

# Health System Transformation & Health System Interventions

Presentation to Chronic Disease University
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#### **Disclosures**

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Has no financial interests or relationships to disclose.

### What we'll cover today...

- 1. Establish foundational understanding of health systems and health system transformation.
- 2. Define the current state in order to determine drivers of care.
- 3. Understanding health system interventions and recommendations.
- 4. Identify opportunities for public health to partner with private health systems.

#### **Important Distinctions**

- Health vs. Health Care
- Health System
  - -Private vs. Public
- Health System Transformation
  - -Vs. Health System Change?
- Health System Intervention
- Health Insurance

#### **Current State**

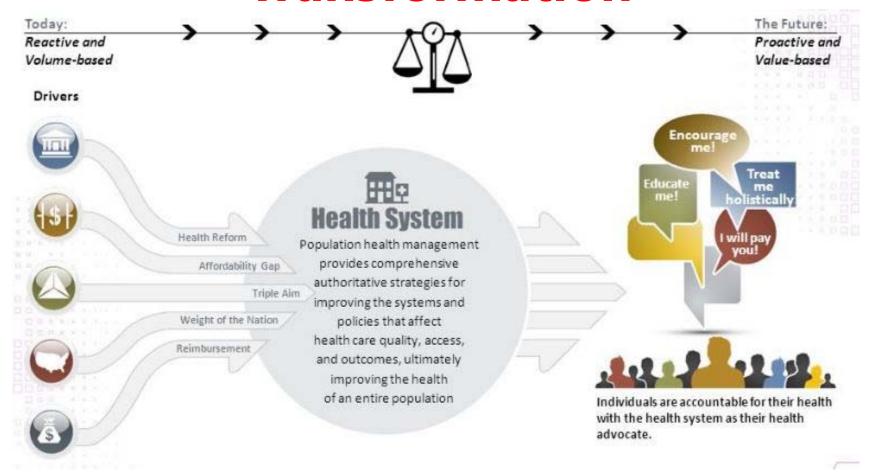
#### **Problem:**

We have pervasive, long-standing, "chronic illness": fragment care

#### **Solution:**

Create systems of integrated care

### **Drivers of Health System**Transformation



## Achieving Success Making the "Triple Aim" Possible

#### **Engaged Communities**

- Proactive care processes
- Identified patients
- Focused on wellness
- Community resource navigator



#### **Engaged Patients**

- Identified and incorporated patient goals
- Focused on continuity and coordination
- Facilitated communication channels
- Improved access to care

#### Identified Opportunities to Reduce Waste

- · 4 Rights
- Duplication avoided
- · Improved coordination/transitions
- Used automation to reduce resource needs
- · Improved screening and prevention
- · Aligned incentives to drive value

### U.S. Healthcare Delivery System Evolution

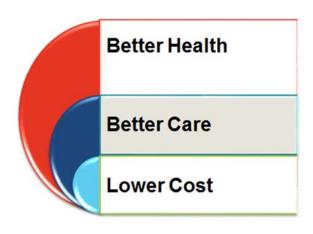
Coordinated Seamless Community Integrated Acute Care System 1.0 Healthcare System 2.0 Healthcare System 3.0 **EPISODIC** OUTCOME COMMUNITY NON-INTEGRATED CARE **ACCOUNTABLE CARE** INTEGRATED HEALTHCARE Episodic healthcare Patient/person centered Healthy population-centered, population health-focused strategies · Lack of integrated care networks · Transparent cost and quality performance Integrated networks linked to Lack of quality & cost community resources capable Accountable provider networks performance transparency of addressing psycho-social/ designed around the patient Poorly coordinated chronic care economic needs Shared financial risk management Population-based reimbursement Health information · Learning organization: capable of technology-integrated rapid deployment of best practices. Focus on care management Community health integrated and preventive care · E-health and telehealth capable

Halfon N, Long P, Chang DI, Hester J, Inkelas M, Rodgers A. Applying a 3.0 transformation framework to guide large-scale health system reform. Health Affairs 2014;31(11). doi: 10.1377/hithaff.2014.0485.

## **Changing the Business Model of Healthcare**

**Aims** 

**Objectives** 



- Healthcare system transformation
- Payment reform
- Population health improvement

#### **New Models of Care Delivery**

- Alphabet Soup
  - -PCMH
  - -ACO
  - -EHR



### Health System Strengthening Interventions

#### Definition

 systems-based approaches to improving population, community, and individual health by incorporating and addressing the determinants of health and increasing the efficiency and effectiveness of health care.

#### Examples

#### Opportunities for Public Health to Support Health System Transformation

- USPSTF Recommendations
- The interface of public health departments and ACOs
- Community integration structures
  - Innovations in financing
- Quality Improvement
- CDC Policy Examples
  - The 6|18 Initiative
  - Health Impact in 5 Years (HI 5)

#### **USPSTF Recommendations**

- Evidence-based Interventions
  - DPP
  - DSME
  - Provider Reminders &
     Client Reminders
- Integration of Clinical and Community-Based Strategies
  - Community-clinical linkages are defined as connections between community and clinical sectors to improve population health.



### Public Health Departments and ACOs

- Defining ACO
- Opportunities for ACOs
  - Linked to Essential Public Health Services



#### **Community integration structures**

- What is it?
- Financing Approaches

## Quality Improvement Interventions in Public Health Systems

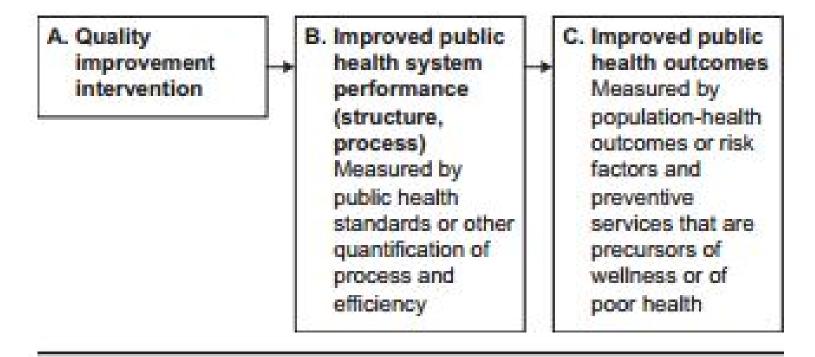


Figure 1. Theoretic model for public health quality improvement initiatives

### **Examples from CDC**

- The 6|18 Initiative
- Health Impact in 5 Years (HI 5)

### The 6 18 Initiative



#### HI-5

- → School-Based Programs to Increase Physical Activity
- → School-Based Violence Prevention
- → Safe Routes to School
- → Motorcycle Injury Prevention
- → Tobacco Control Interventions
- → Access to Clean Syringes
- → Pricing Strategies for Alcohol Products
- → Multi-Component Worksite Obesity Prevention

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Counseling and Education

Clinical Interventions

Long Lasting Protective Interventions

**Changing the Context** 

Making the healthy choice the easy choice

- → Early Childhood Education
- → Clean Diesel Bus Fleets
- → Public Transportation System
- → Home Improvement Loans and Grants
- → Earned Income Tax Credits
- → Water Fluoridation

**Social Determinants of Health** 

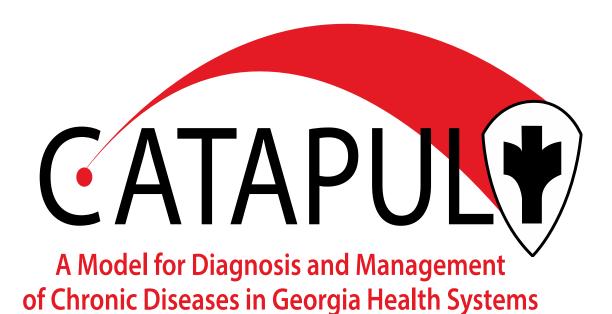


#### What about Health Equity?

- Examples of issues advocates are currently working on to advance health equity include:
  - Network adequacy
  - Data collection
  - Language access standards for providers and/or health plans
  - Cultural competence standards for providers and/or health plans
  - Non-discrimination provisions
  - Requiring diverse consumer advisory boards for health plans

#### **Examples from CDPS**

- Team-based care for diabetes management
- Quitline Interventions
- Cancer Control
  - Client oriented intervention strategies
  - Provider oriented intervention strategies
- CATAPULT



#### So now what?

- Next steps in health system reform and transformation
  - Calendar Year (CY) 2017 final rule
  - The Medicare Access and CHIP Reauthorization Act (MACRA)
  - Transforming Clinical Practice Initiative (TCPI)
  - The American Health Care Act



## Resources on Health System Transformation

- Health Information and Public Health
   Resources on law and policy related to health information and public health
- <u>Medicaid Service Delivery: Federally Qualified Health Centers</u>
  Summarizes the role of Federally Qualified Health Centers in the delivery of healthcare services for the expanding Medicaid population
- <u>Tribal Epidemiology Centers Designated as Public Health Authorities</u>
  Provides an overview of tribal epidemiology centers and the recent amendment to the Indian Health Care Improvement Act (permanently reauthorized by the Affordable Care Act), which designated these centers as public health authorities. The issue brief further outlines the impact of this designation under HIPAA.
- The Affordable Care Act & American Indian and Alaska Native Communities: Selected Readings and Resources
  - A list of readings and resources that describe the Affordable Care Act and the Indian Health Care Improvement Act's impact on American Indian and Alaska Native communities. The list includes summaries of the laws, scholarly articles, and resources on enrollment and exemptions.
- <u>Health Department Billing for Immunization Services: A Menu of Suggested Provisions</u>
  - A menu of state law provisions that impact the health department's authority to bill third parties for services provided. The menu was created by CDC's Public Health Law Program in cooperation with the National Center for Immunization and Respiratory Diseases.

## Resources on Health System Transformation

- CDC: Health System Transformation and Improvement Resources for Health Departments
- Accountable Care: Basic Principles and Related Law
  Describes accountable care frameworks and the legal
  provisions that support them. These resources can help
  practitioners understand how accountable care might impact
  public health and engage with accountable care entities in
  their jurisdictions.
  - Legal Mechanisms Supporting Accountable Care Principles
     Provides the legal context for accountable care, the healthcare delivery mechanism through which providers, facilities, and public health professionals coordinate activities, avoid inefficiencies, and improve public health outcomes. Published in the American Journal for Public Health 2014;104(11):2048–51.

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### Questions



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