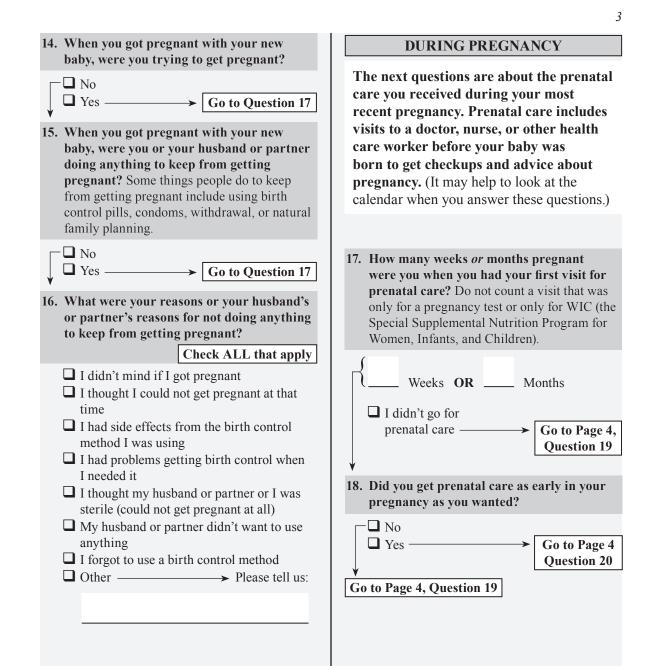
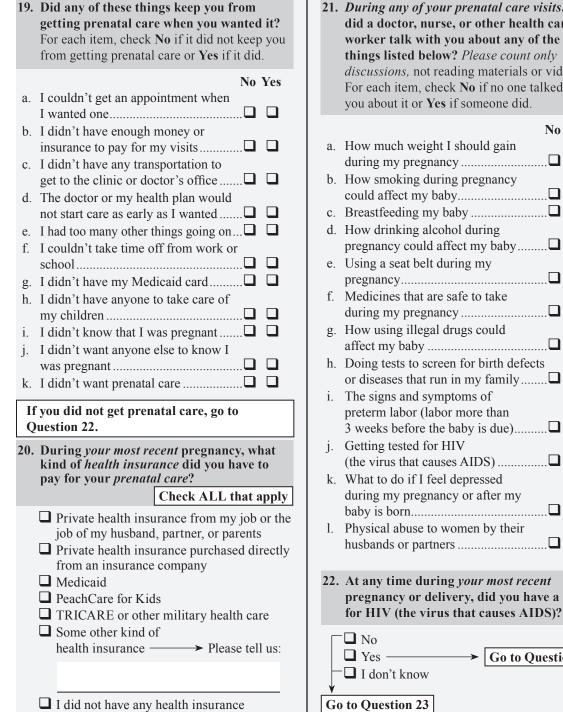
Please check the box next to your answer or follow the directions included with the question. You may be asked to skip some questions that do not apply to you. BEFORE PREGNANCY	<ul> <li>6. Was the baby <i>just before</i> your new one born <i>earlier</i> than 3 weeks before his or her due date?</li> <li>No</li> <li>Yes</li> </ul>
The first questions are about <i>you</i> . 1. How tall are <i>you</i> without shoes?	The next questions are about the time <i>before</i> you got pregnant with your <i>new</i> baby.
Feet Inches OR Centimeters	7. At any time during the 12 months before you got pregnant with your new baby, did you do any of the following things? For each item, check No if you did not do it or Yes if you did it.
<ul> <li>2. Just before you got pregnant with your new baby, how much did you weigh?</li> <li>Pounds OR Kilos</li> <li>3. What is <u>your</u> date of birth?</li> <li>Month Day Year</li> </ul>	No Yes a. I was dieting (changing my eating habits) to lose weight
<ul> <li>4. Before you got pregnant with your new baby, did you ever have any other babies who were born alive?</li> <li>□ No → Go to Question 7</li> <li>□ Yes</li> <li>5. Did the baby born <i>just before</i> your new one weigh 5 pounds, 8 ounces (2.5 kilos) or <i>less</i> at birth?</li> </ul>	<ul> <li>f. I visited a health care worker and was checked for depression or anxiety</li> <li>g. I talked to a health care worker about my family medical history</li> <li>h. I had my teeth cleaned by a dentist or dental hygienist</li> </ul>
<ul><li>No</li><li>Yes</li></ul>	

8. During the month before you got pregnant 11. Before you got pregnant with your new with your new baby, what kind of *health* baby, did a doctor, nurse, or other health insurance did vou have? care worker tell you that you had any of the following health conditions? For Check ALL that apply each one, check No if you did not have the Private health insurance from my job or the condition or Yes if you did. job of my husband, partner, or parents Private health insurance purchased directly No Yes from an insurance company a. Type 1 or Type 2 diabetes (NOT the same as gestational diabetes Medicaid or diabetes that starts during PeachCare for Kids pregnancy) ..... TRICARE or other military health care b. High blood pressure or hypertension..  $\Box$ □ Some other kind of c. Depression ..... health insurance -→ Please tell us: □ I did not have any health insurance The next questions are about the time during the month before I got pregnant when you got pregnant with your new baby. During the *month before* you got pregnant 9. with your new baby, how many times a week did you take a multivitamin, a 12. Thinking back to just before you got prenatal vitamin, or a folic acid vitamin? pregnant with your new baby, how did you feel about becoming pregnant? □ I didn't take a multivitamin, prenatal vitamin, or folic acid vitamin the month **Check ONE answer** before I got pregnant I wanted to be pregnant later □ 1 to 3 times a week □ I wanted to be pregnant sooner  $\Box$  4 to 6 times a week □ I wanted to be pregnant then Every day of the week □ I didn't want to be pregnant Go to then or at any time in the **Ouestion 14** 10. Before you got pregnant with your new future baby, did a doctor, nurse, or other health □ I wasn't sure what I wanted care worker talk to you about how to improve your health before pregnancy? 13. How much longer did you want to wait to become pregnant? D No **V**es Less than 1 year □ 1 year to less than 2 years □ 2 years to less than 3 years □ 3 years to 5 years □ More than 5 years

2

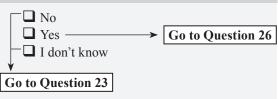




to pay for my prenatal care

21. During any of your prenatal care visits, did a doctor, nurse, or other health care worker talk with you about any of the things listed below? *Please count only* discussions, not reading materials or videos. For each item, check No if no one talked with you about it or Yes if someone did. No Yes

a.	How much weight I should gain during my pregnancy	
b.	How smoking during pregnancy could affect my baby	
c.	Breastfeeding my baby	
d.	How drinking alcohol during pregnancy could affect my baby	
e.	Using a seat belt during my pregnancy	
f.	Medicines that are safe to take during my pregnancy	
g.	How using illegal drugs could affect my baby	
h.	Doing tests to screen for birth defects or diseases that run in my family	
i.	The signs and symptoms of preterm labor (labor more than 3 weeks before the baby is due)	
j.	Getting tested for HIV (the virus that causes AIDS)	
k.	What to do if I feel depressed during my pregnancy or after my baby is born	
1.	Physical abuse to women by their husbands or partners	
22.	At any time during <i>your most recent</i> pregnancy or delivery, did you have	est



<ul> <li>23. Were you offered an HIV test during your most recent pregnancy or delivery?</li> <li>□ No → Go to Question 26</li> <li>○ Yes</li> <li>24. Did you turn down the HIV test?</li> <li>□ No → Go to Question 26</li> </ul>	<ul> <li>28. During the 12 months before the delivery of your new baby, did you get a flu shot?</li> <li>Check ONE answer</li> <li>No Go to Question 30</li> <li>Yes, before my pregnancy</li> <li>Yes, during my pregnancy</li> <li>29. During what month and year did you get</li> </ul>
Yes	the flu shot?
<ul> <li>25. Why did you turn down the HIV test?</li> <li>Check ALL that apply</li> <li>I did not think I was at risk for HIV</li> <li>I did not want people to think I was at risk for HIV</li> <li>I was afraid of getting the result</li> </ul>	$\frac{20}{Month} = \frac{20}{Year}$ I don't remember
<ul> <li>I was tested before this pregnancy, and did not think I needed to be tested again</li> <li>Other</li></ul>	If you got a flu shot, go to Page 6, Question 31.
26. Have you ever heard or read that taking a vitamin with folic acid can help prevent some birth defects?	<b>30.</b> What were your reasons for <u>not</u> getting a flu shot during the <i>12 months before the delivery</i> of your new baby? For each item, check <b>No</b> if it was not a reason for you or <b>Yes</b> if it was.
<ul><li>No</li><li>Yes</li></ul>	No Yes a. My doctor didn't mention anything about a flu shot
27. During the 12 months <i>before the delivery</i> of your new baby, did a doctor, nurse, or other health care worker <i>offer</i> you a flu shot or <i>tell</i> you to get one?	<ul> <li>b. I was worried about side effects of the flu shot for me</li></ul>
<ul> <li>No</li> <li>Yes</li> </ul>	<ul> <li>d. I was not worried about getting sick with the flu</li></ul>

31. This question is about the care of your teeth <u>during</u> your most recent pregnancy. For each item, check No if it is not true or does not apply to you or Yes if it is true.

No Yes

- a. I knew it was important to care for my teeth and gums during my pregnancy.
- during my pregnancy ..... e. I <u>needed</u> to see a dentist for a **problem** .....
- f. I <u>went</u> to a dentist or dental clinic about a **problem** .....

If you did <u>not</u> have any problems with your teeth or gums during your pregnancy, go to Question 34.

- 32. During *your most recent* pregnancy, what kind of problem did you have with your teeth or gums? For each item, check No if you did not have this problem during pregnancy or Yes if you did.
  No Yes
  a. I had cavities that needed to be filled ......
  b. I had painful, red, or swollen gums ....
- c. I had a toothache......
  d. I needed to have a tooth pulled......
  e. I had an injury to my mouth, teeth,
- or gums ......
  f. I had some other problem with my teeth or gums......

Please tell us: -

33. Did any of the following things make it hard for you to go to a dentist or dental clinic about the problem you had during your most recent pregnancy? For each item, check No if it was not something that made it hard for you to go to a dentist during pregnancy or Yes if it was.

		No	Yes
a.	I could not find a dentist or dental clinic that would take pregnant patients		
Э.	I could not find a dentist or dental clinic that would take Medicaid	—	_
	patients		
с.	I did not think it was safe to go to the dentist during pregnancy		
d.	I could not afford to go to the dentist or dental clinic		

- 34. During *your most recent* pregnancy, did you take a class or classes to prepare for childbirth and learn what to expect during labor and delivery? D No **V**es 35. During your most recent pregnancy, did a home visitor come to your home to help you prepare for your new baby? A home
  - visitor is a nurse, a health care worker, a social worker, or other person who works for a program that helps pregnant women.

No

□ Yes

36. During your most recent pregnancy, were vou on WIC (the Special Supplemental Nutrition Program for Women, Infants, and Children)?

 $\square$  No — □ Yes

Go to Question 38

- 37. During your most recent pregnancy, when you went for your WIC visits, did you speak with a breastfeeding peer counselor or another WIC staff person about breastfeeding?

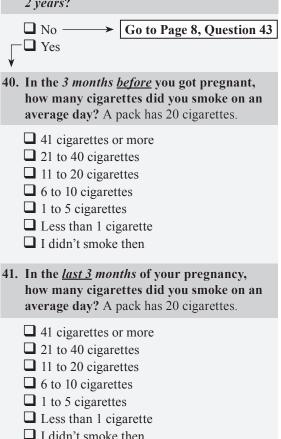
**V**Yes

38. During your most recent pregnancy, were you told by a doctor, nurse, or other health care worker that you had gestational diabetes (diabetes that started during this pregnancy)?

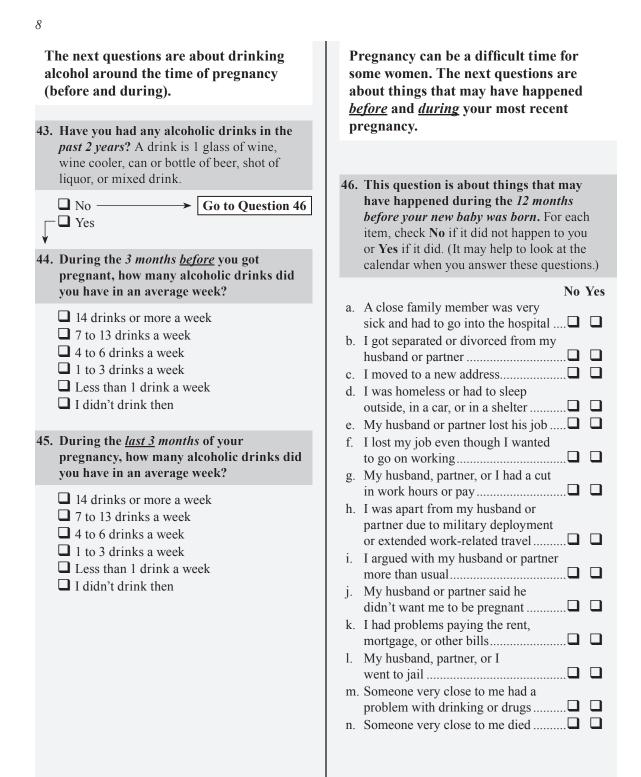
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The next questions are about smoking cigarettes around the time of pregnancy (before, during, and after).

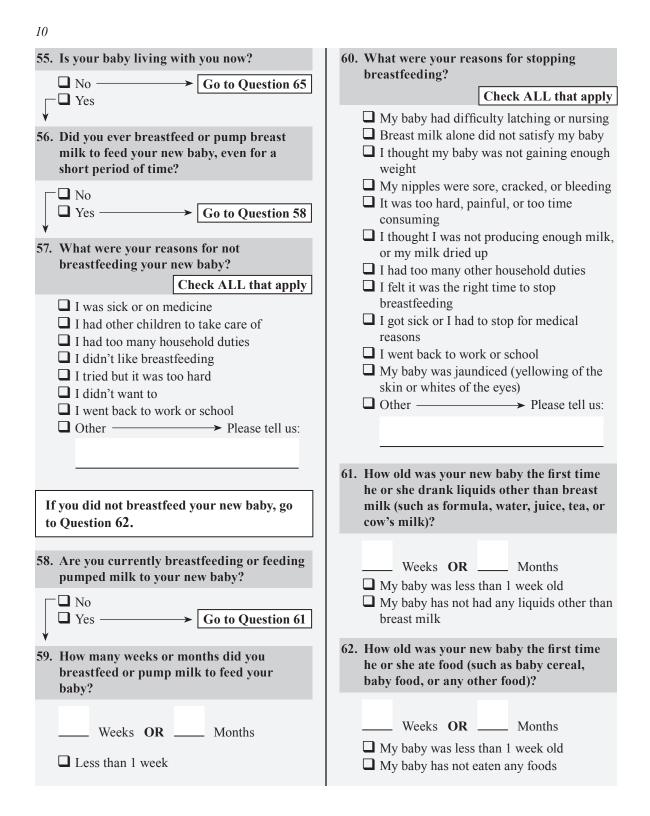
39. Have you smoked any cigarettes in the past 2 years?



- 42. How many cigarettes do you smoke on an average day now? A pack has 20 cigarettes.
  - □ 41 cigarettes or more
  - $\Box$  21 to 40 cigarettes
  - □ 11 to 20 cigarettes
  - □ 6 to 10 cigarettes
  - □ 1 to 5 cigarettes
  - Less than 1 cigarette
  - □ I don't smoke now



	9
47. During the 12 months before your new baby was born, how often did you feel unsafe in the neighborhood where you lived?	51. By the end of <i>your most recent</i> pregnancy, how much weight had you gained? Check ONE answer and fill in blank if needed
<ul> <li>Always</li> <li>Often</li> <li>Sometimes</li> <li>Rarely</li> <li>Never</li> </ul>	<ul> <li>I gained pounds</li> <li>I didn't gain any weight, but I lost pounds</li> <li>My weight didn't change during my pregnancy</li> </ul>
48. During the 12 months before you got pregnant with your new baby, did your husband or partner push, hit, slap, kick, choke, or physically hurt you in any other way?	☐ I don't know AFTER PREGNANCY
<ul> <li>No</li> <li>Yes</li> </ul>	The next questions are about the time since your new baby was born.
<ul> <li>49. During <i>your most recent</i> pregnancy, did your husband or partner push, hit, slap, kick, choke, or physically hurt you in any other way?</li> <li>No</li> <li>Yes</li> </ul>	<ul> <li>52. After your baby was delivered, was he or she put in an intensive care unit (NICU)?</li> <li>No</li> <li>Yes</li> <li>I don't know</li> </ul>
	53. After your baby was delivered, how long did he or she stay in the hospital?
The next questions are about your labor and delivery.	<ul> <li>Less than 24 hours (less than 1 day)</li> <li>24 to 48 hours (1 to 2 days)</li> <li>3 to 5 days</li> <li>6 to 14 days</li> <li>More than 14 days</li> </ul>
50. When was your new baby born?        /      /          /                                   Month       Day       Year	<ul> <li>More than 14 days</li> <li>My baby was not born in a hospital</li> <li>My baby is still in the hospital</li></ul>



66. Since your new baby was born, did the If your baby is still in the hospital, go to **Ouestion 65.** 63. In which one position do you most often lay your baby down to sleep now? **Check ONE answer** b. How long to wait before getting • On his or her side • On his or her back • On his or her stomach 64. How often does your new baby sleep in the e. Resources in my community to same bed with you or anyone else? □ Always **O**ften □ Sometimes Rarely Never 65. Since your new baby was born, has a home visitor come to your home to help you learn how to take care of yourself or your **new baby?** A home visitor is a nurse, a health control pills, condoms, withdrawal, or natural care worker, a social worker, or other person family planning. who works for a program that helps mothers of newborns. · D No 🛛 Yes – Go to Question 67 🗖 No -**V**es Go to Page 12, Question 68 Go to Question 66

home visitor who came to your home talk with you about any of the things listed below? For each one, check No if they did not talk with you about it or Yes if they did. No Yes a. Breastfeeding my baby ..... pregnant again..... c. Family planning services or using contraception..... d. Postpartum depression ...... support new parents ..... f. Getting to and staying at a healthy weight after delivery ...... g. How to quit or keep from smoking.....  $\Box$ h. How to get the health care that my baby or I need ..... 67. Are you or your husband or partner doing anything now to keep from getting pregnant? Some things people do to keep from getting pregnant include using birth



68. What are your reasons or your husband's	69. What kind of birth control are you or your
or partner's reasons for not doing anything	husband or partner using <i>now</i> to keep
to keep from getting pregnant <i>now</i> ?	from getting pregnant?
Check ALL that apply	Check ALL that apply
<ul> <li>I am not having sex</li> <li>I want to get pregnant</li> <li>I don't want to use birth control</li> <li>I am worried about side effects from birth control</li> <li>My husband or partner doesn't want to use anything</li> <li>I have problems getting birth control when I need it</li> <li>I had my tubes tied or blocked</li> <li>My husband or partner had a vasectomy</li> <li>I am pregnant now</li> <li>Other&gt; Please tell us:</li> </ul>	<ul> <li>Tubes tied or blocked (female sterilization, Essure®, Adiana®)</li> <li>Vasectomy (male sterilization)</li> <li>Birth control pill</li> <li>Condoms</li> <li>Injection (Depo-Provera®)</li> <li>Contraceptive implant (Implanon®)</li> <li>Contraceptive patch (OrthoEvra®) or vaginal ring (NuvaRing®)</li> <li>IUD (including Mirena® or ParaGard®)</li> <li>Natural family planning (including rhythm method)</li> <li>Withdrawal (pulling out)</li> <li>Not having sex (abstinence)</li> <li>Other — Please tell us:</li> </ul>

If you or your husband or partner is <u>not doing</u> anything to keep from getting pregnant *now*, go to Question 70.

**70.** *Since your new baby was born,* have you had a postpartum checkup for yourself? A postpartum checkup is the regular checkup a woman has about 4-6 weeks after she gives birth.

NoYes

- 71. *Since your new baby was born*, how often have you felt down, depressed, or hopeless?
  - □ Always
  - Often
  - □ Sometimes
  - Rarely
  - □ Never

<ul> <li>72. Since your new baby was born, how often have you had little interest or little pleasure in doing things?</li> <li>Always</li> </ul>	75. During <i>your most recent</i> pregnancy, about how many hours a day, on average, were you in the same room or vehicle with another person who was smoking?
<ul> <li>Always</li> <li>Often</li> <li>Sometimes</li> <li>Rarely</li> <li>Never</li> </ul>	<ul> <li>Hours</li> <li>I hour a day or less</li> <li>I was never in the same room or vehicle with someone who was smoking</li> </ul>
<ul> <li>73. What kind of <i>health insurance</i> do <u>you</u> have now?</li> <li>Check ALL that apply</li> <li>Private health insurance from my job or the</li> </ul>	76. During your most recent pregnancy, who would have helped you if a problem had come up? For example, who would have helped you if you needed to borrow \$50 or if
<ul> <li>job of my husband, partner, or parents</li> <li>Private health insurance purchased directly from an insurance company</li> </ul>	weeks? Check ALL that apply
<ul> <li>Medicaid</li> <li>PeachCare for Kids</li> <li>TRICARE or other military health care</li> <li>Some other kind of health insurance&gt; Please tell us:</li> </ul>	<ul> <li>My husband or partner</li> <li>My mother, father, or in-laws</li> <li>Other family member or relative</li> <li>A friend</li> <li>Religious community</li> <li>Someone else&gt; Please tell us:</li> </ul>
I do not have health insurance <i>now</i>	No one would have helped me
OTHER EXPERIENCES	If your baby is not alive or living with you, go to Page 14, Question 79.
The next questions are on a variety of topics.	77. Listed below are some statements about safety. For each one, check No if it does not apply to you or Yes if it does.
74. When you got pregnant, what relationship did you have with your new baby's father? Check ONE answer	No Yes         a. I always used a seat belt during my most recent pregnancy
<ul> <li>He was my husband (legally married)</li> <li>He was my partner (not legally married)</li> <li>He was my boyfriend</li> <li>He was a friend</li> <li>Other&gt; Please tell us:</li> </ul>	<ul> <li>b. My home has a working smoke alarm</li></ul>

- 78. *Since your new baby was born*, have you used WIC services for yourself or your new baby?
  - 🗖 No
  - Yes, both my new baby and I use WIC services
  - Services Yes, only my new baby uses WIC services
  - □ Yes, only I am using WIC services
- 79. Since your new baby was born, how often would you say you have been worried or stressed about having enough money to pay your bills?
  - Always
  - Usually
  - □ Sometimes
  - Rarely
  - Never
- 80. *Since your new baby was born*, have you *asked for help* for depression from a doctor, nurse, or other health care worker?
  - No
  - **Y**es
- 81. During any of the following time periods, did your husband or partner threaten you, limit your activities against your will, or make you feel unsafe in any other way? For each time period, check No if it did not happen then or Yes if it did.

No Yes

c. Since my new baby was born .....  $\Box$   $\Box$ 

The last questions are about the time during the *12 months before* your new baby was born.

- 82. During the 12 months before your new baby was born, what was your yearly total household income before taxes? Include your income, your husband's or partner's income, and any other income you may have received. All information will be kept private and will not affect any services you are now getting.
  - \$0 to \$15,000
    \$15,001 to \$19,000
    \$19,001 to \$22,000
    \$22,001 to \$26,000
    \$22,001 to \$29,000
    \$29,001 to \$37,000
    \$37,001 to \$44,000
    \$44,001 to \$52,000
    \$52,001 to \$56,000
    \$56,001 to \$67,000
    \$67,001 to \$79,000
    \$79,001 or more
- 83. During the *12 months before* your new baby was born, how many people, *including yourself*, depended on this income?

\_\_\_\_ People

84. What is today's date?



Please use this space for any additional comments you would like to make about your experiences around the time of your pregnancy or the health of mothers and babies in Georgia.

Thanks for answering our questions!

Your answers will help us work to make Georgia mothers and babies healthier.