# 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

1. Percentage of schools in which students take the following number of required health education courses in grades 6 through 12.

		Hi	gh Schools		Mic	ldle Schools			:/Senior Hig Schools	gh	A	All Schools	
			95% Confidence			95% Confidence			95% Confidence			95% Confidence	
		Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
a.	0 courses	0.9	0.2 - 4.4	109	36.3	30.6 - 42.4	168	-	-	8	20.7	17.5 - 24.3	285
b.	1 course	69.8	62.3 - 76.3	109	33.3	27.5 - 39.8	168	-	-	8	49.0	44.3 - 53.6	285
c.	2 courses	15.6	10.8 - 22.0	109	5.9	3.5 - 9.9	168	-	-	8	10.6	7.9 - 14.1	285
d.	3 courses	4.3	1.8 - 9.7	109	16.2	12.0 - 21.5	168	-	-	8	11.3	8.6 - 14.9	285
e.	4 or more courses	9.5	5.6 - 15.8	109	8.2	5.3 - 12.6	168	-	-	8	8.4	6.0 - 11.7	285

<sup>-</sup> Results are suppressed due to insufficient number of respondents in subgroup.

# 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

1N. Percentage of schools in which students take two or more required health education courses in grades 6 through 12.

H	igh Schools		Mi	iddle Schools		Junior/Se	nior High Sc	hools	1	All Schools	
	95%			95%			95%			95%	
	Confidence			Confidence			Confidence			Confidence	
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
29.4	22.7 - 37.0	109	30.4	25.0 - 36.4	168	_	_	8	30.3	26.0 - 35.0	285

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<sup>-</sup> Results are suppressed due to insufficient number of respondents in subgroup.  $N = Unweighted \ number \ of \ observations$ 

### 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

2. Percentage of schools that taught a required health education course in each of the following grades.\*

		Hi	igh Schools		Mic	ldle Schools			:/Senior Hig Schools	;h	A	All Schools	
			95% Confidence			95% Confidence			95% Confidence			95% Confidence	
		Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
a.	Sixth grade	§	§	§	41.6	35.1 - 48.5	137	-	-	3	41.3	34.7 - 48.3	140
b.	Seventh grade	§	§	§	41.1	34.9 - 47.6	141	-	-	4	41.5	35.2 - 48.1	145
c.	Eighth grade	§	§	§	46.4	40.2 - 52.8	140	-	-	4	46.6	40.3 - 53.0	144
d.	Ninth grade	96.3	90.5 - 98.6	92	-	-	3	-	-	6	96.7	91.5 - 98.8	101
e.	Tenth grade	13.7	8.8 - 20.7	76	§	§	§	-	-	5	16.0	10.3 - 23.9	81
f.	Eleventh grade	13.7	8.8 - 20.7	76	§	§	§	-	-	4	14.5	9.3 - 21.9	80
g.	Twelfth grade	14.8	9.6 - 22.0	77	§	§	§	-	_	4	15.5	10.1 - 23.0	81

<sup>\*</sup>Among schools with students in that grade.

<sup>-</sup> Results are suppressed due to insufficient number of respondents in subgroup.

<sup>§</sup> Grade is not applicable for type of school.

N = Unweighted number of observations

### 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

3. Percentage of schools that require students who fail a required health education course to repeat it.\*

Н	igh Schools		Mi	ddle Schools		Junior/Se	nior High Sc	hools	1	All Schools	
	95%			95%			95%			95%	
	Confidence			Confidence			Confidence			Confidence	
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
96.9	92.1 - 98.8	108	31.7	25.0 - 39.2	104	_	_	8	68.1	64.0 - 71.9	220

<sup>\*</sup>Among schools in which students take one or more required health education courses in any of grades 6 through 12.

<sup>-</sup> Results are suppressed due to insufficient number of respondents in subgroup.

# 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

4. Percentage of schools in which those who teach health education are provided with each of the following materials.

		Hi	gh Schools		Mic	ldle Schools			:/Senior Hig Schools	gh	A	Il Schools	
			95% Confidence			95% Confidence			95% Confidence			95% Confidence	
		Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
a.	Goals, objectives, and expected outcomes for health education	91.9	86.1 - 95.4	111	79.2	73.5 - 83.9	167	-	-	8	85.2	81.4 - 88.2	286
b.	A chart describing the annual scope and sequence of instruction for health education	68.2	60.4 - 75.0	111	58.2	51.8 - 64.4	167	-	-	8	63.4	58.6 - 67.9	286
c.	Plans for how to assess student performance in health education	84.3	76.8 - 89.6	111	61.2	54.6 - 67.4	167	-	-	8	71.5	66.9 - 75.8	286
d.	A written health education curriculum	80.2	72.1 - 86.4	110	63.1	57.3 - 68.5	165	-	-	8	71.0	66.4 - 75.1	283

<sup>-</sup> Results are suppressed due to insufficient number of respondents in subgroup.

# 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

5. Percentage of schools in which the health education curriculum addresses each of the following skills.

		Hi	gh Schools		Mic	ddle Schools			/Senior Hig Schools	;h	A	All Schools	
			95%			95%			95%			95%	
		Percent	Confidence Interval	N	Percent	Confidence Interval	N	Percent	Confidence Interval	N	Percent	Confidence Interval	N
a.	Comprehending concepts related to health promotion and disease prevention to enhance health	97.0	92.2 - 98.9	109	86.1	81.5 - 89.7	163	-	-	8	91.1	88.2 - 93.3	280
b.	Analyzing the influence of family, peers, culture, media, technology, and other factors on health behaviors	97.0	92.2 - 98.9	109	85.5	80.8 - 89.2	163	-	-	8	90.8	87.8 - 93.1	280
c.	Accessing valid information and products and services to enhance health	96.1	91.2 - 98.3	109	81.3	76.3 - 85.4	163	-	-	8	88.0	84.9 - 90.6	280
d.	Using interpersonal communication skills to enhance health and avoid or reduce health risks	96.1	91.2 - 98.3	109	84.9	80.1 - 88.8	163	-	-	8	90.1	87.0 - 92.5	280
e.	Using decision-making skills to enhance health	97.0	92.2 - 98.9	109	84.8	80.3 - 88.5	162	-	-	8	90.4	87.5 - 92.7	279
f.	Using goal-setting skills to enhance health	96.1	91.2 - 98.3	109	84.9	80.1 - 88.8	163	-	-	8	90.1	87.0 - 92.5	280
g.	Practicing health-enhancing behaviors to avoid or reduce risks	97.0	92.2 - 98.9	109	85.5	80.7 - 89.2	162	-	-	8	90.7	87.7 - 93.0	279
h.	Advocating for personal, family, and community health	95.2	90.1 - 97.8	109	84.3	79.7 - 88.1	163	-	-	8	89.4	86.3 - 91.8	280

N = Unweighted number of observations

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<sup>-</sup> Results are suppressed due to insufficient number of respondents in subgroup.

# 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

6. Percentage of schools in which those who teach sexual health education are provided with each of the following materials.\*

		Hi	gh Schools		Mic	ldle Schools			/Senior Hig Schools	h	A	ll Schools	
			95% Confidence			95% Confidence		1	95% Confidence			95% Confidence	
		Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
a.	Goals, objectives, and expected outcomes for sexual health education	83.9	75.8 - 89.7	92	77.9	71.1 - 83.5	126	-	-	6	81.3	76.4 - 85.3	224
b.	A written health education curriculum that includes objectives and content addressing sexual health education	79.3	71.2 - 85.6	92	74.6	67.6 - 80.6	125	-	-	6	76.9	71.8 - 81.3	223
c.	A chart describing the annual scope and sequence of instruction for sexual health education	55.5	46.5 - 64.2	92	58.5	50.4 - 66.2	125	-	-	6	57.5	51.5 - 63.2	223
d.	Strategies that are age-appropriate, relevant, and actively engage students in learning	83.5	75.7 - 89.2	92	77.8	71.2 - 83.3	126	-	-	6	79.7	74.8 - 83.9	224
e.	Methods to assess student knowledge and skills related to sexual health education	83.5	76.2 - 89.0	92	68.4	61.1 - 75.0	126	-	-	6	75.3	70.2 - 79.9	224

<sup>\*</sup>Among schools that teach sexual health education.

<sup>-</sup> Results are suppressed due to insufficient number of respondents in subgroup.

N = Unweighted number of observations

### 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

7. Percentage of schools that provide curricula or supplementary materials that include HIV, STD, or pregnancy prevention information that is relevant to lesbian, gay, bisexual, transgender, and questioning youth.

Н	igh Schools		Mi	ddle Schools		Junior/Se	nior High Sc	hools	I	All Schools	
	95%			95%			95%			95%	
	Confidence			Confidence			Confidence			Confidence	
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
37.2	29.3 - 46.0	105	23.3	18.1 - 29.5	159	-	-	8	29.9	25.3 - 34.9	272

<sup>-</sup> Results are suppressed due to insufficient number of respondents in subgroup.

# 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

8. Percentage of schools in which health education instruction is required for students in any of grades 6 through 12.

H	igh Schools		Mi	ddle Schools		Junior/Se	nior High Sc	hools	1	All Schools	
	95%			95%			95%			95%	
	Confidence			Confidence			Confidence			Confidence	
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
94.3	89.0 - 97.2	109	59.6	53.5 - 65.5	166	_	_	8	75.2	71.3 - 78.7	283

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<sup>-</sup> Results are suppressed due to insufficient number of respondents in subgroup.  $N = Unweighted \ number \ of \ observations$ 

## 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

9. Percentage of schools in which teachers tried to increase student knowledge on each of the following topics in a required course in any of grades 6 through 12 during the current school year.

		Hi	gh Schools		Mic	ddle Schools			/Senior Hig Schools	gh	A	All Schools	
		Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N		95% Confidence Interval	N	Percent	95% Confidence Interval	N
a.	Alcohol- or other drug-use prevention	100.0	†	111	77.2	71.3 - 82.2	166	-	-	8	87.3	84.0 - 90.1	285
b.	Asthma	64.3	55.7 - 72.1	105	49.2	43.0 - 55.3	163	-	-	8	56.7	51.8 - 61.5	276
c.	Chronic disease prevention (e.g., diabetes, obesity prevention)	98.3	94.7 - 99.5	110	72.1	65.9 - 77.5	165	-	-	8	83.8	80.2 - 86.9	283
d.	Emotional and mental health	95.8	91.3 - 98.0	110	72.0	65.8 - 77.4	165	-	-	8	82.7	78.9 - 85.9	283
e.	Epilepsy or seizure disorder	51.6	43.8 - 59.3	108	29.0	24.0 - 34.5	163	-	-	8	39.9	35.5 - 44.4	279
f.	Food allergies	79.8	72.4 - 85.5	108	51.1	45.0 - 57.1	163	-	-	8	64.6	60.2 - 68.7	279
g.	Foodborne illness prevention	78.2	70.8 - 84.1	110	49.0	42.2 - 55.9	162	-	-	8	63.0	58.2 - 67.5	280
h.	Human immunodeficiency virus (HIV) prevention	95.7	91.1 - 97.9	109	63.4	56.5 - 69.7	161	-	-	8	77.5	73.2 - 81.2	278
i.	Human sexuality	83.1	77.0 - 87.8	108	48.2	41.9 - 54.6	160	-	_	8	63.5	59.2 - 67.5	276

<sup>-</sup> Results are suppressed due to insufficient number of respondents in subgroup.

<sup>†</sup> Confidence intervals not applicable for 0 percent or 100 percent.

N = Unweighted number of observations

## 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

9. Percentage of schools in which teachers tried to increase student knowledge on each of the following topics in a required course in any of grades 6 through 12 during the current school year.

		High Schools 95%		Mic	dle Schools			/Senior Hig Schools	gh	A	All Schools		
			95% Confidence			95% Confidence			95% Confidence			95% Confidence	
		Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
j.	Infectious disease prevention (e.g., influenza [flu] prevention)	92.4	87.8 - 95.3	111	65.1	58.6 - 71.1	166	-	-	8	77.6	73.5 - 81.1	285
k.	Injury prevention and safety	94.9	90.1 - 97.4	110	73.3	67.4 - 78.4	164	-	-	8	83.1	79.5 - 86.2	282
l.	Nutrition and dietary behavior	100.0	†	110	83.6	78.1 - 87.9	152	-	-	8	91.2	88.2 - 93.5	270
m.	Physical activity and fitness	100.0	†	111	89.5	84.6 - 92.9	153	-	-	8	94.4	91.8 - 96.2	272
n.	Pregnancy prevention	87.4	80.8 - 92.0	109	57.1	50.4 - 63.5	158	-	-	8	70.3	65.8 - 74.3	275
0.	Sexually transmitted disease (STD) prevention	97.4	93.3 - 99.0	109	60.9	54.1 - 67.3	161	-	-	8	76.8	72.7 - 80.5	278
p.	Suicide prevention	86.3	80.1 - 90.7	109	56.6	50.0 - 62.9	166	-	-	8	70.2	65.9 - 74.2	283
q.	Tobacco-use prevention	99.2	95.8 - 99.8	108	74.6	68.4 - 79.9	161	-	-	8	85.6	82.0 - 88.6	277
r.	Violence prevention (e.g., bullying, fighting, dating violence prevention)	97.0	92.3 - 98.9	110	79.9	74.2 - 84.7	165	-	-	8	87.7	84.2 - 90.5	283

<sup>-</sup> Results are suppressed due to insufficient number of respondents in subgroup.

<sup>†</sup> Confidence intervals not applicable for 0 percent or 100 percent.

N = Unweighted number of observations

## 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

10. Percentage of schools in which teachers taught each of the following tobacco-use prevention topics in a required course for students in any of grades 6 through 12 during the current school year.

		High Schools  95%		Mic	ddle Schools			r/Senior Hig Schools	h	A	All Schools		
			95% Confidence			95% Confidence			95% Confidence			95% Confidence	
		Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
a.	Identifying tobacco products and the harmful substances they contain	98.3	94.6 - 99.5	108	67.6	61.9 - 72.9	163	-	-	8	81.3	77.9 - 84.3	279
b.	Identifying short- and long-term health consequences of tobacco use	97.5	93.6 - 99.0	109	67.4	61.6 - 72.8	162	-	-	8	81.0	77.5 - 84.0	279
c.	Identifying social, economic, and cosmetic consequences of tobacco use	97.4	93.4 - 99.0	108	64.3	58.3 - 70.0	162	-	-	8	79.2	75.6 - 82.4	278
d.	Understanding the addictive nature of nicotine	97.4	93.4 - 99.0	108	66.4	61.0 - 71.5	163	-	-	8	80.3	77.0 - 83.2	279
e.	Effects of nicotine on the adolescent brain	94.0	90.1 - 96.5	109	64.3	58.4 - 69.9	162	-	-	8	77.3	73.6 - 80.7	279
f.	Effects of tobacco use on athletic performance	92.6	86.9 - 95.9	108	64.2	58.2 - 69.9	162	-	-	8	76.7	72.6 - 80.3	278
g.	Effects of second-hand smoke and benefits of a smoke-free environment	96.1	91.1 - 98.3	108	66.0	60.2 - 71.4	161	-	-	8	79.6	76.0 - 82.8	277
h.	Understanding the social influences on tobacco use, including media, family, peers, and culture	97.4	93.4 - 99.0	108	67.8	62.2 - 73.0	161	-	-	8	81.2	77.8 - 84.1	277
i.	Identifying reasons why students do and do not use tobacco	96.6	92.4 - 98.5	109	68.6	63.2 - 73.6	162	-	-	8	81.3	78.0 - 84.2	279
j.	Making accurate assessments of how many peers use tobacco	87.1	81.2 - 91.3	109	56.1	50.1 - 62.0	161	-	-	8	70.5	66.5 - 74.3	278

N = Unweighted number of observations

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<sup>-</sup> Results are suppressed due to insufficient number of respondents in subgroup.

## 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

10. Percentage of schools in which teachers taught each of the following tobacco-use prevention topics in a required course for students in any of grades 6 through 12 during the current school year.

		High Schools 95%			Mic	dle Schools			:/Senior Hig Schools	h	A	Il Schools	
			95% Confidence			95% Confidence			95% Confidence			95% Confidence	
		Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
k.	Using interpersonal communication skills to avoid tobacco use (e.g., refusal skills, assertiveness)	94.8	90.0 - 97.4	109	65.5	59.7 - 70.9	162	-	-	8	78.9	75.2 - 82.1	279
l.	Using goal-setting and decision-making skills related to not using tobacco	94.0	89.1 - 96.8	110	65.8	59.9 - 71.2	163	-	-	8	78.7	75.0 - 82.0	281
m.	Finding valid information and services related to tobacco-use prevention and cessation	88.6	82.7 - 92.6	111	55.4	49.7 - 61.0	163	-	-	8	70.8	67.0 - 74.3	282
n.	Supporting others who abstain from or want to quit using tobacco	93.9	88.9 - 96.8	108	57.0	50.9 - 62.9	162	-	-	8	73.7	69.9 - 77.2	278
0.	Identifying harmful effects of tobacco use on fetal development	91.0	85.1 - 94.8	109	60.8	54.8 - 66.4	160	-	-	8	74.2	70.2 - 77.9	277
p.	Relationship between using tobacco and alcohol or other drugs	95.3	90.2 - 97.8	108	65.0	59.2 - 70.3	162	-	-	8	78.7	75.0 - 81.9	278
q.	How addiction to tobacco use can be treated	94.1	89.2 - 96.8	109	61.1	55.2 - 66.7	161	-	-	8	76.2	72.4 - 79.5	278
r.	Understanding school policies and community laws related to the sale and use of tobacco products	88.9	82.3 - 93.2	109	62.5	56.8 - 67.9	162	-	-	8	74.8	70.8 - 78.3	279
ŝ.	Benefits of tobacco cessation programs	82.0	75.1 - 87.3	109	46.1	40.2 - 52.2	161	-	-	8	62.4	58.1 - 66.6	278

<sup>-</sup> Results are suppressed due to insufficient number of respondents in subgroup.

# 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

10N. Percentage of schools that taught all 19 tobacco-use prevention topics during the current school year.\*

Н	igh Schools		Mi	ddle Schools		Junior/Se	nior High Sc	hools	1	All Schools	
	95%			95%			95%			95%	
	Confidence			Confidence			Confidence			Confidence	
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
72.5 65.5 - 78.5 111			38.1	32.6 - 43.9	161	_	-	8	54.3	50.0 - 58.5	280

<sup>\*</sup>Responses to question 10 a through s all are "yes."

<sup>-</sup> Results are suppressed due to insufficient number of respondents in subgroup.

## 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

11. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course in any of grades 6, 7, or 8 during the current school year.

		Hig	gh Schools		Mic	ddle Schools			:/Senior Hig Schools	gh	A	All Schools	
		Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
a.	How HIV and other STDs are transmitted	§	§	§	54.2	47.1 - 61.2		-	-	5	54.4	47.5 - 61.0	- '
b.	Health consequences of HIV, other STDs, and pregnancy	§	§	§	55.0	47.9 - 61.9	129	-	-	5	55.1	48.3 - 61.7	134
c.	The benefits of being sexually abstinent	§	§	§	54.3	46.9 - 61.5	129	-	-	5	54.4	47.4 - 61.3	134
d.	How to access valid and reliable health information, products, and services related to HIV, other STDs, and pregnancy	§	§	§	46.7	39.8 - 53.8	128	-	-	5	47.3	40.6 - 54.0	133
e.	The influences of family, peers, media, technology and other factors on sexual risk behaviors	§	§	§	56.3	48.9 - 63.5	128	-	-	5	56.4	49.3 - 63.2	133
f.	Communication and negotiation skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy	§	§	§	52.6	45.4 - 59.8	129	-	-	5	52.8	45.9 - 59.7	134

<sup>-</sup> Results are suppressed due to insufficient number of respondents in subgroup.

<sup>§</sup> Grade is not applicable for type of school.

N = Unweighted number of observations

## 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

11. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course in any of grades 6, 7, or 8 during the current school year.

		Hig	gh Schools		Mic	dle Schools			/Senior Hig Schools	h	A	All Schools	
			95% Confidence			95% Confidence			95% Confidence			95% Confidence	
		Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
g.	Goal-setting and decision-making skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy	§	§	§	53.6	46.3 - 60.6	129	-	-	5	53.7	46.8 - 60.5	134
h.	Influencing and supporting others to avoid or reduce sexual risk behaviors	§	§	§	49.6	42.3 - 56.9	129	-	-	5	50.0	43.0 - 57.0	134
i.	Efficacy of condoms, that is, how well condoms work and do not work	§	§	§	40.4	33.8 - 47.3	129	-	-	5	41.3	34.9 - 47.9	134
j.	The importance of using condoms consistently and correctly	§	§	§	30.8	25.0 - 37.2	130	-	-	5	32.2	26.5 - 38.4	135
k.	How to obtain condoms	§	§	§	14.6	10.1 - 20.6	130	-	-	5	15.7	11.0 - 21.8	135
l.	How to correctly use a condom	§	§	§	13.9	9.4 - 20.1	130	-	-	5	15.0	10.3 - 21.3	135

<sup>-</sup> Results are suppressed due to insufficient number of respondents in subgroup.

<sup>§</sup> Grade is not applicable for type of school.

N = Unweighted number of observations

## 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

11. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course in any of grades 6, 7, or 8 during the current school year.

		Hiş	gh Schools		Mic	ddle Schools			/Senior Hig Schools	gh	A	ll Schools	
			95% Confidence	NT	D	95% Confidence	NT		95% Confidence	NT	D	95% Confidence	
		Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
m.	Methods of contraception other than condoms	§	§	§	33.9	28.1 - 40.3	130	-	-	5	35.1	29.4 - 41.3	135
n.	The importance of using a condom at the same time as another form of contraception to prevent both STDs and pregnancy	§	§	§	25.5	20.2 - 31.5	130	-	-	5	27.1	21.9 - 33.0	135
0.	How to create and sustain healthy and respectful relationships	§	§	§	55.7	47.8 - 63.3	126	-	-	5	55.7	48.2 - 63.0	131
p.	The importance of limiting the number of sexual partners	§	§	§	43.4	36.4 - 50.7	127	-	-	5	44.1	37.4 - 51.1	132
q.	Preventive care (such as screenings and immunizations) that is necessary to maintain reproductive and sexual health	§	§	§	41.3	34.7 - 48.2	128	-	-	5	42.1	35.7 - 48.7	133
r.	Sexual orientation	§	§	§	16.5	11.7 - 22.7	127	-	-	5	18.6	13.8 - 24.7	132
s.	Gender roles, gender identity, or gender expression	§	§	§	17.3	12.4 - 23.6	126	-	-	5	19.4	14.5 - 25.6	131

<sup>-</sup> Results are suppressed due to insufficient number of respondents in subgroup.

<sup>§</sup> Grade is not applicable for type of school.

N = Unweighted number of observations

## 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

11. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course in any of grades 9, 10, 11, or 12 during the current school year.

		High Schools 95%			Mid	dle Schools			/Senior Hig Schools	gh	A	All Schools	
			95% Confidence			95% Confidence			95% Confidence			95% Confidence	
		Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
a.	How HIV and other STDs are transmitted	96.9	92.1 - 98.8	91	-	-	3	-	-	6	96.3	91.8 - 98.4	100
b.	Health consequences of HIV, other STDs, and pregnancy	96.9	92.2 - 98.8	92	-	-	3	-	-	6	97.2	93.0 - 98.9	101
c.	The benefits of being sexually abstinent	97.9	93.3 - 99.3	90	-	-	3	-	-	6	98.1	94.0 - 99.4	99
d.	How to access valid and reliable health information, products, and services related to HIV, other STDs, and pregnancy	90.7	84.2 - 94.7	92	-	-	3	-	-	6	90.8	84.8 - 94.6	101
e.	The influences of family, peers, media, technology and other factors on sexual risk behaviors	94.8	89.2 - 97.5	91	-	-	3	-	-	6	93.5	88.2 - 96.5	100
f.	Communication and negotiation skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy	94.8	89.4 - 97.5	91	-	-	3	-	-	6	93.6	88.3 - 96.6	100

N = Unweighted number of observations

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<sup>-</sup> Results are suppressed due to insufficient number of respondents in subgroup.

## 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

11. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course in any of grades 9, 10, 11, or 12 during the current school year.

		Hi	gh Schools		Mid	dle Schools			/Senior Hig Schools	;h	A	All Schools	
			95% Confidence			95% Confidence			95% Confidence			95% Confidence	
		Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
g.	Goal-setting and decision-making skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy	93.7	87.9 - 96.8	91	-	-	3	-	-	6	93.5	88.1 - 96.5	100
h.	Influencing and supporting others to avoid or reduce sexual risk behaviors	94.8	89.4 - 97.5	91	-	-	3	-	-	6	94.5	89.4 - 97.2	100
i.	Efficacy of condoms, that is, how well condoms work and do not work	76.6	68.3 - 83.4	92	-	-	3	-	-	6	76.0	67.9 - 82.5	101
j.	The importance of using condoms consistently and correctly	63.7	55.1 - 71.5	92	-	-	3	-	-	6	64.4	56.2 - 71.8	101
k.	How to obtain condoms	46.0	37.7 - 54.6	92	-	-	3	-	-	6	47.2	38.9 - 55.6	101
l.	How to correctly use a condom	42.0	34.1 - 50.3	92	-	-	3	-	-	6	42.2	34.2 - 50.6	101

<sup>-</sup> Results are suppressed due to insufficient number of respondents in subgroup.

## 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

11. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course in any of grades 9, 10, 11, or 12 during the current school year.

		Hi	gh Schools		Mid	dle Schools			/Senior Hig Schools	gh	A	All Schools	
			95% Confidence			95% Confidence			95% Confidence		_	95% Confidence	
		Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
m.	Methods of contraception other than condoms	71.0	62.6 - 78.1	92	-	-	3	-	-	6	69.5	61.1 - 76.7	101
n.	The importance of using a condom at the same time as another form of contraception to prevent both STDs and pregnancy	61.2	52.6 - 69.1	92	-	-	3	-	-	6	60.7	52.2 - 68.6	101
0.	How to create and sustain healthy and respectful relationships	97.9	93.4 - 99.3	91	-	-	3	-	-	6	97.2	93.0 - 98.9	100
p.	The importance of limiting the number of sexual partners	90.0	82.9 - 94.4	91	-	-	3	-	-	6	89.7	82.8 - 94.0	100
q.	Preventive care (such as screenings and immunizations) that is necessary to maintain reproductive and sexual health	88.6	81.6 - 93.1	91	-	-	3	-	-	6	88.0	81.5 - 92.4	100
r.	Sexual orientation	46.0	36.9 - 55.4	90	-	-	3	-	-	6	47.2	38.3 - 56.3	99
S.	Gender roles, gender identity, or gender expression	49.1	40.3 - 58.0	90	-	-	3	-	-	6	49.0	40.3 - 57.7	99

<sup>-</sup> Results are suppressed due to insufficient number of respondents in subgroup.

## 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

11N 1. Percentage of schools that taught all 19 HIV, STD, and pregnancy prevention topics in any of grades 6, 7, or 8 during the current school year.\*

Н	igh Schools		Mi	ddle Schools		Junior/Se	nior High Sc	hools	A	All Schools	
	95%			95%			95%			95%	
	Confidence			Confidence			Confidence			Confidence	
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
8	8	8	8.4	5.1 - 13.6	130	_	_	5	9.9	6.2 - 15.3	135

<sup>\*</sup>Responses to question 11 a through s all are "yes."

<sup>-</sup> Results are suppressed due to insufficient number of respondents in subgroup.

<sup>§</sup> Grade is not applicable for type of school.

### 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

11N 2. Percentage of schools that taught all 19 HIV, STD, and pregnancy prevention topics in any of grades 9, 10, 11, or 12 during the current school year.\*

Н	igh Schools		Mic	ldle Schools		Junior/Se	nior High Sc	hools	1	All Schools	
	95%			95%			95%			95%	
	Confidence			Confidence			Confidence			Confidence	
Percent			Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
27.2 19.5 - 36.4 89			_	_	3	_	_	6	28.0	20.3 - 37.2	98

<sup>\*</sup>Responses to question 11 a through s all are "yes."

<sup>-</sup> Results are suppressed due to insufficient number of respondents in subgroup.

## 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

12. Percentage of schools in which teachers assessed the ability of students to do each of the following in a required course for students in any of grades 6, 7, or 8 during the current school year.

		Hiş	gh Schools		Mic	ddle Schools			/Senior Hig Schools	h	A	Il Schools	
			95% Confidence			95% Confidence			95% Confidence			95% Confidence	
		Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
a.	Comprehend concepts important to prevent HIV, other STDs, and pregnancy	§	§	§	51.0	43.7 - 58.3	129	-	-	5	52.5	45.2 - 59.7	134
b.	Analyze the influence of family, peers, culture, media, technology, and other factors on sexual risk behaviors	§	§	§	49.5	42.1 - 56.9	129	-	-	5	51.0	43.7 - 58.3	134
c.	Access valid information, products, and services to prevent HIV, other STDs, and pregnancy	§	§	§	41.8	35.0 - 48.9	129	-	-	5	42.6	36.1 - 49.4	134
d.	Use interpersonal communication skills to avoid or reduce sexual risk behaviors	§	§	§	50.0	42.6 - 57.4	128	-	-	5	51.5	44.1 - 58.8	133
e.	Use decision-making skills to prevent HIV, other STDs, and pregnancy	§	§	§	51.4	44.1 - 58.8	128	-	-	5	52.9	45.6 - 60.1	133
f.	Set personal goals that enhance health, take steps to achieve these goals, and monitor progress in achieving them	§				50.9 - 65.0	129	-	-	5	59.2	52.0 - 66.0	134
g.	Influence and support others to avoid or reduce sexual risk behaviors	§	§	§	49.9	42.2 - 57.6	128	-	-	5	51.4	43.8 - 58.9	133

<sup>-</sup> Results are suppressed due to insufficient number of respondents in subgroup.

<sup>§</sup> Grade is not applicable for type of school.

N = Unweighted number of observations

## 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

12. Percentage of schools in which teachers assessed the ability of students to do each of the following in a required course for students in any of grades 9, 10, 11, or 12 during the current school year.

		Hi	gh Schools		Mid	dle Schools			/Senior Hig Schools	;h	A	Il Schools	
			95% Confidence			95% Confidence			95% Confidence			95% Confidence	
		Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
a.	Comprehend concepts important to prevent HIV, other STDs, and pregnancy	93.9	88.2 - 96.9	93	-	-	3	-	-	6	93.6	88.4 - 96.6	102
b.	Analyze the influence of family, peers, culture, media, technology, and other factors on sexual risk behaviors	90.8	84.4 - 94.8	93	-	-	3	-	-	6	90.9	85.0 - 94.6	102
c.	Access valid information, products, and services to prevent HIV, other STDs, and pregnancy	87.8	80.7 - 92.5	93	-	-	3	-	-	6	84.5	77.0 - 89.9	102
d.	Use interpersonal communication skills to avoid or reduce sexual risk behaviors	91.8	85.6 - 95.5	93	-	-	3	-	-	6	91.8	86.1 - 95.3	102
e.	Use decision-making skills to prevent HIV, other STDs, and pregnancy	90.9	84.4 - 94.8	93	-	-	3	-	-	6	91.0	85.1 - 94.7	102
f.	Set personal goals that enhance health, take steps to achieve these goals, and monitor progress in achieving them	91.8				-	3	-	-	6	91.8	86.0 - 95.3	102
g.	Influence and support others to avoid or reduce sexual risk behaviors	87.7	80.5 - 92.5	92	-	-	3	-	-	6	88.1	81.5 - 92.6	101

N = Unweighted number of observations

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<sup>-</sup> Results are suppressed due to insufficient number of respondents in subgroup.

# 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

13. Percentage of schools in which teachers taught each of the following nutrition and dietary behavior topics in a required course for students in any of grades 6 through 12 during the current school year.

		High Schools  95% Confidence		Mic	idle Schools			r/Senior Hig Schools	h	A	Il Schools		
			95% Confidence			95% Confidence			95% Confidence			95% Confidence	
		Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
a.	Benefits of healthy eating	99.2	95.8 - 99.8	109	74.7	68.7 - 80.0	154	-	-	8	86.0	82.6 - 88.9	271
b.	Benefits of drinking plenty of water	99.2	95.8 - 99.8	109	76.2	69.8 - 81.6	151	-	-	8	86.9	83.3 - 89.8	268
c.	Benefits of eating breakfast every day	97.0	92.2 - 98.9	109	74.7	68.6 - 80.0	154	-	-	8	85.1	81.5 - 88.1	271
d.	Food guidance using the current Dietary Guidelines for Americans (e.g., MyPlate, MyPyramid)	98.4	94.8 - 99.5	109	71.0	64.7 - 76.6	155	-	-	8	83.6	80.0 - 86.7	272
e.	Using food labels	97.0	92.2 - 98.9	109	71.9	65.6 - 77.5	153	-	-	8	83.6	79.9 - 86.8	270
f.	Differentiating between nutritious and non-nutritious beverages	97.9	93.1 - 99.4	109	74.0	67.7 - 79.4	154	-	-	8	84.5	80.7 - 87.7	271
g.	Balancing food intake and physical activity	99.2	95.8 - 99.8	109	74.8	68.7 - 80.1	155	-	-	8	86.0	82.6 - 88.9	272
h.	Eating more fruits, vegetables, and whole grain products	98.4	94.9 - 99.5	110	72.8	66.4 - 78.3	154	-	-	8	84.7	81.0 - 87.7	272
i.	Choosing foods and snacks that are low in solid fat (i.e., saturated and trans fat)	97.1	92.4 - 98.9	110	71.7	65.5 - 77.1	155	-	-	8	83.5	79.9 - 86.6	273
j.	Choosing foods, snacks, and beverages that are low in added sugars	97.1	92.4 - 98.9	110	72.5	66.3 - 77.9	156	-	-	8	83.9	80.2 - 87.0	274
k.	Choosing foods and snacks that are low in sodium	97.1	92.4 - 98.9	110	71.2	65.0 - 76.7	156	-	-	8	83.2	79.5 - 86.3	274

<sup>-</sup> Results are suppressed due to insufficient number of respondents in subgroup.

## 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

13. Percentage of schools in which teachers taught each of the following nutrition and dietary behavior topics in a required course for students in any of grades 6 through 12 during the current school year.

		Hi	gh Schools		Mic	idle Schools			r/Senior Hig Schools	h	A	All Schools	
			95% Confidence			95% Confidence			95% Confidence			95% Confidence	
		Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
l.	Eating a variety of foods that are high in calcium	90.6	84.3 - 94.5	110	67.7	61.2 - 73.6	155	-	-	8	78.6	74.4 - 82.3	273
m.	Eating a variety of foods that are high in iron	88.9	82.4 - 93.2	110	65.5	58.8 - 71.7	154	-	-	8	76.8	72.4 - 80.7	272
n.	Food safety	89.8	83.5 - 93.9	110	67.7	61.1 - 73.7	152	-	-	8	78.4	74.2 - 82.2	270
0.	Preparing healthy meals and snacks	94.5	89.3 - 97.3	110	70.4	63.9 - 76.1	155	-	-	8	81.7	77.8 - 85.1	273
p.	Risks of unhealthy weight control practices	98.4	94.9 - 99.5	110	75.4	69.5 - 80.4	154	-	-	8	86.1	82.7 - 88.8	272
q.	Accepting body size differences	95.8	91.3 - 98.0	110	70.8	64.3 - 76.5	154	-	-	8	82.5	78.7 - 85.8	272
r.	Signs, symptoms, and treatment for eating disorders	95.0	91.3 - 97.1	110	65.3	58.9 - 71.2	155	-	-	8	79.1	75.4 - 82.5	273
s.	Relationship between diet and chronic diseases	94.9	91.3 - 97.1	109	67.2	60.7 - 73.0	155	-	-	7	80.0	76.1 - 83.3	271
t.	Assessing body mass index (BMI)	95.8	91.3 - 98.0	110	69.2	62.6 - 75.0	155	-	-	8	81.6	77.7 - 84.9	273

<sup>-</sup> Results are suppressed due to insufficient number of respondents in subgroup.

# 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

13N. Percentage of schools that taught all 20 nutrition and dietary behavior topics during the current school year.\*

Н	igh Schools		Mi	iddle Schools		Junior/Se	nior High Sc	hools	1	All Schools	
	95%			95%			95%			95%	
	Confidence			Confidence			Confidence			Confidence	
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
80.4	73.0 - 86.2	108	52.8	46.4 - 59.2	155	_	-	7	65.5	60.8 - 69.9	270

<sup>\*</sup>Responses to question 13 a through t all are "yes."

<sup>-</sup> Results are suppressed due to insufficient number of respondents in subgroup.

## 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

14. Percentage of schools in which teachers taught each of the following physical activity topics in a required course for students in any of grades 6 through 12 during the current school year.

		Hi	gh Schools		Mic	ddle Schools			:/Senior Hig Schools	h	A	Il Schools	
			95% Confidence			95% Confidence			95% Confidence			95% Confidence	
		Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
a.	Short-term and long-term benefits of physical activity, including reducing the risks for chronic disease	98.3	94.8 - 99.5	111	81.8	76.2 - 86.3	154	-	-	8	89.5	86.4 - 92.0	273
b.	Mental and social benefits of physical activity	99.2	95.9 - 99.8	111	81.2	75.5 - 85.8	155	-	-	8	89.5	86.4 - 92.0	274
c.	Health-related fitness (i.e., cardiorespiratory endurance, muscular endurance, muscular strength, flexibility, and body composition)	99.2	95.9 - 99.8	111	84.1	79.2 - 88.0	152	-	-	8	91.2	88.5 - 93.3	271
d.	Phases of a workout (i.e., warm-up, workout, cool down)	96.7	92.5 - 98.5	111	81.6	76.9 - 85.6	153	-	-	8	88.8	85.9 - 91.1	272
e.	Recommended amounts and types of moderate, vigorous, muscle-strengthening, and bone-strengthening physical activity	93.3	88.2 - 96.3	111	80.7	75.5 - 85.1	152	-	-	8	86.9	83.5 - 89.6	271
f.	Decreasing sedentary activities (e.g., television viewing, using video games)	97.4	93.5 - 99.0	111	82.0	76.4 - 86.6	152	-	-	8	89.3	86.1 - 91.9	271
g.	Preventing injury during physical activity	95.8	91.3 - 98.0	111	81.5	76.1 - 85.9	152	-	-	8	88.3	85.1 - 90.9	271

N = Unweighted number of observations

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<sup>-</sup> Results are suppressed due to insufficient number of respondents in subgroup.

## 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

14. Percentage of schools in which teachers taught each of the following physical activity topics in a required course for students in any of grades 6 through 12 during the current school year.

		Hi	igh Schools		Mic	dle Schools			/Senior Hig Schools	gh	A	ll Schools	
			95% Confidence			95% Confidence		1	95% Confidence			95% Confidence	
		Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
h.	Weather-related safety (e.g., avoiding heat stroke, hypothermia, and sunburn while physically active)	94.2	89.3 - 96.9	111	68.4	62.4 - 73.8	155	-	-	8	80.5	76.9 - 83.8	274
i.	Dangers of using performance-enhancing drugs (e.g., steroids)	95.0	90.4 - 97.5	111	67.8	61.4 - 73.6	156	-	-	8	80.5	76.7 - 83.9	275
j.	Increasing daily physical activity	100.0	†	110	85.2	80.1 - 89.1	149	-	-	8	92.1	89.4 - 94.2	267
k.	Incorporating physical activity into daily life (without relying on a structured exercise plan or special equipment)	100.0	†	111	83.1	78.4 - 87.0	149	-	-	8	91.1	88.6 - 93.1	268
l.	Using safety equipment for specific physical activities	89.0	83.6 - 92.8	111	75.8	70.4 - 80.4	153	-	-	8	82.4	78.9 - 85.5	272
m.	Benefits of drinking water before, during, and after physical activity	98.3	94.8 - 99.5	111	85.3	80.2 - 89.2	150	-	-	8	91.5	88.6 - 93.7	269

<sup>-</sup> Results are suppressed due to insufficient number of respondents in subgroup.

<sup>†</sup> Confidence intervals not applicable for 0 percent or 100 percent.

N = Unweighted number of observations

# 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

14N. Percentage of schools that taught all 13 physical activity topics during the current school year.\*

Н	igh Schools		Mi	ddle Schools		Junior/Se	nior High Sc	hools	A	All Schools	
	95%			95%			95%			95%	
	Confidence			Confidence			Confidence			Confidence	
Percent Interval N		N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
84.8	78.9 - 89.3	110	57.8	51.6 - 63.7	154	_	_	8	70.9	66.8 - 74.7	272

<sup>\*</sup>Responses to question 14 a through m all are "yes."

<sup>-</sup> Results are suppressed due to insufficient number of respondents in subgroup.

## 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

15. Percentage of schools in which health education staff worked with the following groups on health education activities during the current school year.

		Hi	igh Schools		Mic	idle Schools			:/Senior Hig Schools	gh	A	ll Schools	
			95% Confidence			95% Confidence			95% Confidence			95% Confidence	
		Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
a.	Physical education staff	91.6	86.0 - 95.0	111	78.3	72.9 - 82.9	165	-	-	8	84.1	80.4 - 87.2	284
b.	Health services staff (e.g., nurses)	55.4	47.3 - 63.3	109	53.8	47.5 - 60.0	164	-	-	8	55.3	50.3 - 60.1	281
c.	Mental health or social services staff (e.g., psychologists, counselors, social workers)	46.6	39.1 - 54.4	109	43.8	37.4 - 50.3	163	-	-	8	45.8	41.0 - 50.7	280
d.	Nutrition or food service staff	34.6	27.5 - 42.4	110	39.1	33.1 - 45.3	164	-	-	8	38.3	33.8 - 43.1	282
e.	School health council, committee, or team	32.5	25.4 - 40.5	110	38.1	31.7 - 45.1	163	-	-	8	36.4	31.7 - 41.4	281

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<sup>-</sup> Results are suppressed due to insufficient number of respondents in subgroup.  $N = Unweighted \ number \ of \ observations$ 

## 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

16. Percentage of schools that provided parents and families with health information designed to increase parent and family knowledge of the following topics during the current school year.

		Hi	High Schools 95%			ldle Schools			/Senior Hig Schools	;h	A	Il Schools	
			95% Confidence			95% Confidence			95% Confidence			95% Confidence	
		Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
a.	HIV prevention, STD prevention, or teen pregnancy prevention	37.6	30.3 - 45.5	111	23.9	18.8 - 29.8	164	-	-	8	30.1	25.7 - 34.9	283
b.	Tobacco-use prevention	33.9	26.9 - 41.6	111	25.1	20.1 - 30.8	163	-	-	8	30.3	26.0 - 35.0	282
c.	Alcohol- or other drug-use prevention	38.9	31.2 - 47.3	111	27.1	22.3 - 32.5	162	-	-	8	33.5	29.1 - 38.2	281
d.	Physical activity	53.8	45.1 - 62.2	111	52.5	45.6 - 59.3	164	-	-	8	54.1	48.7 - 59.3	283
e.	Nutrition and healthy eating	38.9	31.7 - 46.7	111	42.3	35.9 - 49.1	163	-	-	8	41.9	37.0 - 46.9	282
f.	Asthma	21.1	15.6 - 27.9	111	22.3	17.4 - 28.0	162	-	-	8	22.0	18.2 - 26.3	281
g.	Food allergies	20.7	15.6 - 26.8	111	24.0	19.1 - 29.8	163	-	-	8	23.3	19.5 - 27.5	282
h.	Diabetes	22.5	16.7 - 29.6	110	23.9	18.9 - 29.7	163	-	-	8	24.5	20.4 - 29.1	281
i.	Preventing student bullying and sexual harassment, including electronic aggression (i.e., cyber-bullying)	57.2	48.6 - 65.3	111	54.1	47.3 - 60.6	163	-	-	8	56.3	51.1 - 61.4	282

N = Unweighted number of observations

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<sup>-</sup> Results are suppressed due to insufficient number of respondents in subgroup.

### 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

17. Percentage of schools in which teachers have given students homework assignments or health education activities to do at home with their parents during the current school year.

Н	ligh Schools		Mi	ddle Schools		Junior/Se	nior High Sc	hools	A	All Schools	
	95%			95%			95%			95%	
	Confidence			Confidence			Confidence			Confidence	
Percent			Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
57 4	49 5 - 64 9	108	51.3	45.0 - 57.5	162	_	_	6	54.8	50 0 - 59 5	276

<sup>-</sup> Results are suppressed due to insufficient number of respondents in subgroup.

## 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

18. Percentage of schools in which the lead health education teacher received professional development (e.g., workshops, conferences, continuing education, or any other kind of in-service) on each of the following topics during the past two years.

		High Schools  95%		Mic	ddle Schools			r/Senior Hig Schools	gh	A	All Schools		
			95% Confidence			95% Confidence			95% Confidence			95% Confidence	
		Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
a.	Alcohol- or other drug-use prevention	27.9	21.6 - 35.2	110	27.2	21.9 - 33.2	163	-	-	8	28.5	24.4 - 33.0	281
b.	Asthma	16.3	10.8 - 23.7	110	17.1	12.8 - 22.6	163	-	-	8	17.1	13.5 - 21.5	281
c.	Chronic disease prevention (e.g., diabetes, obesity prevention)	22.3	16.3 - 29.6	110	22.2	17.5 - 27.8	163	-	-	8	22.4	18.6 - 26.8	281
d.	Emotional and mental health	26.2	19.4 - 34.2	110	25.0	19.8 - 31.1	165	-	-	8	26.1	21.7 - 30.9	283
e.	Epilepsy or seizure disorder	24.0	17.7 - 31.7	110	20.8	16.3 - 26.3	164	-	-	8	22.3	18.4 - 26.8	282
f.	Food allergies	21.0	14.9 - 28.6	110	20.4	15.6 - 26.1	162	-	-	8	20.8	16.9 - 25.4	280
g.	Foodborne illness prevention	13.6	9.0 - 20.1	110	12.3	8.6 - 17.1	163	-	-	8	13.4	10.3 - 17.2	281
h.	HIV prevention	32.9	25.6 - 41.3	110	25.6	20.5 - 31.5	164	-	-	8	29.1	24.7 - 34.0	282
i.	Human sexuality	33.8	26.3 - 42.2	110	20.4	15.6 - 26.2	163	-	-	8	26.6	22.3 - 31.5	281

N = Unweighted number of observations

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<sup>-</sup> Results are suppressed due to insufficient number of respondents in subgroup.

## 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

18. Percentage of schools in which the lead health education teacher received professional development (e.g., workshops, conferences, continuing education, or any other kind of in-service) on each of the following topics during the past two years.

		Hi	igh Schools		Mic	ddle Schools			r/Senior Hig Schools	gh	A	All Schools	
			95% Confidence			95% Confidence			95% Confidence			95% Confidence	<u>;</u>
		Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
j.	Infectious disease prevention (e.g., flu prevention)	22.2	16.5 - 29.2	110	22.6	17.8 - 28.3	164	-	-	8	22.6	18.8 - 26.9	282
k.	Injury prevention and safety	41.6	34.1 - 49.6	110	26.3	20.9 - 32.5	163	-	-	8	32.6	28.1 - 37.4	281
l.	Nutrition and dietary behavior	21.1	14.8 - 29.1	109	25.6	20.3 - 31.8	164	-	-	8	24.4	20.1 - 29.2	281
m.	Physical activity and fitness	40.6	32.6 - 49.2	110	50.0	43.6 - 56.4	165	-	-	8	45.3	40.3 - 50.4	283
n.	Pregnancy prevention	29.0	21.9 - 37.3	110	21.5	16.6 - 27.4	163	-	-	8	24.8	20.5 - 29.6	281
0.	STD prevention	32.9	25.5 - 41.2	110	23.1	18.2 - 28.8	164	-	-	8	27.7	23.4 - 32.6	282
p.	Suicide prevention	27.4	21.0 - 34.8		28.4	23.2 - 34.3		-	-	8	28.9	24.8 - 33.5	
q.	Tobacco-use prevention	16.3	11.1 - 23.4		15.6	11.3 - 21.1		-	-	8	17.4	13.9 - 21.6	
r.	Violence prevention (e.g., bullying, fighting, dating violence prevention)	40.6	33.6 - 47.9	109	46.1	39.6 - 52.8	163	-	-	7	43.9	39.2 - 48.6	279

<sup>-</sup> Results are suppressed due to insufficient number of respondents in subgroup.

## 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

19. Percentage of schools in which the lead health education teacher received professional development (such as workshops, conferences, continuing education, or any other kind of in-service) on each of the following topics during the past two years.

		Hi	gh Schools		Mic	ddle Schools			/Senior Hig Schools	<b>gh</b>	A	Il Schools	
			95% Confidence			95% Confidence			95% Confidence			95% Confidence	
		Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
a.	Teaching students with physical, medical, or cognitive disabilities	42.4	34.0 - 51.3	110	39.0	33.4 - 44.8	163	-	-	8	41.8	37.0 - 46.8	281
b.	Teaching students of various cultural backgrounds	42.5	34.7 - 50.8	109	45.8	40.2 - 51.5	163	-	-	8	45.3	40.5 - 50.1	280
c.	Teaching students with limited English proficiency	44.4	36.9 - 52.1	110	38.0	32.1 - 44.3	163	-	-	8	41.2	36.4 - 46.2	281
d.	Teaching students of different sexual orientations or gender identities	12.3	7.9 - 18.6	107	11.5	8.0 - 16.4	157	-	-	8	12.5	9.4 - 16.3	272
e.	Using interactive teaching methods (e.g., role plays, cooperative group activities)	53.9	45.6 - 62.0	110	53.5	47.2 - 59.6	165	-	-	8	54.7	49.7 - 59.5	283
f.	Encouraging family or community involvement	44.1	36.4 - 52.1	109	40.9	34.7 - 47.4	162	-	-	8	43.5	38.7 - 48.5	279
g.	Teaching skills for behavior change	36.2	28.4 - 44.9	110	46.0	39.7 - 52.5	164	-	-	8	42.6	37.6 - 47.9	282
h.	Classroom management techniques (e.g., social skills training, environmental modification, conflict resolution and mediation, behavior management)	62.6 54.8 - 69.7 110		59.8	53.7 - 65.6	163	-	-	8	62.0	57.3 - 66.5	281	
i.	Assessing or evaluating students in health education	47.2	39.2 - 55.3	109	37.3	31.1 - 43.9	162	-	-	8	42.8	37.9 - 47.9	279

N = Unweighted number of observations

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<sup>-</sup> Results are suppressed due to insufficient number of respondents in subgroup.

## 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

20. Percentage of schools in which the lead health education teacher received professional development on each of the following topics related to teaching sexual health education during the past two years.

		High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
			95%			95%			95%			95%	
		Percent	Confidence Interval	N	Percent	Confidence Percent Interval N		Confidence Percent Interval		N	Percent	Confidence Interval	N
a.	Aligning lessons and materials with the district scope and sequence for sexual health education	42.7	34.4 - 51.4	110	30.4	25.4 - 35.9		-	-	8	36.2	31.6 - 41.0	
b.	Creating a comfortable and safe learning environment for students receiving sexual health education	38.5	30.8 - 46.8	110	29.5	23.8 - 35.8	161	-	-	8	33.9	29.2 - 38.9	279
c.	Connecting students to on-site or community-based sexual health services	25.7	19.1 - 33.5	110	18.3	13.6 - 24.1	159	-	-	8	22.2	18.1 - 26.9	277
d.	Using a variety of effective instructional strategies to deliver sexual health education	38.1	29.9 - 47.0	110	24.1	19.0 - 30.1	160	-	-	8	30.5	25.8 - 35.6	278
e.	Building student skills in HIV, other STD, and pregnancy prevention	34.2	26.3 - 43.0	109	24.9	19.5 - 31.2	161	-	-	8	29.3	24.6 - 34.4	278
f.	Assessing student knowledge and skills in sexual health education	33.7	25.9 - 42.4	109	22.5	17.7 - 28.3	161	-	-	8	27.8	23.3 - 32.7	278
g.	Understanding current district or school board policies or curriculum guidance regarding sexual health education	37.3	29.3 - 46.0	110	25.7	20.5 - 31.7	161	-	-	8	31.0	26.4 - 36.1	279

N = Unweighted number of observations

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<sup>-</sup> Results are suppressed due to insufficient number of respondents in subgroup.

## 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

21. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.

		High Schools			Mic	Middle Schools			Junior/Senior High Schools			All Schools		
			95% Confidence			95% Confidence			95% Confidence			95% Confidence		
		Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	
a.	Alcohol- or other drug-use prevention	63.9	55.6 - 71.4	110	67.6	60.9 - 73.6	163	-	-	8	66.8	61.8 - 71.5	281	
b.	Asthma	38.3	31.2 - 46.0	109	56.3	49.7 - 62.7	163	-	-	8	49.4	44.5 - 54.3	280	
c.	Chronic disease prevention (e.g., diabetes, obesity prevention)	56.4	49.4 - 63.2	110	60.6	54.1 - 66.8	163	-	-	8	59.1	54.3 - 63.7	281	
d.	Emotional and mental health	59.5	51.6 - 66.8	109	63.5	56.9 - 69.6	162	-	-	8	62.5	57.5 - 67.2	279	
e.	Epilepsy or seizure disorder	44.8	37.7 - 52.0	108	52.1	46.2 - 58.0	163	-	-	8	49.2	44.6 - 53.7	279	
f.	Food allergies	45.4	38.1 - 52.8	109	55.9	49.3 - 62.3	163	-	-	8	52.0	47.1 - 56.9	280	
g.	Foodborne illness prevention	36.4	29.6 - 43.8	110	48.0	41.4 - 54.7	164	-	-	8	44.0	39.2 - 48.9	282	
h.	HIV prevention	55.2	48.0 - 62.2	110	54.3	47.4 - 61.0	162	-	-	7	55.4	50.4 - 60.3	279	
i.	Human sexuality	57.3	49.9 - 64.3	110	58.4	51.4 - 65.2	162	-	-	7	58.6	53.5 - 63.5	279	
j.	Infectious disease prevention (e.g., flu prevention)	50.5	43.3 - 57.6	109	54.8	48.3 - 61.1	162	-	-	8	53.5	48.6 - 58.3	279	
k.	Injury prevention and safety	53.6	46.8 - 60.3	108	63.5	56.6 - 69.8	162	-	-	8	59.6	54.7 - 64.3	278	

<sup>-</sup> Results are suppressed due to insufficient number of respondents in subgroup.

## 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

21. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.

		High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
		95% Confidence Percent Interval N			Percent	95% Confidence Percent Interval N			95% Confidence Interval	N	95% Confidence Percent Interval		N
		reiceilt	miervar	IN	reiceilt	mervar	11	Percent	mervar	11	reicein	miervar	IN
l.	Nutrition and dietary behavior	61.2	53.0 - 68.8	110	63.7	57.0 - 69.8	162	-	-	8	62.7	57.6 - 67.6	280
m.	Physical activity and fitness	57.9	49.6 - 65.7	108	71.5	65.1 - 77.1	161	-	-	8	65.5	60.5 - 70.3	277
n.	Pregnancy prevention	50.4	42.7 - 58.2	110	53.3	46.7 - 59.7	161	-	-	7	52.7	47.7 - 57.6	278
0.	STD prevention	50.9	43.4 - 58.3	110	55.2	48.3 - 61.9	161	-	-	7	54.1	49.1 - 59.1	278
p.	Suicide prevention	68.4	60.2 - 75.7	110	67.3	60.7 - 73.2	163	-	-	8	68.0	63.0 - 72.7	281
q.	Tobacco-use prevention	51.8	43.8 - 59.6	110	63.4	56.5 - 69.7	163	-	-	8	59.3	54.1 - 64.2	281
r.	Violence prevention (e.g., bullying, fighting, dating violence prevention)	70.6	62.4 - 77.7	110	70.1	63.5 - 75.9	161	-	-	8	71.0	66.0 - 75.5	279

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<sup>-</sup> Results are suppressed due to insufficient number of respondents in subgroup.  $N = Unweighted \ number \ of \ observations$ 

## 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

22. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.

		High Schools			Mic	Middle Schools			Junior/Senior High Schools			All Schools		
			95% Confidence			95% Confidence			95% Confidence			95% Confidence		
		Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	
a.	Teaching students with physical, medical, or cognitive disabilities	58.3	50.5 - 65.7	108	61.3	54.5 - 67.7	163	-	-	8	60.3	55.2 - 65.2	279	
b.	Teaching students of various cultural backgrounds	51.7	44.1 - 59.2	108	57.8	51.2 - 64.2	164	-	-	8	56.0	51.1 - 60.8	280	
c.	Teaching students with limited English proficiency	48.7	40.8 - 56.6	107	53.6	47.0 - 60.2	162	-	-	8	51.6	46.6 - 56.6	277	
d.	Teaching students of different sexual orientations or gender identities	53.1	44.1 - 61.9	106	49.0	42.0 - 56.1	156	-	-	8	51.4	45.8 - 56.9	270	
e.	Using interactive teaching methods (e.g., role plays, cooperative group activities)	59.7	51.6 - 67.4	108	59.8	53.1 - 66.2	161	-	-	7	59.8	54.6 - 64.7	276	
f.	Encouraging family or community involvement	63.1	54.9 - 70.6	108	63.1	56.1 - 69.5	162	-	-	8	64.0	58.9 - 68.9	278	
g.	Teaching skills for behavior change	59.4	51.7 - 66.7	109	67.1	60.4 - 73.2	161	-	-	8	64.8	59.9 - 69.4	278	
h.	Classroom management techniques (e.g., social skills training, environmental modification, conflict resolution and mediation, behavior management)	51.7	43.5 - 59.8	108	54.7	47.9 - 61.4	161	-	-	8	54.3	49.1 - 59.4	277	
i.	Assessing or evaluating students in health education	57.2	49.7 - 64.4	109	67.9	60.8 - 74.2	162	-	-	8	63.4	58.3 - 68.3	279	

N = Unweighted number of observations

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<sup>-</sup> Results are suppressed due to insufficient number of respondents in subgroup.

# 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

23. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics related to teaching sexual health education.

		High Schools			Mic	Middle Schools			Junior/Senior High Schools			All Schools		
			95%			95%			95%		95%			
			Confidence			Confidence			Confidence			Confidence		
		Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	
a.	Aligning lessons and materials with the district scope and sequence for sexual health education	56.1	48.6 - 63.2	108	56.8	50.5 - 62.9	163	-	-	8	56.3	51.6 - 60.9	279	
b.	Creating a comfortable and safe learning environment for students receiving sexual health education	52.6	44.7 - 60.5	109	61.2	54.7 - 67.4	163	-	-	8	57.9	52.9 - 62.8	280	
c.	Connecting students to on-site or community-based sexual health services	58.7	51.0 - 66.0	109	54.5	48.2 - 60.7	163	-	-	8	56.7	51.8 - 61.4	280	
d.	Using a variety of effective instructional strategies to deliver sexual health education	60.0	53.1 - 66.6	109	61.0	54.6 - 67.1	165	-	-	8	60.3	55.6 - 64.8	282	
e.	Building student skills in HIV, other STD, and pregnancy prevention	57.1	50.2 - 63.7	107	59.4	52.8 - 65.7	161	-	-	8	58.7	53.9 - 63.4	276	
f.	Assessing student knowledge and skills in sexual health education	58.1	50.4 - 65.5	109	59.9	53.0 - 66.5	163	-	-	8	58.9	53.8 - 63.8	280	
g.	Understanding current district or school board policies or curriculum guidance regarding sexual health education	56.5	48.3 - 64.3	108	60.8	54.5 - 66.7	164	-	-	8	59.2	54.2 - 64.1	280	

<sup>-</sup> Results are suppressed due to insufficient number of respondents in subgroup.

## 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

24. Percentage of schools in which the major emphasis of the lead health education teacher's professional preparation was on the following:

		High Schools			Mic	Middle Schools			Junior/Senior High Schools			All Schools			
		95% Confidence Percent Interval N			Percent	95% Confidence Percent Interval N			95% Confidence Percent Interval N			95% Confidence Percent Interval N			
a.	Health and physical education combined	76.5	70.5 - 81.6	110	71.8	65.6 - 77.2	162	-	-	8	73.5	69.1 - 77.4	280		
b.	Health education	3.4	1.5 - 7.6	110	3.7	1.9 - 7.2	162	-	-	8	4.0	2.4 - 6.5	280		
c.	Physical education	7.3	4.0 - 12.9	110	15.4	11.3 - 20.5	162	-	-	8	11.5	8.7 - 14.9	280		
d.	Other education degree	5.1	2.6 - 9.8	110	3.0	1.4 - 6.2	162	-	-	8	4.3	2.6 - 6.9	280		
e.	Kinesiology, exercise science, or exercise physiology	1.7	0.5 - 5.3	110	3.0	1.4 - 6.2	162	-	-	8	2.4	1.3 - 4.4	280		
f.	Home economics or family and consumer science	0.0	†	110	0.0	†	162	-	-	8	0.0	†	280		
g.	Biology or other science	0.9	0.2 - 4.3	110	0.6	0.1 - 3.1	162	-	-	8	0.7	0.2 - 2.2	280		
h.	Nursing	2.6	1.0 - 6.6	110	1.9	0.7 - 4.8	162	-	-	8	2.1	1.1 - 4.1	280		
i.	Counseling	0.0	†	110	0.0	†	162	-	-	8	0.0	†	280		
j.	Public health	0.0	†	110	0.0	†	162	-	-	8	0.0	†	280		
k.	Nutrition	0.0	†	110	0.0	†	162	-	-	8	0.0	†	280		
l.	Other	2.5	1.0 - 6.3	110	0.6	0.1 - 3.1	162	-	-	8	1.7	0.8 - 3.5	280		

<sup>-</sup> Results are suppressed due to insufficient number of respondents in subgroup.

<sup>†</sup> Confidence intervals not applicable for 0 percent or 100 percent.

N = Unweighted number of observations

### 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

25. Percentage of schools in which the lead health education teacher is certified, licensed, or endorsed by the state to teach health education in middle school or high school.

Н	igh Schools		Mi	ddle Schools		Junior/Se	nior High Sc	All Schools				
	95%			95%	95%							
	Confidence			Confidence			Confidence	Confidence				
Percent Interval		N	N Percent Interv		N	Percent	Interval	N	Percent	Interval	N	
97.5	93.6 - 99.0	111	95.8	92.3 - 97.8	164	_	_	8	96.3	94.0 - 97.8	283	

<sup>-</sup> Results are suppressed due to insufficient number of respondents in subgroup.

### 2016 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

26. Percentage of schools in which the lead health education teacher had the following number of years of experience in teaching health education courses or topics.

		High Schools			Mic	Middle Schools			Junior/Senior High Schools			All Schools		
			95% Confidence			95% Confidence			95% Confidence			95% Confidence		
		Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	
a.	1 year	2.5	1.0 - 6.4	111	4.2	2.8 - 6.3	164	-	-	7	3.9	2.6 - 5.9	282	
b.	2 to 5 years	13.5	8.9 - 20.0	111	23.6	18.9 - 29.1	164	-	-	7	19.7	16.1 - 23.7	282	
c.	6 to 9 years	16.3	11.4 - 22.7	111	12.2	8.6 - 17.2	164	-	-	7	14.0	10.9 - 17.7	282	
d.	10 to 14 years	23.2	17.3 - 30.3	111	19.5	15.2 - 24.6	164	-	-	7	21.4	17.7 - 25.5	282	
e.	15 years or more	44.5	36.5 - 52.8	111	40.4	34.6 - 46.5	164	_	_	7	41.1	36.4 - 46.0	282	

<sup>-</sup> Results are suppressed due to insufficient number of respondents in subgroup.