# 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

1. Percentage of schools in which students take the following number of required health education courses in grades 6 through 12.

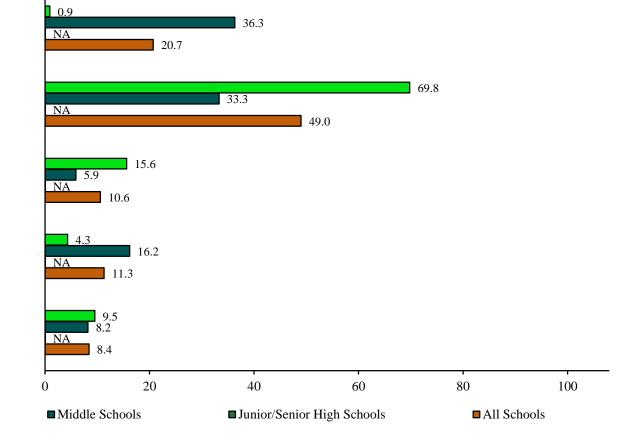






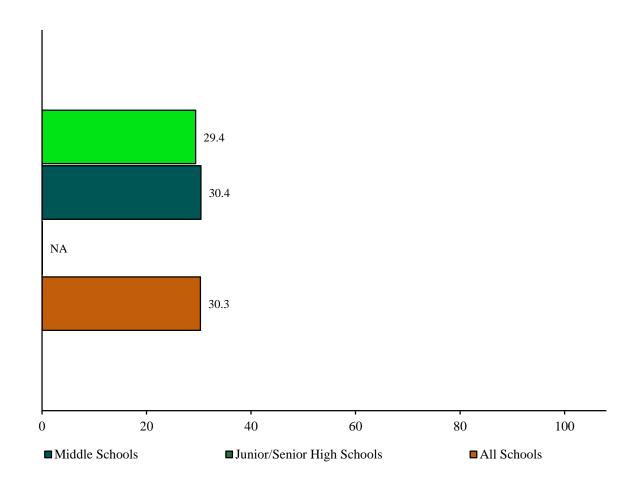






## 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

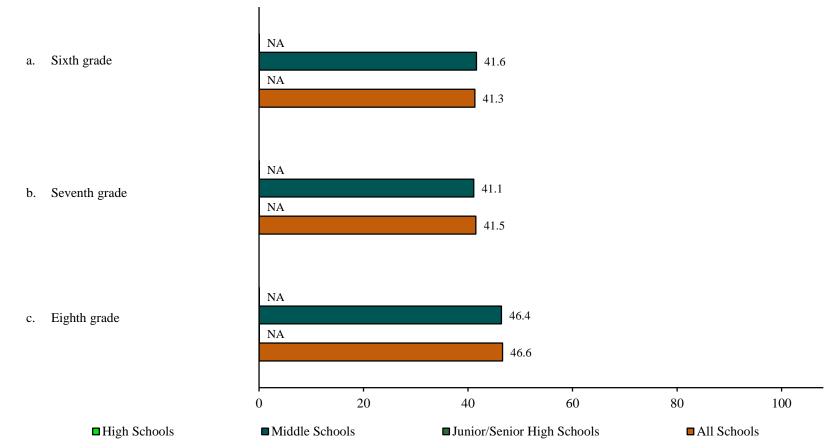
1N. Percentage of schools in which students take two or more required health education courses in grades 6 through 12.



NA = Not available

## 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

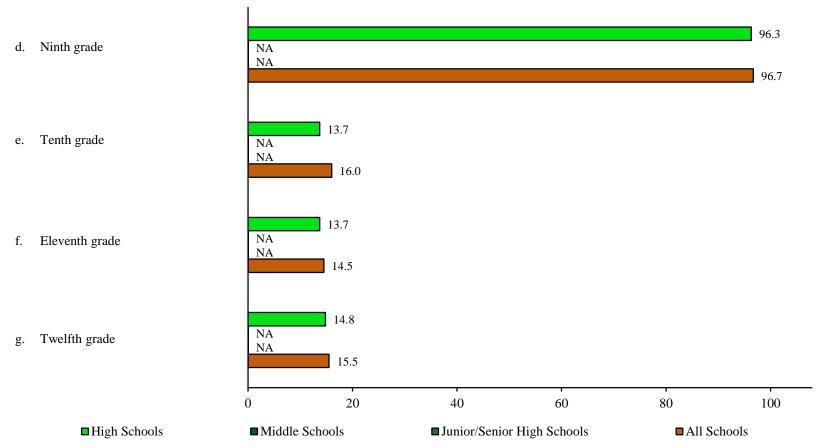
2. Percentage of schools that taught a required health education course in each of the following grades.\*



<sup>\*</sup>Among schools with students in that grade.

### 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

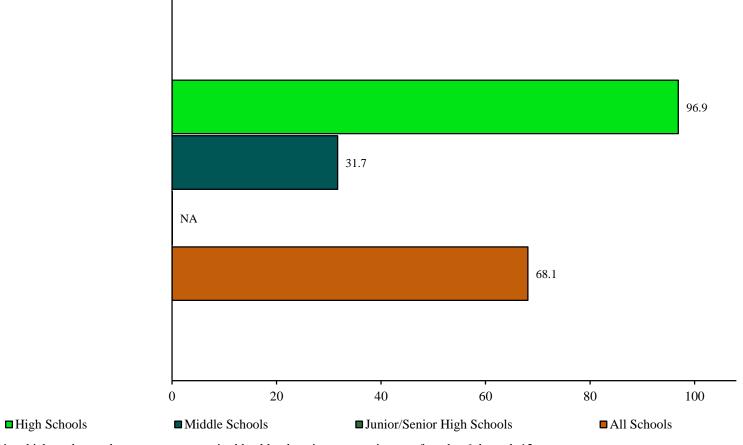
2. Percentage of schools that taught a required health education course in each of the following grades.\*



<sup>\*</sup>Among schools with students in that grade.

## 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

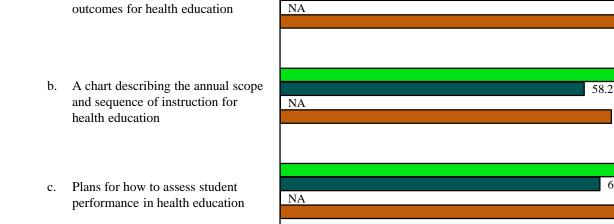
3. Percentage of schools that require students who fail a required health education course to repeat it.\*



<sup>\*</sup>Among schools in which students take one or more required health education courses in any of grades 6 through 12.

# 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

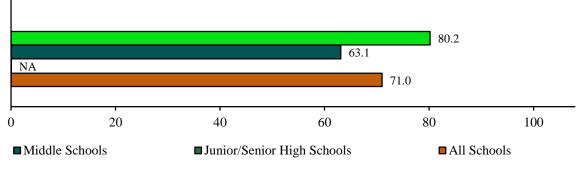
4. Percentage of schools in which those who teach health education are provided with each of the following materials.



d. A written health education curriculum

■ High Schools

Goals, objectives, and expected



91.9

79.2

68.2

71.5

63.4

61.2

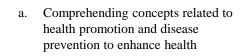
85.2

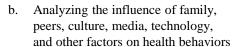
84.3

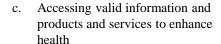
# 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

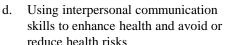
5. Percentage of schools in which the health education curriculum addresses each of the following skills.

NA





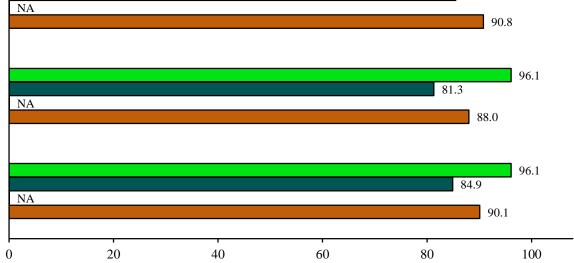




■ High Schools







■ Junior/Senior High Schools

97.0

97.0

86.1

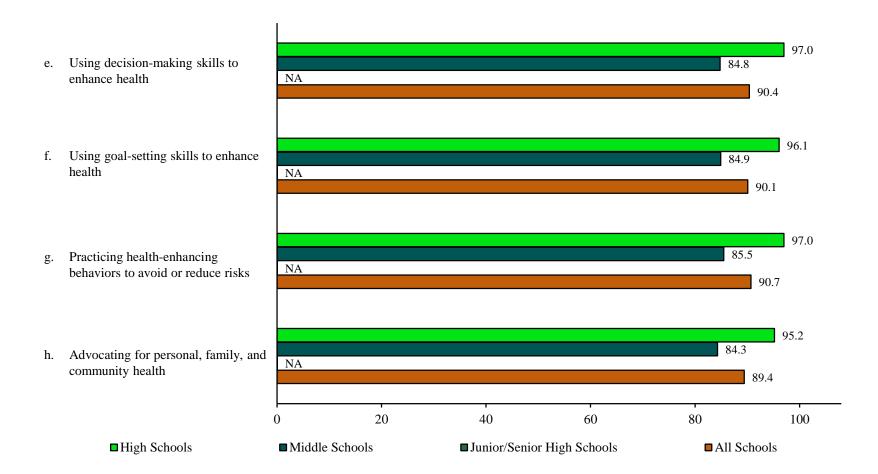
85.5

■ All Schools

91.1

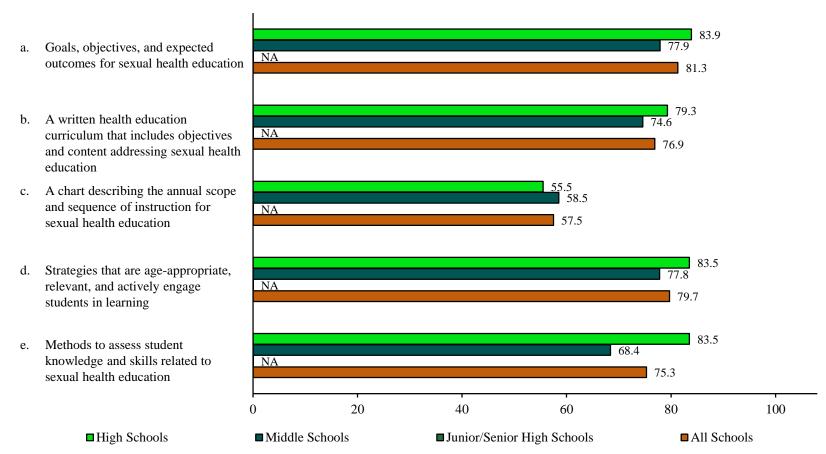
# 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

5. Percentage of schools in which the health education curriculum addresses each of the following skills.



# 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

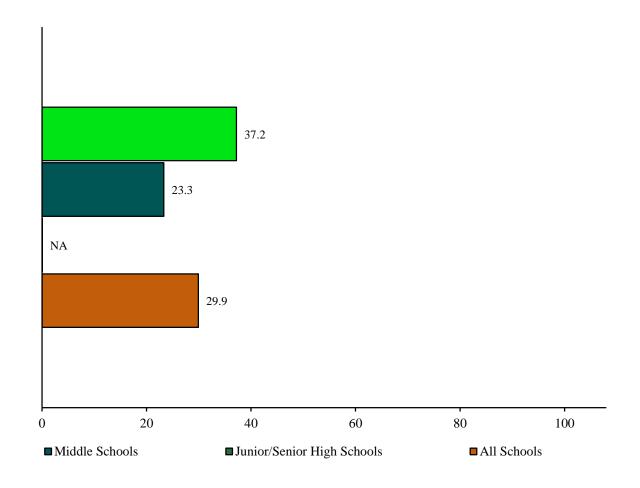
6. Percentage of schools in which those who teach sexual health education are provided with each of the following materials.\*



<sup>\*</sup>Among schools that teach sexual health education.

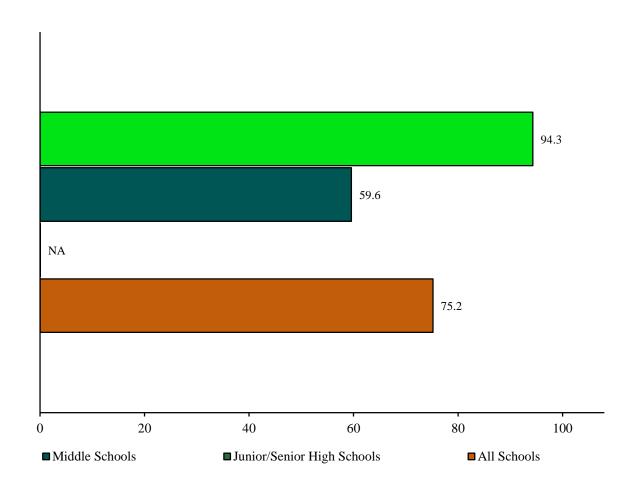
# 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

7. Percentage of schools that provide curricula or supplementary materials that include HIV, STD, or pregnancy prevention information that is relevant to lesbian, gay, bisexual, transgender, and questioning youth.

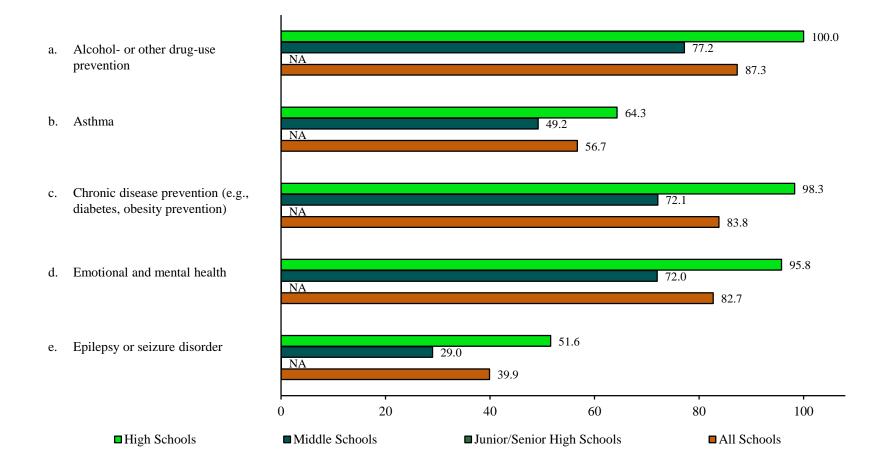


## 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

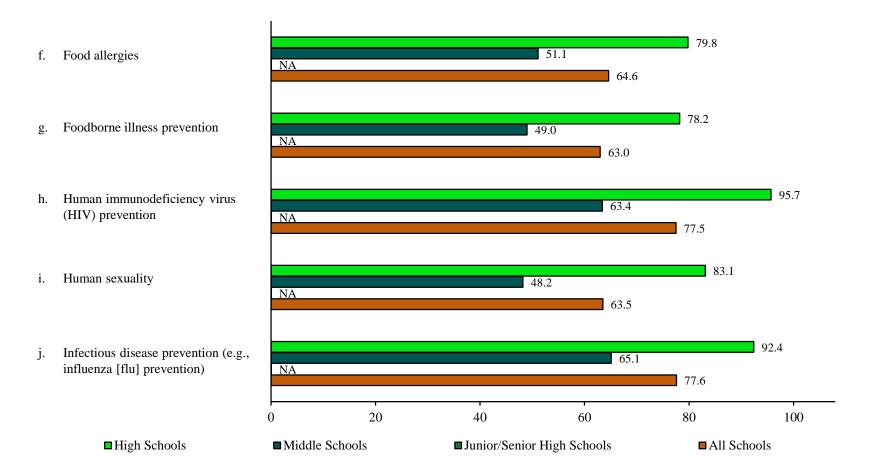
8. Percentage of schools in which health education instruction is required for students in any of grades 6 through 12.



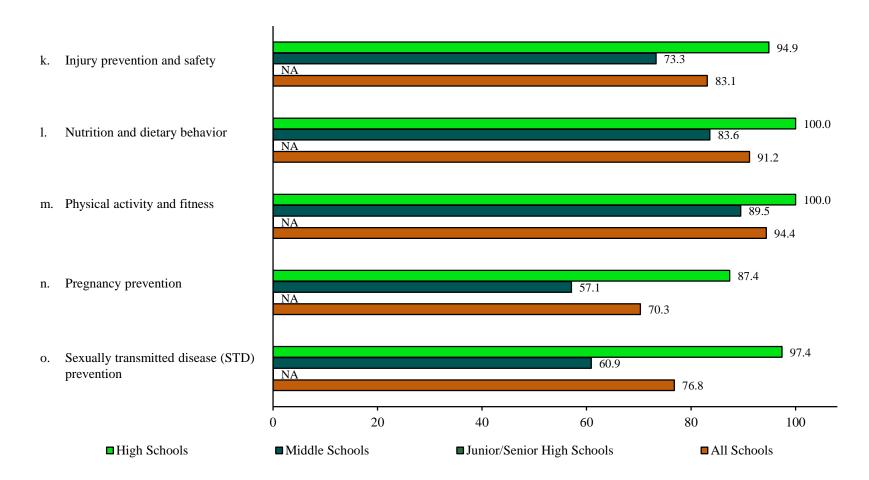
# 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results



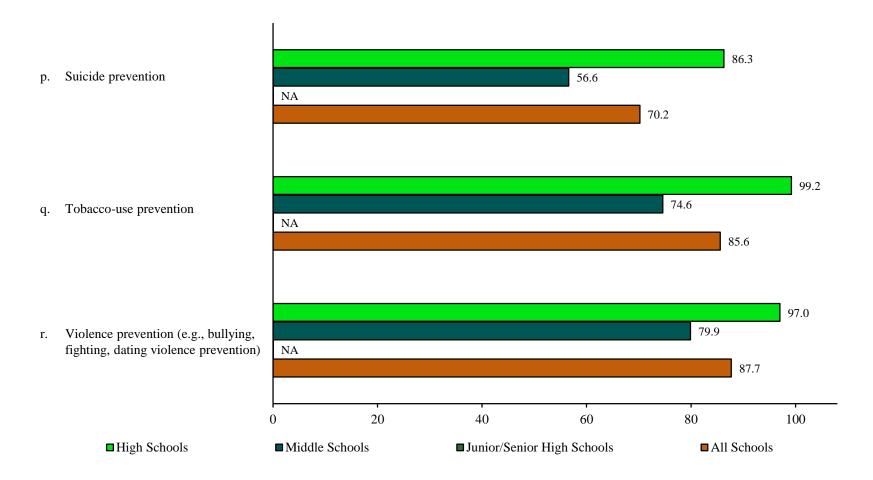
# 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results



# 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

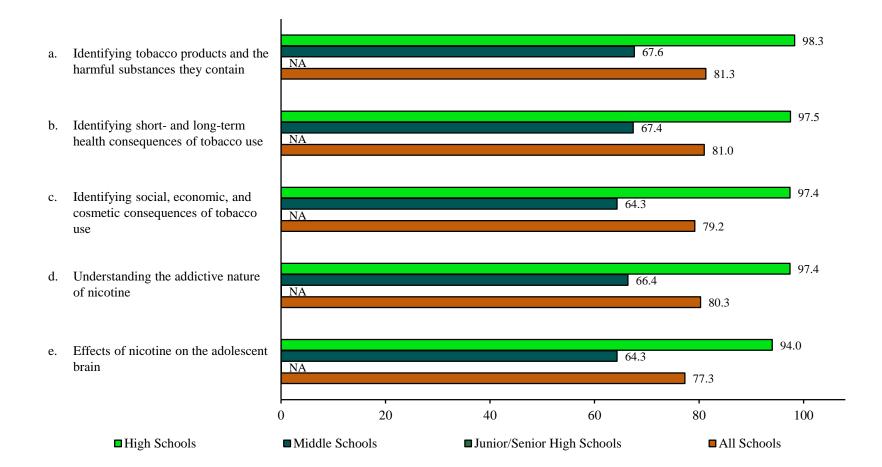


# 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results



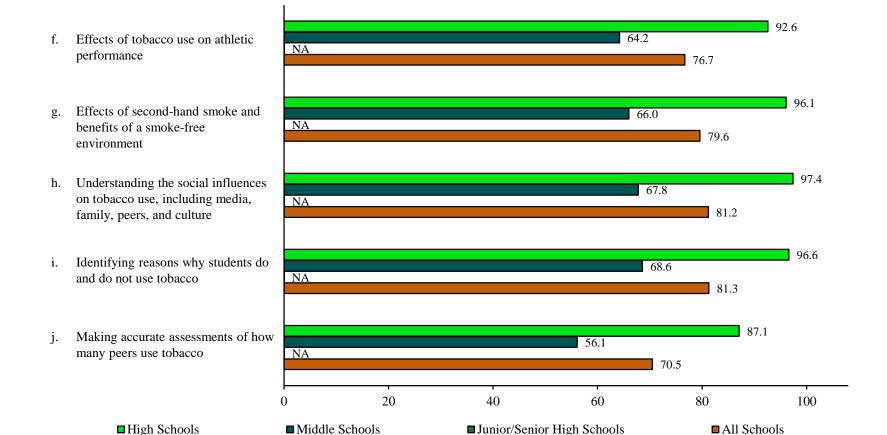
# 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

10. Percentage of schools in which teachers taught each of the following tobacco-use prevention topics in a required course for students in any of grades 6 through 12 during the current school year.



### 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

10. Percentage of schools in which teachers taught each of the following tobacco-use prevention topics in a required course for students in any of grades 6 through 12 during the current school year.

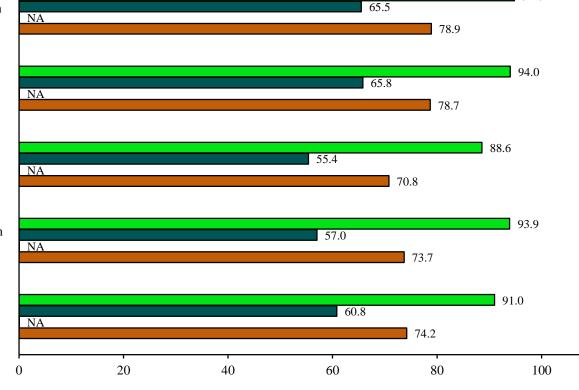


# 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

- 10. Percentage of schools in which teachers taught each of the following tobacco-use prevention topics in a required course for students in any of grades 6 through 12 during the current school year.
  - k. Using interpersonal communication skills to avoid tobacco use (e.g., refusal skills, assertiveness)
  - . Using goal-setting and decisionmaking skills related to not using tobacco
  - m. Finding valid information and services related to tobacco-use prevention and cessation
  - n. Supporting others who abstain from or want to quit using tobacco
  - o. Identifying harmful effects of tobacco use on fetal development

■ High Schools

■ Middle Schools



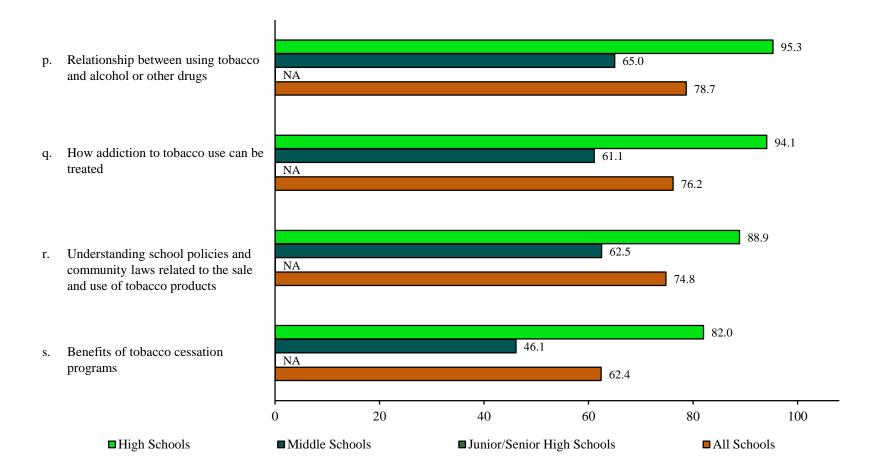
■ Junior/Senior High Schools

■ All Schools

94.8

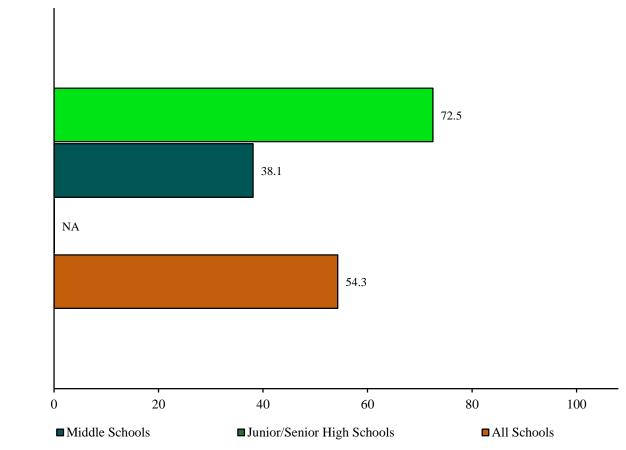
# 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

10. Percentage of schools in which teachers taught each of the following tobacco-use prevention topics in a required course for students in any of grades 6 through 12 during the current school year.



# 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

10N. Percentage of schools that taught all 19 tobacco-use prevention topics during the current school year.\*

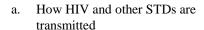


<sup>■</sup> High Schools

\*Responses to question 10 a through s all are "yes."

# 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

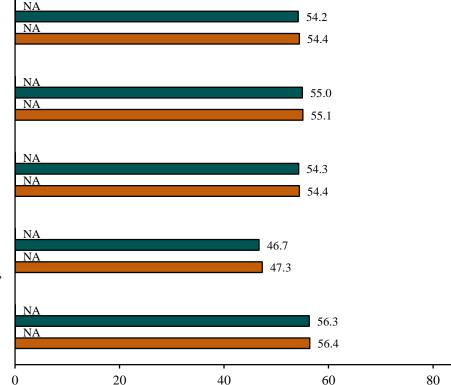
11. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course in any of grades 6, 7, or 8 during the current school year.



- b. Health consequences of HIV, other STDs, and pregnancy
- c. The benefits of being sexually abstinent
- d. How to access valid and reliable health information, products, and services related to HIV, other STDs, and pregnancy
- e. The influences of family, peers, media, technology and other factors on sexual risk behaviors

■ High Schools

■ Middle Schools



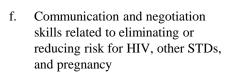
■ Junior/Senior High Schools

100

■ All Schools

# 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

11. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course in any of grades 6, 7, or 8 during the current school year.



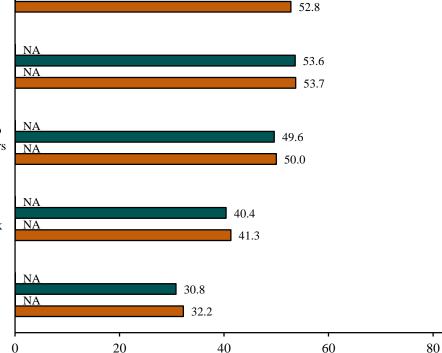
NA

NA

■ Middle Schools

- g. Goal-setting and decision-making skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy
- h. Influencing and supporting others to avoid or reduce sexual risk behaviors
- i. Efficacy of condoms, that is, how well condoms work and do not work
- j. The importance of using condoms consistently and correctly

■ High Schools



■ Junior/Senior High Schools

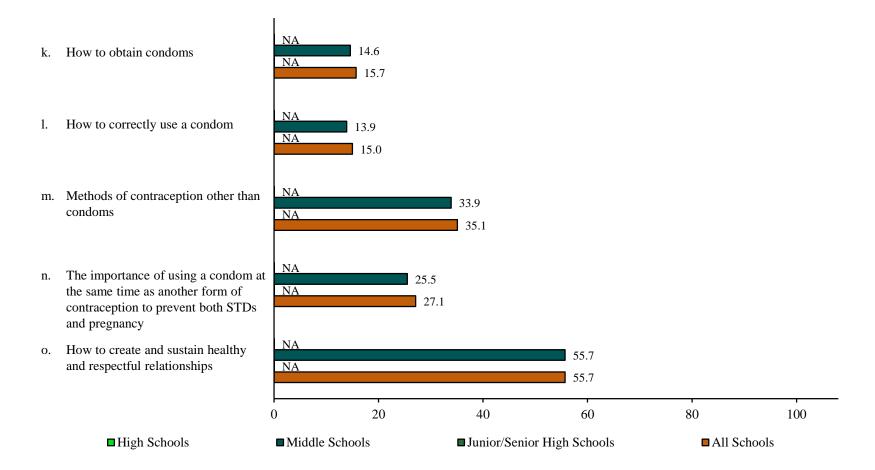
52.6

100

■ All Schools

# 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

11. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course in any of grades 6, 7, or 8 during the current school year.

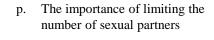


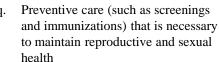
# 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

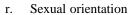
11. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course in any of grades 6, 7, or 8 during the current school year.

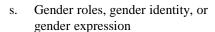
NA

NA

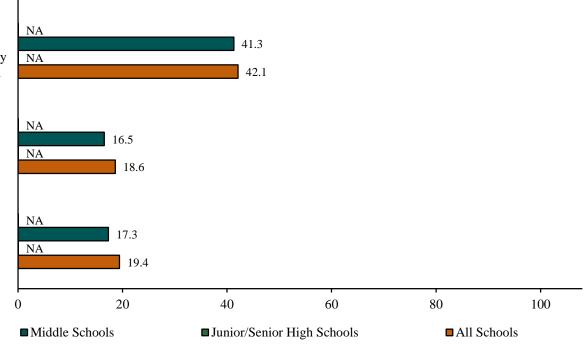








■ High Schools

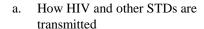


43.4

44.1

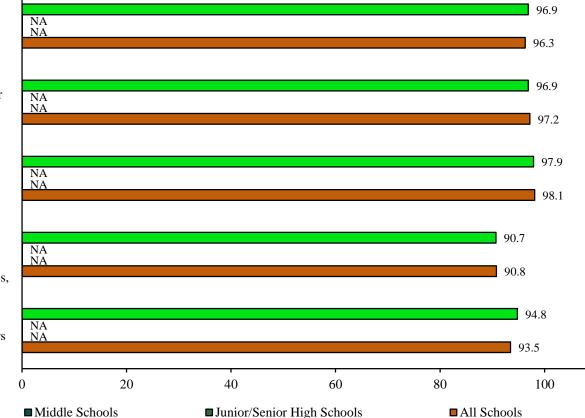
# 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

11. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course in any of grades 9, 10, 11, or 12 during the current school year.



- b. Health consequences of HIV, other STDs, and pregnancy
- c. The benefits of being sexually abstinent
- d. How to access valid and reliable health information, products, and services related to HIV, other STDs, and pregnancy
- e. The influences of family, peers, media, technology and other factors on sexual risk behaviors

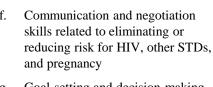
■ High Schools



NA = Not available

# 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

11. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course in any of grades 9, 10, 11, or 12 during the current school year.



NA NA

NA

NA

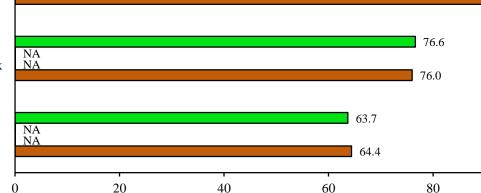
NA

NA

■ Middle Schools

- g. Goal-setting and decision-making skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy
- h. Influencing and supporting others to avoid or reduce sexual risk behaviors
- i. Efficacy of condoms, that is, how well condoms work and do not work
- j. The importance of using condoms consistently and correctly

■ High Schools



■ Junior/Senior High Schools

94.8

93.6

93.7

93.5

94.8

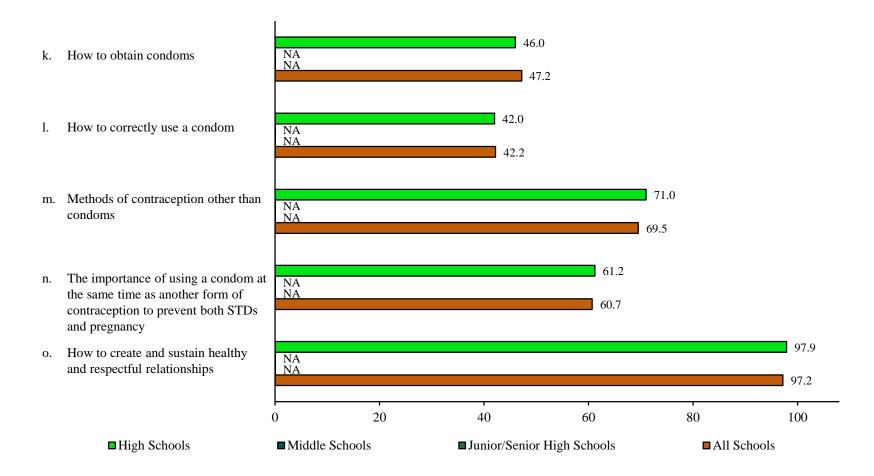
94.5

100

■ All Schools

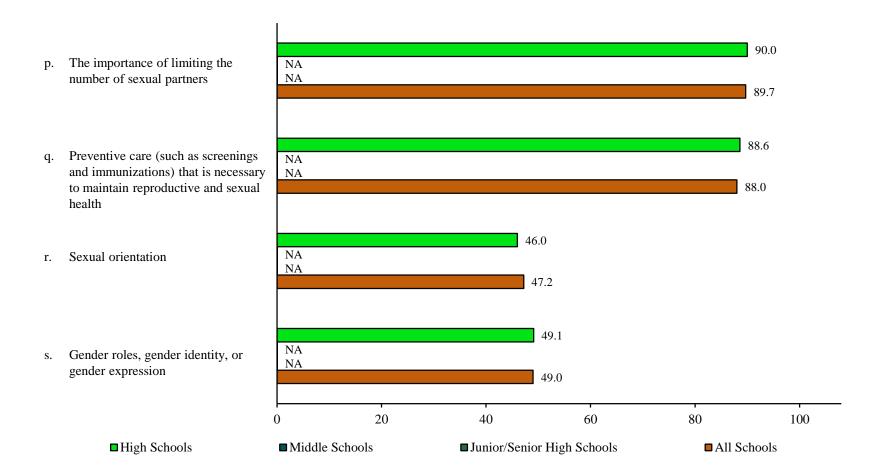
# 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

11. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course in any of grades 9, 10, 11, or 12 during the current school year.



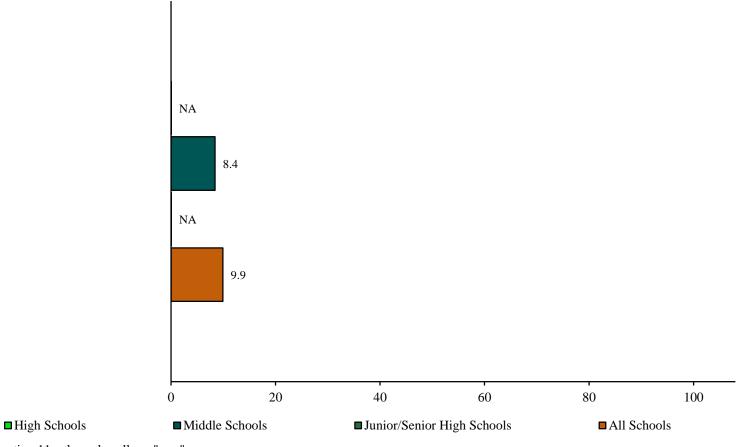
# 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

11. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course in any of grades 9, 10, 11, or 12 during the current school year.



## 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

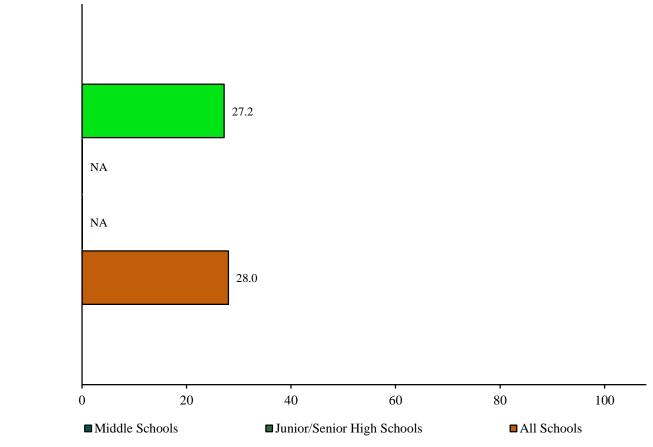
11N\_1. Percentage of schools that taught all 19 HIV, STD, and pregnancy prevention topics in any of grades 6, 7, or 8 during the current school year.\*



<sup>\*</sup>Responses to question 11 a through s all are "yes."

## 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

11N\_2. Percentage of schools that taught all 19 HIV, STD, and pregnancy prevention topics in any of grades 9, 10, 11, or 12 during the current school year.\*

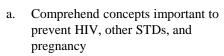


<sup>■</sup> High Schools

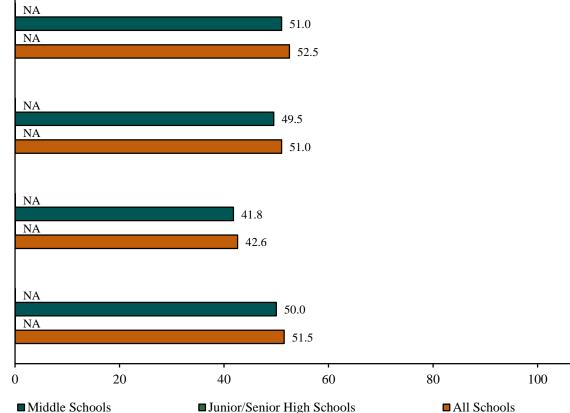
\*Responses to question 11 a through s all are "yes."

# 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

12. Percentage of schools in which teachers assessed the ability of students to do each of the following in a required course for students in any of grades 6, 7, or 8 during the current school year.

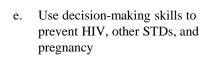


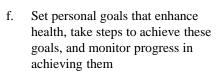
- b. Analyze the influence of family, peers, culture, media, technology, and other factors on sexual risk behaviors
- Access valid information, products, and services to prevent HIV, other STDs, and pregnancy
- d. Use interpersonal communication skills to avoid or reduce sexual risk behaviors

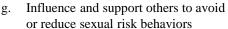


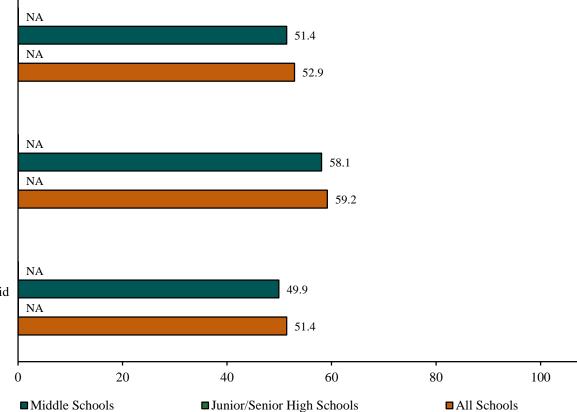
# 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

12. Percentage of schools in which teachers assessed the ability of students to do each of the following in a required course for students in any of grades 6, 7, or 8 during the current school year.



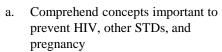






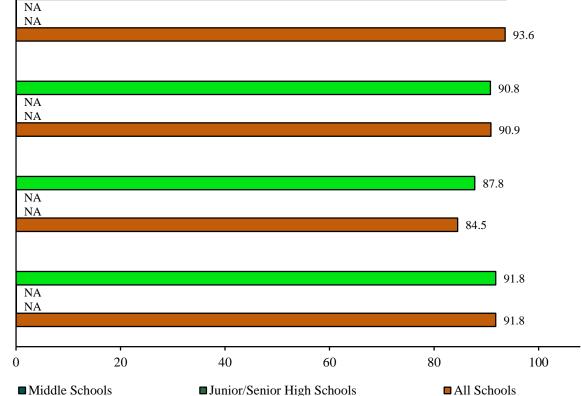
# 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

12. Percentage of schools in which teachers assessed the ability of students to do each of the following in a required course for students in any of grades 9, 10, 11, or 12 during the current school year.



- Analyze the influence of family, peers, culture, media, technology, and other factors on sexual risk behaviors
- c. Access valid information, products, and services to prevent HIV, other STDs, and pregnancy
- d. Use interpersonal communication skills to avoid or reduce sexual risk behaviors

■ High Schools

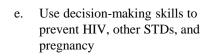


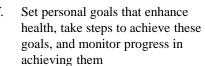
NA = Not available

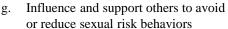
93.9

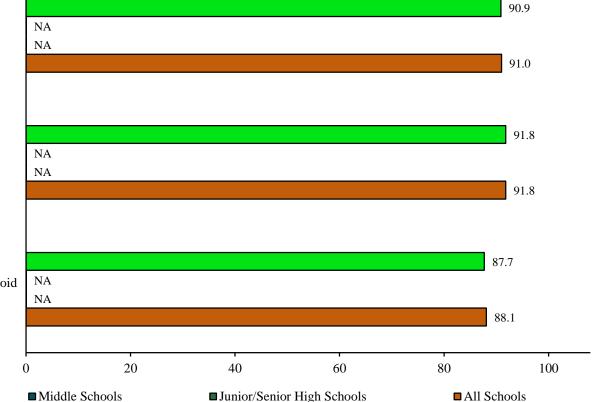
# 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

12. Percentage of schools in which teachers assessed the ability of students to do each of the following in a required course for students in any of grades 9, 10, 11, or 12 during the current school year.



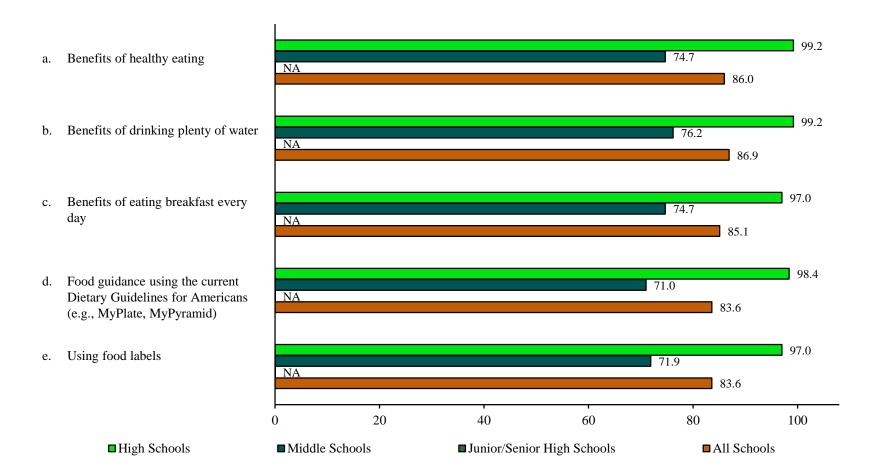






## 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

13. Percentage of schools in which teachers taught each of the following nutrition and dietary behavior topics in a required course for students in any of grades 6 through 12 during the current school year.



# 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

- 13. Percentage of schools in which teachers taught each of the following nutrition and dietary behavior topics in a required course for students in any of grades 6 through 12 during the current school year.
  - f. Differentiating between nutritious and non-nutritious beverages
  - g. Balancing food intake and physical activity
  - h. Eating more fruits, vegetables, and whole grain products
  - Choosing foods and snacks that are low in solid fat (i.e., saturated and trans fat)
  - j. Choosing foods, snacks, and beverages that are low in added sugars

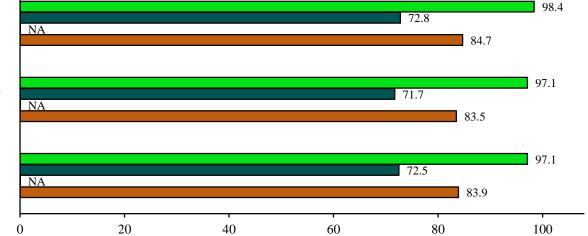
■ High Schools





NA

NA



■ Junior/Senior High Schools

97.9

99.2

74.0

74.8

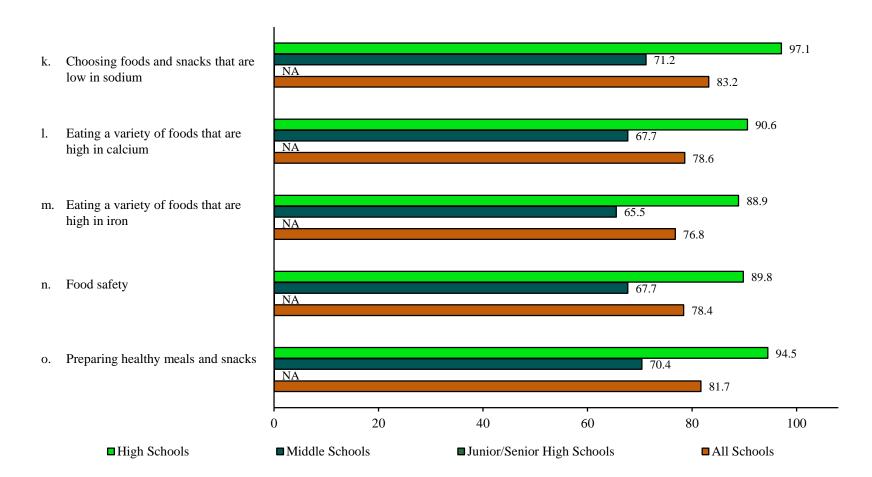
84.5

86.0

■ All Schools

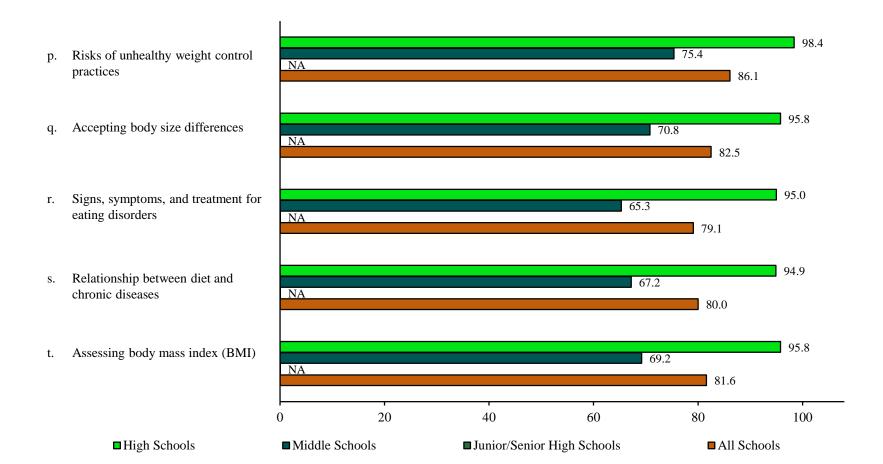
### 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

13. Percentage of schools in which teachers taught each of the following nutrition and dietary behavior topics in a required course for students in any of grades 6 through 12 during the current school year.



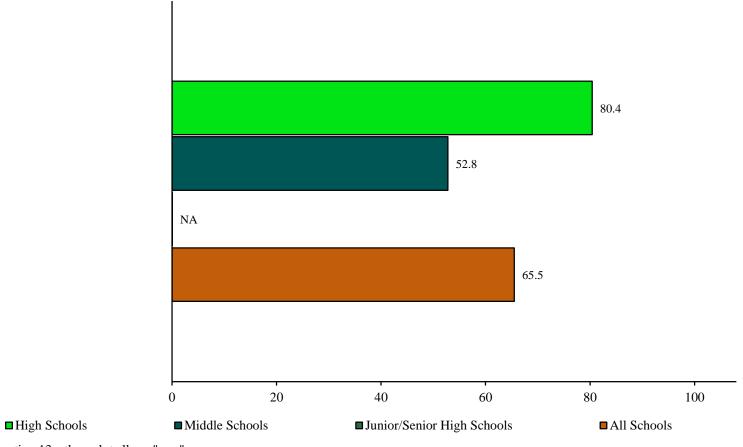
### 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

13. Percentage of schools in which teachers taught each of the following nutrition and dietary behavior topics in a required course for students in any of grades 6 through 12 during the current school year.



### 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

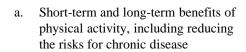
13N. Percentage of schools that taught all 20 nutrition and dietary behavior topics during the current school year.\*



<sup>\*</sup>Responses to question 13 a through t all are "yes."

### 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

14. Percentage of schools in which teachers taught each of the following physical activity topics in a required course for students in any of grades 6 through 12 during the current school year.



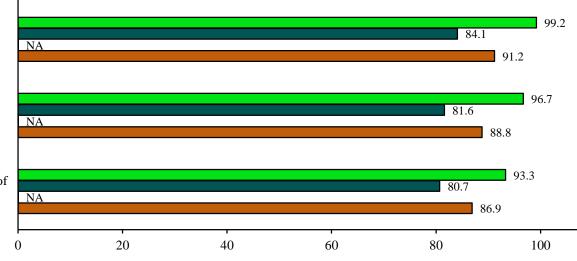
NA

NA

■ Middle Schools

- Mental and social benefits of physical activity
- Health-related fitness (i.e., cardiorespiratory endurance, muscular endurance, muscular strength, flexibility, and body composition)
- d. Phases of a workout (i.e., warm-up, workout, cool down)
- e. Recommended amounts and types of moderate, vigorous, muscle-strengthening, and bone-strengthening physical activity

■ High Schools



■ Junior/Senior High Schools

98.3

99.2

81.8

81.2

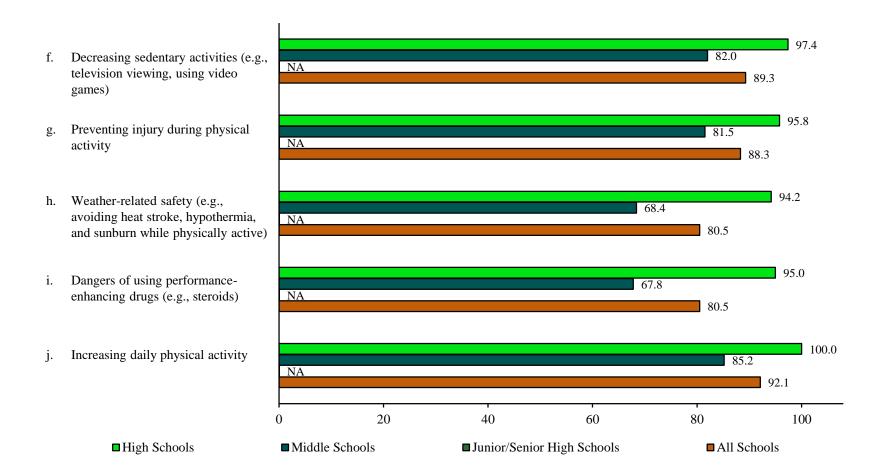
89.5

89.5

■ All Schools

## 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

14. Percentage of schools in which teachers taught each of the following physical activity topics in a required course for students in any of grades 6 through 12 during the current school year.



### **2016 School Health Profiles Report** Weighted Lead Health Education Teacher Survey Results

14. Percentage of schools in which teachers taught each of the following physical activity topics in a required course for students in any of grades 6 through 12 during the current school year.

Incorporating physical activity into daily life (without relying on a structured exercise plan or special equipment)

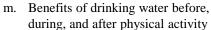


NA

NA

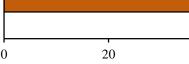
NA

Using safety equipment for specific physical activities



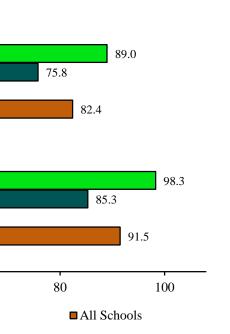
during, and after physical activity

■ High Schools



■ Middle Schools

40 60 ■ Junior/Senior High Schools



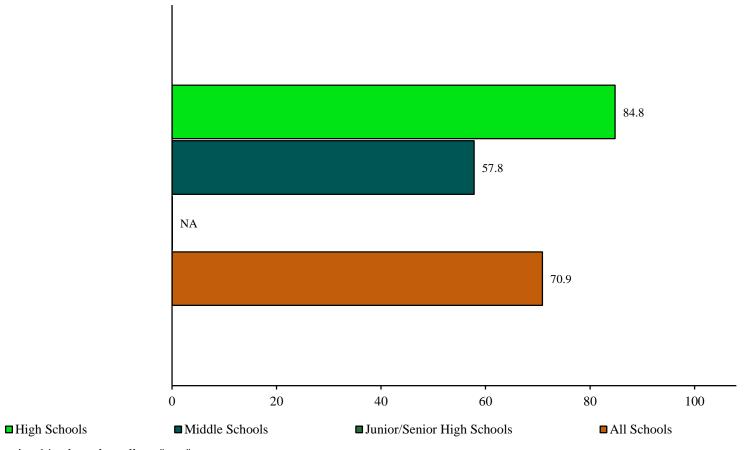
83.1

91.1

100.0

### 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

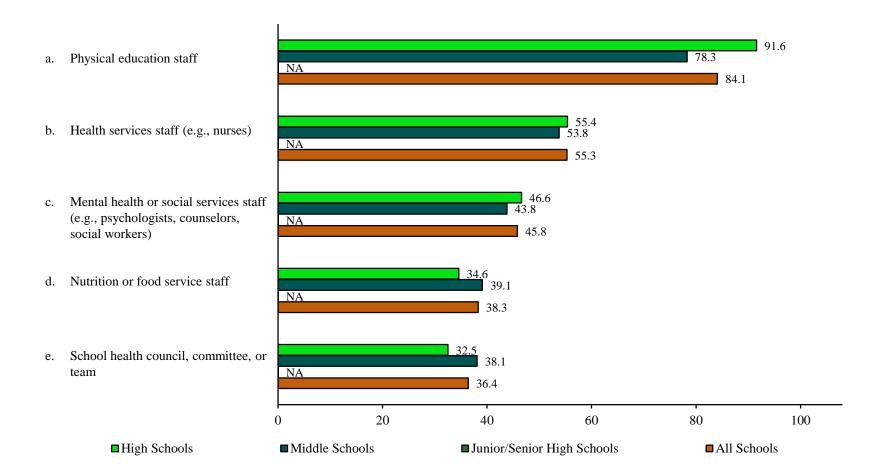
14N. Percentage of schools that taught all 13 physical activity topics during the current school year.\*



<sup>\*</sup>Responses to question 14 a through m all are "yes."

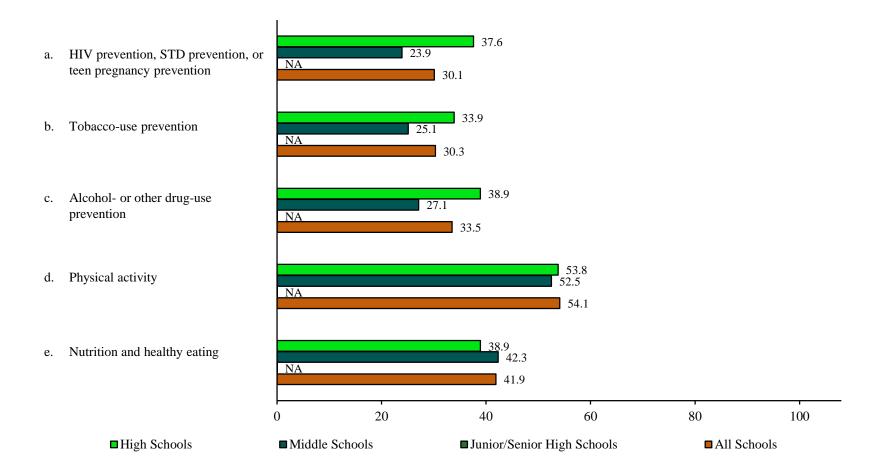
## 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

15. Percentage of schools in which health education staff worked with the following groups on health education activities during the current school year.



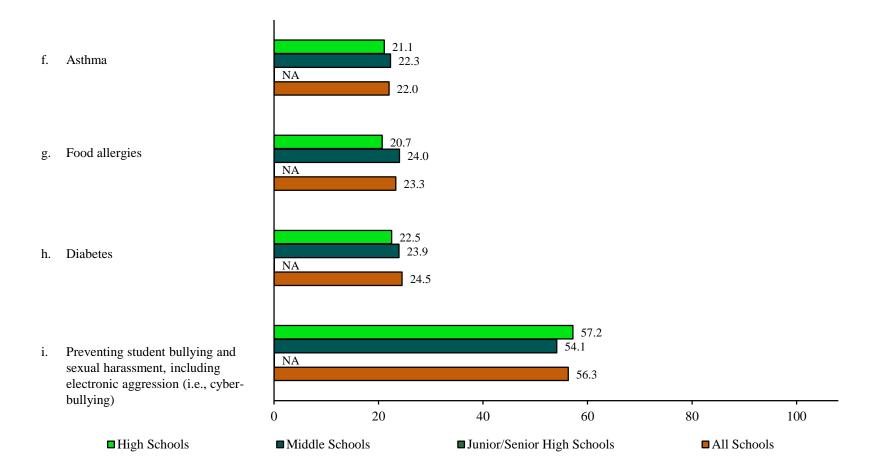
## 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

16. Percentage of schools that provided parents and families with health information designed to increase parent and family knowledge of the following topics during the current school year.



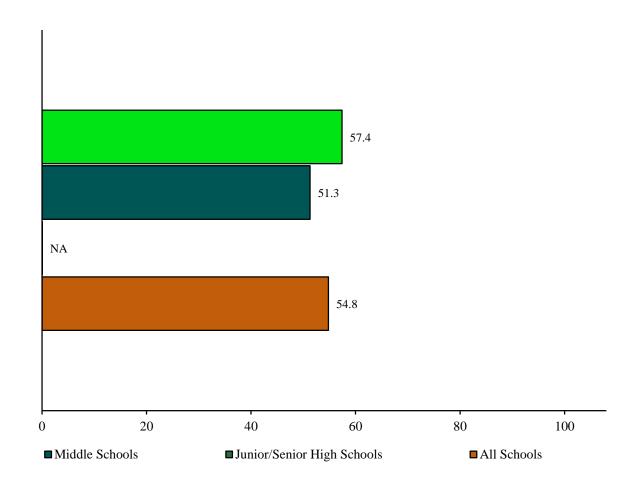
### 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

16. Percentage of schools that provided parents and families with health information designed to increase parent and family knowledge of the following topics during the current school year.

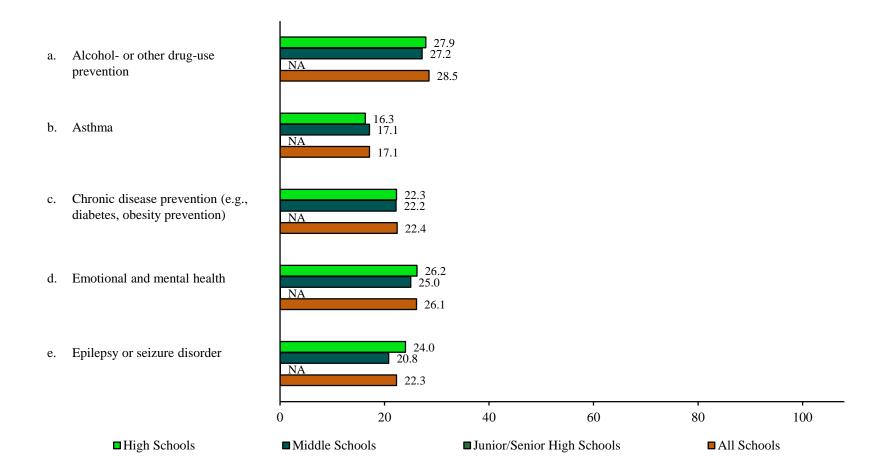


# 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

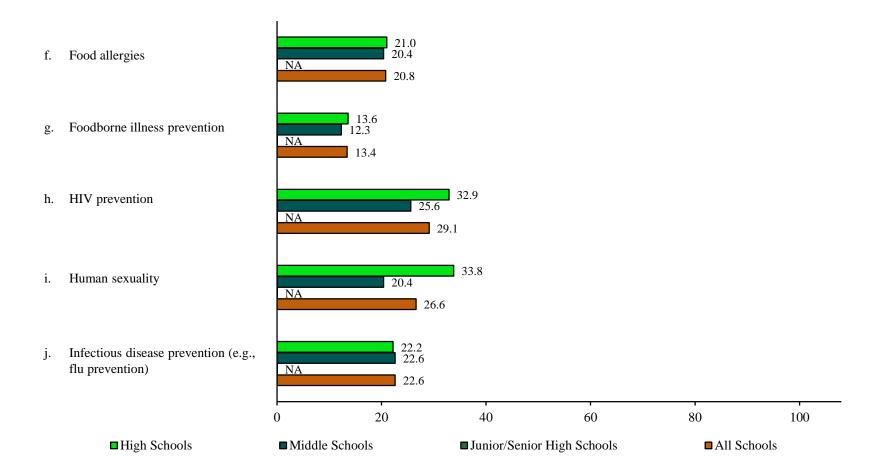
17. Percentage of schools in which teachers have given students homework assignments or health education activities to do at home with their parents during the current school year.



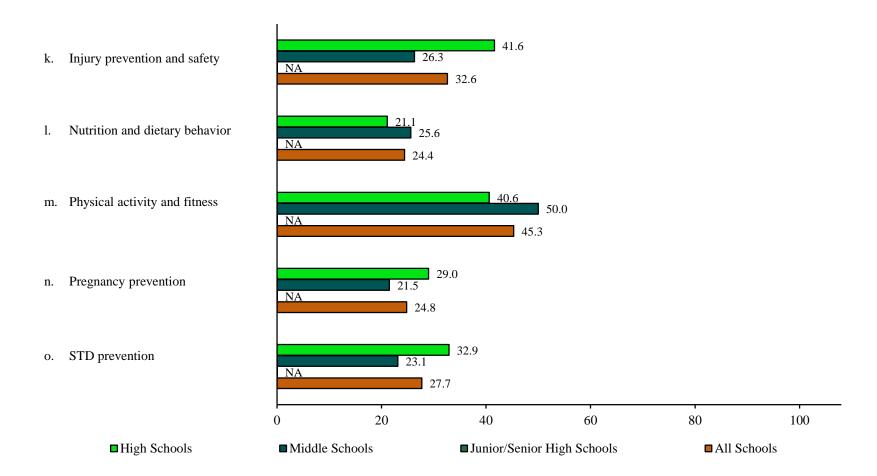
### 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results



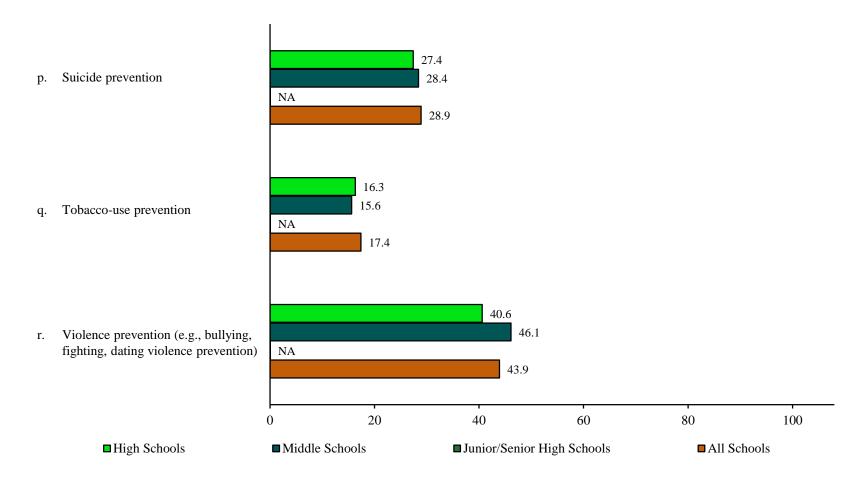
### 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results



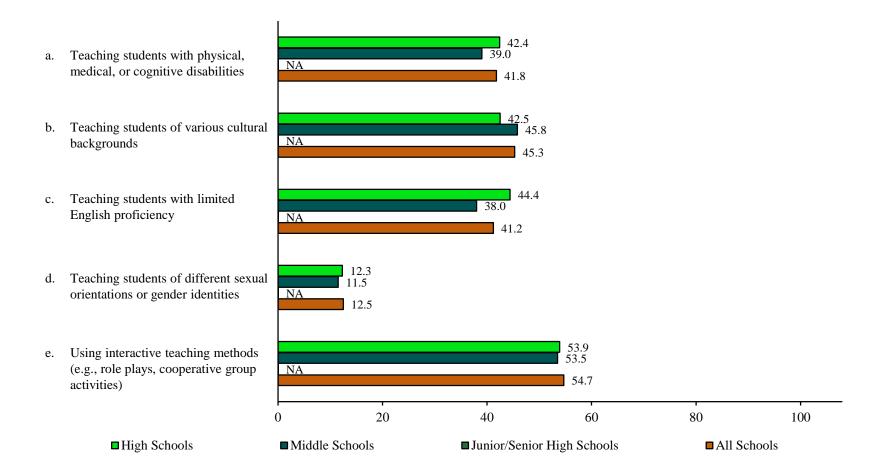
### 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results



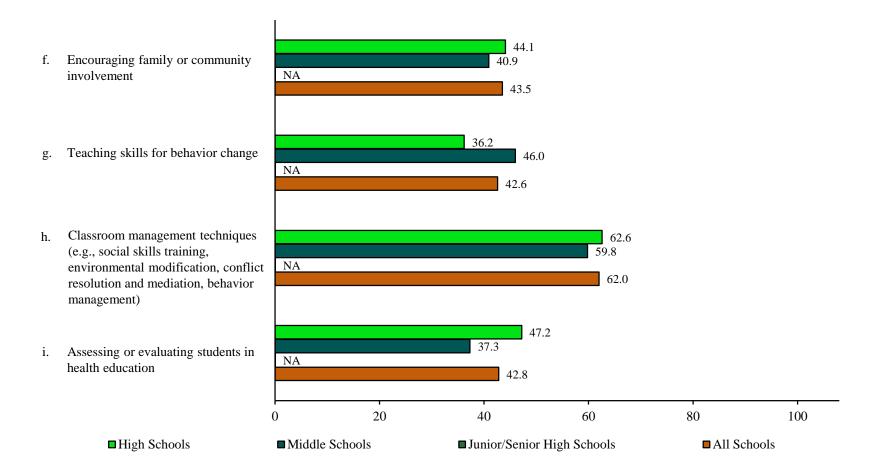
## 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results



### 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results



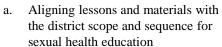
### 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results



## 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

20. Percentage of schools in which the lead health education teacher received professional development on each of the following topics related to teaching sexual health education during the past two years.

30.4

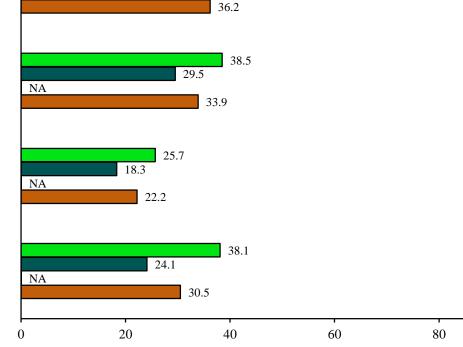


NA

■ Middle Schools

- Creating a comfortable and safe learning environment for students receiving sexual health education
- c. Connecting students to on-site or community-based sexual health services
- d. Using a variety of effective instructional strategies to deliver sexual health education

■ High Schools



■ Junior/Senior High Schools

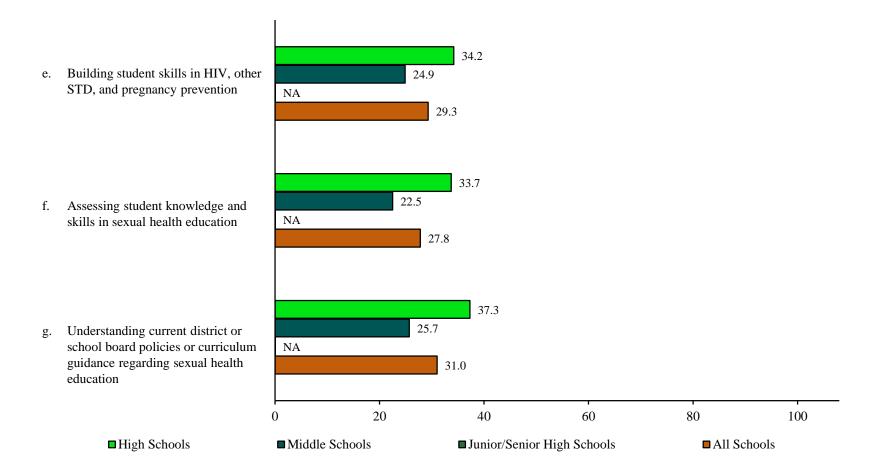
42.7

100

■ All Schools

### 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

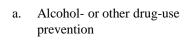
20. Percentage of schools in which the lead health education teacher received professional development on each of the following topics related to teaching sexual health education during the past two years.



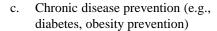
## 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

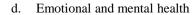
21. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.

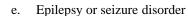
NA



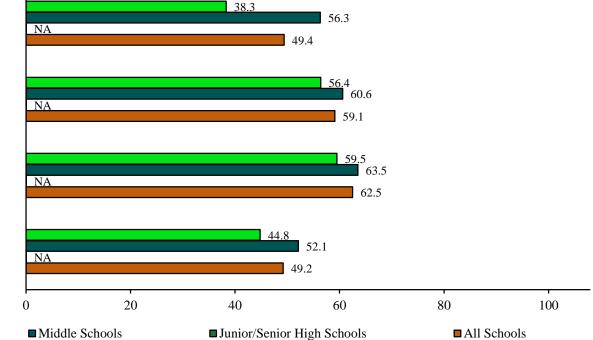








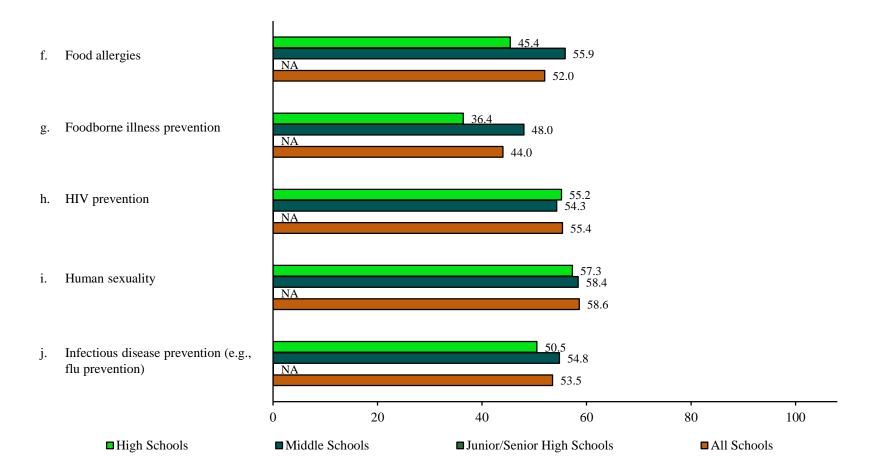
■ High Schools



67.6

66.8

# 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results



# 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

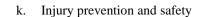
21. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.

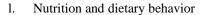
NA

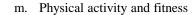
NA

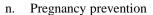
NA

■ Middle Schools

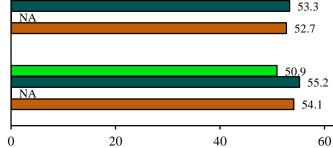








### o. STD prevention



53.6

63.5

63.7

65.5

71.5

80

62.7

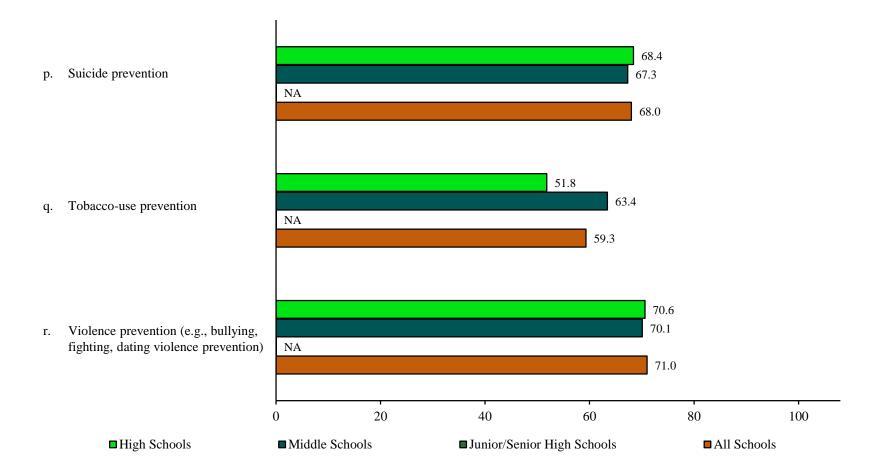
59.6

57.9

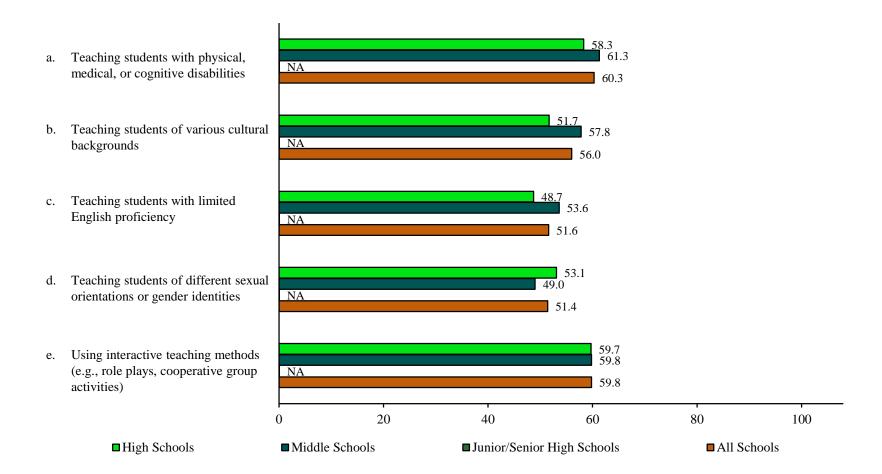
50.4

100

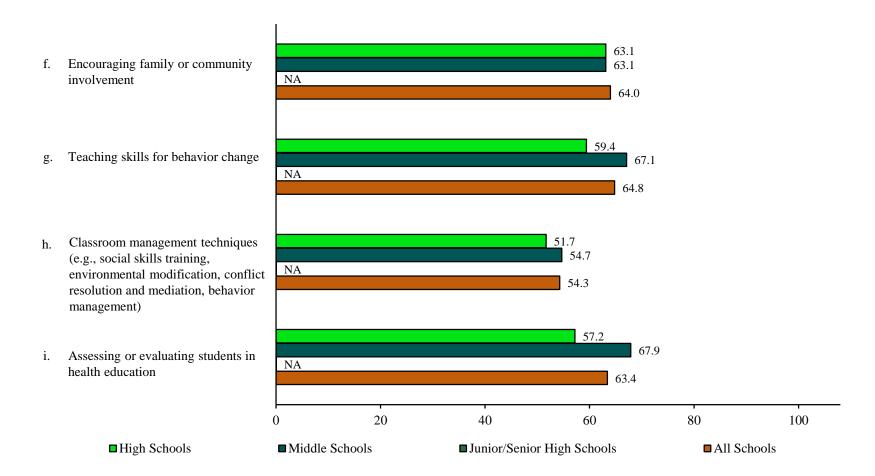
# 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results



### 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

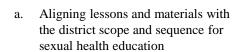


## 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results



### 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

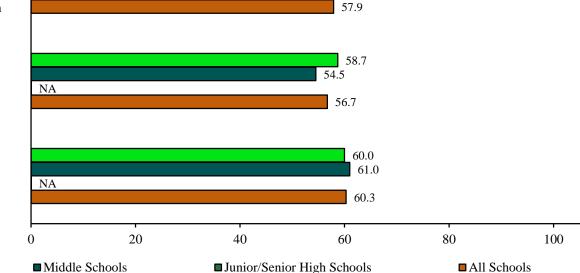
23. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics related to teaching sexual health education.



NA

NA

- Creating a comfortable and safe learning environment for students receiving sexual health education
- c. Connecting students to on-site or community-based sexual health services
- d. Using a variety of effective instructional strategies to deliver sexual health education



56.1

56.8

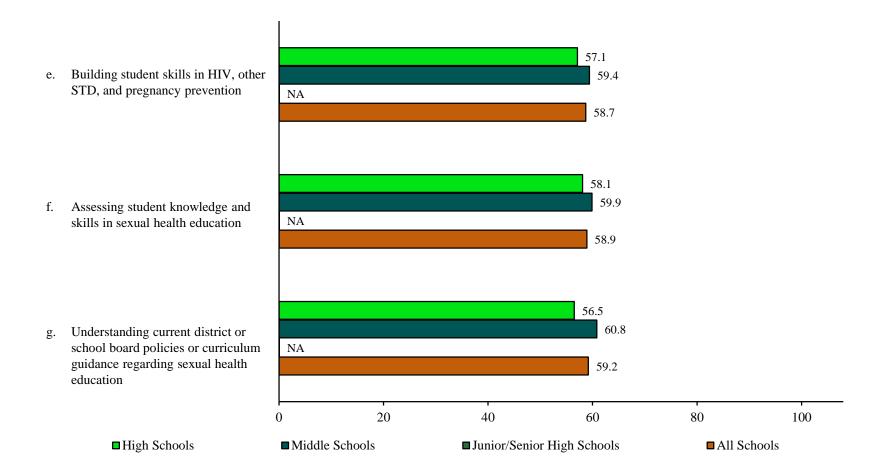
56.3

61.2

52.6

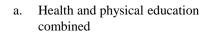
## 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

23. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics related to teaching sexual health education.



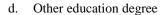
### 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

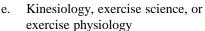
24. Percentage of schools in which the major emphasis of the lead health education teacher's professional preparation was on the following:

















NA

NA

3.4 3.7

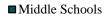
4.0

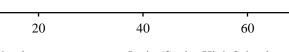
7.3

5.1

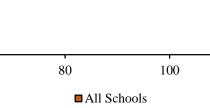
3.0 4.3 15.4

11.5







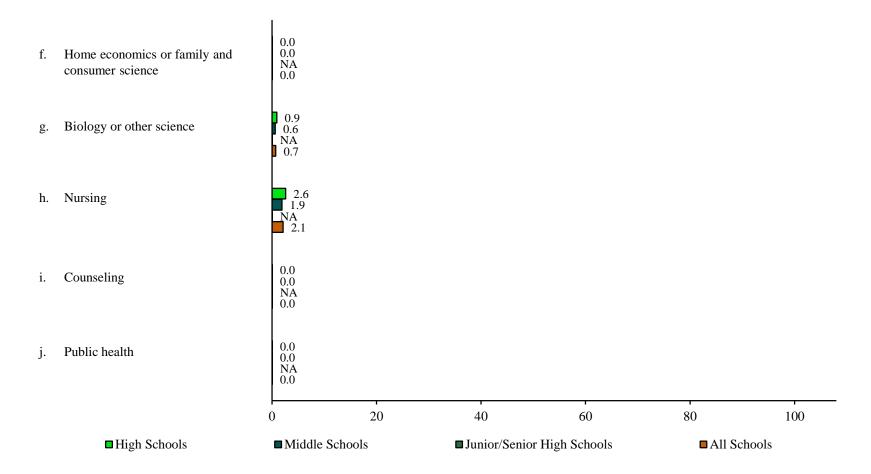


76.5

73.5

# 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

24. Percentage of schools in which the major emphasis of the lead health education teacher's professional preparation was on the following:

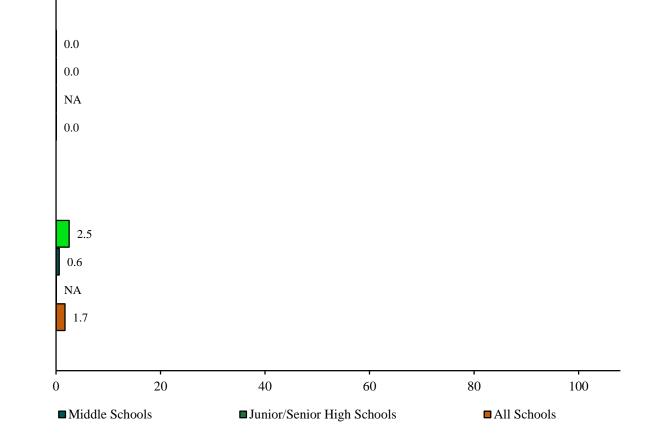


# 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

24. Percentage of schools in which the major emphasis of the lead health education teacher's professional preparation was on the following:

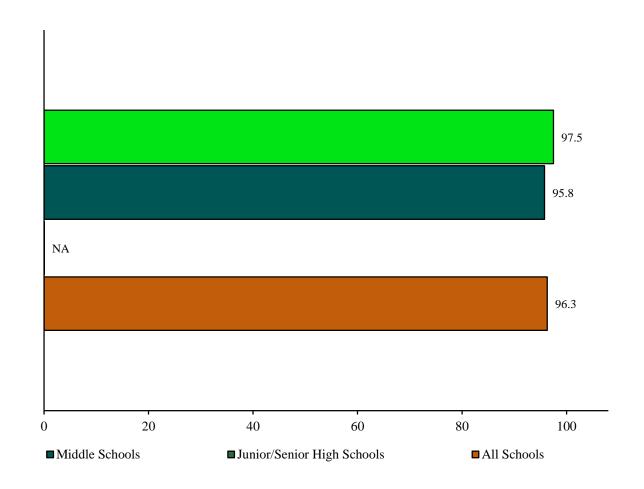
k. Nutrition

1. Other



### 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

25. Percentage of schools in which the lead health education teacher is certified, licensed, or endorsed by the state to teach health education in middle school or high school.



# 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

26. Percentage of schools in which the lead health education teacher had the following number of years of experience in teaching health education courses or topics.

3.9







