

Protect Your Health

Vaccines for Adults 50+

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GEORGIA DEPARTMENT OF PUBLIC HEALTH

If you're age 50 or older:

Shingles vaccine Shingles causes a painful rash that can last for months.

Pneumococcal vaccine (recommended for all 65+)

Pneumococcal disease can include pneumonia, meningitis, and blood infections. Some adults with certain medical conditions may need a pneumococcal vaccine earlier. Adults 50-64 years should talk to their healthcare provider about when they should be vaccinated.

Flu vaccine every year Standard flu vaccine is recommended for adults ages 50-64. Adults 65 should opt for a high-dose version (quadrivalent) if available. The seasonal flu vaccine is the best way to protect yourself and others from the flu.

Tdap vaccine to protect yourself from 3 diseases: tetanus, diphtheria, and whooping cough (pertussis). Everyone needs to get the Tdap vaccine once.

Td or Tdap booster every 10 years (after you get a Tdap vaccine) to protect against tetanus and diphtheria.

COVID-19 vaccine and booster to protect yourself and others from COVID-19.

Hepatitis A vaccine if you have risk factors for hepatitis A infection.

Hepatitis B vaccine if you have risk factors for hepatitis B infection.

HEALTH BENEFITS OF VACCINES

Older adults need to get vaccines (shots) to prevent serious diseases. Protect your health by getting all your vaccines on schedule.

Why do I need to get vaccines?

Vaccines help protect you from diseases that can be serious and sometimes deadly. Many of these diseases are common, but vaccines can prevent them. Even if you've always gotten your vaccines on schedule, you still need to get some vaccines as an older adult. That's because:

- Older adults are more likely to get certain diseases

- Older adults are at higher risk for serious complications from diseases

- The protection from some vaccines can wear off over time

Getting vaccinated also protects other people.

When you get vaccines, you don't just protect yourself - you also protect others. This is especially important if you spend time around anyone with a long-term health problem or a weakened immune system (the system in the body that fights infections). Protect yourself and the people around you by staying up to date on your vaccines.

For more information visit

dph.georgia.gov/immunizations/adult-immunizations