

## Medical Documentation Form for WIC Special Formulas and WIC Foods

Patient's First & Last Name: \_\_\_\_\_ Date of Birth (MM/DD/YY): \_\_\_\_\_

Parent/Caregiver's First & Last Name: \_\_\_\_\_

### 1. Qualifying Medical Condition(s)

List the **SPECIFIC** diagnosed or suspected medical condition(s) **and/or the ICD-10 code(s)** justifying the formula/**nutritional\*** prescription.

Qualifying diagnosed medical condition(s): \_\_\_\_\_

Applicable ICD-10 code(s): \_\_\_\_\_

**Note:** WIC approval and provision of prescription formulas and **nutritionals** are based on Georgia WIC Program policies and procedures

**\*Nutritional refers to enteral products that are specifically formulated to provide nutritional support for individuals with a diagnosed medical condition when the use of conventional foods is precluded, restricted, or inadequate.**

### 2. Special Formula Requested

Name of formula/**nutritional** requested: \_\_\_\_\_

Prescribed ounces per day: \_\_\_\_\_ oz/day\* Form:  Powder  Concentrate  Ready-to-feed†

Special instructions/comments\*\*: \_\_\_\_\_

If Applicable: Flavor: \_\_\_\_\_ With Fiber: Yes  No  N/A

Planned length of use: \_\_\_\_\_ months WIC prescription renewal is required periodically (every 1-6 months).

\*Prescribed amount per day is based on reconstituted fluid ounces of the formula product at standard dilution. Instructions on reverse.

\*\*Prematurity: With documentation, premature infants can receive infant formula past one year to account for adjusted age. Medical documentation will need to be provided at the one year WIC certification.

†The use of ready-to-feed products requires additional justification for WIC unless ready-to-feed is the only available product form.

### 3. WIC Foods

Check the box to indicate all WIC foods are allowed or indicate any contraindicated supplemental foods below.

All WIC Foods Allowed / No Food Restrictions

#### Contraindicated Foods – Check the foods that should **NOT** be issued to the patient.

Infants (6-11 mos.)	<input type="checkbox"/> Infant Cereal	<input type="checkbox"/> Baby Food Fruits and Vegetables		
Children (≥ 12 mos.) & Women	<input type="checkbox"/> Milk	<input type="checkbox"/> Beans / Peas	<input type="checkbox"/> Vegetables / Fruits	<input type="checkbox"/> Whole Grains (wheat bread, brown rice, or whole grain tortillas)
	<input type="checkbox"/> Cheese	<input type="checkbox"/> Peanut Butter	<input type="checkbox"/> Juice	
	<input type="checkbox"/> Cereal	<input type="checkbox"/> Eggs	<input type="checkbox"/> Canned Fish*	
Comments:	Please describe any other prescribed restrictions or special requests in the "Comments" section below. (Developmental readiness, allergies, tube fed, NPO, etc.)			

\* Only for exclusively breastfeeding women, women pregnant with multiple fetuses, pregnant women breastfeeding, and women mostly breastfeeding multiple infants.

### 4. Health Care Provider Information (Please Complete All Boxes.)

Provider's Signature/\*Title: \_\_\_\_\_

Provider's Name (Please Print): \_\_\_\_\_

Date: \_\_\_\_\_

Original signature required. No stamped signatures or proxy signatures (e.g., by nursing staff) will be accepted.

**\*Note:** The Georgia WIC Program only accepts prescriptions authorized and signed by the following providers:

- Physicians (MD, DO)
- Physician Assistants (PA, PA-C)
- Nurse Practitioners (e.g., NP, APRN, CPNP, CNP, PNP, CNNP)

Medical Office/Clinic Name: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_

Zip Code: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Fax Number: \_\_\_\_\_

**Instructions & Resources for Use of This Form:**

Use this form to request special formulas and/or **nutritionals** for patients with qualifying medical conditions.

If you have questions or need additional clarification when completing this form, please contact the local WIC agency where your patient is receiving WIC benefits. A directory of Georgia WIC clinics is available at: [www.WIC.GA.GOV](http://www.WIC.GA.GOV) (Select "Clinic Listing") Information about formulas and **nutritionals** approved for issuance by the Georgia WIC Program is located under the "Health Care Provider" tab. .

Local agency WIC staff will review requests for special formulas and **nutritionals** according to federal regulations and Georgia WIC Program policies and procedures. Diagnosis of a serious medical condition (e.g., Failure To Thrive) must be consistent with the patient's anthropometric data. Additional clarification or documentation may be necessary to complete the approval process. Denial of a request does not imply that WIC Program staff question the health care provider's clinical judgment. However, federal policy limits the issuance of special formulas and **nutritionals** to cases of serious diagnosed medical conditions.

Provision of special formulas and **nutritionals** by the Georgia WIC Program will be for intervals of one (1) to six (6) months. At a minimum, a new medical authorization is required at each renewal or formula change.

**Definitions, Examples and Exclusions:**

**Qualifying Medical Conditions:** SPECIFIC suspected or diagnosed life-threatening disorders, diseases and medical conditions that impair the ingestion, digestion, absorption or utilization of nutrients that could adversely affect the patient's nutritional status. Examples include, but are not limited to:

- Metabolic disorders (e.g. PKU)
- Malabsorption syndromes (e.g. Short Gut Syndrome)
- Low birth weight, premature birth, and failure to thrive (FTT)
- Severe food allergies requiring use of an elemental formula (e.g. Milk Protein Allergy, Eosinophilic Esophagitis)
- Gastrointestinal disorders (e.g. Gastroesophageal Reflux Disease)
- Immune system disorders (e.g. Celiac Disease)

**Non-Qualifying / Excluded Conditions:**

- Solely for the purpose of enhancing nutrient intake or managing body weight without an underlying condition
- Non-specific formula intolerance or food intolerance
- Patient preference, parental preference, or food dislikes

**Medical Diagnoses:**

- Non-specific symptoms or diagnoses are insufficient for the purposes of Georgia WIC prescriptions (e.g., colic, milk allergy, multiple food allergies, spitting up, milk/formula intolerance, feeding problems, feeding difficulties, picky eater, poor appetite, inadequate intake, constipation, cramps, digestive disturbances, fussiness and gas).
- The following diagnoses require an **underlying medical condition** be present and documented: "underweight," "feeding disorder," "inadequate/poor weight gain," and "inadequate/poor growth." The Georgia WIC Program cannot accept these diagnoses alone – a more specific, primary medical condition must be present and listed among the diagnoses (e.g., Cerebral Palsy, Failure To Thrive, Oral-Motor Feeding Disorder, Prematurity, Dysphagia, etc.).
- The Georgia WIC Program may require additional documentation for prescription approval if diagnoses are missing, incomplete, non-specific, inconsistent with existing anthropometric data, or if clarification is needed.

**Prescribed Formula Quantity:**

- Infants (<12 months of age) enrolled in the Georgia WIC Program will receive the **full maximum quantity** of formula allowed per month regardless of the amount of formula prescribed per day under Section #2 of the form. The maximum quantity of formula allowed is based on age, amount of breastmilk (*Mostly Breastfed* or *Fully Formula Fed*), product form (concentrate, ready-to-feed, powder), and product package size. (**Note:** *Exclusively Breastfed* infants do not receive any formula from the WIC Program.)
- Children and women enrolled in the Georgia WIC Program will receive the quantity of formula or nutritional prescribed under Section #2, not to exceed the maximum quantity allowed by federal regulations and Georgia WIC Program policy.
- The amount of prescribed formula or nutritional provided by WIC is subject to the maximum allowable quantities determined by federal regulations and outlined in Georgia WIC Program policies. WIC is a supplemental program. Patients are responsible for acquiring any additional prescribed quantities of formulas or **nutritionals** that exceed what is eligible for provision by WIC.

**Approximate WIC Maximum DAILY Allowances of Reconstituted Formula for Infants\***

Feeding Method:	Age 0 – 1 Month	Age 1 – 3 Months	Age 0 – 3 Months	Age 4 – 5 Months	Age 6 – 11 Months
Mostly Breastfed	3.5 fluid oz/day	12.0 fluid oz/day		14.5 fluid oz/day	10.5 fluid oz/day
Fully Formula Fed			27.0 fluid oz/day	29.5 fluid oz/day	21.0 fluid oz/day

\*Fluid ounces based on reconstituted liquid concentrate formula. Amounts differ for ready-to-feed and reconstituted powder formulas. Refer to the federal regulations at [www.fns.usda.gov/wic](http://www.fns.usda.gov/wic).

**We appreciate your cooperation and partnership in serving the Georgia WIC population.**

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- (1) mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: [program.intake@usda.gov](mailto:program.intake@usda.gov).

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