

Please check the box next to your answer or follow the directions included with the question. You may be asked to skip some questions that do not apply to you.

BEFORE PREGNANCY

The first questions are about you.

1. What is your date of birth?

<input style="width: 100%; height: 30px; border: 1px solid black;" type="text"/> /	<input style="width: 100%; height: 30px; border: 1px solid black;" type="text"/> /	<input style="width: 100%; height: 30px; border: 1px solid black;" type="text"/>
Month	Day	Year

2. Before you got pregnant, did you...?

For each one, check **No** or **Yes**.

- | | No | Yes |
|--|--------------------------|--------------------------|
| a. Have serious difficulty hearing, or are you deaf? | <input type="checkbox"/> | <input type="checkbox"/> |
| b. Have serious difficulty seeing, even when wearing glasses, or are you blind? .. | <input type="checkbox"/> | <input type="checkbox"/> |
| c. Have serious difficulty walking or climbing stairs?..... | <input type="checkbox"/> | <input type="checkbox"/> |
| d. Have serious difficulty concentrating, remembering, or making decisions because of a physical, mental, or emotional condition? | <input type="checkbox"/> | <input type="checkbox"/> |
| e. Have difficulty with dressing or bathing yourself? | <input type="checkbox"/> | <input type="checkbox"/> |
| f. Have difficulty doing errands alone such as visiting a doctor's office or shopping because of a physical, mental, or emotional condition? | <input type="checkbox"/> | <input type="checkbox"/> |

The next questions are about the time **before** you got pregnant.

3. During the 3 months before you got pregnant with your *new* baby, did you have any of the following health conditions?

For each one, check **No** if you did not have the condition or **Yes** if you did.

- | | No | Yes |
|--|--------------------------|--------------------------|
| a. Type 1 or Type 2 diabetes (not gestational diabetes or diabetes that starts during pregnancy) | <input type="checkbox"/> | <input type="checkbox"/> |
| b. High blood pressure or hypertension | <input type="checkbox"/> | <input type="checkbox"/> |
| c. Depression | <input type="checkbox"/> | <input type="checkbox"/> |
| d. Anxiety | <input type="checkbox"/> | <input type="checkbox"/> |

4. During the *month* before you got pregnant with your new baby, how many times a week did you take a multivitamin, a prenatal vitamin, or a folic acid vitamin?

- I didn't take a multivitamin, prenatal vitamin, or folic acid vitamin at all
- 1 to 3 times a week
- 4 to 6 times a week
- Every day of the week

5. In the 12 months before you got pregnant with your new baby, did you have any of the following healthcare visits?

For each one, check **No** or **Yes**.

- | | No | Yes |
|---|--------------------------|--------------------------|
| a. Regular checkup with a family doctor..... | <input type="checkbox"/> | <input type="checkbox"/> |
| b. Regular checkup with an OB/GYN | <input type="checkbox"/> | <input type="checkbox"/> |
| c. Visit for an injury, illness, or chronic condition | <input type="checkbox"/> | <input type="checkbox"/> |
| d. Visit to urgent care or the emergency room..... | <input type="checkbox"/> | <input type="checkbox"/> |
| e. Visit for family planning or to get birth control | <input type="checkbox"/> | <input type="checkbox"/> |
| f. Visit for depression or anxiety | <input type="checkbox"/> | <input type="checkbox"/> |
| g. Visit to have my teeth cleaned | <input type="checkbox"/> | <input type="checkbox"/> |
| h. Other | <input type="checkbox"/> | <input type="checkbox"/> |

Please tell us:

If you did **not** have any healthcare visits in the **12 months** before you got pregnant, go to Question 7.

6. During any of your healthcare visits in the 12 months before you got pregnant, did a healthcare provider do any of the following things? For each one, check **No** or **Yes**.

No Yes

Talk to me about...

- a. My weight.....
- b. Regularly checking my blood pressure....
- c. My desire to have or not have children....
- d. Birth control methods
- e. How I could improve my health before a pregnancy
- f. Sexually transmitted infections such as chlamydia, gonorrhea, syphilis, or HIV.....

Ask me...

- g. If I smoked cigarettes or used e-cigarettes (“vapes”) or other smokeless tobacco.....
- h. If someone was hurting me emotionally or physically.....
- i. If I felt depressed or anxious

The next questions are about your *health insurance*.

7. During the *month* before you got pregnant with your new baby, what kind of health insurance did you have?

Check ALL that apply

- Private health insurance (paid for by me, someone else, or through a job)
- Medicaid (CareSource, AmeriGroup, Peach State Health Plan)
- PeachCare for Kids
- TRICARE or other military healthcare
- Other health insurance —→ Please tell us:

- I didn't have any health insurance during the *month* before I got pregnant

8. *During* your most recent pregnancy, what kind of health insurance did you have?

Check ALL that apply

- Private health insurance (paid for by me, someone else, or through a job)
- Medicaid (CareSource, AmeriGroup, Peach State Health Plan)
- PeachCare for Kids
- TRICARE or other military healthcare
- Other health insurance —→ Please tell us:

- I didn't have any health insurance *during* my pregnancy

9. What kind of health insurance do you have *now*?

Check ALL that apply

- Private health insurance (paid for by me, someone else, or through a job)
- Medicaid (CareSource, AmeriGroup, Peach State Health Plan)
- PeachCare for Kids
- TRICARE or other military healthcare
- Other health insurance —→ Please tell us:

- I don't have any health insurance *now*

10. Thinking back to *just* before you got pregnant with your new baby, how did you feel about becoming pregnant?

Check ONE answer

- I wanted to be pregnant later
- I wanted to be pregnant sooner
- I wanted to be pregnant then
- I didn't want to be pregnant then or at any time in the future
- I wasn't sure what I wanted

11. When you got pregnant with your new baby, were you trying to get pregnant?

- No
- Yes —→

Go to Question 14

Go to Question 12

12. When you got pregnant with your new baby, were you or your spouse or partner doing anything to keep from getting pregnant? This can include having your tubes tied, using birth control pills, condoms, natural family planning, or other methods.

- No → **Go to Question 14**
 Yes

13. What kind of birth control were you using when you got pregnant?

Check ALL that apply

- Birth control pills
 Condoms
 Shots or injections
 Contraceptive patch or vaginal ring
 IUD
 Contraceptive implant in the arm
 Withdrawal (pulling out)
 Natural family planning or fertility awareness methods (such as rhythm or calendar method or fertility apps)
 Breastfeeding for birth control (Lactational Amenorrhea Method or LAM)
 Other → Please tell us:

DURING PREGNANCY

The next questions are about your prenatal care. This can include visits to a doctor, nurse, or other healthcare worker before your baby was born to get checkups and advice about pregnancy. (It may help to look at the calendar to answer these questions.)

14. Did you get prenatal care during your *most recent* pregnancy?

- No → **Go to Question 16**
 Yes

Go to Question 15

15. During any of your prenatal care visits, did a healthcare provider do any of the following things? For each one, check **No** or **Yes**.

No Yes

Talk to me about...

- a. How much weight I should gain during pregnancy
b. Doing tests to screen for birth defects or diseases that run in my family
c. The signs and symptoms of preterm labor (labor more than 3 weeks before the baby is due)
d. What to do if I feel depressed or anxious during my pregnancy or after my baby is born

Ask me...

- e. If I planned to breastfeed my new baby..
f. If I planned to use birth control after my baby was born
g. If I was taking any prescription medication
h. If I smoked cigarettes or used e-cigarettes ("vapes") or other smokeless tobacco
i. If I was drinking alcohol
j. If someone was hurting me emotionally or physically
k. If I was using illegal drugs
l. If I was using marijuana
m. If I wanted to be tested for HIV

16. During the 12 months before your new baby was born, did a healthcare provider offer you the following shots or vaccinations? For each one, check **No** or **Yes**.

No Yes

- a. Flu shot
b. Tdap shot (protects against tetanus, diphtheria, and pertussis [whooping cough])
c. COVID-19 shot

17. Did you *get* the following shots or vaccinations *before or during* your pregnancy?

For each shot, check ALL that apply:

B for **3 months before** pregnancy

D for **During** pregnancy

or check **N** if you **Did not** get the shot in the 3 months before or during pregnancy

- | | B | D | N |
|-----------------------|--------------------------|--------------------------|--------------------------|
| a. Flu shot..... | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| b. Tdap shot..... | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| c. COVID-19 shot..... | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

18. During your most recent pregnancy, did you have your teeth cleaned by a dentist or dental hygienist?

- No
 Yes

19. During your most recent pregnancy, did a healthcare provider tell you that you had any of the following health conditions?

For each one, check **No** or **Yes**.

- | | No | Yes |
|---|--------------------------|--------------------------|
| a. Gestational diabetes (diabetes that started during <i>this</i> pregnancy) | <input type="checkbox"/> | <input type="checkbox"/> |
| b. High blood pressure (that started during <i>this</i> pregnancy), pre-eclampsia, or eclampsia..... | <input type="checkbox"/> | <input type="checkbox"/> |
| c. Depression | <input type="checkbox"/> | <input type="checkbox"/> |
| d. Anxiety | <input type="checkbox"/> | <input type="checkbox"/> |

If you **had** high blood pressure **before or during** your pregnancy, go to Question 20. If you didn't, go to Question 21.

20. During your most recent pregnancy, did a healthcare provider do any of the following things to help you manage your high blood pressure? For each one, check **No** or **Yes**.

- | | No | Yes |
|--|--------------------------|--------------------------|
| a. Refer me to a different healthcare provider..... | <input type="checkbox"/> | <input type="checkbox"/> |
| b. Tell me to regularly check my blood pressure during pregnancy..... | <input type="checkbox"/> | <input type="checkbox"/> |
| c. Talk to me about getting to a healthy weight after pregnancy..... | <input type="checkbox"/> | <input type="checkbox"/> |
| d. Talk to me about regularly checking my blood pressure after pregnancy | <input type="checkbox"/> | <input type="checkbox"/> |
| e. Talk to me about the risk for having high blood pressure (chronic hypertension) and heart disease after pregnancy..... | <input type="checkbox"/> | <input type="checkbox"/> |

21. During your most recent pregnancy, did you get information about “warning signs” you should watch for during and after your pregnancy that require immediate medical attention? Some of these “warning signs” include fever, frequent or severe headaches, dizziness, or severe stomach pain.

- No —————→ **Go to Question 23**
 Yes

22. During your most recent pregnancy, did you get information about warning signs from any of the following sources?

For each one, check **No** or **Yes**.

- | | No | Yes |
|--|--------------------------|--------------------------|
| a. A healthcare provider (such as a doctor, nurse, or midwife) | <input type="checkbox"/> | <input type="checkbox"/> |
| b. Websites or social media (such as Facebook, Instagram, or Twitter)..... | <input type="checkbox"/> | <input type="checkbox"/> |
| c. Any source of information that used the slogan “ Hear Her ” (such as websites, social media, or paper handouts)..... | <input type="checkbox"/> | <input type="checkbox"/> |
| d. Family or friends | <input type="checkbox"/> | <input type="checkbox"/> |

The next questions are about cigarettes, e-cigarettes, and other tobacco products.

23. Have you smoked any cigarettes in the past 2 years?

- No → **Go to Question 28**
 Yes

24. In the 3 months *before* you got pregnant, how many cigarettes did you smoke on an average day?

- More than one pack (21 or more cigarettes)
 One-half to one pack (11 to 20 cigarettes)
 Less than half a pack (1 to 10 cigarettes)
 I didn't smoke then → **Go to Question 26**

25. Did you quit smoking around the time of your most recent pregnancy?

Check ONE answer

- No
 No, but I cut back
 Yes, I quit *before* I found out I was pregnant
 Yes, I quit *when* I found out I was pregnant
 Yes, I quit *later* in my pregnancy

26. In the *last 3 months* of your pregnancy, how many cigarettes did you smoke on an average day?

- More than one pack (21 or more cigarettes)
 One-half to one pack (11 to 20 cigarettes)
 Less than half a pack (1 to 10 cigarettes)
 I didn't smoke then

27. How many cigarettes do you smoke on an average day *now*?

- More than one pack (21 or more cigarettes)
 One-half to one pack (11 to 20 cigarettes)
 Less than half a pack (1 to 10 cigarettes)
 I don't smoke now

28. In the *past 2 years*, have you used e-cigarettes ("vapes") or other electronic nicotine products?

- No → **Go to Page 6, Question 32**
 Yes

29. During the 3 months *before* you got pregnant, on average, how often did you use e-cigarettes ("vapes") or other electronic nicotine products?

- Every day
 Some days
 I didn't use e-cigarettes or other electronic nicotine products then

30. During the *last 3 months* of your pregnancy, on average, how often did you use e-cigarettes ("vapes") or other electronic nicotine products?

- Every day
 Some days
 I didn't use e-cigarettes or other electronic nicotine products then

31. In the *past 2 years*, did you ever use e-cigarettes ("vapes") or other electronic nicotine products as a way of cutting down or stopping cigarette smoking?

- No
 Yes

The next questions are about drinking alcohol. A drink can be 1 glass of wine, can or bottle of beer or hard seltzer, shot of liquor, or mixed drink.

32. During the *3 months before* you got pregnant, how many alcoholic drinks did you have in an average week?

Check ONE answer

- 14 or more drinks a week
- 8 to 13 drinks a week
- 4 to 7 drinks a week
- 1 to 3 drinks a week
- Less than 1 drink a week
- I didn't drink then

33. During your most recent pregnancy, did you have any alcoholic drinks during...?

For each one, check **No** or **Yes**.

- | | No | Yes |
|--|--------------------------|--------------------------|
| a. The first 3 months of pregnancy (1 st trimester)? <i>This includes the time before knowing you were pregnant</i> | <input type="checkbox"/> | <input type="checkbox"/> |
| b. The second 3 months of pregnancy (2 nd trimester)? | <input type="checkbox"/> | <input type="checkbox"/> |
| c. The last 3 months of pregnancy (3 rd trimester)? | <input type="checkbox"/> | <input type="checkbox"/> |

If you did not have any alcoholic drinks during your pregnancy, go to Question 35.

34. During your most recent pregnancy, did you have 4 or more alcoholic drinks in a 2-hour time span during...?

For each one, check **No** or **Yes**.

- | | No | Yes |
|--|--------------------------|--------------------------|
| a. The first 3 months of pregnancy (1 st trimester)? <i>This includes the time before knowing you were pregnant</i> | <input type="checkbox"/> | <input type="checkbox"/> |
| b. The second 3 months of pregnancy (2 nd trimester)? | <input type="checkbox"/> | <input type="checkbox"/> |
| c. The last 3 months of pregnancy (3 rd trimester)? | <input type="checkbox"/> | <input type="checkbox"/> |

Pregnancy can be a difficult time. The next questions are about things that may have happened *before* and *during* your most recent pregnancy.

35. Did any of the following things happen during the *12 months before* your new baby was born? For each one, check **No** or **Yes**.

- | | No | Yes |
|---|--------------------------|--------------------------|
| a. I got separated or divorced..... | <input type="checkbox"/> | <input type="checkbox"/> |
| b. I was evicted or forced to move | <input type="checkbox"/> | <input type="checkbox"/> |
| c. I didn't have a regular place to sleep..... | <input type="checkbox"/> | <input type="checkbox"/> |
| d. I was homeless or had to sleep outside, in a car, or in a shelter..... | <input type="checkbox"/> | <input type="checkbox"/> |
| e. My spouse, partner, or I lost a job..... | <input type="checkbox"/> | <input type="checkbox"/> |
| f. My spouse, partner, or I had a cut in work hours or pay..... | <input type="checkbox"/> | <input type="checkbox"/> |
| g. I had problems paying the rent, mortgage, or other bills..... | <input type="checkbox"/> | <input type="checkbox"/> |
| h. My spouse or partner went to jail/prison.. | <input type="checkbox"/> | <input type="checkbox"/> |
| i. I went to jail/prison | <input type="checkbox"/> | <input type="checkbox"/> |
| j. Someone close to me had a problem with drinking or drugs | <input type="checkbox"/> | <input type="checkbox"/> |
| k. Someone close to me was very sick or died..... | <input type="checkbox"/> | <input type="checkbox"/> |

36. During the *12 months before* your new baby was born, how often did you feel unsafe in the neighborhood where you lived?

- Always
- Often
- Sometimes
- Rarely
- Never

37. In the 12 months before you got pregnant with your new baby, did any of the following people push, hit, slap, kick, choke, or physically hurt you in any other way?

For each one, check **No** or **Yes**.

- | | No | Yes |
|-------------------------------------|--------------------------|--------------------------|
| a. My spouse or partner..... | <input type="checkbox"/> | <input type="checkbox"/> |
| b. My ex-spouse or ex-partner | <input type="checkbox"/> | <input type="checkbox"/> |
| c. Another family member | <input type="checkbox"/> | <input type="checkbox"/> |
| d. Someone else | <input type="checkbox"/> | <input type="checkbox"/> |

38. During your most recent pregnancy, did any of the following people push, hit, slap, kick, choke, or physically hurt you in any other way? For each one, check **No** or **Yes**.

- | | No | Yes |
|-------------------------------------|--------------------------|--------------------------|
| a. My spouse or partner..... | <input type="checkbox"/> | <input type="checkbox"/> |
| b. My ex-spouse or ex-partner | <input type="checkbox"/> | <input type="checkbox"/> |
| c. Another family member | <input type="checkbox"/> | <input type="checkbox"/> |
| d. Someone else | <input type="checkbox"/> | <input type="checkbox"/> |

AFTER PREGNANCY

The next questions are about the time since your new baby was born.

39. After the delivery, how long did your new baby stay in the hospital?

- Less than 3 days
- 3 to 5 days
- 6 to 14 days
- More than 14 days
- My baby was not born in a hospital
- My baby is still in the hospital → **Go to Question 42**

40. Is your baby alive now?

- No → *We are very sorry for your loss.*
- Yes → **Go to Page 9, Question 52**

Go to Question 41

41. Is your baby living with you now?

- No → **Go to Page 8, Question 49**
- Yes

42. How many weeks or months did you breastfeed or feed pumped milk to your new baby?

Check ONE answer

- I didn't breastfeed my baby
- I breastfed my baby for less than 1 week
- I breastfed my baby for:

_____ week(s) **OR** _____ month(s)

- I'm still breastfeeding or feeding pumped milk to my new baby

If your baby is still in the hospital, go to Page 8, Question 49.

43. In the past 2 weeks, how did you place your new baby to sleep at night and during naps?

For each one, check **No** or **Yes**.

- | | No | Yes |
|--------------------------|--------------------------|--------------------------|
| a. On their side | <input type="checkbox"/> | <input type="checkbox"/> |
| b. On their back..... | <input type="checkbox"/> | <input type="checkbox"/> |
| c. On their stomach..... | <input type="checkbox"/> | <input type="checkbox"/> |

44. In the past 2 weeks, when you were sleeping, how often has your new baby slept alone in their own crib or bed?

- Always
- Often
- Sometimes
- Rarely
- Never → **Go to Page 8, Question 46**

45. In the past 2 weeks, was your baby's crib or bed in the same room where you or another adult slept?

- No
- Yes

46. In the *past 2 weeks*, where have you placed your new baby to sleep at night or during naps? For each one, check **No** or **Yes**.

- | | No | Yes |
|--|--------------------------|--------------------------|
| a. In a crib, portable crib, or bassinet | <input type="checkbox"/> | <input type="checkbox"/> |
| b. On a twin or larger mattress or bed | <input type="checkbox"/> | <input type="checkbox"/> |
| c. On a couch, sofa, or armchair | <input type="checkbox"/> | <input type="checkbox"/> |
| d. In an infant car seat | <input type="checkbox"/> | <input type="checkbox"/> |
| e. In a swing, rocker, or other inclined sleeper | <input type="checkbox"/> | <input type="checkbox"/> |
| f. In an in-bed sleeper | <input type="checkbox"/> | <input type="checkbox"/> |
| g. In a baby board or cradleboard | <input type="checkbox"/> | <input type="checkbox"/> |
| h. Other | <input type="checkbox"/> | <input type="checkbox"/> |

Please tell us:

47. In the *past 2 weeks*, has your new baby been placed to sleep with the following?

For each one, check **No** or **Yes**.

- | | No | Yes |
|---|--------------------------|--------------------------|
| a. In a sleeping sack or wearable blanket | <input type="checkbox"/> | <input type="checkbox"/> |
| b. In a swaddled blanket | <input type="checkbox"/> | <input type="checkbox"/> |
| c. Comforters, quilts, blankets, or non-fitted sheets | <input type="checkbox"/> | <input type="checkbox"/> |
| d. Soft toys, cushions, or pillows, including nursing pillows | <input type="checkbox"/> | <input type="checkbox"/> |
| e. Crib bumper pads (mesh or non-mesh) ... | <input type="checkbox"/> | <input type="checkbox"/> |
| f. Other | <input type="checkbox"/> | <input type="checkbox"/> |

Please tell us:

48. Did you get information about how to place your new baby to sleep from any of the following sources?

For each one, check **No** or **Yes**.

- | | No | Yes |
|---|--------------------------|--------------------------|
| a. My family doctor | <input type="checkbox"/> | <input type="checkbox"/> |
| b. My OB/GYN | <input type="checkbox"/> | <input type="checkbox"/> |
| c. A nurse or midwife | <input type="checkbox"/> | <input type="checkbox"/> |
| d. Doula or a childbirth educator | <input type="checkbox"/> | <input type="checkbox"/> |
| e. My baby's doctor or healthcare provider .. | <input type="checkbox"/> | <input type="checkbox"/> |
| f. Websites or apps about pregnancy or infant care | <input type="checkbox"/> | <input type="checkbox"/> |
| g. Social media (such as Facebook, Instagram, TikTok) | <input type="checkbox"/> | <input type="checkbox"/> |
| h. Other sources | <input type="checkbox"/> | <input type="checkbox"/> |

Please tell us:

49. *Since your new baby was born*, has a home visitor come to your home to help you learn how to take care of yourself or your new baby? A home visitor is a nurse, healthcare provider, doula, social worker, or another person who works for a program that helps families with newborns.

- No → **Go to Question 52**
- Yes

50. Who was the home visitor that came to your home *since your new baby was born*?

Check ALL that apply

- A nurse, nurse's aide, or midwife
- A teacher or health educator
- A doula or childbirth educator
- Someone from the Georgia Home Visiting Program
- Someone else → Please tell us:
-
- I don't know

51. Since your new baby was born, did the home visitor who came to your home talk with you about any of the things listed below?

For each one, check **No** or **Yes**.

- | | No | Yes |
|--|--------------------------|--------------------------|
| a. Breastfeeding my baby..... | <input type="checkbox"/> | <input type="checkbox"/> |
| b. How long to wait before getting pregnant again..... | <input type="checkbox"/> | <input type="checkbox"/> |
| c. Family planning services or using contraception..... | <input type="checkbox"/> | <input type="checkbox"/> |
| d. Postpartum depression..... | <input type="checkbox"/> | <input type="checkbox"/> |
| e. Resources in my community to support new parents..... | <input type="checkbox"/> | <input type="checkbox"/> |
| f. Getting to a healthy weight | <input type="checkbox"/> | <input type="checkbox"/> |
| g. How to quit or keep from smoking | <input type="checkbox"/> | <input type="checkbox"/> |
| h. How to get the healthcare that my baby or I need..... | <input type="checkbox"/> | <input type="checkbox"/> |

52. Are you or your spouse or partner doing anything *now* to keep from getting pregnant?

This can include having your tubes tied, using birth control pills, condoms, natural family planning, or other methods.

- No
- Yes → **Go to Question 54**
- I'm pregnant now → **Go to Page 10, Question 55**

Go to Question 53

53. What are your reasons for not doing anything to keep from getting pregnant *now*?

Check ALL that apply

- I want to get pregnant or don't mind if I do
- I had my tubes tied or blocked
- My spouse or partner had a vasectomy
- I don't want to use birth control
- I'm worried about side effects from birth control
- My spouse or partner doesn't want to use condoms
- My spouse or partner doesn't want me to use birth control
- We are same-sex spouses/partners
- I have problems getting birth control I want
- I don't think I can get pregnant because I'm breastfeeding
- I'm not having sex
- Other _____ → Please tell us:

If you're not doing anything to keep from getting pregnant *now*, go to Page 10, Question 55.

54. What kind of birth control are you or your spouse or partner using *now* to keep from getting pregnant?

Check ALL that apply

- Tubes tied or blocked
- My spouse or partner had a vasectomy
- Birth control pills
- Condoms
- Shots or injections
- Contraceptive patch or vaginal ring
- IUD
- Contraceptive implant in the arm
- Withdrawal (pulling out)
- Natural family planning or fertility awareness methods (such as rhythm or calendar method or fertility apps)
- Breastfeeding for birth control (Lactational Amenorrhea Method or LAM)
- Other _____ → Please tell us:

55. Since your new baby was born, have you had a postpartum checkup for yourself? A postpartum checkup is a regular health checkup you have up to 12 weeks after giving birth.

- No
 Yes

→ **Go to Question 57**

56. During your postpartum checkup, did a healthcare provider do any of the following things? For each one, check **No** or **Yes**.

No Yes

Talk to me about...

- a. Healthy eating, exercise, and losing weight gained during pregnancy.....
- b. How long to wait before getting pregnant again
- c. Birth control methods.....
- d. Warning signs of medical problems I might be at risk for due to my pregnancy
- e. Regularly checking my blood pressure....
- f. What to do if I feel depressed or anxious

Ask me...

- g. If I was smoking cigarettes or using e-cigarettes (“vapes”) or other smokeless tobacco.....
- h. If someone was hurting me emotionally or physically

A healthcare provider...

- i. Tested me for diabetes.....
- j. Prescribed me medication for depression or anxiety.....

57. Since your new baby was born, how often have you felt down, depressed, or hopeless?

- Always
 Often
 Sometimes
 Rarely
 Never

58. Since your new baby was born, how often have you had little interest or little pleasure in doing things?

- Always
 Often
 Sometimes
 Rarely
 Never

59. Since your new baby was born, how often have you felt nervous, anxious, or on edge?

- Always
 Often
 Sometimes
 Rarely
 Never

60. Since your new baby was born, how often have you not been able to stop or control worrying?

- Always
 Often
 Sometimes
 Rarely
 Never

61. Has a healthcare provider asked you a series of questions, in person or on a form, to know if you were feeling down, depressed, anxious, or irritable during the following time periods? For each one, check **No** or **Yes**.

No Yes

- a. During my most recent pregnancy
- b. Since my new baby was born

OTHER EXPERIENCES

The next questions are on a variety of topics.

62. Please tell us how often each of the following happened during the 12 months before your new baby was born.

- a. I worried whether my food would run out before I got money to buy more
 - Often
 - Sometimes
 - Never
- b. The food that I bought just didn't last, and I didn't have money to get more
 - Often
 - Sometimes
 - Never

63. During the 12 months before your new baby was born, did lack of transportation keep you from any of the following?
For each one, check **No** or **Yes**.

- | | No | Yes |
|---|--------------------------|--------------------------|
| a. Going to medical appointments | <input type="checkbox"/> | <input type="checkbox"/> |
| b. Going to non-medical appointments, meetings, or work | <input type="checkbox"/> | <input type="checkbox"/> |
| c. Doing errands | <input type="checkbox"/> | <input type="checkbox"/> |

64. During your most recent pregnancy, which types of prenatal care appointments did you attend?

Check ONE answer

- In-person appointments only
- Virtual appointments (video or telephone) only
- Both, in-person and virtual appointments
- I didn't have prenatal care

Go to Page 12, Question 66

65. What are the reasons that you did not attend virtual appointments for prenatal care?

For each one, check **No** or **Yes**.

- | | No | Yes |
|--|--------------------------|--------------------------|
| a. Lack of availability of virtual appointments from my provider | <input type="checkbox"/> | <input type="checkbox"/> |
| b. Lack of an available telephone to use for appointments | <input type="checkbox"/> | <input type="checkbox"/> |
| c. Lack of enough cellular data or cellular minutes | <input type="checkbox"/> | <input type="checkbox"/> |
| d. Lack of a computer or device | <input type="checkbox"/> | <input type="checkbox"/> |
| e. Lack of internet service or had unreliable internet..... | <input type="checkbox"/> | <input type="checkbox"/> |
| f. Lack of a private or confidential space to use..... | <input type="checkbox"/> | <input type="checkbox"/> |
| g. I preferred seeing my healthcare provider in person..... | <input type="checkbox"/> | <input type="checkbox"/> |
| h. Other | <input type="checkbox"/> | <input type="checkbox"/> |

Please tell us:

66. At any time *during* your most recent pregnancy, did you work at a job for pay?

- No —————> **Go to Question 68**
 Yes

67. Have you returned to the job you had *during* your most recent pregnancy?

Check ONE answer

- No, and I don't plan to return
 No, but I will be returning
 Yes

68. Listed below are some statements about safety. For each one, check **No** if it does not apply to you or **Yes** if it does.

- | | No | Yes |
|---|--------------------------|--------------------------|
| a. I always used a seatbelt during my most recent pregnancy..... | <input type="checkbox"/> | <input type="checkbox"/> |
| b. My home has a working smoke alarm | <input type="checkbox"/> | <input type="checkbox"/> |
| c. My home has a working carbon monoxide detector..... | <input type="checkbox"/> | <input type="checkbox"/> |
| d. I have received information about infant products that should be taken off the market (product recalls) since my new baby was born | <input type="checkbox"/> | <input type="checkbox"/> |

If your baby is not alive or is not living with you, go to Question 70.

69. Since your new baby was born, have you used WIC services for yourself or your new baby?

- No
 Yes, only I am using WIC services
 Yes, both my new baby and I use WIC services
 Yes, only my new baby uses WIC services

70. Did you use doula support during any of the following time periods? A doula is a trained pregnancy and labor companion who gives comfort, emotional support, and information during birth. A doula does not provide medical care. For each time period, check **No** or **Yes**.

- | | No | Yes |
|--|--------------------------|--------------------------|
| a. During my most recent pregnancy | <input type="checkbox"/> | <input type="checkbox"/> |
| b. During the birth of my new baby..... | <input type="checkbox"/> | <input type="checkbox"/> |
| c. Since my new baby was born | <input type="checkbox"/> | <input type="checkbox"/> |

71. While *getting* healthcare during your pregnancy, at delivery, or at postpartum care, did you experience discrimination or were you prevented from doing something, hassled, or made to feel inferior?

For each one, check **No** if you did not experience discrimination because of it or **Yes** if you did.

- | | No | Yes |
|--|--------------------------|--------------------------|
| a. My race, ethnicity, or skin color | <input type="checkbox"/> | <input type="checkbox"/> |
| b. My disability status | <input type="checkbox"/> | <input type="checkbox"/> |
| c. My immigration status..... | <input type="checkbox"/> | <input type="checkbox"/> |
| d. My age | <input type="checkbox"/> | <input type="checkbox"/> |
| e. My weight..... | <input type="checkbox"/> | <input type="checkbox"/> |
| f. My income..... | <input type="checkbox"/> | <input type="checkbox"/> |
| g. My sex or gender | <input type="checkbox"/> | <input type="checkbox"/> |
| h. My sexual orientation..... | <input type="checkbox"/> | <input type="checkbox"/> |
| i. My religion | <input type="checkbox"/> | <input type="checkbox"/> |
| j. My language or accent | <input type="checkbox"/> | <input type="checkbox"/> |
| k. My type or lack of health insurance..... | <input type="checkbox"/> | <input type="checkbox"/> |
| l. My use of substances (alcohol, tobacco, or other drugs)..... | <input type="checkbox"/> | <input type="checkbox"/> |
| m. My involvement with the justice system (jail or prison) | <input type="checkbox"/> | <input type="checkbox"/> |
| n. Another reason..... | <input type="checkbox"/> | <input type="checkbox"/> |

Please tell us:

72. During your life until now, how often have you been discriminated against, prevented from doing something, hassled, or made to feel inferior because of your race, ethnicity, or skin color?

- Very often
- Somewhat often
- Not very often
- Never

73. Have you ever been treated unfairly due to your race, ethnicity, or skin color in any of the following situations?

For each one, check **No** or **Yes**.

- | | No | Yes |
|---|--------------------------|--------------------------|
| a. Job (hiring, promotion, firing)..... | <input type="checkbox"/> | <input type="checkbox"/> |
| b. Housing (renting, buying, mortgage) | <input type="checkbox"/> | <input type="checkbox"/> |
| c. Police (stopped, searched, threatened).... | <input type="checkbox"/> | <input type="checkbox"/> |
| d. In the courts | <input type="checkbox"/> | <input type="checkbox"/> |
| e. At school or my child’s school | <input type="checkbox"/> | <input type="checkbox"/> |
| f. Getting medical care..... | <input type="checkbox"/> | <input type="checkbox"/> |

The next questions are about the time during the 12 months before your new baby was born.

74. During the 12 months before your new baby was born, what was your yearly total household income before taxes? Include your income, your spouse or partner’s income, and any other income you may have received. *All information will be kept private and will not affect any services you are getting now.*

- \$0 to \$18,000
- \$18,001 to \$23,000
- \$23,001 to \$27,000
- \$27,001 to \$32,000
- \$32,001 to \$37,000
- \$37,001 to \$42,000
- \$42,001 to \$48,000
- \$48,001 to \$60,000
- \$60,001 to \$85,000
- \$85,001 or more

75. During the 12 months before your new baby was born, how many people, including yourself, depended on this income?

Number of people

76. What is today’s date?

/ /
 Month Day Year

The next questions are about oral health around the time of your most recent pregnancy.

If you did not have any problems with your teeth or gums during your pregnancy, go to Page 14, Question GA3.

GA1. During your most recent pregnancy, what kind of problem did you have with your teeth or gums? For each one, check **No** or **Yes**.

- | | No | Yes |
|---|--------------------------|--------------------------|
| a. I had cavities that needed to be filled..... | <input type="checkbox"/> | <input type="checkbox"/> |
| b. I had painful, red, or swollen gums | <input type="checkbox"/> | <input type="checkbox"/> |
| c. I had a toothache | <input type="checkbox"/> | <input type="checkbox"/> |
| d. I needed to have a tooth pulled..... | <input type="checkbox"/> | <input type="checkbox"/> |
| e. I had an injury to my mouth, teeth, or gums | <input type="checkbox"/> | <input type="checkbox"/> |
| f. I had some other problem with my teeth or gums | <input type="checkbox"/> | <input type="checkbox"/> |

Please tell us:

GA2. Did you get treatment from a dentist or another healthcare provider for the dental problem that you were having during your pregnancy?

Check ONE answer

- No
 Yes, I got treatment *during* my pregnancy
 Yes, I got treatment *after* my pregnancy
 Yes, I got treatment both *during* and *after* my pregnancy

GA3. Did any of the following things make it hard for you to go to a dentist or dental clinic during your most recent pregnancy?

For each one, check **No** or **Yes**.

No Yes

- a. I couldn't find a dentist or dental clinic that would take pregnant patients.....
- b. I couldn't find a dentist or dental clinic that would take Medicaid patients.....
- c. I didn't think it was safe to go to the dentist during pregnancy
- d. I couldn't afford to go to a dentist or dental clinic
- e. I couldn't find a dentist or dental clinic close by that I could get to.....

GA4. Since your new baby was born, have you had your teeth cleaned by a dentist or dental hygienist?

- No
 Yes

The next questions are about contraceptives *before* your most recent pregnancy.

GA5. When you got pregnant with your new baby, were you trying to get pregnant?

- No
 Yes → **Go to Question GA8**

GA6. When you got pregnant with your new baby, were you or your spouse or partner doing anything to keep from getting pregnant? This can include having your tubes tied, using birth control pills, condoms, natural family planning, or other methods.

- No
 Yes → **Go to Question GA8**

GA7. What were your reasons for not doing anything to keep from getting pregnant?

Check ALL that apply

- I didn't mind if I got pregnant
 I thought I couldn't get pregnant at that time
 I didn't want to use birth control
 I had side effects from the birth control method I was using
 I had problems getting birth control I wanted
 I thought my spouse or partner or I was sterile (couldn't get pregnant at all)
 My spouse or partner didn't want to use condoms
 My spouse or partner didn't want me to use birth control
 I forgot to use a birth control method
 Other → Please tell us:

If you were not doing anything to keep from getting pregnant, go to Question GA9.

GA8. What kind of birth control were you using when you got pregnant?

Check ALL that apply

- Birth control pills
- Condoms
- Shots or injections
- Contraceptive patch or vaginal ring
- IUD
- Contraceptive implant in the arm
- Withdrawal (pulling out)
- Natural family planning or fertility awareness methods (such as rhythm or calendar method or fertility apps)
- Breastfeeding for birth control (Lactational Amenorrhea Method or LAM)
- Other _____ → Please tell us:

The next questions are about breastfeeding *during* and *after* your most recent pregnancy.

GA9. Before or after your new baby was born, did you receive information about breastfeeding from any of the following sources? For each one, check **No or **Yes**.**

- | | No | Yes |
|--|--------------------------|--------------------------|
| a. One of my doctors | <input type="checkbox"/> | <input type="checkbox"/> |
| b. A nurse or midwife..... | <input type="checkbox"/> | <input type="checkbox"/> |
| c. A doula | <input type="checkbox"/> | <input type="checkbox"/> |
| d. A breastfeeding or lactation specialist | <input type="checkbox"/> | <input type="checkbox"/> |
| e. My baby's doctor or healthcare provider..... | <input type="checkbox"/> | <input type="checkbox"/> |
| f. A breastfeeding support group..... | <input type="checkbox"/> | <input type="checkbox"/> |
| g. A breastfeeding hotline or toll-free number..... | <input type="checkbox"/> | <input type="checkbox"/> |
| h. Websites or apps about pregnancy or infant care | <input type="checkbox"/> | <input type="checkbox"/> |
| i. Social media (such as Facebook, Instagram, TikTok)..... | <input type="checkbox"/> | <input type="checkbox"/> |
| j. Family or friends | <input type="checkbox"/> | <input type="checkbox"/> |
| k. Other | <input type="checkbox"/> | <input type="checkbox"/> |

Please tell us:

If your baby was not born in a hospital, go to the end.

GA10. During your hospital stay after your new baby was born, did a healthcare provider do any of the following things? For each one, check **No or **Yes**.**

- | | No | Yes |
|---|--------------------------|--------------------------|
| a. Hospital staff tied or blocked my tubes ... | <input type="checkbox"/> | <input type="checkbox"/> |
| b. Hospital staff placed an IUD | <input type="checkbox"/> | <input type="checkbox"/> |
| c. Hospital staff placed a contraceptive implant in my arm | <input type="checkbox"/> | <input type="checkbox"/> |
| d. Hospital staff gave me a contraceptive shot/injection..... | <input type="checkbox"/> | <input type="checkbox"/> |
| e. Hospital staff talked to me about how to breastfeed (how often and long to breastfeed) | <input type="checkbox"/> | <input type="checkbox"/> |
| f. My baby stayed in the same room with me at the hospital..... | <input type="checkbox"/> | <input type="checkbox"/> |
| g. Hospital staff helped me learn how to breastfeed | <input type="checkbox"/> | <input type="checkbox"/> |
| h. I breastfed as soon as possible after my baby was born | <input type="checkbox"/> | <input type="checkbox"/> |
| i. My baby was placed in skin-to-skin contact as soon as possible after birth | <input type="checkbox"/> | <input type="checkbox"/> |
| j. My baby was fed only breast milk at the hospital..... | <input type="checkbox"/> | <input type="checkbox"/> |
| k. Hospital staff helped me recognize when my baby was hungry..... | <input type="checkbox"/> | <input type="checkbox"/> |
| l. The hospital gave me a gift pack with formula | <input type="checkbox"/> | <input type="checkbox"/> |
| m. The hospital gave me information about who I could contact for breastfeeding support when I left the hospital..... | <input type="checkbox"/> | <input type="checkbox"/> |

**We would love to hear more about your story!
Is there anything else you would like to share with us about your experiences
around the time of your pregnancy? Please use this space to tell us.**

Thanks for answering our questions!

Your answers will help us work to make mothers and babies in Georgia healthier.

