## September 2024

Diabetes Prevention and Management Program Evaluation Plan for Fiscal Year 2025

Chronic Disease Prevention Section Medical and Clinical Service Division Georgia Department of Public Health



## A Strategic Approach to Advancing Health Equity for Priority Populations with or at Risk for Diabetes - CDC-RFA-DP-23-0020 Component A

Strategic Evaluation Plan for FY 2024

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## Narrative of the Evaluation Approach

### Strategies to evaluate:

- A.1 Strengthen self-care practices by improving access, appropriateness, and feasibility of diabetes self-management education and support (DSMES) services for priority populations
- A.3 Prevent diabetes complications for priority populations through early detection
- A.5 Increase enrollment and retention of priority populations in the National Diabetes Prevention Program (National DPP) lifestyle change program (LCP) and the Medicare Diabetes Prevention Program (MDPP) by improving access, appropriateness, and feasibility of the programs

#### **Evaluation Approach and Context:**

The Georgia Department of Public Health (DPH) 2320 program will follow the Centers for Disease Control and Prevention's (CDC) Framework for Evaluation to conduct both process and outcome evaluations to determine the effectiveness and impact of program interventions. Georgia's 2320 program will address diabetes management and type 2 diabetes prevention by improving access of diabetes self-management education and support (DSMES) services for priority populations as well as National Diabetes Prevention Program (National DPP) lifestyle change program (LCP) services. Georgia activities aim to prevent complications of diabetes among its population through early detection. These strategic approaches will be implemented simultaneously in selected communities across the state.

Working with diverse local partners, the program targets populations at higher risk, focusing on those with undiagnosed or uncontrolled diabetes, especially in areas with disparities and inequalities. Three groups of stakeholders and partners will be involved at different levels in performance monitoring and evaluation of the program throughout the cooperative agreement. Key partners and program staff will be engaged in all phases of the evaluation process including planning, implementation, and use of evaluation results. In Year One, the primary stakeholders, GDPH Diabetes Program staff and program implementers, developed this evaluation plan. For the remainder of the cooperative agreement, the evaluation plan will be implemented where primary stakeholders including health districts and health systems will implement interventions, collect data, disseminate, and use evaluation data to improve interventions. Higher level stakeholders such as the statewide partners, national agencies and funders will disseminate and use evaluation and surveillance data to guide programming. List of partners/stakeholders, their role in the evaluation process and how and when they will be engaged are outlined in Table 3.

The overarching evaluation question Georgia will answer during this 5-year cooperative agreement period is "What progress has been made in Georgia to decrease diabetes burden and increase chronic disease awareness among the targeted populations?" Georgia will evaluate strategies 1, 3, and 5 while monitoring all other strategies the program is implementing (8, 9, and 12). The evaluation questions focus on the extent to which the program strategies and activities led to the expected outcomes. Evaluations will be carried out to determine the success of the program and make any adjustments necessary throughout the project period. The set of evaluations proposed will, over time, show how well Georgia's proposed activities for the strategic approaches are working and what changes are needed to improve the program in order to achieve the desired end results. A comprehensive evaluation

assessing approach, effectiveness, efficiency, and sustainability of the selected strategies throughout the project period will help inform the health impact for diabetes outcomes at the end of the cooperative agreement in year 5. Table 1 presents specific overarching evaluation questions for the core areas, evaluation design and data collection methods proposed for this project period. The specific evaluation questions and indicators for each strategy are detailed in Table 2: Strategy-Specific Evaluation Design and Data Collection.

Most of the data sources required to address the evaluation questions are readily available. Data sources include surveys, program records, reports from partners, vital statistics from DPH, and annual reports from the Health Resources Services Administration on Federally Qualified Health Centers. An annual Health Systems Assessment and Partnership Survey will gauge the impact on health systems and stakeholder outcomes. Performance measures, milestones, data sources, and assessment frequency are also described in Table 2. The sources include program records, activity data from meeting notes and data, and performance evaluation information To address those questions, both process and outcome evaluations will be conducted. Data will be collected and analyze using a mixed methods strategy, combining quantitative and qualitative methodologies.

The evaluation will combine both quantitative and qualitative methods. The proposed methods include the use of statistical analysis to assess key metrics such as Diabetes risk factors, health outcomes, and program adoption rates. Qualitative methods, including interviews, focus groups, and thematic analysis, will provide in-depth insights into the effectiveness and impact of the strategies. Continuous monitoring processes, stakeholder engagement, and the application of mixed-methods integration are recommended for ongoing improvement and validation of findings. Data visualization techniques will be employed to enhance the communication of key trends and insights. This multifaceted methodology aims to provide a comprehensive understanding of the strategies' effectiveness and guide informed decision-making for program adjustments and enhancements. Data from multiple data sources will be compiled, cleaned, coded, analyzed, and interpreted to provide a summary of findings. Monitoring data will highlight the key findings from the monthly and quarterly progress reports submitted by partners implementing the strategies. Some key outcome variables will be stratified by demographics, such as age, race/ethnicity, and geographic region.

Key evaluation efforts center on assessing the implemented strategies' contribution to measurable changes in the identified communities' health, behavior, and environment. Vital statistics data will be used to evaluate outcomes and health impact by year 5, stratified by demographics. Evaluation findings will be synthesized into an evaluation action plan, developed in collaboration with stakeholders/partners. The action plan will detail targeted recommendations and specific action steps necessary to implement the recommendations for program improvement. As an action-oriented management tool, the evaluation findings will be intended to inform program planners and stakeholders of opportunities to strengthen, enhance, and revise program activities.

The evaluation findings will be shared through various channels, such as local and national conferences, meetings, evaluation reports, the DPH website, and CDC Evaluation Reports. The 2320 team will be responsible for presenting the evaluation findings to other 2320 states and local, as well as state and national level stakeholders through reports and conference calls. Information will be tailored to each audience and mode of dissemination.

Evaluation	Overarching	Evaluation	Data Collection Methods
Core	Core Area	Design	
Areas	Evaluation		
	Questions		
Approach	1. To what extent has Georgia's implementation approach resulted in achieving the desired outcomes?	A mixed-methods evaluation design approach would result in achieving the desired outcomes. This approach combines both quantitative and qualitative methods, allowing for a comprehensive assessment of the implementation process and its outcomes.	<ul> <li>Quantitative Methods:</li> <li>Performance Monitoring: Collecting data from Georgia's health management information systems (HMIS) and tracking Key Performance Indicators (KPIs). Qualitative Methods:</li> <li>Document Review: Analysis of reports and other relevant documentation to understand the decision-making and adaptation processes during implementation.</li> </ul>
Effectiveness	2.1 To what	The effectiveness	Quantitative Methods:
Litectiveness	extent has	of Georgia's	Program Participation Data: Collect
	Georgia	program strategies	•
	increased the	in increasing reach	
	reach of	will be assessed by	participating in diabetes
	program	evaluating the	prevention and management
	strategies to	extent to which	programs (e.g., DPP, DSMES).
	prevent and	the targeted	Health System Data: Analyze data
	manage type 2	population	from healthcare providers to
	diabetes?	(including high-	measure the uptake of diabetes
	2.2 To what	risk groups) has	prevention and management
	extent has	access to and is	services, including screenings
	implementing	utilizing diabetes	and referrals.
	program	prevention and	Geospatial Analysis: Use GIS
	strategies led to	management	mapping to visualize the
	improved health	services. A mixed	geographic distribution of
	outcomes	methods approach	
	among the	combining	with high and low coverage.
	identified	quantitative and	Qualitative Methods:
	priority	qualitative	Focus Groups and Interviews:
	population(s)?	methods will be	Conduct with program
	2.3 What factors	employed to	participants, healthcare
	were associated	provide a	providers, and community
	with the effective	-	leaders to understand the factors
	implementation	understanding of	

### Table 1: Multi-Year Evaluation Design and Data Collection Matrix

			0
	of program strategies?	the program's reach, health outcomes, and the factors contributing to its effectiveness.	influencing program reach and participation. <b>Community Assessments</b> : Engage with communities to assess local barriers and facilitators to accessing diabetes prevention and management programs.
Efficiency	3. To what extent has the NOFO affected efficiencies concerning infrastructure, management, partners, and financial resources?	The evaluation design will focus on assessing the efficiency of the program by evaluating how well resources were utilized in achieving the intended outcomes. It will focus on operational efficiency, including the timeliness of service delivery, coordination of activities, and resource utilization in reaching the targeted population. Mixed Methods will combine quantitative health data with qualitative insights from stakeholders to gain a comprehensive understanding of the efficiency of	<ul> <li>managed during the program rollout.</li> <li>Document Review: Review project management documents, and timelines to assess the efficiency of resource allocation and procurement processes. This will help determine if</li> </ul>
Sustanability	4. To what extent	the program The evaluation	Quantitative Data Collection
oustandonity	can the	design will focus	• Workforce Capacity Data: Gather
	strategies	on assessing the	data on staffing levels and training:
	5	likelihood that the	the number of trained healthcare

	<u>г</u> г		1
	implemented be sustained after the NOFO ends?	strategies and interventions implemented to prevent and manage type 2 diabetes in Georgia can be sustained beyond the funding period. <b>Capacity</b> <b>Assessment</b> evaluation will analyze the readiness and capacity of local institutions, healthcare providers, and stakeholders to continue implementing the strategies after the NOFO ends. The evaluation will employ Mixed Methods data collection methods.	<ul> <li>providers, community health workers, and program staff who are capable of continuing program activities independently. Assess the sustainability of training programs and the ongoing availability of skilled personnel.</li> <li>Policy Integration Data: Review health policies and strategic frameworks to identify whether the strategies implemented under the NOFO are now embedded in local or national health policies, indicating long-term sustainability.</li> <li>Qualitative Data Collection</li> <li>Interviews with Program Managers and Healthcare Providers involved in the day-to-day implementation of the program to gather insights into their perception of the program's sustainability. This will explore resource availability, capacity-building efforts, and future plans for program continuity.</li> </ul>
Impact	5. To what extent have the strategies contributed to a measurable change in health, behavior, or environment in a defined community, population, organization, or system?	The design will use a Mixed Methods Impact Evaluation approach, combining both Quantitative and Qualitative data collection and analysis methods. The goal is to assess the magnitude and nature of changes and identify how these changes can be attributed to the implemented strategies:	<ul> <li>Quantitative Data Collection</li> <li>Secondary Data: Health Outcome Data from health systems (e.g., hospital records, chronic disease registries) to track changes in key health indicators such as type 2 diabetes incidence, diabetes- related complications, and healthcare utilization (e.g., hospital admissions, outpatient visits) over time.</li> <li>Collect data on the availability of diabetes prevention and management programs to assess access to services overtime.</li> <li>Collect data on environmental factors that influence diabetes prevention and management, such</li> </ul>

Assessment       community-based health         or the availability of healt       options.         Use self-reported second       on behavioral changes, su         improvements in dietary       physical activity levels, me         adherence, and diabetes a       management practices. Me         source- BRFSS.       source- BRFSS.
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#### Table 2: Strategy-Specific Evaluation Design and Data Collection

1. Strategy-Specific Evaluation Approach and Context: The evaluation will utilize mixedmethods approach which combines quantitative and qualitative data to provide a comprehensive assessment of the program's effectiveness, sustainability, and impact. Key components of the evaluation approach will include: **Process Evaluation conducted in year 1 and 2** particularly focusing on how well access to DSMES services is being expanded to underserved populations. This can help identifying any barriers to participation or access, and monitoring referral pathways from healthcare providers. Outcome Evaluation conducted in years 2, through 5 to assess the effects of DSMES services on participants' diabetes management behaviors (e.g., blood glucose monitoring, medication adherence) and clinical outcomes (e.g., HbA1c levels, emergency room visits). Impact Evaluation conducted in years 3 through 5 will focus on long-term changes in health outcomes and healthcare utilization at the population level but particularly among high-risk and underserved populations, to determine the broader impact of improved DSMES services. Sustainability Evaluation concudted in year 5 will assess whether the systems, partnerships, and resources established during the program can be maintained long-term. It will examine stakeholder involvement and the integration of DSMES into healthcare settings beyond the initial implementation period. The evaluation will be conducted in the context of addressing the high burden of diabetes in underserved communities in Georgia, where access to diabetes management resources is often limited. Evaluation findings will be regularly communicated to stakeholders for ongoing improvement and decision-making.

**2. Strategy 1:** Improve access, appropriateness, and feasibility of diabetes self-management education and support services.

**3. Activities:** Develop and disseminate culturally appropriate materials to expand programming and increase enrollment and retention of participants.

**Activity 1.1:** Hispanic Health Coalition of Georgia (HHCGA) will develop and disseminate materials to increase enrollment and retention of Hispanic/Latino populations.

**Activity 1.2:** Explore the development process for a diabetes dashboard to provide data on incidence and mortality for diabetes, high-risk chronic conditions and risk behaviors, screening, income, education, insurance status, and access to care.

**Activity 1.3:** GAPHC will assist FQHCs in developing plans to expand programming into sites without active DSMES programs.

**Activity 1.4:** Implement action plans developed by 4 health districts to provide DSMES or diabetes support programs within selected counties in the health districts by adopting best practices for enrolling and tailoring services to priority populations, integrating assessments of social determinants of health, and creating referral processes..

**Activity 1.5:** Conduct survey of 15 UGA extension sites and utilize results to identify two highpriority areas to expand DSMES and diabetes support programming delivered by UGA extension sites.

**Activity 1.6:** Facilitate two (2) regional meetings to ensure regional collaboration with Health Districts, FQHCs, and Community Partners to discuss best strategies and best practices, aimed to lead to systems change to increase referrals and enrollment of priority populations into diabetes management-focused programs.

4. Evaluation	5. Indicator/ Performance	6. Data Source	7. Data Collectio	8. Data Collect	9. Data Analysis	10. Rosponsi
Question	Measure	Data Source	n	ion	Allalysis	Responsi bility
Question	Medsure		Methods	Freque		binty
			methous	ncy		
Overarching	a evaluation qu	estion: To what exte	nt has Geor		sed access to and	<u> </u>
-		rams to prevent and		-		
Approach:	Number of		Program	Quarte	Quantitative	Evaluator
To what	new ADA-	Program	documen	rly	and Qualitative	and
extent has	recognized	Records	t reviews	from	methods to	Program
Georgia's	, ADCES-	Quarterly	Interview	progra	include:	Manager
efforts	accredited	Reports	S	m		
increased	DSMES			reports	<ul> <li>Descrip</li> </ul>	
access and	services,	Program		. Data	tive	
availability	and	Records/Adminis		will be	Analysi	
of	diabetes	trative Data		reporte	S,	
accredited	support			d	frequen	
DSMES	programs	Key informant		annuall	cy to	
services,	Number of	interviews with		y to	summa	
and	existing	program staff,		CDC	rize	
diabetes	ADA-	healthcare			quantit	
support	recognized				ative	
programs?	, ADCES-	organization			data on	
	accredited	leaders to assess			service	

Effectiven	DSMES	feasibility and		availabi	
ess:	services,	sustainability of		lity,	
To what	and	support services		utilizati	
extent	diabetes	implemented.		on, and	
have	support			particip	
efforts to	programs			ant	
improve	<ul> <li>Number of</li> </ul>			demog	
access,	new			raphics.	
appropriat	diabetes			Themat	
eness, and	support			ic	
feasibility	programs			analysis	
of DSMES	or services			of	
services	established			progra	
led to	Number of			m	
increased	existing			reports	
utilization	ADA-			and	
and	recognized			data to	
participant	or ADCES-			identify	
satisfaction	accredited			key	
among	DSMES			themes	
diverse	services			related	
population	and			to	
S,	diabetes			access	
particularly	support			barriers	
those from	programs			• Map	
underserve	that have			the	
d or high-	tailored			geogra	
risk	their			phic	
groups?	programs			distribu	
5 1	or			tion of	
Efficiency:	recruitmen			DSMES	
How	t strategies			service	
effective	to increase			delivery	
have the	participatio			sites	
improved	n of			and	
DSMES	priority			particip	
services	population			ant	
been in	S			locatio	
enhancing	Number of			ns to	
participant	people			assess	
s' diabetes	with			whethe	
self-	diabetes			r	
manageme	with at			services	
nt	least one			are	
behaviors,	encounter			reachin	
such as	at an ADA			g	

r				
blood	recognized		unders	
glucose	/ ADCES		erved	
monitoring	accredited		or	
,	DSMES		high-	
medication	services		risk	
adherence,	Number of		areas.	
and	people		<ul> <li>Track</li> </ul>	
lifestyle	with		referral	
changes,	diabetes		S,	
and in	(total		enrollm	
reducing	number		ent,	
diabetes-	and		and	
related	number		particip	
health	from		ation	
outcomes	priority		rates in	
(e.g.,	population		DSMES	
HbA1c	s)		services	
levels,	participatin			
emergency	g in		Analyze	
room	diabetes		pre-	
visits)?	support		and	
	programs/		post-	
Sustainabi	services		interve	
lity:	Number		ntion	
What	and		behavi	
systems,	percentage		or and	
partnershi	of referred		related	
ps, and	individuals		health	
resources	enrolling in		outcom	
have been	DSMES		es (e.g.,	
established	programs.		change	
to ensure	Level of		s in	
the long-	tailoring of		particip	
term	DSMES		ants'	
availability	curriculum		diabete	
and	to the		S-	
integration	specific		related	
of DSMES	needs of		behavi	
services	diverse		ors	
within	population		(A1C	
healthcare	s (e.g.,		monito	
settings?	language		ring,	
_	adaptation,		medica	
Impact:	culturally		tion	
What	sensitive		adhere	
measurabl	content).		nce),	

e changes in health outcomes, such as reduced diabetes-	<ul> <li>Geographi</li> <li>c</li> <li>distributio</li> <li>n and</li> <li>reach of</li> <li>DSMES</li> </ul>	change s in nutritio n and physica	
related	services	activity)	
complicati	(proximity	using	
ons, or decreased	to high- risk	paired t-tests	
healthcare	population	or	
utilization,	s).	other	
have occurred among participant s as a result of increased access to and engageme nt with DSMES services?	<ul> <li>Proportion of people with diabetes with A1C&gt;9</li> </ul>	approp riate statistic al tests.	

1. Strategy-Specific Evaluation Approach and Context: The evaluation will utilize mixedmethods approach which combines quantitative and qualitative data to provide a comprehensive assessment of the program's effectiveness, sustainability, and impact. Key components of the evaluation approach will include: Process Evaluation conducted in year 1 and to assess whether the enhanced screening protocols are being integrated as planned and how the screening programs were enhanced. Outcome Evaluation conducted in years 2, through 5 will evaluate the shortterm and intermediate outcomes of enhanced screening programs, such as increased participation in screening, early detection of diabetes complications, and subsequent patient management improvements. Impact Evaluation conducted in years 3 through 5 will focus on long-term and measurable outcomes of the enhanced screening programs in preventing complications from diabetes. Sustainability Evaluation concudted in year 5 will assess whether the systems, partnerships, and resources established during the program can be maintained long-term. It will assess the long-term viability and continuation of the enhanced screening programs after initial implementation and funding.. The evaluation the evaluation will provide insights into the effectiveness of the enhanced screening programs in improving health outcomes and whether these programs can be maintained and expanded in the future.

Evaluation findings will be regularly communicated to stakeholders for ongoing improvement and decision-making. The evaluation findings will be shared through various channels, such as local and national conferences, meetings, evaluation reports, the DPH website, and CDC Evaluation Reports.

The 2320 team will be responsible for presenting the evaluation findings to other 2320 states and local, as well as state and national level stakeholders through reports and conference calls. Information will be tailored to each audience and mode of dissemination.

**2. Strategy 3:** Prevent diabetes complications for priority populations through early detection.

#### 3. Activities:

**Activity 3A.1a:** Implement a CKD screening protocol with one health system to be incorporated into their current diabetes management protocol.

**Activity 3A.2:** Implement a Diabetic retinopathy screening protocol with one health to be incorporated into their current diabetes management protocol

**Activity 3A.3:** Train a Health System partners DSMES program facilitators on best practices for screening techniques for CKD and Diabetic Retinopathy.

**Activity 3A.4:** Partner with the National Kidney Foundation to provide technical assistance to one health system to utilize a CKD Change Package to establish and implement a population health quality improvement (QI) program to improve CKD diagnosis and management.

**Activity 3A.5:** Collaborate with DPH Injury Prevention Program to develop brain health messaging and education to share with partners implementing DSMES and diabetes support programming. Persons with diabetes enrolled in the programs would receive the education to learn prevention strategies for Alzheimer's and Related Dementia (ADRD).

**Communication/Dissemination Strategy:** The evaluation findings will be shared through various channels, such as local and national conferences, meetings, evaluation reports, the DPH website, and CDC Evaluation Reports. The 2320 team will be responsible for presenting the evaluation findings to other 2320 states and local, as well as state and national level stakeholders through reports and conference calls. Information will be tailored to each audience and mode of dissemination.

4.	5. Indicator/	6.	7. Data	8.Data	9. Data	10.			
Evaluation	Performance	Data Source	Collectio	Collect	Analysis	Responsi			
Question	Measure		n	ion		bility			
			Methods	Freque					
				ncy					
			1 11	1 1 4	· · · · · · · · · · · · · · · · · · ·				

**Overarching Evaluation Question:** How effective have the early detection and intervention efforts in Georgia been at identifying and reducing diabetes-related complications among priority populations?

· ·				_	-	- · ·	
Approach:	•	Number of	Quantitative and	Program	Quarte	Quantitative	Evaluator
What		health care	Qualitative	documen	rly	and Qualitative	and
screening		systems	sources	t reviews	from	methods:	Program
programs		that	including:	Interview	progra	Descriptive	Manager
did		integrate	Program	s with	m	Analysis -	Healthcar
Georgia		new or	Records/Adminis	healthcar	reports	Analyze the	e Systems
enhance to		improved	trative Data	е	. Data	number and	-
prevent		screening	Training records	providers	will be	types of	
complicati		programs	Health System	•	reporte	screening	
ons from		specifically	Administrative		d	programs	
diabetes?		targeting	data		annuall	enhanced,	
		early	Patient Health		y to	geographic	
Effectiven		detection	Records		CDC	coverage, and	
ess: How		of CKD,	Healthcare		CDC	participation	
effectively		diabetic	providers			rates.	
were the			•				
planned		retinopath	Surveys			Trand analysis	
•		y, and				Trend analysis	
screening		neuropath				-	
protocols,		у.				Compare data	
training	•	Number				over time to	
programs,		and				assess	
and		percentage				increases in	
partnershi		of patients				the number of	
ps		with				screenings and	
implement		diabetes				early detection	
ed across		screened				of diabetes	
the health		for diabetic				complications	
systems?		retinopath				Geospatial	
		y and				analysis -	
Efficiency:		chronic				Map the	
To what		kidney				distribution of	
extent did		disease				enhanced	
Georgia		(CKD) in				screening	
use		health care				programs	
available		organizatio				across	
resources		ns working				different	
(time, staff,		with the				regions in	
funding,		recipient				Georgia to	
and		on this				assess	
partnershi		strategy				accessibility.	
ps) to	•	Number of					
implement		healthcare				Qualitative	
the		profession				content	
screening		als trained				analysis	
protocols,		in the				Analyze	
training,		enhanced				interview and	
training,							

					13
and		screening		survey data	
technical		protocols.		from	
assistance	٠	Number of		healthcare	
programs		health		providers to	
to increase		systems		understand	
reach of		reporting		how the	
the		improved		enhanced	
interventio		screening		screening	
ns within		practices		programs are	
the health		or		being	
systems?		detection		implemented	
		rates after		and any	
Sustainabi		implement		challenges	
lity:		ation of		encountered.	
To what		enhancem			
extent		ents.			
have the	•	Number of			
health		messages			
systems		developed			
adopted		to share			
and		with			
institutiona		partners			
lized the		implementi			
CKD and		ng DSMES			
diabetic		and			
retinopath		diabetes			
y screening		support			
protocols,		programmi			
training		ng.			
programs,	•	Number of			
and quality		partners			
improveme		implementi			
nt		ng DSMES			
initiatives,		and			
and what		diabetes			
mechanism		support			
s are in		programmi			
place to		ng			
ensure the	•	Proportion			
continuatio		of people			
n and		with			
scalability		diabetes			
of these		with A1C			
interventio		>9.			
ns beyond					
the initial					

	1		1	10
implement				
ation				
phase?				
Impact:				
What				
measurabl				
e changes				
in early				
detection				
rates and				
manageme				
nt of CKD,				
diabetic				
retinopath				
y, and				
related				
complicati				
ons have				
occurred				
as a result				
of the				
implement				
ation of				
the				
screening				
protocols				
and				
training				
programs				
within the				
health				
system,				
particularly				
among				
priority				
population				
s?				

1. Strategy-Specific Evaluation Approach and Context: The evaluation will utilize mixedmethods approach which combines quantitative and qualitative data to provide a comprehensive assessment of the program's effectiveness, sustainability, and impact. Key components of the evaluation approach will include: **Process Evaluation conducted in year 1 and 2** particularly focusing on how well access to DSMES services is being expanded to underserved populations. This can help identifying any barriers to participation or access, and monitoring referral pathways from healthcare providers. Outcome Evaluation conducted in years 2, through 5 to assess the effects of DSMES services on participants' diabetes management behaviors (e.g., blood glucose monitoring, medication adherence) and clinical outcomes (e.g., HbA1c levels, emergency room visits). Impact Evaluation conducted in years 3 through 5 will focus on long-term changes in health outcomes and healthcare utilization at the population level but particularly among high-risk and underserved populations, to determine the broader impact of improved DSMES services. Sustainability Evaluation conducted in year 5 will assess whether the systems, partnerships, and resources established during the program can be maintained long-term. It will examine stakeholder involvement and the integration of DSMES into healthcare settings beyond the initial implementation period. The evaluation will be conducted in the context of addressing the high burden of diabetes in underserved communities in Georgia, where access to diabetes management

Evaluation findings will be regularly communicated to stakeholders for ongoing improvement and decision-making. The evaluation findings will be shared through various channels, such as local and national conferences, meetings, evaluation reports, the DPH website, and CDC Evaluation Reports. The 2320 team will be responsible for presenting the evaluation findings to other 2320 states and local, as well as state and national level stakeholders through reports and conference calls. Information will be tailored to each audience and mode of dissemination.

**2. Strategy 5:** Increase enrollment and retention of priority populations in the National Diabetes Prevention Program (National DPP) lifestyle intervention and the Medicare Diabetes Prevention Program.

#### 3. Activity(s):

resources is often limited.

**Activity 5.1.A:** National DPP programs will utilize the resource guide to enhance National DPP systems by adopting best practices for enrolling and tailoring services to priority populations, integrating assessments of social determinants of health, and creating referral processes.

**Activity 5.2.A:** The Hispanic Health Coalition of Georgia will develop and disseminate materials to increase enrollment and retention of Hispanic/Latino populations.

**Activity 5.3.A:** Explore the development process for a diabetes dashboard and utilize data from the Diabetes Dashboard to identify priority populations and analyze disparities in diabetes burden. **Activity 5.4.B:** GAPHC and FQHCs will utilize resource guides to enhance and expand National DPP systems by adopting best practices for enrolling and tailoring services to priority populations, integrating assessments of social determinants of health, and creating referral processes.

**Activity 5.5.B:** Implement action plans developed by 4 health districts to provide National DPP within selected counties in the health districts by adopting best practices for enrolling and tailoring services to priority populations, integrating assessments of social determinants of health, and creating referral processes..

**Activity 5.6.B:** Conduct survey of 15 UGA extension sites and utilize results to identify two high-priority areas to expand National DPP delivered by UGA extension sites.

**Activity 5.7.B:** Facilitate two (2) regional meetings to ensure regional collaboration with Health Districts, FQHCs, and Community Partners to discuss best strategies and best practices, aimed to lead to systems change to increase referrals and enrollment of priority populations into National DPP and Medicare DPP.

**Activity 5.8.B**: Implement the learning series to organizations currently offering National DPP to ensure systems are in place to aid in the progression to achieving MDPP Supplier status, increase the number of MDPP suppliers, and the number of referrals into the existing programs.

	of MDPP supplier					10			
4.	5. Indicator/	6. Data	7. Data	8.	9. Data	10.			
Evaluation	Performance	Source	Collection	Freque	Analysis	Responsi			
Question	Measure		Method	ncy	Method	bility			
Overarching evaluation question: To what extent has Georgia adopted and implemented the									
strategies and best practices outlined in the National DPP resource guides and action plans to									
	improve enrollment and retention of populations affected diabetes and reduce disparities?								
Approach:	Number of	Quantitati	Quantitative	Quarterl	Quantitative	Evaluator			
What	National DPP	ve and	Data:	y from	and Qualitative	and			
progress	programs that	Qualitative	Enrollment/ret	progra	including:	Program			
did	adopt the	:	ention	m	Descriptive	Manager			
Georgia	resource	National	statistics,	reports.	Statistics: To				
make in	guide.	DPP	dashboard	Data	summarize and				
enrolling	Percentage of	program	usage, supplier	will be	present data				
and	National DPP	managers,	status records,	reporte	trends				
retaining	programs	resource	survey	d	(adoption				
participant	integrating	guide	responses.	annually	rates,				
s in	assessments of	usage		to CDC	enrollment				
National	social	reports,	DPRP Reports		numbers).				
DPP	determinants	Dashboar			Content				
strategies?	of health.	d analytics	Qualitative		Analysis: For				
What	Number of	UGA	Data: Focus		qualitative				
priority	referral	extension	groups, key		data such as				
population	processes	site survey	informant		interview				
s were	established for	results	interviews,		responses or				
reached?	priority	Learning	stakeholder		focus group				
	populations.	series	feedback.		discussions.				
Effectiven	Number of	attendanc			Geospatial				
ess:	materials	e records	Secondary		Analysis: GIS				
To what	developed and		Data: Diabetes		mapping to				
extent	disseminated		prevalence		identify high-				
have the	by the		reports, social		priority areas				
National	Hispanic		determinants		and spatial				
DPP	Health		of health		disparities in				
activities	Coalition.		assessments,		service				
been	Number of		health district		coverage.				
effective in	participants		action plans.						
increasing	(total # and #								
enrollment,	from priority								
retention,	populations)								

l	1	1	1	1	19
and	enrolled by				
tailored	CDC-				
services for	recognized				
priority	National DPP				
population	delivery				
s?	organizations				
	Number of				
Efficiency:	participants				
How	(total number				
efficiently	and number				
have	from priority				
resources	populations)				
(e.g.	retained* by				
partnershi	CDC				
ps, existing	recognized				
resource	National DPP				
guides and	delivery				
plans)	organizations.				
been	Number of				
utilized in	program				
implementi	completers				
ng the	(total number				
National	and number				
DPP	from priority				
activities,	populations)				
and what	served by				
opportuniti	CDC-				
es exist for	recognized				
optimizing	National DPP				
processes	delivery				
to achieve	organizations				
desired	who reduce				
outcomes?	their risk for				
	T2D.				
Sustainabi	Number of				
lity:	actions or				
To what	policy changes				
extent are	informed by				
the	the Diabetes				
strategies,	Dashboard				
partnershi	data.				
ps, and	Number of				
systems	FQHCs that				
changes	adopt the				
implement	resource				
ed through	guides.				

		1	1	1	1
the	Percentage of				
National	FQHCs				
DPP in	integrating				
Georgia	assessments of				
likely to	social				
continue	determinants				
after initial	of health into				
funding?	their practices.				
	Number of				
Impact:	counties in				
What	which National				
measurabl	DPP programs				
e impact	have been				
have the	launched or				
National	expanded.				
DPP	Number of				
activities	organizations				
had on	participating in				
reducing	the learning				
diabetes	series.				
prevalence,	Number of				
improving	organizations				
health	progressing				
outcomes,	towards or				
and	achieving				
addressing	MDPP Supplier				
disparities?	status.				
	Increase in the				
	number of				
	MDPP				
	suppliers.				
	Increase in the				
	number of				
	referrals into				
	existing MDPP				
	programs				

#### Table 3: Performance Measurement Plan

#### **Performance Measurement Plan Narrative**

#### How will the quality of performance measure data be assured?

The quality of the performance measure data will be assured with the creation of standardized data collection tools utilized both internally and externally and the continuous monitoring of data collection by the Diabetes Evaluator. The Diabetes Evaluator will ensure technical assistance is provided to all individuals who collect data that feed into the 2320 cardiovascular health program performance measures. The integrity of data will be safeguarded through secure storage solutions and strict access controls, with audit trails to track modifications. Data analysis will address data irregularities, and external validations with benchmarks or peer reviews will confirm the data's reliability. In addition, data will be presented to 2320 staff on a monthly, quarterly, and annual basis to facilitate feedback on evaluation components, program quality improvement, and decision-making.

# How will performance measurement yield findings to demonstrate progress toward achieving program goals?

The performance measurement will yield findings to demonstrate progress towards achieving goals by the collection and analysis of real-time data on a monthly, quarterly, and annual basis that focus on activities related to community-clinical linkage and health systems change to reduce the burden of diabetes in the state of Georgia through the promotion and use of evidence-based interventions (EBIs). Baseline data will be collected to provide a reference point for future comparisons. Regular data collection and analysis will be carried out to monitor ongoing progress and trends. Comparative analysis will be used to evaluate the effectiveness of the program by comparing current data against the baseline. Based on the performance data, program strategies may be adjusted to enhance effectiveness. Program evaluator will be documenting and communicating these successes with stakeholders for maintaining engagement and support.

#### How will performance measure data be disseminated?

The performance measure data will be disseminated through various channels, such as local conferences, meetings, evaluation reports, the DPH website, and evaluation briefs. The 2320 team will present the evaluation findings to other 2320 states and local, state, and national level stakeholders through reports and conference calls.

#### **Additional Narrative**

Once year 1 data is available, the data will be utilized as a baseline throughout the grant to ensure an appropriate reflection of the selected health systems the Diabetes program staff is currently working with. Proposed targets are comprised of health care systems the Diabetes team is currently working with and are not reflective of the entire state of Georgia. Targets may be revised to reflect programmatic changes throughout the 5-year grant.



External factors, environmental influences or moderators: Partnerships –New partnerships developed with Pharmacies, Health Organizations. Population of focus change in knowledge and behaviors