## 2018 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

1. Percentage of schools in which students take the following number of required health education courses in grades 6 through 12.

		Hi	igh Schools		Mic	idle Schools			/Senior Hig Schools	gh	A	All Schools	
			95% Confidence			95% Confidence		(	95% Confidence			95% Confidence	
		Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
a.	0 courses	3.7	2.1 - 6.5	112	34.7	28.5 - 41.6	130	-	-	7	19.1	15.8 - 22.8	249
b.	1 course	73.1	67.0 - 78.4	112	36.1	29.6 - 43.1	130	-	-	7	53.2	48.7 - 57.7	249
c.	2 courses	17.9	13.8 - 23.0	112	6.9	4.0 - 11.6	130	-	-	7	13.2	10.6 - 16.4	249
d.	3 courses	2.6	1.0 - 6.4	112	13.8	9.7 - 19.4	130	-	-	7	8.1	5.8 - 11.2	249
e.	4 or more courses	2.7	1.1 - 6.9	112	8.4	5.7 - 12.2	130	-	-	7	6.4	4.6 - 8.7	249

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<sup>-</sup> Results are suppressed due to insufficient number of respondents in subgroup.

## 2018 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

2. Percentage of schools that taught a required health education course in each of the following grades.\*

		Hi	igh Schools		Mic	ddle Schools			/Senior Hig Schools	;h	A	All Schools	
			95% Confidence			95% Confidence			95% Confidence			95% Confidence	
		Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
a.	Sixth grade	§	§	§	48.9	42.1 - 55.8	104	-	-	4	49.1	42.3 - 55.8	108
b.	Seventh grade	§	§	§	47.5	40.5 - 54.5	105	-	-	4	47.7	40.9 - 54.6	109
c.	Eighth grade	§	§	§	46.4	39.5 - 53.4	101	-	-	5	48.2	41.3 - 55.2	106
d.	Ninth grade	95.7	92.6 - 97.6	98	-	-	1	-	-	5	96.0	93.0 - 97.7	104
e.	Tenth grade	26.4	19.6 - 34.4	84	§	§	§	-	-	4	27.4	20.6 - 35.5	88
f.	Eleventh grade	26.4	19.6 - 34.4	84	§	§	§	-	-	4	27.4	20.6 - 35.5	88
g.	Twelfth grade	25.8	18.8 - 34.3	82	§	§	§	-	-	3	26.0	19.0 - 34.5	85

<sup>\*</sup>Among schools with students in that grade.

<sup>-</sup> Results are suppressed due to insufficient number of respondents in subgroup.

<sup>§</sup> Grade is not applicable for type of school.

N = Unweighted number of observations

## 2018 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

3. Percentage of schools that require students who fail a required health education course to repeat it.\*

H	igh Schools		Mi	ddle Schools		Junior/Sea	nior High Sc	hools	A	All Schools	
	95%			95%			95%			95%	
	Confidence			Confidence			Confidence			Confidence	
Percent Interval N		N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
100.0		100	20.5	21 7 40 0	01			-	75.6	F1 6 F0 2	100
100.0	T	102	39.5	31.7 - 48.0	81	_	-	7	75.6	71.6 - 79.2	190

<sup>\*</sup>Among schools in which students take one or more required health education courses in any of grades 6 through 12.

<sup>-</sup> Results are suppressed due to insufficient number of respondents in subgroup.

<sup>†</sup> Confidence intervals not applicable for 0 percent or 100 percent.

# 2018 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

4. Percentage of schools in which those who teach health education are provided with each of the following materials.\*

		Hi	gh Schools		Mic	idle Schools			/Senior Hig Schools	;h	A	All Schools	
			95% Confidence			95% Confidence			95% Confidence			95% Confidence	
		Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
a.	Goals, objectives, and expected outcomes for health education	96.9	92.3 - 98.8	100	91.8	86.8 - 95.0	134	-	-	6	94.3	91.2 - 96.3	240
b.	A chart describing the annual scope and sequence of instruction for health education	80.1	73.0 - 85.7	101	75.2	68.7 - 80.8	133	-	-	6	78.0	73.5 - 82.0	240
c.	Plans for how to assess student performance in health education	88.2	81.5 - 92.7	102	73.8	67.3 - 79.5	134	-	-	6	80.9	76.5 - 84.6	242
d.	A written health education curriculum	82.3	75.1 - 87.8	101	79.1	73.1 - 84.0	134	-	_	6	80.6	76.2 - 84.3	241

<sup>\*</sup>Among schools that teach health education.

<sup>-</sup> Results are suppressed due to insufficient number of respondents in subgroup.

# 2018 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

5. Percentage of schools in which the health education curriculum addresses each of the following skills.

		Hi	gh Schools		Mic	idle Schools			/Senior Hig Schools	h	A	Il Schools	
			95%			95%			95%			95%	
		<b>.</b>	Confidence	3.7	ъ.	Confidence	3.7		Confidence		ъ.	Confidence	
		Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
a.	Comprehending concepts related to health promotion and disease prevention to enhance health	96.1	91.5 - 98.3	107	82.0	76.5 - 86.4	145	-	-	7	88.2	84.8 - 90.9	259
b.	Analyzing the influence of family, peers, culture, media, technology, and other factors on health behaviors	95.2	90.3 - 97.6	107	82.1	76.7 - 86.5	146	-	-	7	87.9	84.4 - 90.6	260
c.	Accessing valid information and products and services to enhance health	92.3	86.7 - 95.7	107	80.1	74.6 - 84.7	146	-	-	7	85.5	81.9 - 88.6	260
d.	Using interpersonal communication skills to enhance health and avoid or reduce health risks	95.2	90.3 - 97.6	107	82.1	76.7 - 86.5	146	-	-	7	87.9	84.4 - 90.6	260
e.	Using decision-making skills to enhance health	96.1	91.5 - 98.3	107	82.1	76.7 - 86.5	146	-	-	7	88.3	84.9 - 91.0	260
f.	Using goal-setting skills to enhance health	96.1	91.5 - 98.3	107	81.4	76.2 - 85.8	146	-	-	7	87.9	84.6 - 90.6	260
g.	Practicing health-enhancing behaviors to avoid or reduce risks	96.1	91.5 - 98.2	106	81.5	75.9 - 86.0	146	-	-	7	87.9	84.4 - 90.6	259
h.	Advocating for personal, family, and community health	95.2	90.3 - 97.6	107	80.1	74.6 - 84.6	146	-	-	7	86.8	83.3 - 89.6	260

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<sup>-</sup> Results are suppressed due to insufficient number of respondents in subgroup.  $N = Unweighted \ number \ of \ observations$ 

# 2018 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

6. Percentage of schools in which those who teach sexual health education are provided with each of the following materials.\*

		Hi	gh Schools		Mic	ddle Schools			/Senior Hig Schools	h	A	All Schools	
			95% Confidence			95% Confidence		(	95% Confidence			95% Confidence	
		Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
a.	Goals, objectives, and expected outcomes for sexual health education	88.0	80.7 - 92.8	84	88.5	81.8 - 92.9	96	-	-	6	88.1	83.5 - 91.5	186
b.	A written health education curriculum that includes objectives and content addressing sexual health education	85.8	78.2 - 91.1	84	86.5	79.5 - 91.3	96	-	-	6	86.0	81.2 - 89.7	186
c.	A chart describing the annual scope and sequence of instruction for sexual health education	70.9	62.3 - 78.2	83	74.0	66.2 - 80.5	96	-	-	6	72.8	67.3 - 77.7	185
d.	Strategies that are age-appropriate, relevant, and actively engage students in learning	86.8	79.1 - 91.9	83	83.1	76.1 - 88.4	95	-	-	6	84.8	80.0 - 88.7	184
e.	Methods to assess student knowledge and skills related to sexual health education	88.1	80.8 - 92.8	83	78.9	71.6 - 84.7	95	-	-	6	83.4	78.6 - 87.3	184

N = Unweighted number of observations

<sup>\*</sup>Among schools that teach sexual health education.

<sup>-</sup> Results are suppressed due to insufficient number of respondents in subgroup.

### 2018 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

7. Percentage of schools that provide curricula or supplementary materials that include HIV, STD, or pregnancy prevention information that is relevant to lesbian, gay, bisexual, transgender, and questioning youth.

H	igh Schools		Mi	ddle Schools		Junior/Se	nior High Sc	hools	A	All Schools		
	95%			95%			95%			95%		
	Confidence			Confidence			Confidence			Confidence		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	
43.7	35.9 - 51.8	95	30.8	24.6 - 37.9	130	-	-	7	37.6	32.7 - 42.9	232	

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# 2018 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

8. Percentage of schools in which health education instruction is required for students in any of grades 6 through 12.

H	igh Schools		Mi	ddle Schools		Junior/Sea	nior High Sc	hools	A	All Schools	
	95%			95%			95%			95%	
	Confidence			Confidence			Confidence			Confidence	
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
96.9	92.4 - 98.8	101	68.8	61.8 - 75.1	122	-	_	6	82.7	78.7 - 86.1	229

## 2018 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

9. Percentage of schools in which teachers tried to increase student knowledge on each of the following topics in a required course in any of grades 6 through 12 during the current school year.

		High Schools 95%		Mic	ddle Schools			:/Senior Hig Schools	gh	A	All Schools		
			95% Confidence			95% Confidence			95% Confidence			95% Confidence	
		Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
a.	Alcohol- or other drug-use prevention	95.1	90.1 - 97.6	104	83.4	77.4 - 88.1	139	-	-	6	89.0	85.3 - 91.8	249
b.	Asthma	63.1	54.6 - 70.8	103	58.9	52.6 - 64.9	134	-	-	6	61.0	55.9 - 65.8	243
c.	Chronic disease prevention (e.g., diabetes, obesity prevention)	93.1	87.6 - 96.3	104	77.1	71.1 - 82.2	136	-	-	6	84.4	80.5 - 87.7	246
d.	Emotional and mental health	94.2	88.9 - 97.0	103	79.9	73.4 - 85.2	135	-	-	6	85.9	81.8 - 89.3	244
e.	Epilepsy or seizure disorder	52.8	44.8 - 60.6	100	39.4	33.3 - 45.7	132	-	-	6	46.0	41.2 - 51.0	238
f.	Food allergies	76.7	69.6 - 82.7	103	59.7	52.6 - 66.3	134	-	-	6	67.9	63.0 - 72.4	243
g.	Foodborne illness prevention	72.7	64.2 - 79.8	99	59.3	52.7 - 65.7	133	-	-	6	65.8	60.7 - 70.6	238
h.	Human immunodeficiency virus (HIV) prevention	93.0	88.4 - 95.8	101	66.5	59.2 - 73.2	129	-	-	5	78.8	74.3 - 82.6	235
i.	Human sexuality	80.4	75.1 - 84.9	101	56.9	49.4 - 64.1	128	-	-	5	68.1	63.4 - 72.5	234

<sup>-</sup> Results are suppressed due to insufficient number of respondents in subgroup.

## 2018 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

9. Percentage of schools in which teachers tried to increase student knowledge on each of the following topics in a required course in any of grades 6 through 12 during the current school year.

		High Schools 95%		Mic	ddle Schools			/Senior Hig Schools	;h	A	All Schools		
						95%			95%			95%	
		Percent	Confidence Interval	N	Percent	Confidence Interval	N	Percent	Confidence Interval	N	Percent	Confidence Interval	N
j.	Infectious disease prevention (e.g., influenza [flu] prevention)	89.1	82.6 - 93.3	101	74.0	67.1 - 80.0	135	-	-	6	81.3	76.8 - 85.1	242
k.	Injury prevention and safety	93.0	87.4 - 96.2	102	79.0	72.6 - 84.3	134	-	-	6	85.4	81.3 - 88.7	242
1.	Nutrition and dietary behavior	98.9	94.6 - 99.8	97	84.8	79.2 - 89.1	132	-	-	5	91.3	88.1 - 93.7	234
m.	Physical activity and fitness	99.0	94.8 - 99.8	101	95.4	91.2 - 97.6	131	-	-	5	96.6	94.0 - 98.1	237
n.	Pregnancy prevention	90.0	83.6 - 94.0	100	60.3	52.1 - 68.0	129	-	-	5	74.1	68.9 - 78.7	234
0.	Sexually transmitted disease (STD) prevention	96.0	91.1 - 98.2	100	65.8	58.1 - 72.7	129	-	-	5	79.6	75.0 - 83.6	234
p.	Suicide prevention	89.2	83.5 - 93.1	102	66.0	58.9 - 72.5	133	-	-	6	77.3	72.7 - 81.2	241
q.	Tobacco-use prevention	96.0	91.3 - 98.2	103	82.4	76.2 - 87.2	131	-	-	6	88.5	84.8 - 91.4	240
r.	Violence prevention (e.g., bullying, fighting, dating violence prevention)	92.0	86.0 - 95.5	102	86.5	80.6 - 90.8	134	-	-	6	89.3	85.4 - 92.2	242

<sup>-</sup> Results are suppressed due to insufficient number of respondents in subgroup.  $N = Unweighted \ number \ of \ observations$ 

# 2018 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

10. Percentage of schools in which teachers taught each of the following tobacco-use prevention topics in a required course for students in any of grades 6 through 12 during the current school year.

		High Schools 95%		Mic	ddle Schools			r/Senior Hig Schools	h	A	All Schools		
			95% Confidence			95% Confidence			95% Confidence			95% Confidence	
		Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
a.	Identifying tobacco products and the harmful substances they contain	96.1	91.4 - 98.3	105	77.9	71.6 - 83.1	127	-	-	6	86.4	82.7 - 89.5	238
b.	Identifying short- and long-term health consequences of tobacco use	95.0	89.9 - 97.6	104	77.7	71.4 - 83.0	126	-	-	6	85.9	82.0 - 89.0	236
c.	Identifying social, economic, and cosmetic consequences of tobacco use	92.1	87.2 - 95.3	104	76.7	70.0 - 82.3	125	-	-	6	84.0	79.9 - 87.5	235
d.	Understanding the addictive nature of nicotine	92.1	87.2 - 95.3	104	75.7	69.1 - 81.3	124	-	-	6	83.6	79.5 - 87.0	234
e.	Effects of nicotine on the adolescent brain	87.3	81.0 - 91.7	104	73.5	66.5 - 79.5	125	-	-	6	80.2	75.6 - 84.0	235
f.	Effects of tobacco use on athletic performance	90.1	84.6 - 93.8	103	74.5	68.0 - 80.1	126	-	-	6	81.9	77.7 - 85.5	235
g.	Effects of second-hand smoke and benefits of a smoke-free environment	92.0	86.0 - 95.5	102	75.9	69.5 - 81.3	125	-	-	6	83.5	79.3 - 87.0	233
h.	Understanding the social influences on tobacco use, including media, family, peers, and culture	94.1	88.8 - 97.0	103	77.5	70.8 - 83.1	125	-	-	6	85.3	81.2 - 88.7	234
i.	Identifying reasons why students do and do not use tobacco	92.0	86.9 - 95.2	101	77.3	71.0 - 82.7	124	-	-	6	84.2	80.2 - 87.5	231
j.	Making accurate assessments of how many peers use tobacco	83.2	76.1 - 88.5	101	67.4	60.2 - 73.9	120	-	-	6	74.7	69.8 - 79.1	227

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<sup>-</sup> Results are suppressed due to insufficient number of respondents in subgroup.  $N = Unweighted \ number \ of \ observations$ 

# 2018 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

10. Percentage of schools in which teachers taught each of the following tobacco-use prevention topics in a required course for students in any of grades 6 through 12 during the current school year.

		Hi	High Schools 95%		Mic	ddle Schools			r/Senior Hig Schools	h	A	Il Schools	
			95% Confidence			95% Confidence			95% Confidence			95% Confidence	
		Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
k.	Using interpersonal communication skills to avoid tobacco use (e.g., refusal skills, assertiveness)	93.0	88.3 - 95.9	102	77.0	70.2 - 82.6	122	-	-	6	84.6	80.5 - 87.9	230
1.	Using goal-setting and decision-making skills related to not using tobacco	91.0	85.7 - 94.5	102	77.0	70.2 - 82.6	122	-	-	6	83.7	79.4 - 87.2	230
m.	Finding valid information and services related to tobacco-use prevention and cessation	84.7	78.4 - 89.4	101	69.8	62.7 - 76.1	123	-	-	6	77.0	72.4 - 81.1	230
n.	Supporting others who abstain from or want to quit using tobacco	87.8	81.7 - 92.1	101	70.6	63.5 - 76.9	123	-	-	6	78.4	73.8 - 82.4	230
0.	Identifying harmful effects of tobacco use on fetal development	87.9	81.7 - 92.3	101	73.9	66.9 - 79.9	123	-	-	6	80.1	75.7 - 83.9	230
p.	Relationship between using tobacco and alcohol or other drugs	94.1	88.7 - 97.0	103	76.7	70.2 - 82.2	125	-	-	6	84.9	80.8 - 88.2	234
q.	How addiction to tobacco use can be treated	89.0	83.2 - 93.0	102	71.9	64.9 - 78.0	125	-	-	6	80.1	75.6 - 83.9	233
r.	Understanding school policies and community laws related to the sale and use of tobacco products	88.1	82.0 - 92.3	102	70.5	63.6 - 76.6	126	-	-	6	78.9	74.4 - 82.8	234
s.	Benefits of tobacco cessation programs	79.2	71.9 - 84.9	101	62.1	55.0 - 68.6	124	-	-	6	69.5	64.5 - 74.1	231

N = Unweighted number of observations

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<sup>-</sup> Results are suppressed due to insufficient number of respondents in subgroup.

# 2018 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

10N. Percentage of schools that taught all 19 tobacco-use prevention topics during the current school year.\*

H	igh Schools		Mi	ddle Schools		Junior/Se	nior High Sc	hools	A	All Schools		
	95%			95%			95%			95%		
	Confidence			Confidence			Confidence			Confidence		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	
61.7	53.3 - 69.5	100	51.5	44.4 - 58.6	122	_	_	6	55.6	50.3 - 60.9	228	

<sup>\*</sup>Responses to question 10 a through s all are "yes."

<sup>-</sup> Results are suppressed due to insufficient number of respondents in subgroup.

## 2018 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

11. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course in any of grades 6, 7, or 8 during the current school year.

		Hi	gh Schools		Mic	ddle Schools			/Senior Hig Schools	;h	A	All Schools	
			95% Confidence			95% Confidence			95% Confidence			95% Confidence	
		Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
a.	How HIV and other STDs are transmitted	§	§	§	63.6	53.9 - 72.3	80	-	-	4	64.1	54.8 - 72.5	84
b.	Health consequences of HIV, other STDs, and pregnancy	§	§	§	64.1	54.4 - 72.7	81	-	-	4	64.5	55.3 - 72.8	85
c.	The benefits of being sexually abstinent	§	§	§	64.0	54.4 - 72.7	81	-	-	3	65.4	56.1 - 73.7	84
d.	How to access valid and reliable health information, products, and services related to HIV, other STDs, and pregnancy	§	§	§	64.4	54.8 - 73.0	79	-	-	3	65.8	56.5 - 74.0	82
e.	The influences of family, peers, media, technology and other factors on sexual risk behaviors	§	§	§	64.0	54.4 - 72.7	81	-	-	3	65.4	56.1 - 73.7	84
f.	Communication and negotiation skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy	§	§	§	64.9	55.3 - 73.3	80	-	-	3	66.2	57.0 - 74.4	83

<sup>-</sup> Results are suppressed due to insufficient number of respondents in subgroup.

<sup>§</sup> Grade is not applicable for type of school.

N = Unweighted number of observations

## 2018 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

11. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course in any of grades 6, 7, or 8 during the current school year.

		Hiş	gh Schools		Mic	ddle Schools			r/Senior Hig Schools	gh	A	All Schools	
			95% Confidence			95% Confidence			95% Confidence			95% Confidence	
		Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
g.	Goal-setting and decision-making skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy	§	§	§	62.4	52.7 - 71.2	80	-	-	3	63.8	54.5 - 72.3	83
h.	Influencing and supporting others to avoid or reduce sexual risk behaviors	§	§	§	63.6	54.1 - 72.2	80	-	-	3	65.0	55.8 - 73.3	83
i.	Efficacy of condoms, that is, how well condoms work and do not work	§	§	§	45.4	35.9 - 55.3	79	-	-	4	46.9	37.7 - 56.3	83
j.	The importance of using condoms consistently and correctly	§	§	§	42.4	33.4 - 51.9	80	-	-	4	44.0	35.3 - 53.1	84
k.	How to obtain condoms	§	§	§	22.7	15.4 - 32.1	79	-	-	4	24.0	16.7 - 33.0	83
1.	How to correctly use a condom	§	§	§	27.8	20.7 - 36.3	79	-	-	4	28.8	21.7 - 37.1	83

<sup>-</sup> Results are suppressed due to insufficient number of respondents in subgroup.

<sup>§</sup> Grade is not applicable for type of school.

N = Unweighted number of observations

## 2018 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

11. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course in any of grades 6, 7, or 8 during the current school year.

		High Schools 95%		Mic	ddle Schools			r/Senior Hig Schools	;h	A	All Schools		
			95% Confidence			95% Confidence			95% Confidence			95% Confidence	
		Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
m.	Methods of contraception other than condoms	§	§	§	41.1	32.0 - 50.9	80	-	-	4	42.8	34.0 - 52.1	84
n.	The importance of using a condom at the same time as another form of contraception to prevent both STDs and pregnancy	§	§	§	33.7	26.0 - 42.3	80	-	-	4	35.7	28.3 - 43.9	84
0.	How to create and sustain healthy and respectful relationships	§	§	§	63.1	53.3 - 71.9	79	-	-	3	64.5	55.1 - 73.0	82
p.	The importance of limiting the number of sexual partners	§	§	§	57.3	47.4 - 66.7	80	-	-	4	58.2	48.6 - 67.1	84
q.	Preventive care (such as screenings and immunizations) that is necessary to maintain reproductive and sexual health	§	§	§	55.6	45.9 - 64.8	79	-	-	3	57.3	47.9 - 66.2	82
r.	Sexual orientation	§	§	§	28.2	20.8 - 37.0	78	-	-	4	30.6	23.4 - 38.9	82
s.	Gender roles, gender identity, or gender expression	§	§	§	25.3	18.2 - 34.1	79	-	-	4	27.9	20.9 - 36.1	83
t.	The relationship between alcohol and other drug use and sexual risk behaviors	§	§	§	62.3	52.7 - 71.1	80	-	-	3	63.8	54.4 - 72.2	83

<sup>-</sup> Results are suppressed due to insufficient number of respondents in subgroup.

<sup>§</sup> Grade is not applicable for type of school.

N = Unweighted number of observations

## 2018 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

11. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course in any of grades 9, 10, 11, or 12 during the current school year.

		Hi	gh Schools		Mide	dle Schools			/Senior Hig Schools	h	A	All Schools	
			95% Confidence			95% Confidence		(	95% Confidence			95% Confidence	
		Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
a.	How HIV and other STDs are transmitted	95.2	89.5 - 97.9	83	-	-	1	-	-	3	95.4	90.0 - 98.0	87
b.	Health consequences of HIV, other STDs, and pregnancy	94.0	88.0 - 97.1	83	-	-	1	-	-	4	93.1	87.2 - 96.4	88
c.	The benefits of being sexually abstinent	96.3	90.8 - 98.6	81	-	-	1	-	-	3	96.5	91.2 - 98.6	85
d.	How to access valid and reliable health information, products, and services related to HIV, other STDs, and pregnancy	94.0	87.9 - 97.1	83	-	-	1	-	-	3	94.3	88.4 - 97.2	87
e.	The influences of family, peers, media, technology and other factors on sexual risk behaviors	95.1	89.4 - 97.8	82	-	-	1	-	-	3	95.4	89.8 - 97.9	86
f.	Communication and negotiation skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy	95.1 89.3 - 97.8 81		81	-	-	1	-	-	4	94.1	88.3 - 97.1	86

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<sup>-</sup> Results are suppressed due to insufficient number of respondents in subgroup.  $N = Unweighted \ number \ of \ observations$ 

## 2018 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

11. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course in any of grades 9, 10, 11, or 12 during the current school year.

		Hi	gh Schools		Mid	dle Schools			:/Senior Hig Schools	h	A	All Schools	
			95% Confidence			95% Confidence			95% Confidence			95% Confidence	
		Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
g.	Goal-setting and decision-making skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy	93.8	87.7 - 97.0	81	-	-	1	-	-	3	94.1	88.3 - 97.1	85
h.	Influencing and supporting others to avoid or reduce sexual risk behaviors	92.6	86.1 - 96.2	80	-	-	0	-	-	3	92.9	86.6 - 96.3	83
i.	Efficacy of condoms, that is, how well condoms work and do not work	78.0	70.2 - 84.3	81	-	-	1	-	-	4	78.1	70.5 - 84.1	86
j.	The importance of using condoms consistently and correctly	68.1	58.9 - 76.1	81	-	-	1	-	-	4	68.7	59.8 - 76.3	86
k.	How to obtain condoms	49.0	41.5 - 56.6	82	-	-	1	-	-	4	49.5	42.0 - 57.0	87
1.	How to correctly use a condom	46.6	38.6 - 54.7	80	-	-	1	-	-	4	46.1	38.3 - 54.1	85

<sup>-</sup> Results are suppressed due to insufficient number of respondents in subgroup.  $N = Unweighted \ number \ of \ observations$ 

## 2018 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

11. Percentage of schools in which teachers taught each of the following HIV, STD, or pregnancy prevention topics in a required course in any of grades 9, 10, 11, or 12 during the current school year.

		H	igh Schools		Mid	dle Schools			/Senior Hig Schools	j <b>h</b>	A	All Schools	
			95% Confidence			95% Confidence		(	95% Confidence			95% Confidence	
		Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
m.	Methods of contraception other than condoms	74.7	66.9 - 81.1	82	-	-	1	-	-	4	74.9	67.4 - 81.1	87
n.	The importance of using a condom at the same time as another form of contraception to prevent both STDs and pregnancy	63.3	54.2 - 71.5	81	-	-	1	-	-	4	64.2	55.4 - 72.0	86
0.	How to create and sustain healthy and respectful relationships	95.1	89.3 - 97.8	82	-	-	1	-	-	3	95.3	89.8 - 97.9	86
p.	The importance of limiting the number of sexual partners	92.9	86.6 - 96.3	82	-	-	1	-	-	4	92.0	85.8 - 95.7	87
q.	Preventive care (such as screenings and immunizations) that is necessary to maintain reproductive and sexual health	88.8	81.6 - 93.5	81	-	-	1	-	-	3	89.3	82.4 - 93.7	85
r.	Sexual orientation	53.7	45.7 - 61.5	79	-	-	1	-	-	4	54.0	46.3 - 61.5	84
s.	Gender roles, gender identity, or gender expression	56.7	49.1 - 64.1	78	-	-	1	-	-	4	56.9	49.6 - 64.0	83
t.	The relationship between alcohol and other drug use and sexual risk behaviors	94.0	88.0 - 97.1	82	-	-	1	-	-	3	94.3	88.6 - 97.2	86

N = Unweighted number of observations

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<sup>-</sup> Results are suppressed due to insufficient number of respondents in subgroup.

### 2018 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

11N 1. Percentage of schools that taught all 20 HIV, STD, and pregnancy prevention topics in any of grades 6, 7, or 8 during the current school year.\*

H	igh Schools		Mi	ddle Schools		Junior/Sea	nior High Sc	hools	A	All Schools	
	95%			95%			95%			95%	
	Confidence			Confidence			Confidence			Confidence	
Percent					N	Percent	Interval	N	Percent	Interval	N
8	8	8	17.5	11.2 - 26.3	80	-	-	4	19.0	12.6 - 27.6	84

<sup>\*</sup>Responses to question 11 a through t all are "yes."

<sup>-</sup> Results are suppressed due to insufficient number of respondents in subgroup.

<sup>§</sup> Grade is not applicable for type of school.

## 2018 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

11N 2. Percentage of schools that taught all 20 HIV, STD, and pregnancy prevention topics in any of grades 9, 10, 11, or 12 during the current school year.\*

H	igh Schools		Mid	dle Schools		Junior/Ser	nior High Sc	hools	A	All Schools	
	95%			95%			95%			95%	
	Confidence			Confidence			Confidence			Confidence	
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
32.6	26.1 - 39.9	81	_	_	1	_	_	4	33.0	26.5 - 40.1	86

N = Unweighted number of observations

<sup>\*</sup>Responses to question 11 a through t all are "yes."

<sup>-</sup> Results are suppressed due to insufficient number of respondents in subgroup.

## 2018 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

12. Percentage of schools in which teachers assessed the ability of students to do each of the following in a required course for students in any of grades 6, 7, or 8 during the current school year.

		Hiş	gh Schools		Mic	ddle Schools			:/Senior Hig Schools	gh	A	All Schools	
			95% Confidence			95% Confidence			95% Confidence			95% Confidence	
		Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
a.	Comprehend concepts important to prevent HIV, other STDs, and pregnancy	§	§	§	58.2	48.5 - 67.2	84	-	-	4	58.9	49.6 - 67.6	88
b.	Analyze the influence of family, peers, culture, media, technology, and other factors on sexual risk behaviors	§	§	§	57.6	48.2 - 66.6	83	-	-	4	59.8	50.7 - 68.2	87
c.	Access valid information, products, and services to prevent HIV, other STDs, and pregnancy	§	§	§	54.7	45.3 - 63.8	82	-	-	4	55.7	46.6 - 64.4	86
d.	Use interpersonal communication skills to avoid or reduce sexual risk behaviors	§	§	§	52.2	43.0 - 61.3	84	-	-	4	54.6	45.7 - 63.2	88
e.	Use decision-making skills to prevent HIV, other STDs, and pregnancy	§	§	§	58.2	48.6 - 67.3	84	-	-	4	59.0	49.7 - 67.6	88
f.	Set personal goals that enhance health, take steps to achieve these goals, and monitor progress in achieving them	§	§	§	65.4	56.2 - 73.6	84	-	-	4	67.1	58.3 - 74.9	88
g.	Influence and support others to avoid or reduce sexual risk behaviors	§	§	§	57.7	48.2 - 66.6	83	-	-	4	59.8	50.7 - 68.2	87

<sup>-</sup> Results are suppressed due to insufficient number of respondents in subgroup.

<sup>§</sup> Grade is not applicable for type of school.

N = Unweighted number of observations

## 2018 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

12. Percentage of schools in which teachers assessed the ability of students to do each of the following in a required course for students in any of grades 9, 10, 11, or 12 during the current school year.

		Hi	igh Schools		Mid	dle Schools			/Senior Hig Schools	;h	A	All Schools	
			95%			95%			95%			95%	
		_	Confidence			Confidence			Confidence		_	Confidence	
		Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
a.	Comprehend concepts important to prevent HIV, other STDs, and pregnancy	92.4	86.0 - 96.1	79	-	-	1	-	-	4	91.6	85.2 - 95.4	84
b.	Analyze the influence of family, peers, culture, media, technology, and other factors on sexual risk behaviors	91.1	84.2 - 95.1	78	-	-	1	-	-	4	91.6	85.0 - 95.4	83
c.	Access valid information, products, and services to prevent HIV, other STDs, and pregnancy	87.4	79.9 - 92.3	79	-	-	1	-	-	4	88.1	81.0 - 92.8	84
d.	Use interpersonal communication skills to avoid or reduce sexual risk behaviors	90.0	83.0 - 94.3	79	-	-	1	-	-	4	90.6	84.0 - 94.6	84
e.	Use decision-making skills to prevent HIV, other STDs, and pregnancy	92.6	86.2 - 96.2	80	-	-	1	-	-	4	93.0	86.9 - 96.4	85
f.	Set personal goals that enhance health, take steps to achieve these goals, and monitor progress in achieving them	88.8	81.5 - 93.4	80	-	-	1	-	-	4	89.4	82.5 - 93.8	85
g.	Influence and support others to avoid or reduce sexual risk behaviors	91.1	84.0 - 95.2	78	-	-	1	-	-	4	91.6	85.0 - 95.5	83

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<sup>-</sup> Results are suppressed due to insufficient number of respondents in subgroup.

## 2018 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

13. Percentage of schools in which teachers provided students with the opportunity to practice communication, decision-making, goal-setting, or refusal skills related to sexual health during the current school year.

H	igh Schools		Mic	ddle Schools		Junior/Sea	nior High Sc	hools	A	All Schools	
	95%			95%			95%			95%	
	Confidence			Confidence			Confidence			Confidence	
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
66.7	58.4 - 74.2	93	47.6	39.8 - 55.4	116	_	_	6	56.9	51.2 - 62.4	215

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## 2018 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

14. Percentage of schools in which teachers taught each of the following nutrition and dietary behavior topics in a required course for students in any of grades 6 through 12 during the current school year.

		High Schools 95%		Mic	ddle Schools			r/Senior Hig Schools	h	A	All Schools		
			95% Confidence			95% Confidence			95% Confidence			95% Confidence	
		Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
a.	Benefits of healthy eating	98.9	94.4 - 99.8	94	79.3	72.9 - 84.5	126	-	-	5	87.9	84.2 - 90.9	225
b.	Benefits of drinking plenty of water	98.9	94.4 - 99.8	94	79.8	73.2 - 85.1	124	-	-	5	88.2	84.4 - 91.2	223
c.	Benefits of eating breakfast every day	97.8	93.3 - 99.3	94	79.0	72.6 - 84.2	124	-	-	5	87.3	83.6 - 90.3	223
d.	Food guidance using the current Dietary Guidelines for Americans (e.g., MyPlate)	92.5	86.4 - 96.0	93	71.5	64.4 - 77.6	123	-	-	5	81.0	76.4 - 84.8	221
e.	Using food labels	97.7	92.9 - 99.3	92	70.1	62.8 - 76.5	124	-	-	5	82.4	78.1 - 86.1	221
f.	Differentiating between nutritious and non-nutritious beverages	94.5	88.8 - 97.3	92	72.2	64.8 - 78.5	126	-	-	5	82.0	77.5 - 85.8	223
g.	Balancing food intake and physical activity	98.9	94.3 - 99.8	92	76.3	69.6 - 82.0	123	-	-	5	86.3	82.4 - 89.5	220
h.	Eating more fruits, vegetables, and whole grain products	97.8	93.4 - 99.3	92	74.6	67.5 - 80.5	126	-	-	5	84.8	80.6 - 88.2	223
i.	Choosing foods and snacks that are low in solid fat (i.e., saturated and trans fat)	94.5	88.8 - 97.4	91	69.6	62.7 - 75.8	122	-	-	5	80.8	76.3 - 84.5	218
j.	Choosing foods, snacks, and beverages that are low in added sugars	97.8	97.8 93.3 - 99.3 91		69.9	62.9 - 76.0	123	-	-	5	82.3	78.2 - 85.9	219
k.	Choosing foods and snacks that are low in sodium	94.5	88.8 - 97.4	91	70.4	63.6 - 76.4	122	-	-	5	81.2	76.8 - 84.9	218

N = Unweighted number of observations

<sup>-</sup> Results are suppressed due to insufficient number of respondents in subgroup.

## 2018 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

14. Percentage of schools in which teachers taught each of the following nutrition and dietary behavior topics in a required course for students in any of grades 6 through 12 during the current school year.

		High Schools 95%		Mic	ddle Schools			r/Senior Hig Schools	h	A	All Schools		
						95%			95%			95%	
		Donoont	Confidence	N	Damaamt	Confidence Interval	N		Confidence	N	Domoomt	Confidence	: N
		Percent	Interval	IN	Percent	mtervai	IN	Percent	Interval	IN	Percent	Interval	IN
1.	Eating a variety of foods that are high in calcium	88.7	81.6 - 93.3	90	69.6	62.6 - 75.9	122	-	-	5	78.2	73.4 - 82.4	217
m.	Eating a variety of foods that are high in iron	88.8	81.7 - 93.4	90	66.3	58.9 - 73.0	122	-	-	5	76.5	71.5 - 80.8	217
n.	Food safety	90.2	83.7 - 94.3	92	66.6	59.5 - 73.1	123	-	-	5	77.3	72.6 - 81.4	220
0.	Preparing healthy meals and snacks	90.1	83.4 - 94.3	90	73.1	66.0 - 79.2	123	-	-	5	80.6	75.9 - 84.6	218
p.	Risks of unhealthy weight control practices	93.3	87.2 - 96.6	90	71.2	64.1 - 77.4	122	-	-	5	81.1	76.5 - 84.9	217
q.	Accepting body size differences	86.7	79.2 - 91.8	91	72.9	65.6 - 79.0	122	-	-	5	79.1	74.1 - 83.4	218
r.	Signs, symptoms, and treatment for eating disorders	91.1	84.5 - 95.1	91	69.1	61.4 - 75.8	120	-	-	5	79.1	74.1 - 83.3	216
s.	Relationship between diet and chronic diseases	94.4	88.6 - 97.4	90	66.8	59.5 - 73.4	121	-	-	5	79.2	74.6 - 83.3	216
t.	Assessing body mass index (BMI)	91.0	84.2 - 95.1	90	66.8	58.8 - 74.0	121	-	-	5	77.7	72.5 - 82.2	216
u.	The influence of the media on dietary behaviors	93.1	93.1 86.8 - 96.5		67.7	60.4 - 74.2	121	-	-	5	79.0	74.2 - 83.1	214
v.	Food production, including how food is grown, harvested, processed, packaged, and transported	78.3	69.7 - 84.9	87	60.0	52.4 - 67.1	120	-	-	5	68.4	62.9 - 73.4	212

<sup>-</sup> Results are suppressed due to insufficient number of respondents in subgroup.  $N = Unweighted \ number \ of \ observations$ 

## 2018 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

14N. Percentage of schools that taught all 22 nutrition and dietary behavior topics during the current school year.\*

Н	igh Schools		Mi	ddle Schools		Junior/Sea	nior High Sc	hools	A	All Schools	
	95%			95%			95%			95%	
	Confidence			Confidence			Confidence			Confidence	
Percent			Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
66.6	57.2 - 74.9	90	48.3	40.6 - 56.1	118	_	_	5	57.2	51.3 - 62.9	213

<sup>\*</sup>Responses to question 14 a through v all are "yes."

<sup>-</sup> Results are suppressed due to insufficient number of respondents in subgroup.

# 2018 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

15. Percentage of schools in which teachers taught each of the following physical activity topics in a required course for students in any of grades 6 through 12 during the current school year.

		Hi	gh Schools		Mic	ldle Schools			/Senior Hig Schools	gh	A	Il Schools	
			95%			95%			95%			95%	
			Confidence			Confidence		(	Confidence			Confidence	
		Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
a.	Short-term and long-term benefits of physical activity, including reducing the risks for chronic disease	97.8	93.0 - 99.3	94	81.1	74.4 - 86.3	127	-	-	5	88.3	84.3 - 91.4	226
b.	Mental and social benefits of physical activity	98.9	94.4 - 99.8	93	80.8	74.3 - 85.9	125	-	-	5	88.7	84.9 - 91.6	223
c.	Health-related fitness (i.e., cardiorespiratory endurance, muscular endurance, muscular strength, flexibility, and body composition)	96.7	91.6 - 98.7	92	83.6	77.1 - 88.5	122	-	-	5	89.3	85.3 - 92.3	219
d.	Phases of a workout (i.e., warm-up, workout, cool down)	96.7	91.8 - 98.8	94	85.8	79.7 - 90.3	120	-	-	5	90.6	86.9 - 93.3	219
e.	Recommended amounts and types of moderate, vigorous, muscle-strengthening, and bone-strengthening physical activity	87.9	87.9 81.5 - 92.2 92		79.6	73.0 - 85.0	123	-	-	5	83.2	78.8 - 86.9	220
f.	Decreasing sedentary activities (e.g., television viewing, using video games)	96.7 91.7 - 98.7 93			81.3	74.6 - 86.5	123	-	-	5	88.0	84.0 - 91.2	221
g.	Preventing injury during physical activity	93.4	88.8 - 96.1	93	81.1	74.3 - 86.5	122	-	-	5	86.5	82.4 - 89.8	220

N = Unweighted number of observations

<sup>-</sup> Results are suppressed due to insufficient number of respondents in subgroup.

## 2018 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

15. Percentage of schools in which teachers taught each of the following physical activity topics in a required course for students in any of grades 6 through 12 during the current school year.

		Hi	High Schools 95%		Mic	ddle Schools			:/Senior Hig Schools	h	A	All Schools	
			95% Confidence			95% Confidence			95% Confidence			95% Confidence	
		Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
h.	Weather-related safety (e.g., avoiding heat stroke, hypothermia, and sunburn while physically active)	91.1	85.9 - 94.5	92	70.5	63.2 - 77.0	119	-	-	5	80.0	75.5 - 83.8	216
i.	Dangers of using performance-enhancing drugs (e.g., steroids)	92.3	86.2 - 95.9	92	70.9	63.9 - 77.0	124	-	-	5	80.5	75.9 - 84.4	221
j.	Increasing daily physical activity	98.9	94.4 - 99.8	94	86.4	80.2 - 90.9	125	-	-	5	91.7	88.1 - 94.3	224
k.	Incorporating physical activity into daily life (without relying on a structured exercise plan or special equipment)	96.7	91.6 - 98.7	93	83.9	77.2 - 88.8	124	-	-	5	89.4	85.4 - 92.4	222
1.	Using safety equipment for specific physical activities	92.4 86.3 - 95.9 93		77.6	71.5 - 82.7	125	-	-	5	84.1	80.0 - 87.5	223	
m.	Benefits of drinking water before, during, and after physical activity	98.9	94.4 - 99.8	94	86.0	79.7 - 90.7	122	-	-	5	91.6	87.9 - 94.3	221

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<sup>-</sup> Results are suppressed due to insufficient number of respondents in subgroup.  $N = Unweighted \ number \ of \ observations$ 

# 2018 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

15N. Percentage of schools that taught all 13 physical activity topics during the current school year.\*

]	High Schools		Mi	ddle Schools		Junior/Se	nior High Sc	hools	A	All Schools		
	95%			95%			95%			95%		
	Confidence			Confidence			Confidence			Confidence		
Percent			Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	
77.9				54.9 - 68.1	123	_	_	5	69.3	64.2 - 73.9	220	

<sup>\*</sup>Responses to question 15 a through m all are "yes."

<sup>-</sup> Results are suppressed due to insufficient number of respondents in subgroup.

# 2018 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

16. Percentage of schools in which health education staff worked with the following groups on health education activities during the current school year.\*

		Hi	gh Schools		Mic	ldle Schools			:/Senior Hig Schools	;h	A	All Schools	
			95% Confidence			95% Confidence			95% Confidence			95% Confidence	
		Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
a.	Physical education staff	90.6	83.8 - 94.7	85	88.2	82.8 - 92.1	119	-	-	4	89.5	85.6 - 92.4	208
b.	Health services staff (e.g., nurses)	53.1	44.1 - 61.9	83	56.4	48.9 - 63.5	112	-	-	4	55.9	50.2 - 61.4	199
c.	Mental health or social services staff (e.g., psychologists, counselors, social workers)	49.6	41.2 - 58.0	83	48.2	40.8 - 55.7	112	-	-	4	48.8	43.3 - 54.4	199
d.	Nutrition or food service staff	41.0	32.5 - 50.0	83	46.0	38.3 - 53.9	113	-	-	4	44.4	38.6 - 50.3	200
e.	School health council, committee, or team	35.9	27.9 - 44.7	81	41.6	34.4 - 49.1	113	-	-	4	38.7	33.4 - 44.4	198

N = Unweighted number of observations

<sup>\*</sup>Among schools that have health education staff.

<sup>-</sup> Results are suppressed due to insufficient number of respondents in subgroup.

## 2018 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

17. Percentage of schools that provided parents and families with health information designed to increase parent and family knowledge of the following topics during the current school year.

		Hi	High Schools 95%		Mic	idle Schools			/Senior Hig Schools	h	A	All Schools	
			95% Confidence			95% Confidence			95% Confidence			95% Confidence	
		Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
a.	HIV, other STD, or pregnancy prevention	36.1	28.4 - 44.5	94	28.6	22.5 - 35.6	119	-	-	6	32.1	27.2 - 37.3	219
b.	Tobacco-use prevention	32.0	24.7 - 40.3	94	31.3	25.6 - 37.7	118	-	-	6	31.7	27.1 - 36.7	218
c.	Alcohol- or other drug-use prevention	42.7	34.7 - 51.1	94	34.5	28.3 - 41.1	119	-	-	6	38.6	33.7 - 43.8	219
d.	Physical activity	45.5	37.5 - 53.7	95	56.2	48.6 - 63.5	121	-	-	6	51.2	45.8 - 56.6	222
e.	Nutrition and healthy eating	37.4	29.6 - 45.9	94	44.2	37.4 - 51.2	120	-	-	6	40.8	35.7 - 46.1	220
f.	Asthma	20.4	14.3 - 28.1	94	30.9	25.0 - 37.5	120	-	-	6	25.3	21.0 - 30.1	220
g.	Food allergies	26.9	20.2 - 34.8	94	33.9	27.7 - 40.7	118	-	-	6	30.2	25.6 - 35.2	218
h.	Diabetes	23.5 17.2 - 31.3 94			33.9	27.8 - 40.6	118	-	-	6	28.7	24.2 - 33.6	218
i.	Preventing student bullying and sexual harassment, including electronic aggression (i.e., cyber-bullying)	55.7	46.7 - 64.3	95	71.8	65.4 - 77.5	121	-	-	6	63.9	58.5 - 69.0	222

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<sup>-</sup> Results are suppressed due to insufficient number of respondents in subgroup.

## 2018 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

18. Percentage of schools in which teachers have given students health education homework assignments or activities to do at home with their parents during the current school year.

Н	igh Schools		Mie	ddle Schools		Junior/Sea	nior High Sc	hools	A	All Schools	
	95%			95%			95%			95%	
	Confidence			Confidence			Confidence			Confidence	
Percent			Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
62.9	55.2 - 70.0	94	52.5	45.3 - 59.7	120	_	_	6	57.1	51.9 - 62.2	220

## 2018 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

19. Percentage of schools in which the lead health education teacher received professional development (e.g., workshops, conferences, continuing education, any other kind of in-service) on each of the following topics during the past two years.

		High Schools 95%		Mic	ddle Schools			r/Senior Hig Schools	<b>h</b>	A	All Schools		
			Confidence			95% Confidence			95% Confidence			95% Confidence	
		Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
a.	Alcohol- or other drug-use prevention	45.1	36.8 - 53.6	91	35.5	28.7 - 43.1	121	-	-	6	40.1	34.7 - 45.7	218
b.	Asthma	26.8	20.1 - 34.7	90	24.1	18.4 - 30.9	120	-	-	6	25.5	21.1 - 30.4	216
c.	Chronic disease prevention (e.g., diabetes, obesity prevention)	33.8	27.0 - 41.4	89	32.2	25.9 - 39.3	121	-	-	6	32.9	28.2 - 37.9	216
d.	Emotional and mental health	54.1	45.2 - 62.8	91	31.6	25.5 - 38.5	120	-	-	6	42.5	37.2 - 48.0	217
e.	Epilepsy or seizure disorder	29.3	22.7 - 37.0	89	27.5	20.9 - 35.3	120	-	-	6	28.4	23.6 - 33.7	215
f.	Food allergies	27.8	21.9 - 34.6	90	26.7	20.3 - 34.1	120	-	-	6	27.3	22.8 - 32.2	216
g.	Foodborne illness prevention	20.2	14.6 - 27.3	89	19.1	13.8 - 25.9	120	-	-	6	20.0	16.0 - 24.6	215
h.	HIV prevention	40.8	32.5 - 49.6	89	39.1	32.3 - 46.3	120	-	-	6	40.1	34.8 - 45.6	215
i.	Human sexuality	36.3	28.4 - 45.0	89	35.2	28.7 - 42.3	119	-	-	6	36.1	31.1 - 41.4	214

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<sup>-</sup> Results are suppressed due to insufficient number of respondents in subgroup.

## 2018 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

19. Percentage of schools in which the lead health education teacher received professional development (e.g., workshops, conferences, continuing education, any other kind of in-service) on each of the following topics during the past two years.

		High Schools 95%		Mic	ddle Schools			r/Senior Hig Schools	;h	A	All Schools		
			95% Confidence			95% Confidence			95% Confidence			95% Confidence	<u>;</u>
		Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
j.	Infectious disease prevention (e.g., flu prevention)	43.9	36.0 - 52.2	89	32.4	25.8 - 39.8	120	-	-	6	38.4	33.2 - 43.8	215
k.	Injury prevention and safety	55.7	47.2 - 63.9	90	45.4	38.0 - 53.1	121	-	-	6	50.5	44.9 - 56.1	217
1.	Nutrition and dietary behavior	37.3	29.5 - 45.9	89	31.0	24.3 - 38.6	119	-	-	6	33.8	28.7 - 39.3	214
m.	Physical activity and fitness	59.4	51.3 - 67.0	91	55.0	47.5 - 62.4	120	-	-	6	56.8	51.3 - 62.0	217
n.	Pregnancy prevention	37.3	29.3 - 46.1	89	34.1	27.7 - 41.1	120	-	-	6	35.4	30.4 - 40.8	215
0.	STD prevention	41.3	33.3 - 49.8	88	42.4	35.4 - 49.7	120	-	-	6	41.6	36.3 - 47.0	214
p.	Suicide prevention	53.4	45.0 - 61.6	90	43.7	36.1 - 51.6	119	-	-	6	48.6	42.9 - 54.3	215
q.	Tobacco-use prevention	29.0	21.9 - 37.2	90	33.0	26.5 - 40.3	118	-	-	6	31.2	26.3 - 36.5	214
r.	Violence prevention (e.g., bullying, fighting, dating violence prevention)	61.6	53.3 - 69.4	91	48.7	41.2 - 56.3	119	-	-	6	54.4	48.9 - 59.9	216

<sup>-</sup> Results are suppressed due to insufficient number of respondents in subgroup.

## 2018 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

20. Percentage of schools in which the lead health education teacher received professional development (e.g., workshops, conferences, continuing education, any other kind of in-service) on each of the following topics during the past two years.

		Hi	gh Schools		Mic	ddle Schools			/Senior Hig Schools	j <b>h</b>	A	All Schools	
			95%			95%			95%			95%	
			Confidence			Confidence			Confidence			Confidence	
		Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
a.	Teaching students with physical, medical, or cognitive disabilities	54.3	45.4 - 63.0	90	44.9	37.6 - 52.4	120	-	-	6	49.6	44.0 - 55.2	216
b.	Teaching students of various cultural backgrounds	53.2	44.4 - 61.8	90	52.1	44.3 - 59.7	121	-	-	5	52.2	46.5 - 57.9	216
c.	Teaching students with limited English proficiency	46.0	37.5 - 54.7	91	43.7	36.8 - 51.0	121	-	-	6	43.9	38.5 - 49.4	218
d.	Teaching students of different sexual orientations or gender identities	32.6	25.1 - 41.1	90	27.1	21.0 - 34.1	118	-	-	6	29.6	24.9 - 34.9	214
e.	Using interactive teaching methods (e.g., role plays, cooperative group activities)	64.6	55.9 - 72.5	90	58.8	51.7 - 65.6	119	-	-	6	60.6	55.2 - 65.8	215
f.	Encouraging family or community involvement	50.1	41.6 - 58.6	90	48.3	40.6 - 56.0	118	-	-	6	48.6	43.0 - 54.3	214
g.	Teaching skills for behavior change	50.6 42.2 - 59.0 91			43.6	35.9 - 51.6	119	-	-	6	46.4	40.8 - 52.1	216
h.	Classroom management techniques (e.g., social skills training, environmental modification, conflict resolution and mediation, behavior management)	58.3 49.9 - 66.3 91			68.0	60.3 - 74.8	119	-	-	6	62.7	57.1 - 67.9	216
i.	Assessing or evaluating students in health education	53.7	45.5 - 61.8	89	42.3	35.0 - 50.0	118	-	-	6	47.0	41.6 - 52.5	213

N = Unweighted number of observations

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<sup>-</sup> Results are suppressed due to insufficient number of respondents in subgroup.

## 2018 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

21. Percentage of schools in which the lead health education teacher received professional development on each of the following topics related to teaching sexual health education during the past two years.

		High Schools			Mic	Middle Schools			Junior/Senior High Schools			All Schools		
			95%			95%			95%			95%		
		ъ.	Confidence	3.7	<b>.</b>	Confidence			Confidence		ъ.	Confidence		
		Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	
a.	Aligning lessons and materials with the district scope and sequence for sexual health education	56.5	48.0 - 64.7	91	41.1	33.8 - 48.7	117	-	-	6	48.2	42.7 - 53.8	214	
b.	Creating a comfortable and safe learning environment for students receiving sexual health education	55.0	45.9 - 63.7	90	39.3	32.2 - 46.8	117	-	-	6	46.5	41.0 - 52.2	213	
c.	Connecting students to on-site or community-based sexual health services	40.5	32.6 - 48.9	90	23.9	18.7 - 30.1	117	-	-	6	31.5	26.9 - 36.6	213	
d.	Using a variety of effective instructional strategies to deliver sexual health education	55.9	46.9 - 64.6	90	35.0	28.4 - 42.2	117	-	-	6	44.2	38.8 - 49.8	213	
e.	Building student skills in HIV, other STD, and pregnancy prevention	49.3	40.8 - 57.9	90	34.1	27.7 - 41.1	117	-	-	6	40.8	35.6 - 46.2	213	
f.	Assessing student knowledge and skills in sexual health education	52.6	44.0 - 61.0	90	35.0	28.7 - 41.9	117	-	-	5	42.9	37.8 - 48.3	212	
g.	Understanding current district or school board policies or curriculum guidance regarding sexual health education	56.5	47.3 - 65.2	89	39.3	32.4 - 46.6	117	-	-	5	46.9	41.3 - 52.5	211	

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<sup>-</sup> Results are suppressed due to insufficient number of respondents in subgroup.  $N = Unweighted \ number \ of \ observations$ 

## 2018 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

22. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.

		High Schools			Mic	Middle Schools			Junior/Senior High Schools			All Schools		
			95% Confidence			95% Confidence			95% Confidence			95% Confidence		
		Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	
a.	Alcohol- or other drug-use prevention	65.6	58.4 - 72.1	87	61.7	53.9 - 68.9	115	-	-	6	63.0	57.6 - 68.0	208	
b.	Asthma	41.6	33.2 - 50.5	87	45.0	37.4 - 52.9	113	-	-	6	43.6	38.0 - 49.5	206	
c.	Chronic disease prevention (e.g., diabetes, obesity prevention)	61.3	53.4 - 68.8	88	60.1	53.2 - 66.7	113	-	-	6	60.3	55.1 - 65.3	207	
d.	Emotional and mental health	64.6	56.7 - 71.8	88	67.0	59.6 - 73.6	115	-	-	6	65.9	60.6 - 70.8	209	
e.	Epilepsy or seizure disorder	46.1	38.0 - 54.5	87	50.3	42.9 - 57.8	113	-	-	6	48.4	42.9 - 54.0	206	
f.	Food allergies	46.9	38.9 - 55.0	86	47.3	39.6 - 55.1	112	-	-	6	47.6	42.1 - 53.3	204	
g.	Foodborne illness prevention	45.1	37.5 - 52.9	87	39.3	31.8 - 47.3	112	-	-	6	42.7	37.3 - 48.2	205	
h.	HIV prevention	48.3	39.8 - 56.9	85	46.0	38.4 - 53.7	113	-	-	6	47.6	42.0 - 53.3	204	
i.	Human sexuality	46.5	38.9 - 54.3	88	49.5	42.2 - 56.8	113	-	-	6	48.7	43.4 - 54.0	207	
j.	Infectious disease prevention (e.g., flu prevention)	48.8	41.0 - 56.6	88	45.5	38.0 - 53.3	112	-	-	6	47.6	42.2 - 53.0	206	
k.	Injury prevention and safety	48.1	40.1 - 56.3	87	58.4	50.6 - 65.7	113	-	-	6	53.0	47.4 - 58.5	206	

N = Unweighted number of observations

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<sup>-</sup> Results are suppressed due to insufficient number of respondents in subgroup.

## 2018 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

22. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.

		High Schools			Mie	Middle Schools			Junior/Senior High Schools			All Schools		
		95% Confidence				95% Confidence			95% Confidence			95% Confidence		
		Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	
1.	Nutrition and dietary behavior	57.5	49.2 - 65.4	87	63.1	56.1 - 69.5	114	-	-	6	60.1	54.8 - 65.2	207	
m.	Physical activity and fitness	56.2	47.5 - 64.4	87	59.5	52.3 - 66.3	114	-	-	6	57.7	52.1 - 63.0	207	
n.	Pregnancy prevention	39.0	31.7 - 46.8	87	38.9	31.3 - 47.0	113	-	-	6	39.7	34.4 - 45.3	206	
0.	STD prevention	44.8	37.5 - 52.3	87	43.7	36.1 - 51.6	112	-	-	6	44.9	39.5 - 50.3	205	
p.	Suicide prevention	59.9	51.1 - 68.1	87	61.0	52.7 - 68.8	113	-	-	6	60.7	54.7 - 66.3	206	
q.	Tobacco-use prevention	48.1	40.7 - 55.7	87	49.9	41.9 - 57.9	114	-	-	6	49.1	43.6 - 54.6	207	
r.	Violence prevention (e.g., bullying, fighting, dating violence prevention)	60.2	51.2 - 68.6	88	65.1	57.7 - 71.9	112	-	-	6	62.9	57.2 - 68.3	206	

<sup>-</sup> Results are suppressed due to insufficient number of respondents in subgroup.  $N = Unweighted \ number \ of \ observations$ 

## 2018 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

23. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.

		High Schools			Mic	Middle Schools			Junior/Senior High Schools			All Schools		
			95%			95%			95%			95%		
			Confidence		_	Confidence			Confidence			Confidence		
		Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	
a.	Teaching students with physical, medical, or cognitive disabilities	56.5	48.1 - 64.7	85	53.9	46.5 - 61.2	113	-	-	6	54.9	49.3 - 60.3	204	
b.	Teaching students of various cultural backgrounds	53.2	45.1 - 61.3	85	49.9	43.2 - 56.7	112	-	-	6	51.9	46.7 - 57.0	203	
c.	Teaching students with limited English proficiency	48.5	39.9 - 57.2	85	44.5	37.4 - 51.8	112	-	-	6	46.4	40.9 - 52.0	203	
d.	Teaching students of different sexual orientations or gender identities	43.1	35.0 - 51.5	86	46.0	38.8 - 53.4	113	-	-	6	44.8	39.3 - 50.3	205	
e.	Using interactive teaching methods (e.g., role plays, cooperative group activities)	57.8	49.5 - 65.6	85	54.8	46.8 - 62.7	113	-	-	6	55.9	50.2 - 61.5	204	
f.	Encouraging family or community involvement	59.0	50.0 - 67.3	85	59.3	52.2 - 66.1	113	-	-	6	59.3	53.8 - 64.7	204	
g.	Teaching skills for behavior change	56.8	48.0 - 65.3	85	60.3	52.9 - 67.4	111	-	-	6	58.4	52.7 - 63.9	202	
h.	Classroom management techniques (e.g., social skills training, environmental modification, conflict resolution and mediation, behavior management)	42.5	34.7 - 50.7	85	52.3	45.2 - 59.2	111	-	-	6	47.8	42.5 - 53.1	202	
i.	Assessing or evaluating students in health education	50.6	41.9 - 59.3	85	51.6	44.7 - 58.6	114	-	-	6	51.1	45.6 - 56.5	205	

N = Unweighted number of observations

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<sup>-</sup> Results are suppressed due to insufficient number of respondents in subgroup.

## 2018 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

24. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics related to teaching sexual health education.

		High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
			95% Confidence			95% Confidence			95% Confidence			95% Confidence	
		Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
a.	Aligning lessons and materials with the district scope and sequence for sexual health education	48.3	40.2 - 56.5	85	40.3	33.2 - 47.8	114	-	-	6	44.6	39.2 - 50.1	205
b.	Creating a comfortable and safe learning environment for students receiving sexual health education	43.0	35.6 - 50.7	84	40.5	33.0 - 48.4	111	-	-	6	41.8	36.5 - 47.3	201
c.	Connecting students to on-site or community-based sexual health services	45.6	37.8 - 53.6	86	36.9	29.8 - 44.5	111	-	-	6	41.6	36.4 - 47.1	203
d.	Using a variety of effective instructional strategies to deliver sexual health education	53.0	44.3 - 61.6	85	42.4	35.2 - 49.9	113	-	-	6	47.2	41.7 - 52.8	204
e.	Building student skills in HIV, other STD, and pregnancy prevention	49.4	42.1 - 56.8	85	38.8	31.7 - 46.4	113	-	-	6	44.3	39.1 - 49.6	204
f.	Assessing student knowledge and skills in sexual health education	50.6	42.6 - 58.5	85	39.5	32.1 - 47.4	111	-	-	5	44.9	39.5 - 50.5	201
g.	Understanding current district or school board policies or curriculum guidance regarding sexual health education	48.2	40.2 - 56.3	85	42.4	35.1 - 50.1	113	-	-	5	45.4	40.0 - 50.9	203

N = Unweighted number of observations

<sup>-</sup> Results are suppressed due to insufficient number of respondents in subgroup.

## 2018 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

25. Percentage of schools in which the major emphasis of the lead health education teacher's professional preparation was on the following:

		High Schools			Mic	Middle Schools			Junior/Senior High Schools			All Schools			
		95% Confidence Percent Interval N			Percent	95% Confidence Percent Interval N		95% Confidence Percent Interval N			Percent	95% Confidence Percent Interval N			
a.	Health and physical education combined	77.9	71.2 - 83.5	118	75.1	68.6 - 80.6	165	-	-	6	76.1	71.6 - 80.2	289		
b.	Health education	5.9	3.1 - 10.7	118	3.0	1.7 - 5.2	165	-	-	6	4.2	2.7 - 6.4	289		
c.	Physical education	7.6	4.3 - 12.8	118	12.2	8.4 - 17.3	165	-	-	6	9.9	7.3 - 13.3	289		
d.	Other education degree	0.8	0.2 - 4.2	118	0.6	0.1 - 3.1	165	-	-	6	0.7	0.2 - 2.2	289		
e.	Kinesiology, exercise science, or exercise physiology	0.9	0.2 - 4.5	118	4.3	2.3 - 7.9	165	-	-	6	2.7	1.5 - 4.8	289		
f.	Home economics or family and consumer science	0.0	†	118	0.0	†	165	-	-	6	0.0	†	289		
g.	Biology or other science	0.0	†	118	0.0	†	165	-	-	6	0.0	†	289		
h.	Nursing	0.8	0.2 - 4.0	118	1.2	0.4 - 3.8	165	-	-	6	1.3	0.6 - 3.0	289		
i.	Counseling	0.8	0.2 - 4.2	118	1.2	0.4 - 3.8	165	-	-	6	1.0	0.4 - 2.6	289		
j.	Public health	0.0	†	118	0.0	†	165	-	-	6	0.0	†	289		
k.	Nutrition	0.0	†	118	0.0	†	165	-	-	6	0.0	†	289		
1.	Other	5.3	3.1 - 8.9	118	2.4	1.1 - 5.4	165	-	-	6	4.0	2.6 - 6.1	289		

<sup>-</sup> Results are suppressed due to insufficient number of respondents in subgroup.

<sup>†</sup> Confidence intervals not applicable for 0 percent or 100 percent.

N = Unweighted number of observations

## 2018 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

26. Percentage of schools in which the lead health education teacher is certified, licensed, or endorsed by the state to teach health education in middle school or high school.

H	igh Schools		Mi	ddle Schools		Junior/Sea	A	All Schools					
	95%			95%			95%			95%			
	Confidence			Confidence			Confidence		Confidence				
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N		
97.4	93.5 - 99.0	117	98.2	95.3 - 99.3	163	_	_	6	97.5	95.4 - 98.7	286		

## 2018 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

27. Percentage of schools in which the lead health education teacher had the following number of years of experience teaching health education courses or topics.

		High Schools			Mic	Middle Schools			Junior/Senior High Schools			All Schools		
			95% Confidence			95% Confidence			95% Confidence			95% Confidence		
		Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	
a.	1 year	5.0	2.4 - 10.1	99	6.0	3.4 - 10.6	134	-	-	6	5.4	3.4 - 8.4	239	
b.	2 to 5 years	8.1	4.5 - 14.0	99	17.2	12.7 - 22.9	134	-	-	6	13.6	10.5 - 17.5	239	
c.	6 to 9 years	14.3	9.8 - 20.4	99	17.9	13.3 - 23.7	134	-	-	6	15.8	12.6 - 19.8	239	
d.	10 to 14 years	30.6	23.8 - 38.3	99	15.6	10.9 - 22.0	134	-	-	6	21.7	17.7 - 26.4	239	
e.	15 years or more	42.2	34.6 - 50.2	99	43.2	36.4 - 50.3	134	-	_	6	43.4	38.4 - 48.6	239	

<sup>-</sup> Results are suppressed due to insufficient number of respondents in subgroup.  $N = Unweighted \ number \ of \ observations$