BEFORE PREGNANCY

First, we would like to ask a few questions about *you* and the time <u>before</u> you got pregnant with your new baby.

1. During the 12 months before you got pregnant with your new baby, did you do any of the following things? For each item, circle Y (Yes) if you did it or circle N (No) if you didn't.

	No	Yes
a.	I was dieting (changing my eating	
	habits) in order to lose weight N	Y
b.	I was exercising 3 or more days	
	of the week	Y
c.	I was regularly taking prescription	
	medicines other than birth control N	Y
d.	I visited a health care worker to	
	be checked or treated for diabetes N	Y
e.	I visited a health care worker to	
	be checked or treated for high	
	blood pressureN	Y
f.	I visited a health care worker to	
	be checked or treated for depression	
	or anxiety	Y
g.	I talked to a health care worker	
	about my family medical history N	Y
h.	I had my teeth cleaned by a dentist	
	or dental hygienistN	Y

	th your new baby, y of these types of							
		Check	all that apply					
	or the job of your		•					
	Health insurance paid for (not fron Medicaid	parents) Health insurance that you or someone else paid for (not from a job) Medicaid						
	PeachCare for Ki	TRICARE or other military health care PeachCare for Kids I did not have any health insurance before						
	Other source(s) -	>	- Please tell us:					
wit wee	ring the <i>month be</i> h your new baby, ek did you take a enatal vitamin, or	how mar multivita	ny times a min, a					
0	vitamin, or folic a 1 to 3 times a wee	acid vitan ek ek						
	st before you got p by, how much did	_	•					
	Dounds OP	V	ilos					

2. During the month before you got pregnant

5.	How tall are you without shoes?	The next questions are about the time when you got pregnant with your <i>new</i> baby.
	OR Meters	11. Thinking back to <i>just before</i> you got pregnant with your <i>new</i> baby, how did you feel about becoming pregnant?
6.	What is your date of birth?	Check one answer
7.	Month Day Year Before you got pregnant with your new baby, were you ever told by a doctor, nurse,	☐ I wanted to be pregnant sooner ☐ I wanted to be pregnant later ☐ I wanted to be pregnant then ☐ I didn't want to be pregnant then or at any time in the future
	or other health care worker that you had Type 1 or Type 2 diabetes? This is <u>not</u> the same as gestational diabetes or diabetes that	12. When you got pregnant with your new baby, were you trying to get pregnant?
	starts during pregnancy.	No Yes → Go to Question 15
	□ No □ Yes	13. When you got pregnant with your new baby, were you or your husband or partner
8.	Before you got pregnant with your new baby, did you ever have any other babies who were born alive? ☐ No → Go to Question 11	doing anything to keep from getting pregnant? (Some things people do to keep from getting pregnant include not having sex at certain times [natural family planning or
\bigvee	☐ Yes ☐ Go to Question 11☐	rhythm] or withdrawal, and using birth control methods such as the pill, condoms, vaginal ring, IUD, having their tubes tied, or their
9.	Did the baby born <i>just before</i> your new one weigh <i>more</i> than 5 pounds, 8 ounces (2.5 kilos) at birth?	partner having a vasectomy.)
	□ No □ Yes	✓ Yes → Go to Question 15 Go to Question 14
10.	Was the baby <i>just before</i> your new one born <i>more</i> than 3 weeks before its due date?	
	□ No □ Yes	

14. What were your reasons or your husband's or partner's reasons for not doing anything to keep from getting pregnant?

Check all that apply

☐ I didn't mind if I got pregnant
☐ I thought I could not get pregnant at that time
☐ I had side effects from the birth control method I was using
☐ I had problems getting birth control when I needed it
☐ I thought my husband or partner or I was sterile (could not get pregnant at all)
☐ My husband or partner didn't want to use anything

DURING PREGNANCY

→ Please tell us:

Other -

The next questions are about the prenatal care you received during your most recent pregnancy. Prenatal care includes visits to a doctor, nurse, or other health care worker before your baby was born to get checkups and advice about pregnancy. (It may help to look at the calendar when you answer these questions.)

15. How many weeks or months pregnant were you when you were sure you were pregnant? (For example, you had a pregnancy test or a doctor or nurse said you were pregnant.)

____ Weeks **OR** ____ Months

☐ I don't remember

16. How many weeks or months pregnant were you when you had your first visit for prenatal care? Do not count a visit that was only for a pregnancy test or only for WIC (the Special Supplemental Nutrition Program for Women, Infants, and Children).

_{	Weeks O I didn't go for prenatal		
	care —	Go to Pa	ige 4, Question 18
Y			
	l you get prer gnancy as yo		as early in your ?
	No		
\	Yes	Go to Pa	nge 4, Question 19
Go to I	Page 4, Quest	ion 18	

18.	Did any of these things keep you from
	getting prenatal care as early as you wanted?
	For each item, circle T (True) if it was a reason
	that you didn't get prenatal care when you
	wanted or circle F (False) if it was not a reason
	for you or if something does not apply to you.

		True	Fals
a.	I couldn't get an appointment		
	when I wanted one	. T	F
b.	I didn't have enough money or		
	insurance to pay for my visits	. T	F
c.	I had no transportation to get to		
	the clinic or doctor's office	. T	F
d.	The doctor or my health plan		
	would not start care as early		
	as I wanted	. T	F
e.	I had too many other things		
	going on	. T	F
f.	I couldn't take time off from work		
	or school	. T	F
g.	I didn't have my Medicaid card		F
h.	I had no one to take care of my		
	children	. T	F
i.	I didn't know that I was pregnant.		F
j.	I didn't want anyone else to know		
J	I was pregnant	. T	F
k.	I didn't want prenatal care		F
		_	_

If you did not go for prenatal care, go to Page 6, Question 26.

19.	Where did you go most prenatal visits? Do not WIC.		ot include visits for		
			Check <u>one</u> answer		
		Hospital clinic Health department Private doctor's off Military facility Other			
20.		*	of health insurance your prenatal care?		
			Check all that apply		
		Health insurance fr or the job of your h			
		parents) Health insurance th	at you or someone else		
		paid for (not from a Medicaid TRICARE or other PeachCare for Kids I did not have healt pay for my prenata	military health care s h insurance to help		
		Other source(s) —	→ Please tell us:		

During any of your prenatal care visits, did
a doctor, nurse, or other health care worker
talk with you about any of the things listed
below? Please count only discussions, not
reading materials or videos. For each item,
circle Y (Yes) if someone talked with you
about it or circle N (No) if no one talked with
you about it.

	No	Ye
a.	How smoking during pregnancy	
	could affect my babyN	Y
b.	Breastfeeding my baby N	Y
c.	How drinking alcohol during	
	pregnancy could affect my babyN	Y
d.	Using a seat belt during my	
	pregnancy N	Y
e.	Medicines that are safe to take during	
	my pregnancy N	Y
f.	How using illegal drugs could affect	
	my babyN	Y
g.	Doing tests to screen for birth defects	
	or diseases that run in my family N	Y
h.	The signs and symptoms of preterm	
	labor (labor more than 3 weeks before	
	the baby is due)N	Y
i.	What to do if my labor starts early N	Y
j.	Getting tested for HIV (the virus	
	that causes AIDS) N	Y
k.	What to do if I feel depressed during	
	my pregnancy or after my baby	
	is born	Y
1.	Physical abuse to women by their	
	husbands or partners N	Y
	*	

22. During any of your prenatal care visits, did a doctor, nurse, or other health care worker talk with you about taking multivitamins, prenatal vitamins, or folic acid vitamins during your pregnancy?

No
Ye

23. During any of your prenatal care visits, did doctor, nurse, or other health care worke talk with you about how much weight you should gain during your pregnancy?						worker tht you	
Ţ		No — Yes		 [Go to	o Ques	stion 25
24.	or o	other h	ealth ur mo answe	ght did y care won st recent er and fill ox.	rker te pregi	ell you nancy?	to gain Please
	Bet	tween		Pounds	and		Pounds
	Bet	tween		Kilos a	ınd		Kilos
	Exa	actly		Pounds	OR		Kilos
	I do	on't ren	nembe	r			
25.	pre	gnanc	y, did	ring <i>your</i> you get t B Strep	tested	for th	e
		No Yes I don'	t know	V			
26.	pre	gnanc	y or de	ring <i>your</i> elivery, c rus that c	lid yo	u have	e a test
	- 🗆	No Yes—	→	Go to l	Page (, Que	stion 31
V		I don'			1		
G	o to	Page 6	, Ques	tion 27			

6 27. Were you offered an HIV test during your 32. Have you ever heard or read that taking a most recent pregnancy or delivery? vitamin with folic acid can help prevent some birth defects? Go to Question 30 ☐ Yes Go to Question 34 ☐ Yes 28. Did you turn down the HIV test? 33. Have you ever heard about folic acid from □ No-Go to Question 30 any of the following? ☐ Yes Check all that apply 29. Why did you turn down the HIV test? ☐ Magazine or newspaper article Check all that apply ☐ Radio or television Doctor, nurse, or other health care worker ☐ I did not think I was at risk for HIV ☐ Book ☐ I did not want people to think I was at risk ☐ Family or friends for HIV Other — ➤ Please tell us: ☐ I was afraid of getting the result ☐ I was tested before this pregnancy, and did not think I needed to be Go to Question 31 34. Which of the following things would cause tested again -> you to take multivitamins, prenatal Other -➤ Please tell us: vitamins, or folic acid vitamins? Check all that apply ☐ I didn't usually eat the right foods 30. Had you been tested for HIV before this ☐ It prevented heart disease pregnancy? ☐ It was good for my general health ☐ It would help me have a healthy baby No Yes someday I don't know ☐ My family or friends said it was a good ☐ My doctor or nurse said it was a good idea 31. During the *last 3 months* of your most recent pregnancy, how many times a week did you take a multivitamin, a prenatal vitamin, or a 35. Did you get a flu vaccination during your folic acid vitamin? most recent pregnancy? ☐ I didn't take multivitamins, prenatal ■ No ☐ Yes-Go to Question 37 vitamins, or folic acid vitamins at all ☐ 1 to 3 times a week Go to Question 36 4 to 6 times a week ☐ Every day of the week

30.	flu vaccination during your most recent pregnancy? For each item, circle Y (Yes) if it was a reason for you or circle N (No) if it was not a reason or did not apply to you.		during your most recent pregnancy? For each item, circle Y (Yes) if you had the problem or circle N (No) if you did not.	or
	No Yes	a.	No Vaginal bleeding	Yes Y
a.	My doctor didn't mention anything about a flu vaccination during my pregnancy	b. c.	Kidney or bladder (urinary tract) infection	Y Y
b.	I was worried about side effects of the flu vaccination for me Y	d.	Cervix had to be sewn shut (cerclage for incompetent cervix)N	Y
c. d.	I was worried that the flu vaccination might harm my baby N Y I wasn't pregnant during the flu season (November-February) N Y	e.	High blood pressure, hypertension (including pregnancy-induced hypertension [PIH], preeclampsia,	1
e.	I was in my first trimester during the flu season (November-February) . N Y		or toxemia)	Y
f.	I don't normally get a flu vaccination	g.	abruptio placentae or placenta previa) N Labor pains more than 3 weeks before my baby was due (preterm	Y
g.	Other	h.	or early labor)	Y Y
37.	During your most recent pregnancy, were you on WIC (the Special Supplemental Nutrition Program for Women, Infants, and Children)?	i. j.	I had to have a blood transfusion N I was hurt in a car accident N next questions are about smoking	Y Y
Ţ	□ No — Go to Question 39	_	rettes around the time of pregnancy ore, during, and after).	7
38.	When you went for WIC visits during your most recent pregnancy, did you receive information on breastfeeding?		Have you smoked any cigarettes in the page 2 years? ☐ No — Go to Page 6, Question	
	□ No □ Yes	_₩	to Page 6, Question 42	143
39.	During your most recent pregnancy, were you told by a doctor, nurse, or other health care worker that you had gestational diabetes (diabetes that started during this pregnancy)?			
	□ No □ Yes			

42.	In the 3 months before you got pregnant, how many cigarettes did you smoke on an average day? (A pack has 20 cigarettes.)	The next questions are about drinking alcohol around the time of pregnancy (before, during, and after).			
	 □ 41 cigarettes or more □ 21 to 40 cigarettes □ 11 to 20 cigarettes □ 6 to 10 cigarettes □ 1 to 5 cigarettes □ Less than 1 cigarette □ I didn't smoke then 	 46. Have you had any alcoholic drinks in the past 2 years? A drink is 1 glass of wine, wine cooler, can or bottle of beer, shot of liquor, or mixed drink. Go to Question 49 			
43.	In the <u>last 3</u> months of your pregnancy, how many cigarettes did you smoke on an average day? (A pack has 20 cigarettes.)	47a. During the <i>3 months before</i> you got pregnant, how many alcoholic drinks did you have in an average week?			
	☐ 41 cigarettes or more ☐ 21 to 40 cigarettes ☐ 11 to 20 cigarettes ☐ 6 to 10 cigarettes ☐ 1 to 5 cigarettes ☐ Less than 1 cigarette ☐ I didn't smoke then	14 drinks or more a week 7 to 13 drinks a week 4 to 6 drinks a week 1 to 3 drinks a week Less than 1 drink a week I didn't drink then Go to Question 48a 47b. During the 3 months before you got			
44.	How many cigarettes do you smoke on an average day now? (A pack has 20 cigarettes.) 41 cigarettes or more	pregnant, how many times did you drink 4 alcoholic drinks or more in one sitting? A sitting is a two hour time span.			
	☐ 21 to 40 cigarettes ☐ 11 to 20 cigarettes ☐ 6 to 10 cigarettes ☐ 1 to 5 cigarettes ☐ Less than 1 cigarette ☐ I don't smoke now	☐ 6 or more times ☐ 4 to 5 times ☐ 2 to 3 times ☐ 1 time ☐ I didn't have 4 drinks or more in 1 sitting			
45.	Which of the following statements best describes the rules about smoking <i>inside</i> your home <i>now</i> ?	48a. During the <u>last 3</u> months of your pregnancy, how many alcoholic drinks did you have in an average week?			
	Check one answer No one is allowed to smoke anywhere	14 drinks or more a week 7 to 13 drinks a week 4 to 6 drinks a week 1 to 3 drinks a week			
	inside my home Smoking is allowed in some rooms or at some times Smoking is permitted anywhere inside my home	Less than 1 drink a week I didn't drink then Go to Question 48b Go to Question 48b			

48b	how many times did you drink 4 alcoholic drinks or more in one sitting? A sitting is a two hour time span.	50.	50. During the 12 months before you got pregnant with your new baby, did your husband or partner push, hit, slap, kick, choke, or physically hurt you in any other			
	☐ 6 or more times ☐ 4 to 5 times ☐ 2 to 3 times ☐ 1 time ☐ I didn't have 4 drinks or more		way? No Yes			
Dra	in 1 sitting egnancy can be a difficult time for some	51. During your most recent pregnancy, did your husband or partner push, hit, slap, kick, choke, or physically hurt you in any other way?				
	men. The next questions are about					
thi	ngs that may have happened <u>before</u> and <u>ring</u> your most recent pregnancy.		□ No □ Yes			
49.	This question is about things that may have happened during the 12 months before your new baby was born. For each item, circle Y (Yes) if it happened to you or circle N (No) if it did not (It was half to be let the	an	d delivery. (It may help to look at the lendar when you answer these questions.)			
	if it did not. (It may help to look at the calendar when you answer these questions.)		. When was your baby due?			
_	No Yes		20			
a.	A close family member was very sick and had to go into the hospital N Y		Month Day Year			
b.	I got separated or divorced from my		Troilin Duy Tour			
υ.	husband or partner	53. When did you go into the hospital to hav				
c.	I moved to a new address N Y	your baby?				
d.	I was homeless N Y					
e.	My husband or partner lost his job N Y		20			
f.	I lost my job even though I wanted					
	to go on working Y		Month Day Year			
g.	I argued with my husband or partner		☐ I didn't have my baby in a hospital			
	more than usual N Y					
h.	My husband or partner said he	54.	. When was your baby born?			
	didn't want me to be pregnant N Y					
i.	I had a lot of bills I couldn't payN Y		20			
j. 1-	I was in a physical fight N Y		Month Day Year			
k.	My husband or partner or I		Mondi Day Ioai			
1	went to jail					
1.	Someone very close to me had a bad problem with drinking or drugs N Y					
m	Someone very close to me died N Y					
m.	Someone very close to me died N					

55.	. How was your <i>new</i> baby delivered?			58. Did any of these kinds of health insurance plans help you pay for the delivery of your			
abla	-	Vaginally → Cesarean delivery (Go to Question 57 (c-section)	nev	v baby?	Check <u>all</u> that apply	
56.	was	☐ The baby was in the wrong position ☐ I was past my due date ☐ My health care provider worried that the baby was too big ☐ I had a medical condition that made labor dangerous for me ☐ My health care provider tried to induce my labor, but it didn't work ☐ Labor was taking too long		Health insurance from a job (your job or the job of your husband, partner, or parents) Health insurance that you or someone else paid for (not from a job) Medicaid TRICARE or other military health care PeachCare for Kids I did not have health insurance to help pay for my delivery Other source(s) → Please tell us:			
57.	☐ I wanted to schedule my delivery☐ I didn't want to have my baby vaginally☐ Other reason(s) → Please tell us:☐ When were you discharged from the hospital after your baby was born? (It may help to		The next questions are about the time since your new baby was born. 59. After your baby was born, was he or she put in an intensive care unit? No				
		the calendar.)			Yes I don't know		
		Month Day Year ☐ I didn't have my baby in a hospital			er your baby was beste stay in the hosp Less than 24 hours 24 to 48 hours (1 to 3 to 5 days 6 to 14 days More than 14 days My baby was not b My baby is still in the hospital Ouestion 61	(less than 1 day) o 2 days)	

61. Is your baby alive now?	66. How many weeks or months did you breastfeed or pump milk to feed your baby?			
On to Page 12, Question 74 Yes Go to Page 12, Question 74 62. Is your baby living with you now? ☐ No → Go to Page 12, Question 74	Weeks OR Months Less than 1 week			
Yes	67. What were your reasons for stopping breastfeeding?			
63. Did you ever breastfeed or pump breast milk to feed your new baby after delivery, even for a short period of time?	Check <u>all</u> that apply			
No Yes Go to Question 65 64. What were your reasons for not breastfeeding your new baby? Check all that apply	 ☐ My baby had difficulty latching or nursing ☐ Breast milk alone did not satisfy my baby ☐ I thought my baby was not gaining enough weight ☐ My nipples were sore, cracked, or bleeding ☐ It was too hard, painful, or too time consuming 			
My baby was sick and was not able to breastfeed I was sick or on medicine I had other children to take care of I had too many household duties I didn't like breastfeeding I tried but it was too hard I didn't want to I was embarrassed to breastfeed I went back to work or school I wanted my body back to myself Other	☐ I thought I was not producing enough milk ☐ I had too many other household duties ☐ I felt it was the right time to stop breastfeeding ☐ I got sick and was not able to breastfeed ☐ I went back to work or school ☐ My baby was jaundiced (yellowing of the skin or whites of the eyes) ☐ Other			
If you did not breastfeed your new baby, go to Question 68b.	68a. How old was your new baby the first time he or she drank liquids other than breast milk (such as formula, water, juice, tea, or cow's milk)?			
65. Are you currently breastfeeding or feeding pumped milk to your new baby? No Yes Go to Question 68a Go to Question 66	 Weeks OR Months □ My baby was less than 1 week old □ My baby has not had any liquids other than breast milk 			

68b. How old was your new baby the first time he or she ate food (such as baby cereal,	73. Where do you usually take your new baby for well-baby checkups?
baby food, or any other food)?	Check one answer
Weeks OR Months My baby was less than 1 week old My baby has not eaten any foods If your baby is still in the hospital, go to Question 74.	☐ Hospital clinic ☐ Health department clinic ☐ Private doctor's office ☐ HMO or PPO (Kaiser, PruCare) ☐ Other → Please tell us:
69. In which one position do you most often lay your baby down to sleep now? Check one answer On his or her side On his or her back On his or her stomach	74. Are you or your husband or partner doing anything now to keep from getting pregnant? (Some things people do to keep from getting pregnant include not having sex at certain times [natural family planning or rhythm] or withdrawal, and using birth control methods such as the pill, condoms, vaginal ring, IUD, having their tubes tied, or their partner having a vasectomy.)
 70. How often does your new baby sleep in the same bed with you or anyone else? Always Often Sometimes Rarely Never 	No Yes Go to Question 76 75. What are your reasons or your husband's or partner's reasons for not doing anything to keep from getting pregnant now? Check all that apply
 71. Was your new baby seen by a doctor, nurse, or other health care worker during the first week after he or she left the hospital? No Yes 72. Has your new baby had a well-baby checkup? (A well-baby checkup is a regular health visit for your baby usually at 1, 2, 4, or 6 months of age.) No Yes Go to Question 74 	☐ I am not having sex ☐ I want to get pregnant ☐ I don't want to use birth control ☐ My husband or partner doesn't want to use anything ☐ I don't think I can get pregnant (sterile) ☐ I can't pay for birth control ☐ I am pregnant now ☐ Other → Please tell us:
Go to Question 73	

had a postpartum checkup for yourself?	OTHER EXPERIENCES			
(A postpartum checkup is the regular checkup a woman has about 6 weeks after she gives birth.)	The next questions are on a variety of topics.			
 No Yes Go to Question 78 77. At that visit, did a doctor, nurse, or other health care worker discuss family planning or birth control with you? No Yes 	79. At any time during your most recent pregnancy or after delivery, did a doctor, nurse, or other health care worker talk with you about "baby blues" or postpartum depression? No Yes No Yes			
78. Below is a list of feelings and experiences that women sometimes have after childbirth. Read each item to determine how well it describes your feelings and experiences. Then, write on the line the number of the choice that best describes how often you have felt or experienced things this way since your new baby was born. Use the scale when answering:	baby's hearing tested? No So to Question 82 Yes I don't know 81. When someone told you what the test said about your new baby's hearing, what did they tell you?			
1 2 3 4 5 Never Rarely Sometimes Often Always a. I felt down, depressed, or sad b. I felt hopeless c. I felt slowed down	Your baby's test showed no problems Your baby should have another test Other Please tell us: If your baby is not alive or is not living with you now, go to Page 14, Question 85. 82. Do you have an infant car seat(s) that you can use for your new baby? O No O Go to Page 14, Question 85 Go to Page 14, Question 85			
	Go to Page 14, Question 83			

83.	How did you learn to install and use your infant car seat(s)? Check all that apply		The last questions are about the time during the <u>12 months before</u> your new baby was born.					
		A health or safety I figured it out my I already knew hor I have other childr	member showed me professional showed me self w to install it because	86. During the 12 months before your new ba was born, what was your yearly total household income before taxes? Include your income, your husband's or partner's income, and any other income you may have received. (All information will be kept privand will not affect any services you are now getting.)			rly total es? Include or partner's you may have I be kept private	
84.	When your new baby rides in a car, truck, or van, how often does he or she ride in an infant car seat? Always Often Sometimes			☐ Less than \$10,000 ☐ \$10,000 to \$14,999 ☐ \$15,000 to \$19,999 ☐ \$20,000 to \$24,999 ☐ \$25,000 to \$34,999 ☐ \$35,000 to \$49,999 ☐ \$50,000 or more				
85.	☐ Rarely ☐ Never Since your new baby was born, have you asked for help for depression from a doctor,		87.	7. During the 12 months before your new baby was born, how many people, including yourself, depended on this income?				
	nur	rse, or other health No	care worker?		People			
	☐ Yes	Yes		88.	What is	at is today's date?		
						20		
					Month	Day	Year	

Please use this space for any additional comments you would like to make about the health of mothers and babies in Georgia.

Thanks for answering our questions!

Your answers will help us work to make Georgia mothers and babies healthier.