GEORGIA: MATERNAL MORTALITY

WHAT YOU SHOULD KNOW:
The Maternal Mortality Review Committee (MMRC) reviews deaths that occur during pregnancy or within a year of the end of pregnancy to determine cause, contributing factors, and to recommend interventions to prevent pregnancy-associated deaths in Georgia.


68.9
PREGNANCY-ASSOCIATED DEATHS PER 100,000 LIVE BIRTHS

25.1
PREGNANCY-RELATED DEATHS PER 100,000 LIVE BIRTHS

87%
WERE PREVENTABLE PREGNANCY-RELATED

2.3X
BLACK WOMEN NON-HISPANIC MORE LIKELY TO DIE FROM PREGNANCY-RELATED CAUSES THAN WHITE WOMEN NON-HISPANIC

PRECONANCY-ASSOCIATED, BUT NOT RELATED:
A death during pregnancy or within one year of the end of pregnancy due to a cause that is not related to pregnancy.

PREGNANCY-RELATED:
A death during pregnancy or within one year of the end of pregnancy from pregnancy complication, a chain of events initiated by pregnancy, or the aggravation of an unrelated condition by the physiologic effects of pregnancy.

THE LEADING CAUSE OF DEATHS (PREGNANCY-RELATED)
• Cardiovascular / Coronary • Cardiomyopathy • Hemorrhage • Infection • Cerebrovascular Accidents

THE LEADING CAUSES OF DEATH (PREGNANCY-ASSOCIATED, BUT NOT RELATED)

MATERNAL MORTALITY REVIEW COMMITTEE RECOMMENDATIONS

• Georgia should mandate an autopsy be performed on all pregnancy-associated deaths.
• Providers, insurance providers, and birthing hospitals should ensure case management is provided for women during pregnancy and postpartum.
• Georgia should extend Medicaid coverage up to one year postpartum.
• Obstetric providers should use a validated instrument for screening perinatal mood and anxiety disorders at the first prenatal visit, in each subsequent trimester, and at the postpartum visit.
• Providers should initiate pre-pregnancy counseling on all women of reproductive age, in accordance with the American College of Obstetricians and Gynecologists recommendations to optimize health, address modifiable risk factors, provide education about healthy pregnancy, and family planning counseling.

For more information: www.dph.ga.gov/maternal-mortality