

2020

		Ja	nua	ary					Fe	bru	ary					N	larc	:h					1	Apri	il		
Su	Μ	Tu	W	Th	F	Sa	Su	Μ	Tu	W	Th	F	Sa	Su	Μ	Tu	W	Th	F	Sa	Su	Μ	Tu	W	Th	F	Sa
			1	2	3	4							1	1	2	3	4	5	6	7				1	2	3	4
5	6	7	8	9	10	11	2	3	4	5	6	7	8	8	9	10	11	12	13	14	5	6	7	8	9	10	11
12	13	14	15	16	17	18	9	10	11	12	13	14	15	15	16	17	18	19	20	21	12	13	14	15	16	17	18
19	20	21	22	23	24	25	16	17	18	19	20	21	22	22	23	24	25	26	27	28	19	20	21	22	23	24	25
26	27	28	29	30	31		23	24	25	26	27	28	29	29	30	31					26	27	28	29	30		
			May	,						Jun	0						July	,					٨	ugu	et		
Su	М		W	/ Th	F	Sa	Su	M	Tu	W	Th	F	Sa	Su	М	Tu	W	Th	F	Sa	Su	M	Tu		Th	F	Sa
Su	IVI	Тu	vv		1	3a 2	Su	1	2	3	4	5	6	Su	IVI	Tu	1	2	3	4	Su	IVI	ιu	vv		F	1
3	4	5	6	7	8	9	7	8	9	10	11			5	6	7	8	9	10	11	2	3	4	5	6	7	8
10	11	12		-	15	16	, 14				18			12	13	, 14			17		9	10	11	12	13	, 14	
17	18	12			22		21	22	23					12	20	21			24	25	9 16			12	20		
		26						29		24	25	20	21					23 30		20	23				20		
31	25	20	21	20	29	30	20	29	30					20	21	20	29	30	51			31	25	20	21	20	23
31																					30	31					
		Sep	ten	ıbe	r				0	ctok	ber					Νον	vem	iber	•				De	cem	bei		
Su	Μ	Tu	W	Th	F	Sa	Su	Μ	Tu	W	Th	F	Sa	Su	Μ	Tu	W	Th	F	Sa	Su	Μ	Tu	W	Th	F	Sa
		1	2	3	4	5					1	2	3	1	2	3	4	5	6	7			1	2	3	4	5
6	7	8	9	10	11	12	4	5	6	7	8	9	10	8	9	10	11	12	13	14	6	7	8	9	10	11	12
13	14	15	16	17	18	19	11	12	13	14	15	16	17	15	16	17	18	19	20	21	13	14	15	16	17	18	19
20	21	22	23	24	25	26	18	19	20	21	22	23	24	22	23	24	25	26	27	28	20	21	22	23	24	25	26

Public reporting of this collection of information is estimated to average 25-35 minutes per response, including the time for reviewing instructions and completing and reviewing the collection of information. An agency may not conduct or sponsor, and a person is not required to respond to a collection of information unless it displays a current valid OMB control number. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden to CDC/ATSDR Reports Clearance Officer, 1600 Clifton Road NE, MS D-74, Atlanta, Georgia 30033; ATTN: PRA (0920-1273).

Form Approved / OMB No. 0920-1273 / Exp. Date 11/30/2022

2021

		Ja	nua	ary					Fe	bru	ary					N	larc	:h						Apr	il		
Su	Μ	Tu	W	Th	F 1	Sa 2	Su	M 1	Tu 2	W 3	Th 4	F 5	Sa 6	Su	M 1	Tu 2	W 3	Th 4	⊦ 5	Sa 6	S	u M	Tu	W	Th 1	F 2	Sa 3
3	4	5	6	7	8	9	7	8	9	10	11	12	13	7	8	9	10	11	12	13	4	5	6	7	8	9	1(
10	11	12	13	14	15	16	14	15	16	17	18	19	20	14	15	16	17	18	19	20	1	1 12	13	14	15	16	1
17	18	19	20	21	22	23	21	22	23	24	25	26	27	21	22	23	24	25	26	27	18	3 19	20	21	22	23	2
24	25	26	27	28	29	30	28							28	29	30	31				2	5 26	27	28	29	30	
31																											
			May	y						Jun	е						July	y					A	ugı	ıst		
Su	Μ	Tu	W	Th	F	Sa	Su	Μ	Tu	W	Th	F	Sa	Su	Μ	Tu	W	Th	F	Sa	S	J M	Tu	W	Th	F	S
						1			1	2	3	4	5					1	2	3	1	2	3	4	5	6	7
2	3	4	5	6	7	8	6	7	8	9	10	11	12	4	5	6	7	8	9	10	8	9	10	11	12	13	1
9	10	11	12	13	14	15	13	14	15	16	17	18	19	11	12	13	14	15	16	17	1	5 16	17	18	19	20	2
16	17	18	19	20	21	22	20	21	22	23	24	25	26	18	19	20	21	22	23	24	2	2 23	24	25	26	27	2
23	24	25	26	27	28	29	27	28	29	30				25	26	27	28	29	30	31	29	30	31				
30	31																										
		Sep	ten	nbe	r				0	ctol	ber					No	vem	ıbeı	r				De	cem	ıbeı		
Su	Μ	Tu	W	Th	F	Sa	Su	Μ	Tu	W	Th	F	Sa	Su	Μ	Tu	W	Th	F	Sa	S	u M	Tu	W	Th	F	S
			1	2	3	4						1	2		1	2	3	4	5	6				1	2	3	4
5	6	7	8	9	10	11	3	4	5	6	7	8	9	7	8	9	10	11	12	13	5	6	7	8	9	10	1

 5
 6
 7
 8
 9
 10
 11
 3
 4
 5
 6
 7
 8
 9
 10
 11
 12
 13
 14
 15
 16
 17
 18
 10
 11
 12
 13
 14
 15
 16
 17
 18
 10
 11
 12
 13
 14
 15
 16
 17
 18
 19
 20
 14
 15
 16
 17
 18
 19
 20
 21
 22
 23
 24
 25
 16
 17
 18
 19
 20
 21
 22
 23
 24
 25
 17
 18
 19
 20
 21
 22
 23
 24
 25
 26
 27
 28
 29
 30
 2
 23
 24
 25
 26
 27
 28
 29
 30
 2
 28
 29
 30
 2
 26
 27
 28
 29
 30
 2
 26
 27
 28
 29
 30
 2
 26
 27
 28
 29
 30
 31
 31
 31
 <t

2022

		Ja	nua	ary					Fe	bru	ary					N	larc	ch						٩pr	il		
Su	Μ	Tu	W	Th	F	Sa	Su	Μ	Tu	W	Th	F	Sa	Su	Μ	Tu	W	Th	F	Sa	Su	Μ	Tu	W	Th	F	Sa
						1			1	2	3	4	5			1	2	3	4	5						1	2
2	3	4	5	6	7	8	6	7	8	9	10	11	12	6	7	8	9	10	11	12	3	4	5	6	7	8	9
9	10	11	12	13	14	15	13	14	15	16	17	18	19	13	14	15	16	17	18	19	10	11	12	13	14	15	16
16	17	18	19	20	21	22	20	21	22	23	24	25	26	20	21	22	23	24	25	26	17	18	19	20	21	22	23
23	24	25	26	27	28	29	27	28						27	28	29	30	31			24	25	26	27	28	29	30
30	31																										

			Ма	у						Jun	е						Jul	y					A	ugu	st		
Su	Μ	Tu	W	Th	F	Sa	Su	Μ	Tu	W	Th	F	Sa	Su	Μ	Tu	W	Th	F	Sa	Su	Μ	Tu	W	Th	F	Sa
1	2	3	4	5	6	7				1	2	3	4						1	2		1	2	3	4	5	6
8	9	10	11	12	13	14	5	6	7	8	9	10	11	3	4	5	6	7	8	9	7	8	9	10	11	12	13
15	16	17	18	19	20	21	12	13	14	15	16	17	18	10	11	12	13	14	15	16	14	15	16	17	18	19	20
22	23	24	25	26	27	28	19	20	21	22	23	24	25	17	18	19	20	21	22	23	21	22	23	24	25	26	27
29	30	31					26	27	28	29	30			24	25	26	27	28	29	30	28	29	30	31			
														31													

		Sep	ten	nbe	r				0	ctol	ber					No	ven	ıbe	r					Dec	em	ber		
Su	Μ	Tu	W	Th	F	Sa	Su	Μ	Tu	W	Th	F	Sa	Su	Μ	Tu	W	Th	F	Sa	S	u l	N	Tu	W	Th	F	Sa
				1	2	3							1			1	2	3	4	5						1	2	3
4	5	6	7	8	9	10	2	3	4	5	6	7	8	6	7	8	9	10	11	12	4	L.	5	6	7	8	9	10
11	12	13	14	15	16	17	9	10	11	12	13	14	15	13	14	15	16	17	18	19	1	1 1	2	13	14	15	16	17
18	19	20	21	22	23	24	16	17	18	19	20	21	22	20	21	22	23	24	25	26	1	8 1	9	20	21	22	23	24
25	26	27	28	29	30		23	24	25	26	27	28	29	27	28	29	30				2	5 2	26	27	28	29	30	31
							30	31																				

Please check the box next to your answer
or follow the directions included with the
question. You may be asked to skip some
questions that do not apply to you.

BEFORE PREGNANCY

	go do che
a.	l w hal
b.	l w we
c.	job I w
d.	me A h dia
e.	l ta
_	my
8.	Du wi fol che
	Ye
a.	Typ ges sta
b. c.	Hi <u>c</u> De
_	
9.	Du wi dia
	vit
	с. d. е. 8. а. с.

6.	Was the baby <i>just before</i> your new o <i>earlier</i> than 3 weeks before his or he date?	
	NoYes	
7.	At any time during the 12 months be got pregnant with your new baby, di do any of the following things? For e check No if you did not do it or Yes if you	id you ach item,
		No Yes
a.	l was dieting (changing my eating habits) to lose weight	
b.	I was exercising 3 or more days of the week for fitness outside of my regular job	
c.	l was regularly taking prescription medicines other than birth control	
d.	A health care worker checked me for diabetes	
e.	I talked to a health care worker about my family medical history	
8.	During the 3 months before you got with your new baby, did you have an following health conditions? For eac check No if you did not have the condi Yes if you did.	h one ,
		No Yes
a.	Type 1 or Type 2 diabetes (not gestational diabetes or diabetes that starts during pregnancy)	
b.	High blood pressure or hypertension	
c.	Depression	
9.	During the <i>month before</i> you got pro with your new baby, how many time did you take a multivitamin, a prena vitamin, or a folic acid vitamin?	es a week
	 I didn't take a multivitamin, prenata or folic acid vitamin in the <i>month be</i> pregnant 1 to 3 times a week 4 to 6 times a week Every day of the week 	



12. During any of your health care visits in the 12 months before you got pregnant, did a doctor, nurse, or other health care worker do any of the following things? For each item, check **No** if they did not or **Yes** if they did.

No Yes

b.	Talk to me about maintaining a healthy weight	. 🗖	
c.	Talk to me about controlling any medical conditions such as diabetes or high blood pressure		
d.	Talk to me about my desire to have or not have children	. 🗖	
e.	Talk to me about using birth control to prevent pregnancy		
f.	Talk to me about how I could improve my health before a pregnancy	. 🗖	
g.	Talk to me about sexually transmitted infections such as chlamydia, gonorrhea, or syphilis		
h.	Ask me if I was smoking cigarettes		
i.	Ask me if someone was hurting me emotionally or physically	. 🗖	
j.	Ask me if I was feeling down or depressed	. 🗖	
k.	Ask me about the kind of work I do		
I.	Test me for HIV (the virus that causes		

2

The next questions are about your *health insurance coverage* before, during, and after your pregnancy with your *new* baby.

13. During the <u>month before</u> you got pregnant with your new baby, what kind of health insurance did you have?

Check ALL that apply

- Private health insurance from my job or the job of my husband or partner
- Private health insurance from my parents
- Private health insurance from the Health Insurance Marketplace or HealthCare.gov
- Medicaid
- PeachCare for Kids
- TRICARE or other military health care
- □ Other health insurance Please tell us:
- I did not have any health insurance during the month before I got pregnant

14. During your <u>most recent pregnancy</u>, what kind of health insurance did you have for your prenatal care?

Check ALL that apply

- □ I did not go for prenatal care → Go to Question 15
- Private health insurance from my job or the job of my husband or partner
- Private health insurance from my parents
- Private health insurance from the Health Insurance Marketplace or HealthCare.gov
- Medicaid
- PeachCare for Kids
- TRICARE or other military health care
- □ Other health insurance Please tell us:
- I did not have any health insurance for my prenatal care

15. What kind of health insurance do you have <u>now</u>?

Check ALL that apply

- Private health insurance from my job or the job of my husband or partner
- □ Private health insurance from my parents
- Private health insurance from the Health Insurance Marketplace or HealthCare.gov
- Medicaid
- PeachCare for Kids
- □ TRICARE or other military health care
- □ Other health insurance → Please tell us:
- □ I do not have health insurance now
- 16. Thinking back to *just before* you got pregnant with your new baby, how did you feel about becoming pregnant?
 - **Check ONE answer**
 - □ I wanted to be pregnant later
 - □ I wanted to be pregnant sooner
 - I wanted to be pregnant then
 - □ I didn't want to be pregnant then or at any time in the future
 - I wasn't sure what I wanted
- 17. When you got pregnant with your new baby, were you trying to get pregnant?



Go to Page 4, Question 19

19. What were your reasons or your husband's or partner's reasons for not doing anything to keep from getting pregnant?

Check ALL that apply

- I didn't mind if I got pregnant
- I thought I could not get pregnant at that time
 I had side effects from the birth control
- method I was using
- I had problems getting birth control when I needed it
- I thought my husband or partner or I was sterile (could not get pregnant at all)
- My husband or partner didn't want to use anything
- □ I forgot to use a birth control method
- □ Other Please tell us:

If you or your husband or partner was <u>not doing</u> anything to keep from getting pregnant, go to Question 21.

20. What method of birth control were you using when you got pregnant?

Check ALL that apply

- Birth control pills
- Condoms
- □ Shots or injections (Depo-Provera[®])
- Contraceptive implant in the arm (Nexplanon[®] or Implanon[®])
- Contraceptive patch (OrthoEvra®) or vaginal ring (NuvaRing®)
- IUD (including Mirena®, ParaGard®, Liletta®, or Skyla®)
- Natural family planning (including rhythm method)
- □ Withdrawal (pulling out)

DURING PREGNANCY

The next questions are about the prenatal care you received during your most recent pregnancy. Prenatal care includes visits to a doctor, nurse, or other health care worker before your baby was born to get checkups and advice about pregnancy. (It may help to look at the calendar when you answer these questions.)

21. How many weeks *or* months pregnant were you when you had your first visit for prenatal care?



22. During any of your prenatal care visits, did a doctor, nurse, or other health care worker ask you any of the things listed below? For each item, check No if they did not ask you about it or Yes if they did.

No Yes

- a. If I knew how much weight I should gain during pregnancy.....
 b. If I was taking any prescription
- c. If I was smoking cigarettes......
- d. If I was drinking alcohol
- e. If someone was hurting me emotionally or physically.....
- f. If I was feeling down or depressed......
 g. If I was using drugs such as marijuana, cocaine, crack, or meth
- h. If I wanted to be tested for HIV (the virus that causes AIDS)
- i. If I planned to breastfeed my new baby..
- j. If I planned to use birth control after my baby was born......

5 27. During your most recent pregnancy, did you

No Yes

Go to Page 7, Question 38

have any of the following health conditions?

For each one, check **No** if you did not have the

you to get one? condition or **Yes** if you did. No Yes a. Gestational diabetes (diabetes that started during this pregnancy) b. High blood pressure (that started during 24. During the 12 months before the delivery of this pregnancy), pre-eclampsia or your new baby, did you get a flu shot? eclampsia..... Check ONE answer c. Depression D No □ Yes, before my pregnancy The next questions are about smoking Yes, during my pregnancy cigarettes around the time of pregnancy (before, during, and after). 25. During your most recent pregnancy, did you have your teeth cleaned by a dentist or dental hygienist? 28. Have you smoked any cigarettes in the past 2 years? No Yes 🛛 No -Yes 26. This question is about other care of your teeth during your most recent pregnancy. For 29. In the 3 months before you got pregnant, how each item, check **No** if it is not true or does not many cigarettes did you smoke on an average apply to you or **Yes** if it is true. day? A pack has 20 cigarettes. No Yes □ 41 cigarettes or more a. I knew it was important to care for my 21 to 40 cigarettes teeth and gums during my pregnancy..... 🖵 🖵 □ 11 to 20 cigarettes b. A dental or other health care worker □ 6 to 10 cigarettes talked with me about how to care for □ 1 to 5 cigarettes my teeth and gums..... Less than 1 cigarette c. I had insurance to cover dental care □ I didn't smoke then during my pregnancy..... d. I <u>needed</u> to see a dentist for a **problem** .. 30. In the last 3 months of your pregnancy, how e. I went to a dentist or dental clinic about many cigarettes did you smoke on an average a problem day? A pack has 20 cigarettes. □ 41 cigarettes or more 21 to 40 cigarettes □ 11 to 20 cigarettes □ 6 to 10 cigarettes □ 1 to 5 cigarettes Less than 1 cigarette □ I didn't smoke then

23. During the 12 months before the delivery of

your new baby, did a doctor, nurse, or other

health care worker offer you a flu shot or tell



do any of the following thi smoking? For each thing, ch not do it or Yes if you did.	
	No Yes
to help me quit	
a website	
smoking	
nasal spray or inhaler	
Wellbutrin® or bupropion) to	stop
Take a pill like Chantix [®] (also varenicline) to stop smoking	known as
Try to quit on my own (e.g., c	old turkey) 🗖 🛛
Other	
During your most recent pr	egnancy, did your
health insurance pay for m other services to help you	edications or any
health insurance pay for m other services to help you	edications or any
	not do it or Yes if you did. Set a specific date to stop sm Use booklets, videos, or othe to help me quit Call a national or state quit lin a website Attend a class or program to smoking Go to counseling for help wit Use a nicotine patch, gum, lo nasal spray or inhaler Take a pill like Zyban® (also k Wellbutrin® or bupropion) to smoking Take a pill like Chantix® (also varenicline) to stop smoking Try to quit on my own (e.g., c Other Please tell us:

35. Did you quit smoking around the time of your most recent pregnancy?

Check ONE answer

- 🛛 No
- No, but I cut back
- □ Yes, I quit before I found out I was pregnant
- □ Yes, I quit when I found out I was pregnant
- □ Yes, I quit later in my pregnancy
- **36.** Listed below are some things that can make it hard for some people to quit smoking. For each item, check **No** if it is not something that might make it hard for you or **Yes** if it is.

		No	Yes
a.	Cost of medicines or products to help with quitting	🗖	
b.	Cost of classes to help with quitting	🗖	
c.	Fear of gaining weight	🗖	
d.	Loss of a way to handle stress	🗖	
e.	Other people smoking around me	🗖	
f.	Cravings for a cigarette	🗖	
g.	Lack of support from others to quit	🗖	
h.	Worsening depression	🗖	
i.	Worsening anxiety	🗖	
j.	Some other reason	🗖	
	Please tell us:		

37. How many cigarettes do you smoke on an average day now? A pack has 20 cigarettes.

- □ 41 cigarettes or more
- 21 to 40 cigarettes
- □ 11 to 20 cigarettes
- □ 6 to 10 cigarettes
- □ 1 to 5 cigarettes
- Less than 1 cigarette
- I don't smoke now

38. Which of the following statements best describes the rules about smoking *inside* your home during *your most recent* pregnancy, even if no one who lived in your home was a smoker?

Check ONE answer

- No one was allowed to smoke anywhere inside my home
- Smoking was allowed in some rooms or at some times
- Smoking was permitted anywhere inside my home

39. Which of the following statements best describes the rules about smoking *inside* your home *now*, even if no one who lives in your home is a smoker?

Check ONE answer

- No one is allowed to smoke anywhere inside my home
- Smoking is allowed in some rooms or at some times
- Smoking is permitted anywhere inside my home

The next questions are about using other tobacco products around the time of pregnancy.

E-cigarettes (electronic cigarettes) and other electronic nicotine products (such as vape pens, e-hookahs, hookah pens, e-cigars, e-pipes) are battery-powered devices that use nicotine liquid rather than tobacco leaves, and produce vapor instead of smoke.

A **hookah** is a water pipe used to smoke tobacco. It is not the same as an e-hookah or hookah pen.

40. Have you used any of the following products in the past 2 years? For each item, check No if you did not use it or Yes if you did.

No Yes

a. E-cigarettes or other electronic nicotine products......
b. Hookah......
c. Chewing tobacco, snuff, snus, or dip......

d. Cigars, cigarillos, or little filtered cigars 🗖 🛛

If you used e-cigarettes or other electronic nicotine products in the *past 2 years*, go to Question 41. Otherwise, go to Question 43.

- 41. During the 3 months <u>before</u> you got pregnant, on average, how often did you use e-cigarettes or other electronic nicotine products?
 - More than once a day
 - Once a day
 - 2-6 days a week
 - □ 1 day a week or less
 - I did not use e-cigarettes or other electronic nicotine products then

- 42. During the <u>last 3</u> months of your pregnancy, on average, how often did you use e-cigarettes or other electronic nicotine products?
 - More than once a day
 - Once a day
 - 2-6 days a week
 - 1 day a week or less
 - □ I did not use e-cigarettes or other electronic nicotine products then

The next questions are about drinking alcohol around the time of pregnancy.

43. Have you had any alcoholic drinks in the past 2 years? A drink is 1 glass of wine, wine cooler, can or bottle of beer, shot of liquor, or mixed drink.

- 44. During the 3 months <u>before</u> you got pregnant, how many alcoholic drinks did you have in an average week?
 - □ 14 drinks or more a week
 - **a** 8 to 13 drinks a week
 - □ 4 to 7 drinks a week
 - 1 to 3 drinks a week
 - Less than 1 drink a week
 - I didn't drink then

45. During the *last 3 months* of your pregnancy, how many alcoholic drinks did you have in an average week?

- □ 14 drinks or more a week
- 8 to 13 drinks a week
- □ 4 to 7 drinks a week
- □ 1 to 3 drinks a week
- Less than 1 drink a week
- I didn't drink then

Pregnancy can be a difficult time. The next questions are about things that may have happened <u>before</u> and <u>during</u> your most recent pregnancy.

46. This question is about things that may have happened during the 12 months before your new baby was born. For each item, check No if it did not happen to you or Yes if it did. (It may help to look at the calendar when you answer these questions.)

		Yes
a.	A close family member was very sick and had to go into the hospital	
b.	I got separated or divorced from my husband or partner	
c.	I moved to a new address	
d.	I was homeless or had to sleep outside, in a car, or in a shelter	
e.	My husband or partner lost their job $lacksquare$	
f.	I lost my job even though I wanted to go on working	
g.	My husband, partner, or I had a cut in work hours or pay	
h.	I was apart from my husband or partner due to military deployment or extended work-related travel	
i.	I argued with my husband or partner more than usual	
j.	My husband or partner said they didn't want me to be pregnant	
k.	I had problems paying the rent, mortgage, or other bills	
I.	My husband, partner, or I went to jail	
m.	problem with drinking or drugs	
n.	Someone very close to me died	
47.	During the 12 months before your new ba	aby

47. During the 12 months before your new baby was born, did you feel emotionally upset (for example, angry, sad, or frustrated) as a result of how you were treated based on your race?

🛛 No

Yes

48. In the 12 months <u>before</u> you got pregnant with your new baby, did any of the following people push, hit, slap, kick, choke, or physically hurt you in any other way? For each person, check No if they did not hurt you during this time or Yes if they did.

a.	My husband or partner	

- b. My ex-husband or ex-partner.....
- c. Another family member
- d. Someone else
- 49. During your most <u>recent pregnancy</u>, did any of the following people push, hit, slap, kick, choke, or physically hurt you in any other way? For each person, check No if they did not hurt you during this time or Yes if they did.

NoYesa. My husband or partnerIb. My ex-husband or ex-partnerIc. Another family memberId. Someone elseI

AFTER PREGNANCY

The next questions are about the time since your new baby was born.

50. When was your new baby born?



No Yes



Go to Question 59

Go to Question 58

Months

If your baby was not born in a hospital, go to Question 59.

58. This question asks about things that may have happened at the hospital where your new baby was born. For each item, check No if it did not happen or Yes if it did.

		No	Yes
a.	Hospital staff gave me information about breastfeeding	🗖	
b.	My baby stayed in the same room with me at the hospital	🗖	
c.	I breastfed my baby in the hospital	🗖	
d.	Hospital staff helped me learn how to breastfeed	🗖	
e.	I breastfed in the first hour after my baby was born	🗖	
f.	My baby was placed in skin-to-skin contact within the first hour of life	🗖	
g.	My baby was fed only breast milk at the hospital		
h.	Hospital staff told me to breastfeed whenever my baby wanted	🗖	
i.	The hospital gave me a breast pump to use	🗖	
j.	The hospital gave me a gift pack with formula	🗖	
k.	The hospital gave me a telephone number to call for help with breastfeeding	🗖	
I.	Hospital staff gave my baby a pacifier	🗖	

If your baby is still in the hospital, go to Page 12, Question 64.

59. In which *one* position do you <u>most often</u> lay your baby down to sleep now?

Check ONE answer

- On his or her side
- On his or her back
- On his or her stomach

60.	In the <i>past 2 weeks</i> , how often has your new baby slept alone in his or her own crib or bed?
	 Always Often Sometimes Rarely Never
¥	
61.	When your new baby sleeps alone, is his or her crib or bed in the same room where <u>you</u> sleep?
	NoYes
62.	Listed below are some more things about how babies sleep. How did your new baby usually sleep in the <u>past 2 weeks</u> ? For each item, check No if your baby did not usually sleep like this or Yes if he or she did.
a. b. c. d. e. f. g. h.	NoYesIn a crib, bassinet, or pack and playOn a twin or larger mattress or bedOn a couch, sofa, or armchairIn an infant car seat or swingIn a sleeping sack or wearable blanketWith a blanketWith toys, cushions, or pillows,including nursing pillowsWith crib bumper pads (mesh or non-mesh)
63.	Did a doctor, nurse, or other health care worker tell you any of the following things? For each thing, check No if they did not tell you or Yes if they did.
a. b. c. d.	NoYesPlace my baby on his or her back to sleepImage: Comparison of the back to sleepImage: Comparison of the back to sleep in a crib, bassinet, or pack and playImage: Comparison of the back to sleep in a crib, bassinet, or pack and playPlace my baby's crib or bed in my roomImage: Comparison of the back to sleep in a crib, bassinet, or pack and playImage: Comparison of the back to sleep in a crib, bassinet, or pack and playPlace my baby's crib or bed in my roomImage: Comparison of the back to sleep in back to the

12 64. Since your new baby was born, has a home 67. What are your reasons or your husband's or visitor come to your home to help you learn partner's reasons for not doing anything to keep from getting pregnant now? how to take care of yourself or your new baby? A home visitor is a nurse, a health care Check ALL that apply worker, a social worker, or other person who I want to get pregnant works for a program that helps mothers of newborns. □ I am pregnant now I had my tubes tied or blocked D No -Go to Question 66 I don't want to use birth control □ I am worried about side effects from birth Yes control □ I am not having sex 65. What kind of home visitor has come to your □ My husband or partner doesn't want to use home since your new baby was born? anything A nurse or nurse's aide □ I have problems paying for birth control Please tell us: A teacher or health educator Other — A doula or midwife Someone else -Please tell us: If you or your husband or partner is not doing □ I don't know anything to keep from getting pregnant now, go to Question 69. 66. Are you or your husband or partner doing anything now to keep from getting pregnant? Some things people do to keep from getting 68. What kind of birth control are you or your pregnant include having their tubes tied, using husband or partner using now to keep from birth control pills, condoms, withdrawal, or getting pregnant? natural family planning. Check ALL that apply No Tubes tied or blocked (female sterilization or 🛛 Yes – Go to Question 68 Essure[®]) Vasectomy (male sterilization) Birth control pills Go to Question 67 Condoms □ Shots or injections (Depo-Provera®) □ Contraceptive patch (OrthoEvra®) or vaginal ring (NuvaRing[®]) IUD (including Mirena®, ParaGard®, Liletta®, or Skyla[®]) Contraceptive implant in the arm (Nexplanon[®]) or Implanon[®]) □ Natural family planning (including rhythm method) □ Withdrawal (pulling out) Not having sex (abstinence) Other —— Please tell us:



75. Thinking about your MAIN job *during your most recent pregnancy,* what type of company did you work for (what did the company do or make)?

Type of company:

I don't know

If your baby is not alive or is not living with you, go to Question 77.

76. Since your new baby was born, have you used any of these services? For each one, check No if you did not use the service or Yes if you did.

	NO	res
a.	Parenting classes	
b.	Counseling for depression or anxiety	

The next questions are about the time during the *12 months before* your new baby was born.

- 77. During the 12 months before your new baby was born, what was your yearly total household income before taxes? Include your income, your husband's or partner's income, and any other income you may have received. All information will be kept private and will not affect any services you are now getting.
 - □ \$0 to \$16,000
 □ \$16,001 to \$20,000
 □ \$20,001 to \$24,000
 □ \$24,001 to \$28,000
 □ \$28,001 to \$32,000
 □ \$32,001 to \$40,000
 □ \$40,001 to \$48,000
 □ \$48,001 to \$57,000
 □ \$57,001 to \$60,000
 □ \$60,001 to \$73,000
 □ \$73,001 to \$85,000
 - □ \$85,001 or more

78. During the 12 months before your new baby was born, how many people, including yourself, depended on this income?

	Реор	le		
79.	What is tod	ay's date?		
	/ Month	Day	20 Year	

The next questions are about oral health around the time of your <u>most recent</u> pregnancy.

If you did <u>not</u> have any problems with your teeth or gums during your pregnancy, go to Question OH3.

OH1. During your most recent pregnancy, what kind of problem did you have with your teeth or gums? For each item, check No if you did not have this problem during pregnancy or Yes if you did.

		No	Yes
a.	I had cavities that needed to be filled	🗖	
b.	I had painful, red, or swollen gums	🗖	
c.	I had a toothache	🗖	
d.	I needed to have a tooth pulled	🗖	
e.	I had an injury to my mouth, teeth, or gums		

- f. I had some other problem with my teeth or gums I had some other problem with my please tell us:
- OH2. Did you get treatment from a dentist or another doctor for the problem that you were having during your pregnancy?

Check ONE answer

- 🛛 No
- □ Yes, I got treatment during my pregnancy
- □ Yes, I got treatment after my pregnancy
- Yes, I got treatment both during and after my pregnancy
- OH3. Did any of the following things make it hard for you to go to a dentist or dental clinic during your most recent pregnancy? For each item, check **No** if it was not something that made it hard for you or Yes if it was. No Yes a. I could not find a dentist or dental clinic that would take pregnant patients b. I could not find a dentist or dental clinic that would take Medicaid patients c. I did not think it was safe to go to the dentist during pregnancy d. I could not afford to go to the dentist or dental clinic OH4. Since your new baby was born, have you had your teeth cleaned by a dentist or dental hygienist? □ No Yes The next questions are about mental health during and after pregnancy. M1. How would you describe the time during your most recent pregnancy? Check ONE answer One of the happiest times of my life A happy time with few problems □ A moderately hard time A very hard time One of the worst times of my life

16

M2. At any time during your most recent M8. Since your new baby was born, how often pregnancy or after delivery, did a doctor, have you felt restless? nurse, or other health care worker talk with you about "baby blues" or postpartum □ Always depression? Often Sometimes □ Rarely No Yes Never M9. Since your new baby was born, has a doctor, M3. Since your new baby was born, has a doctor, nurse, or other health care worker told you nurse, or other health care worker told you that you had anxiety? that you had depression? No – Go to Question VC1 🛛 No -Go to Question M7 Yes Yes M10. Since your new baby was born, have you M4. Since your new baby was born, have you asked for help for anxiety from a doctor, asked for help for depression from a doctor, nurse, or other health care worker? nurse, or other health care worker? No No Yes Yes M11. Since your new baby was born, have you M5. Since your new baby was born, have taken prescription medicine for your anxiety? you taken prescription medicine for your depression? No Yes No Yes M12. Since your new baby was born, have you gotten counseling for your anxiety? M6. Since your your new baby was born, have you gotten counseling for your depression? No Yes No Yes M7. Since your your new baby was born, how often have you felt panicky? □ Always Often Sometimes Rarely Never

These last questions are about the COVID-19 vaccine.

VC1. During your most recent pregnancy, did a doctor, nurse, or other health care worker do any of the following things? For each one, check No if they did not do it or Yes if they did.

		No	Yes
a.	Talked with me about the COVID-19 vaccine	🗖	
b.	Recommended that I get the COVID-19 vaccine	🗖	
c.	Offered to give me the COVID-19 vaccine	🗖	
d.	Referred me to another place to get the	2	

VC2. <u>During</u> your most recent pregnancy, did you get at least one shot or dose of a COVID-19 vaccine?

COVID-19 vaccine

Go to Question VC3



VC3. What were your reasons for not getting a COVID-19 vaccine <u>during</u> your most recent pregnancy?

Check ALL that apply

- □ I was not in one of the groups that could get the COVID-19 vaccine
- The vaccine was not available or ran out in my area
- I couldn't get an appointment or was placed on a waiting list
- I didn't have transportation to get to a vaccination site
- □ The staff at the vaccination site didn't want to give me the vaccine because I was pregnant
- □ I was concerned about possible side effects of the COVID-19 vaccine for my baby
- □ I was concerned about possible side effects of the COVID-19 vaccine for me
- I have an allergy or health condition that prevented me from getting the vaccine
- My doctor or healthcare provider told me not to get the vaccine
- □ I had gotten the COVID-19 vaccine <u>before</u> my pregnancy
- □ I already had COVID-19
- I didn't have enough information about the vaccine to feel comfortable getting it
- I was concerned that the COVID-19 vaccine was developed too fast
- I didn't think the vaccine would protect me against COVID-19
- □ I didn't think COVID-19 was a serious illness
- □ I didn't think I was at risk for COVID-19 infection
- □ I preferred using masks and other precautions instead
- □ I don't think vaccines are beneficial
- Other reason Please tell us:

VC4. Since your new baby was born, have you gotten a COVID-19 vaccine?

No

Yes

VC5. Which ONE of these sources do you trust the most for receiving information about the COVID-19 vaccine?

Check ONE answer

- □ My doctor, nurse, or other health care provider
- My pharmacist
- Centers for Disease Control and Prevention (CDC) website or reports
- Food and Drug Administration (FDA) website or reports
- □ My state or local health department
- □ Family or friends
- □ News reports (such as television or radio news)
- Social media sites like Facebook
- Websites about health or other topics Please tell us which sites:
- Some other source
 Please tell us what source:

VC6. Which of the following describes your work or volunteer activities <u>during</u> your most recent pregnancy?

Check ALL that apply

- I worked or volunteered providing direct medical care to patients (such as being a doctor, nurse, dentist, therapist, home health care provider, or emergency responder)
- I worked or volunteered in a health care setting, but <u>not</u> providing direct medical care to patients (such as being administrative staff, cleaning staff, patient transport, or ward clerk)
- I worked or volunteered in a position where I regularly came into contact with the public (such as education, grocery or retail stores, public transportation, restaurants or food service, law enforcement, or postal or delivery services)
- I worked or volunteered in a position where I did <u>not</u> regularly come in contact with the public
- None of the above

Please use this space for any additional comments you would like to make about your experiences around the time of your pregnancy or the health of mothers and babies in Georgia.

Thanks for answering our questions!

Your answers will help us work to keep mothers and babies in Georgia healthy.

19