

Help Your Patients Quit Smoking Today

A health care provider’s advice to quit tobacco use is an important In 5 minutes or less, you can execute the Georgia cAARds (Ask, Advise, and Refer with Follow-up) program and ensure your patients receive evidence based, best practice tobacco cessation counseling.

- **Ask** all patients about tobacco use during each visit
- **Advise** them about the benefits of tobacco cessation
- **Refer** them to the Georgia Tobacco Quit Line for a free “Quit Kit”, individualized plan and behavioral counseling: 1-877-270-STOP
- **Complete** the Georgia Tobacco Quit Line Fax Referral Form with the patient. The GTQL Fax Referral Form can be downloaded from DPH’s website
- **Inform** the patient they will be contacted by a Georgia Tobacco Quit Line staff member within 48 hours or less

Training on the Georgia cAARds (Ask, Advise, and Refer with Follow-up) program is provided for free by the Georgia Tobacco Use Prevention Program.

Engaging Tobacco Users: Tips for Health Care Providers in Georgia

www.GAtobaccointervention.org



The image shows a screenshot of the Georgia Tobacco Quit Line Fax Referral Form. The form is titled "DPH GEORGIA TOBACCO QUIT LINE FAX REFERRAL FORM" with the fax number "1-800-463-3114". It is divided into two main sections: "Provider Information" and "Patient Information".

Provider Information: Includes fields for "CLINIC NAME", "CLINIC ZIP CODE", "PHYSICIAN PROVIDER", "CONTACT NAME", "PHONE NUMBER", and "FAX NUMBER". There are also checkboxes for "LABORATORY COVERED (PLEASE CHECK ONE)" with options for "YES", "NO", and "SOME BLOOD".

Patient Information: Includes fields for "PATIENT NAME", "DATE OF BIRTH", "SEX" (with radio buttons for "MALE" and "FEMALE"), "ADDRESS", "CITY", and "ZIP CODE". It also has checkboxes for "LANGUAGE PREFERENCE (PLEASE CHECK ONE)" with options for "ENGLISH", "SPANISH", and "OTHER".

At the bottom, there are checkboxes for "I am ready to call tobacco and request the Georgia Tobacco Quit Line contact me to help me with my quit plan." and "YES, I am ready to call tobacco and request the Georgia Tobacco Quit Line to help me with my quit plan." There are also checkboxes for "I am not calling you and giving your permission for the quitline to have my message." and "I am not calling you and giving your permission for the quitline to have my message."

At the very bottom, there are checkboxes for "PATIENT INDUSTRY" with options for "NONE", "Tobacco", "Retail", "Food/Drink", "Healthcare", "Education", "Government", "Finance", "Energy", "Transportation", "Agriculture", "Manufacturing", "Retail", "Food/Drink", "Healthcare", "Education", "Government", "Finance", "Energy", "Transportation", "Agriculture", "Manufacturing".