

POLIO

IMPORTANT CONSIDERATIONS

- ✓ Polio is **very contagious** and **spreads through person-person contact** from a sneeze or cough and through contact with the feces (poop) of an infected person.
- ✓ Polio is a **disabling and life-threatening disease**.
- ✓ The **only way to protect** against this disease is through safe and effective **vaccination**.

WHO'S AT RISK?



Individuals, who are not fully vaccinated.

SYMPTOMS

SYMPTOM APPEARANCE



- **Nonparalytic symptoms** is 3 to 6 days.
- **The onset of paralysis** usually occurs 7 to 21 days after exposure.
- Most people who get infected with poliovirus do not feel sick or have any symptoms.
- Some people will have:



- **FLU-LIKE SYMPTOMS**
- **STIFFNESS IN THE NECK + BACK**
- **PAIN IN THE STOMACH, ARMS, AND LEGS**

- In the **rare** but most severe cases, **paralysis may occur**.

PREVENTION: **IMMUNIZATION** is the **best way to protect against Polio**.

IF YOU THINK YOU OR A FAMILY MEMBER HAS POLIO



- 1 **Call** your healthcare provider right away.



- 2 Your healthcare provider will tell you how to get care **without exposing others**.



- 3 **Stay home** & don't have visitors in your home.