

## Medical Documentation Content Requirements for the Authorization of WIC Special Formulas and WIC Foods

<b>Participant Information</b>
<ul style="list-style-type: none"> <li>The name and date of birth of the participant</li> </ul>
<b>Qualifying Diagnosis/Medical Condition(s)</b>
<ul style="list-style-type: none"> <li>The name and/or ICD-10 code of the qualifying medical condition(s) indicating the issuance of the authorized WIC formula</li> </ul>
<b>Formula or Medical Nutritional</b>
<ul style="list-style-type: none"> <li>The complete brand name of the authorized WIC infant formula or nutritional prescribed</li> </ul>
<b>Prescribed Daily Amount</b>
<ul style="list-style-type: none"> <li>The prescribed amount of reconstituted fluid ounces per day</li> <li>Number of cans is allowable for single size, ready-to-use products packaged for single servings (i.e. PediaSure, Boost, Compleat Pediatric)</li> <li>Modular products, like human milk fortifiers, MCT oil, and Beneprotein may be described as packets or vials per day</li> <li>Metabolic products with no standard dilution may be prescribed as grams per day</li> </ul>
<b>Planned Length of Use</b>
<ul style="list-style-type: none"> <li>The intended length of time the participant will need to use the special formula or nutritional based on the participant's age and medical condition</li> <li>The maximum length of time GA WIC can issue a prescribed product without updated medical documentation is 6 months</li> </ul>
<b>Authorized Supplemental Foods</b>
<ul style="list-style-type: none"> <li>Indicates which WIC supplemental foods the participant can or cannot receive due to the participant's medical condition</li> <li>If the participant is allowed to consume all supplemental foods, the provider must declare that there are no supplemental food restrictions</li> <li>If the participant cannot eat certain foods due to the medical condition, the provider must indicate which foods cannot be issued</li> <li>If the medical provider does not specify supplemental food authorizations, the Competent Professional Authority (CPA) may restrict or provide age appropriate foods based on the nutritional assessment</li> </ul>
<b>Health Care Provider Information</b>
<ul style="list-style-type: none"> <li>The original signature of the authorized prescribing health care provider</li> <li>The date the medical documentation was completed</li> <li>The telephone number and location where the provider may be contact information</li> <li>Providers authorized to complete medical documentation include physicians (e.g., MD, DO), physician assistants (e.g., PA, PA-C), and nurse practitioners (e.g., NP, APRN, CPNP, CNP, PNP, CNNP).</li> </ul>
<b>Release of Information</b>
<ul style="list-style-type: none"> <li>Completion of a Release of Information is required prior to the WIC CPA discussing participant feeding needs with the medical provider.</li> <li>See <a href="#">Request for Medical Formulas and Supplemental Foods (RMF) Release of Information Frequently Asked Questions (FAQs)</a> document for additional information.</li> </ul>