CORONAVIRUS DISEASE 2019 (COVID-19)

COVID-19 is a respiratory illness caused by a new coronavirus that originated in China. COVID-19 spreads person to person, anyone can be infected.

**HIGHEST RISK**

- TRAVELERS to countries with widespread outbreaks and their close contacts.
- OLDER PERSONS (60+)
- PERSONS WITH CHRONIC HEALTH CONDITIONS such as diabetes, heart disease, HIV...

**INCUBATION**

AVERAGE PERIOD: 5 DAYS

**SYMPTOMS**

Most cases are MILD TO MODERATE.

- COUGHING
- SNEEZING
- RUNNY NOSE
- FEVER
- SHORTNESS OF BREATH

**PREVENT THE SPREAD**

- Wash your hands often with soap + water.
- Avoid touching your eyes, nose + mouth with unwashed hands.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Avoid close contact with people who are sick.
- Get a flu shot!
- Clean + disinfect frequently touched objects and surfaces such as counters, door knobs, desks, keyboards, tablets and phones.

**IF YOU THINK YOU OR A FAMILY MEMBER HAS COVID-19**

1. Call your healthcare provider right away.
2. Tell the doctor about your recent travel + your symptoms.
3. Your healthcare provider will tell you how to get care without exposing others.
4. Stay home & avoid contact with others.

For more information: dph.georgia.gov/novelcoronavirus