



## **Georgia Department of Public Health WIC Dietetic Internship Program Diabetes Outpatient Clinical Rotation Description**

Interns will spend four weeks or 96 hours in this outpatient rotation. Interns will progress from observation to interviewing and developing individualized meal plans for patients while assessing their nutritional needs and considering the impact of diabetes medications. Emphasis is placed on the individualization of meal plans based on various cultural and economic factors, readiness for change, and lifestyle preferences of the patient. Interns will design and teach individual and/or group education classes using Power Point and other interactive education materials

### **Before the rotation:**

1. Contact preceptor two weeks before the start of the rotation to arrange the rotation schedule.
2. Complete the clinical pre-rotation module.

**Length of rotation:** four weeks (96 hours) **Standard hours:** To be determined by rotation preceptor

### **Expectations:**

1. Interns have completed clinical pre-rotation modules entirely before the first day of any clinical rotation.
2. Interns will meet with preceptor on the first day of rotation to review the orientation checklist and rotation goals forms.
3. Interns will abide by all internship and facility policies.

### **Resources needed for rotation:**

1. Calculator and black ink pen
2. *Food Medication Interaction Handbook, Nutrition Assessment Pocket Guide and Nutrition Care Process Pocket Guide, Nutrition and Diagnosis Related Care Textbook, Nutrition Diagnosis and Intervention: Standardized Language for the Nutrition Care Process, Nutrition Therapy & Pathophysiology, 2<sup>nd</sup> Edition.*
3. Completed pre-rotation modules
4. Computer and Internet access
5. Transportation

### **Learning Objectives:**

1. The intern will be able to appropriately complete nutrition assessments, distinguish nutrition diagnoses, plan nutrition interventions, and identify parameters to monitor success of interventions.
2. The intern will be able to use motivational interviewing techniques to effectively counsel, educate, and facilitate behavior change of target audience.

3. The intern will be able to develop or adapt credible educational materials based on the needs of a target audience.
4. Intern will be able to confidently and effectively work as part of an interdisciplinary care team to provide high quality patient care.
5. The intern will be able to utilize technology to access credible scientific sources to research nutrition related questions and apply evidence-based guidelines.

**Activities:**

1. Nutrition Assessment, Diagnosis, Intervention and Monitoring (Nutrition Care Process)
2. Nutrition Education – group and individual

**Competencies:**

1. CRD 1.1: Select indicators of program quality and/or customer service and measure achievement objectives
2. CRD 1.2: Apply evidence-based guidelines, systematic reviews and scientific literature (such as *the Academy's Evidence Analysis Library and Evidence-based Nutrition Practice Guidelines, the Cochrane Database of Systematic Reviews and the U.S. Department of Health and Human Services, Agency for Healthcare Research and Quality, National Guideline Clearinghouse Web sites*) in the nutrition care process and model and other areas of dietetics practice
3. CRD 1.3: Justify programs, products, services and care using appropriate evidence or data
4. CRD 1.4: Evaluate emerging research for application in dietetics practice
5. CRD 2.1: Practice in compliance with current federal regulations and state statutes and rules, as applicable and in accordance with accreditation standards and the *Scope of Dietetics Practice and Code of Ethics for the Profession of Dietetics*
6. CRD 2.3: Design, implement, and evaluate presentations to a target audience
7. CRD 2.4: Use effective education and counseling skills to facilitate behavior change
8. CRD 2.7: Refer clients and patients to other professionals and services when needs are beyond individual scope of practice
9. CRD 2.10: Establish collaborative relationships with other health professionals and support personnel to deliver effective nutrition services
10. CRD 2.11: Demonstrate professional attributes within various organizational cultures
11. CRD 2.13: Demonstrate negotiation skills
12. CRD 3.1: Perform the Nutrition Care Process (a through e below) and use standardized nutrition language for individuals, groups and populations of differing ages and health status, in a variety of settings
  - a. Assess the nutritional status of individuals, groups, and populations in a variety of settings where nutrition care is or can be delivered
  - b. Diagnose nutrition problems and create problem, etiology, signs, and symptoms (PES) statements

- c. Plan and implement nutrition interventions to include prioritizing the nutrition diagnosis
  - d. Monitor and evaluate problems, etiologies, signs, symptoms, and the impact of interventions on the nutrition diagnosis
  - e. Complete documentation that follows professional guidelines, guidelines required by the health care systems, and guidelines required by the practice setting
- 13. CRD 3.2: Demonstrate effective communication skills for clinical and customer services in a variety of formats
  - 14. CRD 3.3: Develop and deliver products, programs or services that promote consumer health, wellness, and lifestyle management
  - 15. CRD 3.4: Deliver respectful, science-based answers to consumer questions concerning emerging trends
  - 16. CRD 4.5: Use current informatics technology to develop, store, retrieve, and disseminate information and data
  - 17. CRD 4.11: Code and bill for dietetic/nutrition services to obtain reimbursement from public or private insurers

#### **Evaluation:**

- 1. Intern activities and assignments will be evaluated by the preceptor using grading definitions included in final evaluation form.
- 2. Interns will be given a final evaluation at the end of the rotation using the DPH WIC Dietetic Internship Program final evaluation form.
- 3. The final evaluation form will include grades from all activities/assignments as well as a review of professionalism parameters

#### **After the rotation:**

- 1. Submit electronically to DPH WIC Dietetic Internship Program Director:
  - a. Signed and dated rotation orientation checklist.
  - b. Completed signed and dated rotation goals and reflections form.
  - c. Documentation from all activities and assignments.
  - d. All signed and dated activity logs for the entire diabetes rotation.
  - e. Completed, signed, and dated rotation hours' summary form.
  - f. Completed and signed diabetes rotation final evaluation form.