# **Referral to Breastfeeding Resources**

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### **Policy**

Local agencies shall identify or develop a list of breastfeeding resources for use in the local agencies.

## **Purpose**

To provide guided support and help each lactating woman meet her breastfeeding goal.

#### **Procedure**

- I. Include hospital staff, physicians, local support groups, public health staff with expertise in handling breastfeeding questions, sources for breast pumps, peer counselors, and other relevant resources.
- II. Document in the prenatal and breastfeeding participant's record all referrals provided; including enrollment in the peer counselor program.
- III. Establish written procedures for referring women to peer counselors; CLC; IBCLC, or the equivalent, and other appropriate breastfeeding support.
- IV. Provide appropriate training.

# **Authority**

7 CFR § 246.11

Nutrition Services Standards 8. Breastfeeding Education, Promotion and Support – B.7; C.4.e

### **Definitions/Supporting Information**

(None)