



***Coverage was 74% in 2012**

National Immunization Survey – Teen
In 2012, MenACWY coverage varied from 37.5%-94.3% by state

Rates of Serogroup C,Y,W Meningococcal Disease*

Year	Rate per 100,000 (95% confidence intervals)	
	11-19 year-olds	≥20 year-olds
2004 and 2005	0.27 (0.17,0.39)	0.17 (0.14,0.21)
2006 and 2007	0.31 (0.21,0.45)	0.23 (0.19,0.28)
2008 and 2009	0.15 (0.08,0.26)	0.23 (0.19-0.27)
2010 and 2011	0.05 (0.02,0.12)	0.14 (0.11-0.28)

- Decreasing incidence in 11-19 y.o.

Meningococcal Vaccine Effectiveness: Enrolled Cases and Controls by Serogroup

	Serogroup C	Serogroup Y	Serogroup W	Total
Eligible Cases	151	140	25	316
Enrolled Cases	88 (58%)	79 (56%)	13 (52%)	180 (57%)
Number of Controls Matched to Each Enrolled Case:				
0	38	44	8	90 (50%)
1	15	16	4	35 (19%)
2	11	6	1	18 (10%)
3	7	3	0	10 (6%)
4 +	16	10	0	26 (14%)
Total Controls	127	79	6	

Time to Failure After 1 Dose of Menactra®

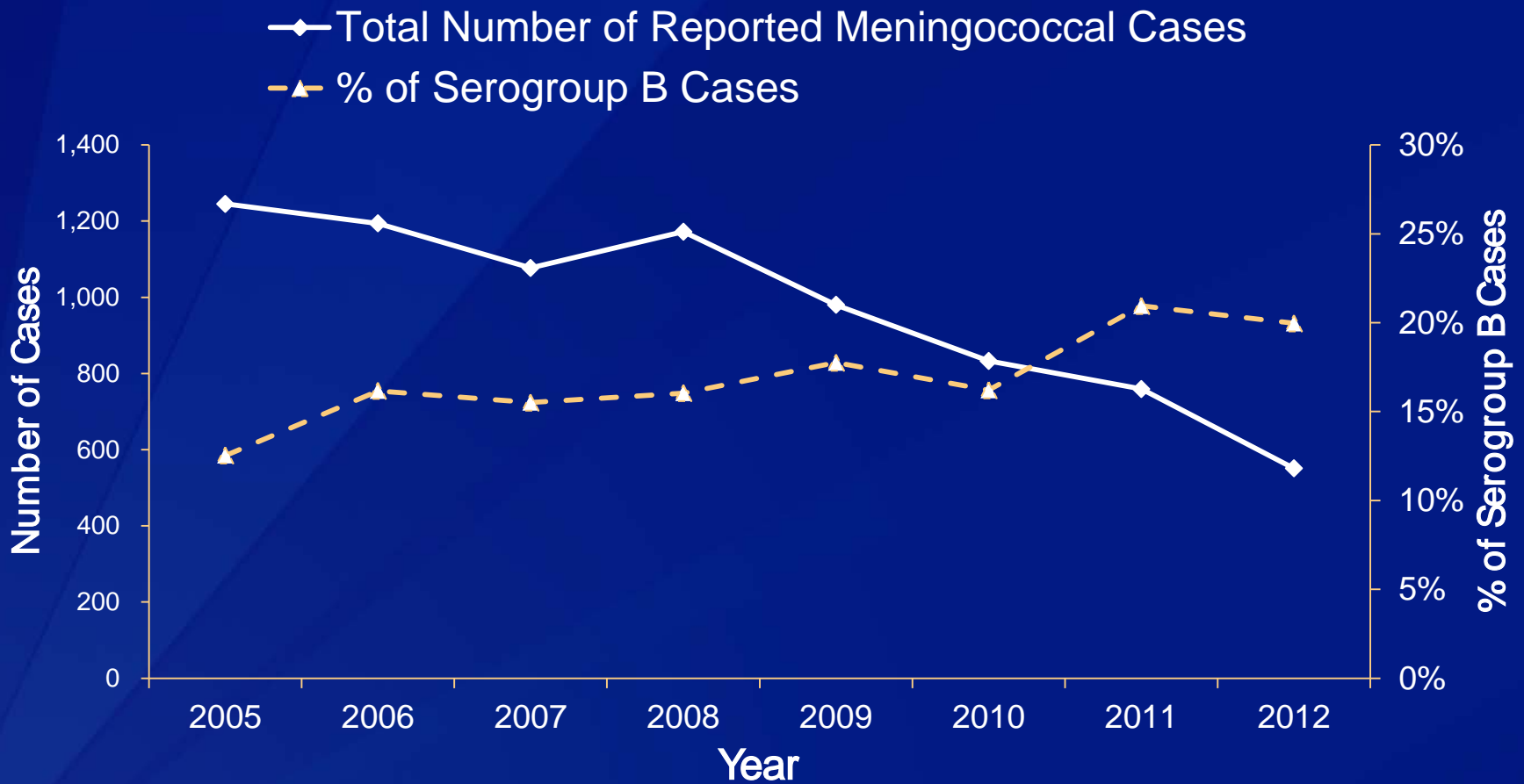
	Serogroup C	Serogroup Y	Serogroup W
Vaccinated <1 year	3	3	0
Vaccinated 1-<3 years	7	8	1
Vaccinated 3-<7 years	4	11	0

Menactra®VE Estimates, Duration of Protection, GEE

	All Adolescents
	VE (95% CI)
Vaccinated 0-7 years	67% (49%, 79%)
Serogroup C	75% (54%, 87%)
Serogroup Y	49% (0%, 74%)
Vaccinated <1 year (n=26)	76% (43%, 90%)
Vaccinated 1-<3 years (n=57)	70% (46%, 84%)
Vaccinated 3-<7 years (n=48)	61% (25%, 80%)

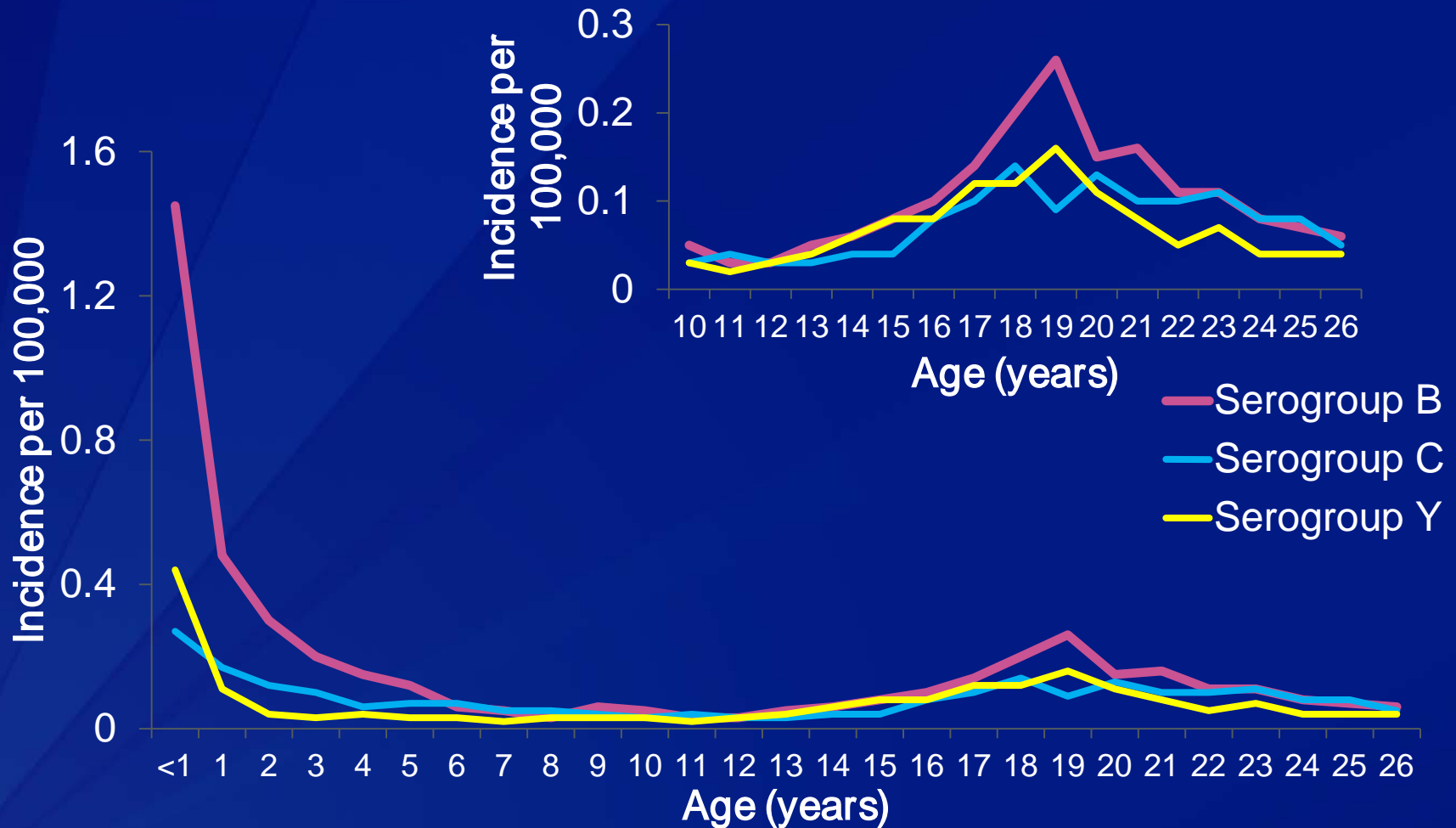
Controls for smoking, underlying condition status, and age

Epidemiology of Serogroup B Meningococcal Disease - United States 2005-2012



*Source: National Notifiable Diseases Surveillance System (NNDSS) with additional serogroup data provided by state and local health departments

Incidence of Meningococcal Disease by Age and Serogroup, United States, 2005-2012



RECENT OUTBREAKS ON COLLEGE CAMPUSES

Meningococcal Disease Outbreaks

- ❑ Only ~2% of US cases are outbreak related
- ❑ Definition
 - Organization-based
 - Common affiliations but no close contact
 - Schools, universities, prisons
 - 2-3 cases of the same serogroup in <3 mos; attack rate of 10/100,000
 - Community-based
 - Same area but not close contact or affiliations
 - Towns, cities, counties
 - 3 cases of the same serogroup in <3 mos; attack rate of 10/100,000

Cases of Serogroup B Meningococcal Disease, ABCs, 2003-2012

ABCs Site	Serogroup B cases in college students	Serogroup B cases in 17-22 year olds
CA	3	5
CO	1	1
CT	0	2
GA	2	7
MD	4	10
MN	5	13
NM	0	0
NY	1	4
OR	6	27
TN	1	1
Total	23	70

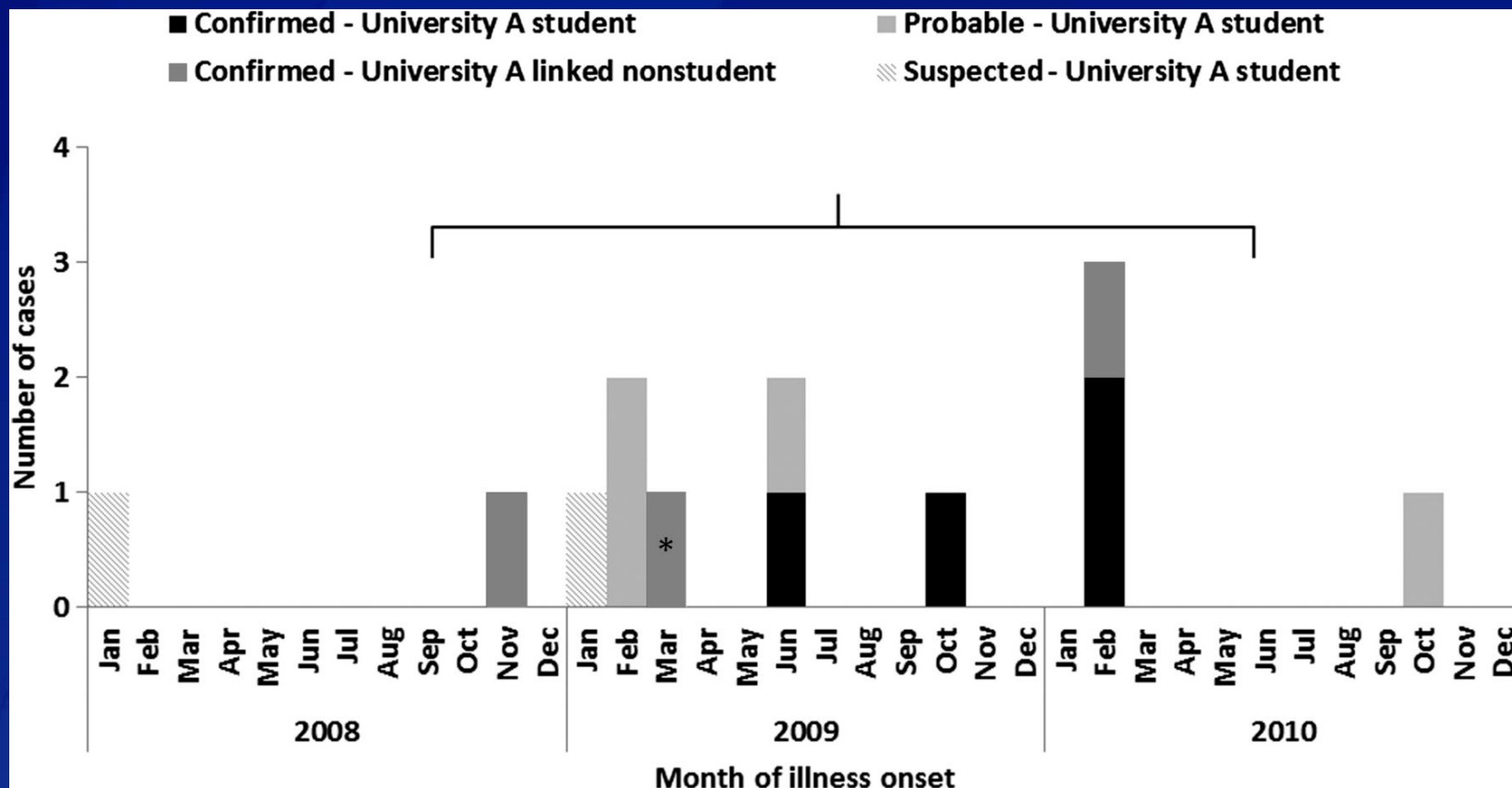
Recent School Based Serogroup B Clusters/Outbreaks*

University	Outbreak Period	Number of cases
University 1	Feb – March 2009	4
University 2	Nov 2011	2
University 3	Jan 2008 – Nov 2010	13
Princeton University	March – Nov 2013	8
University of California— Santa Barbara	Nov 2013	4

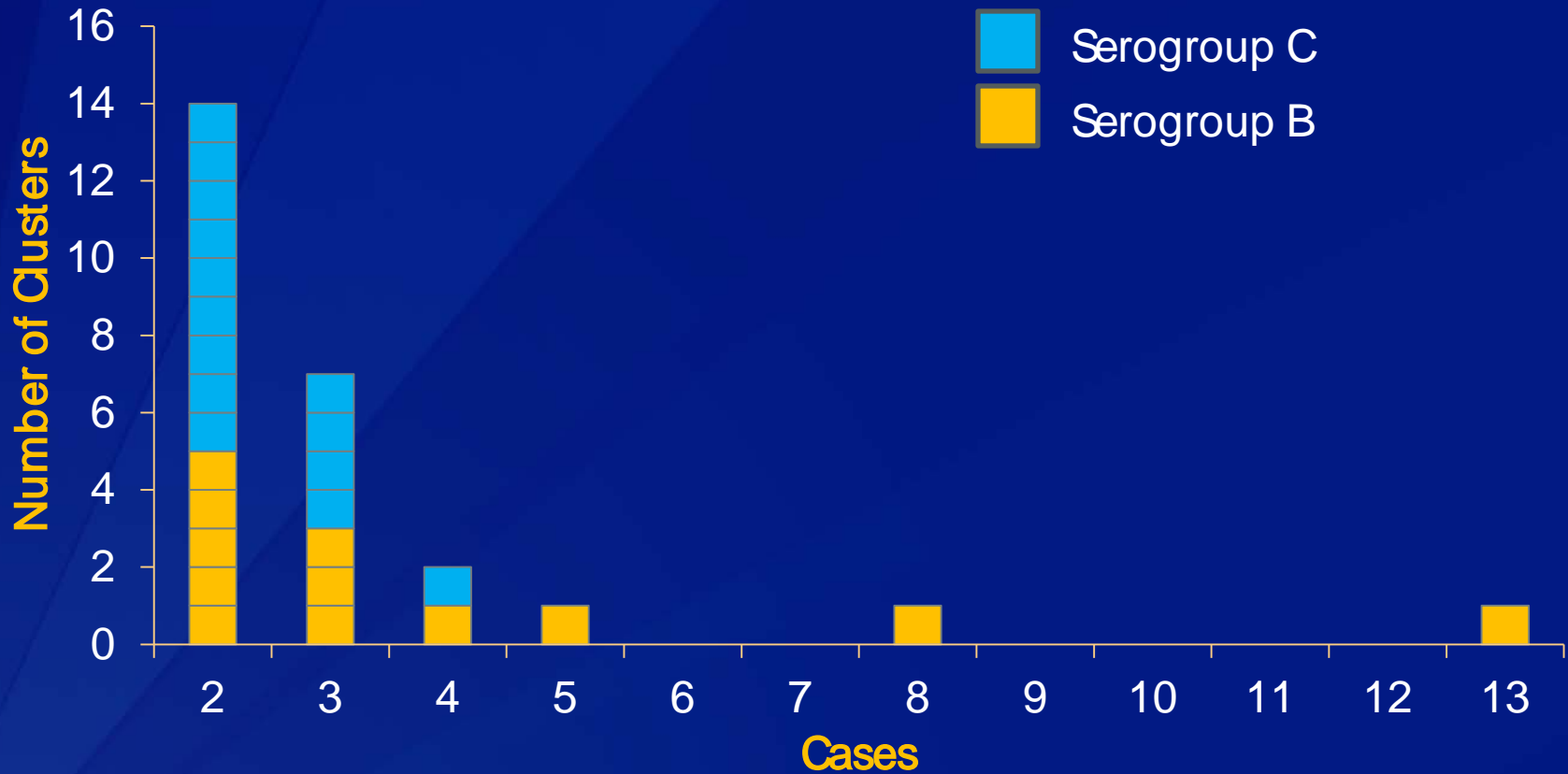
CDC defines institutional meningococcal outbreaks as 3 cases (sometimes 2 cases) in a 3 month period comprising an attack rate of $\geq 10/100,000$

*Where CDC consulted

Epidemic curve of 13 meningococcal cases associated with University A, January 2008–December 2010.

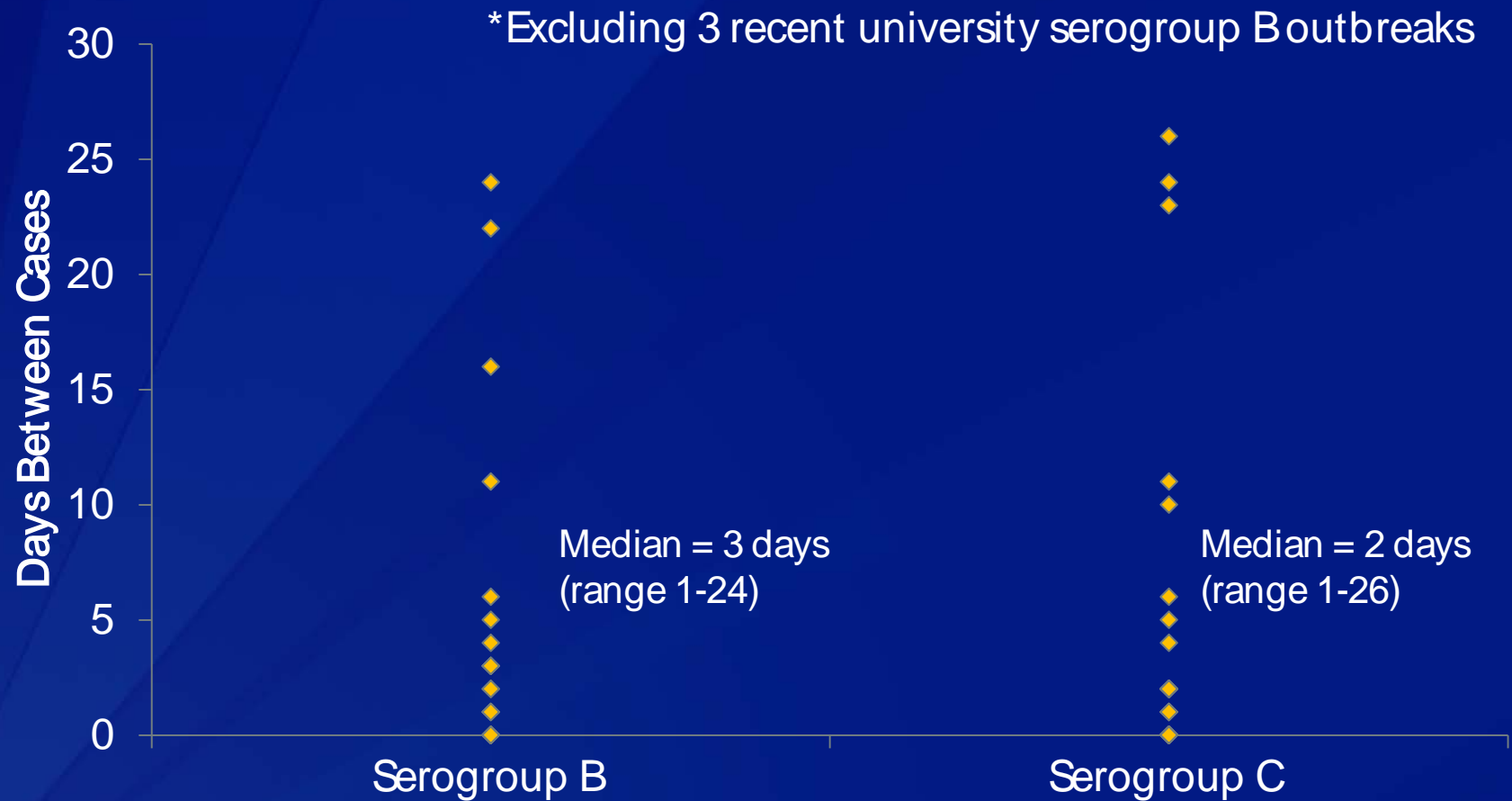


Frequency of School-Based Outbreaks by Size, Serogroup B and C



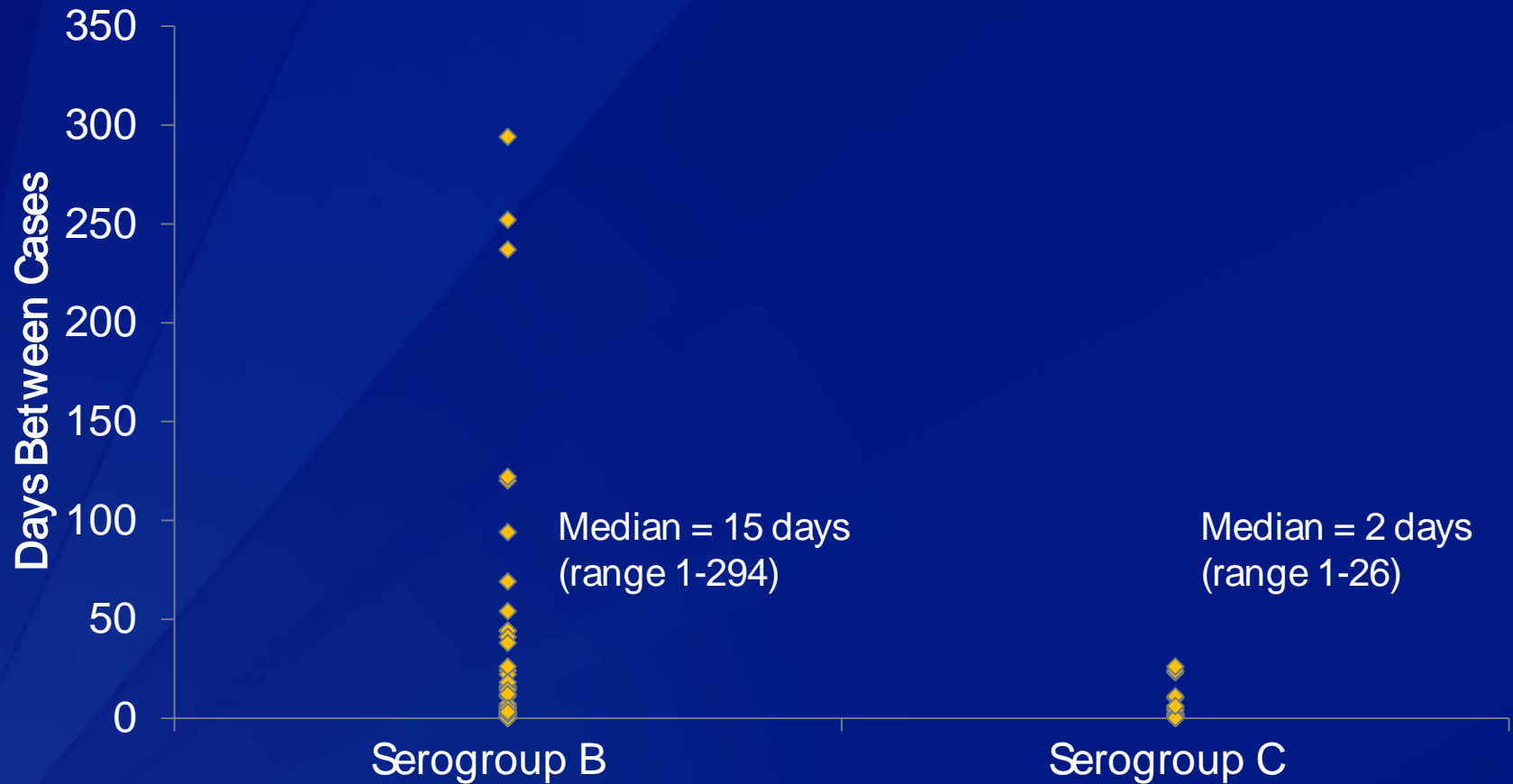
Includes 22 school based clusters reported by Zangwell et. al (serogroup B, n=7; serogroup C, n=14, serogroup Y, n=1) and recent serogroup B school-based outbreaks where CDC was consulted (n=5) 25

Interval Between Reported Cases in School-Based Serogroup B or C Outbreaks



Includes 22 school based clusters reported by Zangwell et. al (serogroup B, n=7; serogroup C, n=14, serogroup Y, n=1) and recent serogroup B outbreaks where CDC was consulted (n=2) **26**

Interval Between Reported Cases in School-Based Serogroup B or C Outbreaks



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PREVENTION AND MANAGEMENT

No licensed MenB vaccine in US

- ❑ Pfizer: MenB vaccine currently in development
- ❑ Novartis: Bexsero[®], Recombinant MenB+OMV NZ (rMenB) Vaccine
 - Recently licensed in Europe, Australia and Canada
 - Effectiveness inferred from immunogenicity
 - 2 dose series, with immune response after 1 dose
 - Safety in adolescents and adults (n=1584)
 - Headache, nausea, severe injection site pain, swelling erythema, malaise, myalgia and arthralgia reported in $\geq 10\%$
 - No reports of serious adverse events related to rMenB
 - Contains 4 antigenic components (fHBP, NHBA, *NadA*, PorA)

Other control measures

- ❑ Mass chemoprophylaxis not recommended to control large outbreaks, as often impractical and unlikely to succeed
 - May be considered in some cases, such as outbreaks involving limited populations, particularly serogroup B outbreaks
- ❑ If mass chemoprophylaxis is undertaken, should be administered to all targeted persons at same time
- ❑ Interventions not recommended: restricting travel to outbreak areas, closing schools, canceling events
- ❑ Educating communities, physicians, and other health-care personnel is important and should be initiated as soon as an outbreak is suspected

Procurement of rMenB

- ❑ Initial proposal to FDA to explore the use of rMenB in outbreak settings under an expanded access Investigational New Drug (IND) Protocol – August 2013
- ❑ Testing of isolates by Novartis for vaccine antigen matching – September – November 2013
- ❑ Epidemiologic investigation – October 2013
- ❑ Submission of IND protocol – November 2013
 - Safety monitoring plan
 - Consents, vaccine information sheets, data collection instruments
- ❑ CDC Institutional Review Board approval and FDA Safe-to-Proceed letter issued – November 2013
- ❑ Contractual agreements finalized between CDC, Novartis and Princeton University – December 2013

Challenges

- ❑ IND preparation process and vaccine procurement process takes time
- ❑ Unable to determine when additional cases may occur
- ❑ Need for clear guidance about when to initiate process



Summary

- ❑ **Low meningococcal disease incidence requires a broad, high quality approach to surveillance**
 - Clear impact of 2 dose adolescent MenACWY recommendations
- ❑ **Although outbreaks are uncommon, the disease can be devastating with serious impact on organizations**
- ❑ **Vaccination now possible in response to MenB outbreaks**
 - Implementation of an unlicensed vaccine requires coordinated efforts between the institution, state and local health departments, manufacturer, FDA, and CDC
 - Guidance for use of MenB vaccines for outbreak control under development

Thank you
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The findings and conclusions in this report are those of the authors and do not necessarily represent the official position of the Centers for Disease Control and Prevention.

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