

## Administering Intradermal Trivalent Influenza Vaccine (TIV ID)

<u>Getting Started</u>: Gently shake TIV ID and remove the needle cap from the manufacturer's prefilled syringe Do not place TIV ID in any other syringe! Some experts suggest having the patient sit with arm bent at the elbow, hand resting on hip to receive Intradermal (ID) influenza vaccine.

- Place the thumb and middle finger on the finger pads on the syringe. Ensure that the index finger remains free. Do <u>not</u> place any fingers on the windows of the syringe.
- Hold the syringe over the deltoid muscle area of either upper arm. With the opposite hand, gently hold the arm as shown. Insert the needle rapidly and perpendicular to the skin in a short quick movement.
- Once the needle is inserted, maintain light pressure on the surface of the skin. Using your index finger to inject, push on the plunger of the syringe to inject the vaccine. Do not aspirate.
- 4. Remove the syringe from the patient's arm. Direct the needle away from you and the patient. Use your thumb to depress the plunger firmly to activate the needle shield. (You will hear a click when the shield extends to cover the needle.) Put the used syringe in a sharps container.



TIV ID	
Age	18-64 years
Dosage	0.1 mL
Route	Intradermal (ID)
Site	Over deltoid muscle area of upper arm

Adapted from the Michigan Department of Community Health

For more information: contact CDC www.cdc.gov/flu

Refer to: Prevention and Control of Influenza with Vaccines: Recommendations of the Advisory Committee on Immunization Practices (ACIP), 2011 MMWR Vol.60/No.33/August 26, 2011 at www.cdc.gov/vaccines. The 2010-2011 influenza vaccine recommendations should continue to be referenced for other information on influenza vaccines. September 13, 2011







