

SECONDHAND SMOKE DURING PREGNANCY

WHAT IS

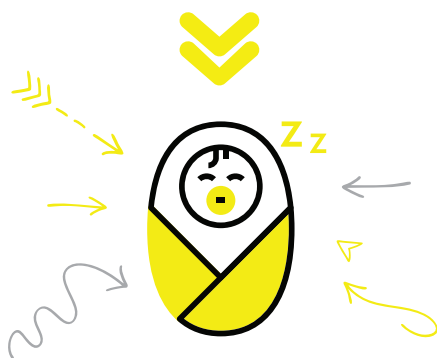
Secondhand smoke exposure?

WHEN NON-SMOKERS

breathe in

smoke

exhaled by smokers or from burning
TOBACCO PRODUCTS.



HEALTH EFFECTS

for infants born to moms exposed to
secondhand smoke =

increased

RISK

BORN PRETERM
underweight
have weak lungs

SIDS

SUDDEN INFANT DEATH SYNDROME

MOMS WHO SMOKED BEFORE PREGNANCY

7X

more likely to be exposed to
secondhand smoke.

MOMS EXPOSED TO secondhand smoke DURING PREGNANCY:

10%

Average daily exposure time

2 HOURS

CHANCES OF HAVING AT LEAST 1 PREGNANCY RISK FACTOR

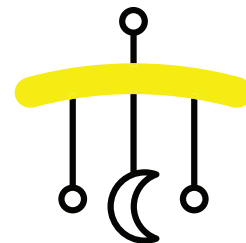
65%

Risk factors include...

hypertension

PRE-PREGNANCY / GESTATIONAL

DIABETES



WHAT

CAN YOU DO?

DO NOT ALLOW

anyone to smoke anywhere

in or near your

home

OR VEHICLES.

ELIMINATE

smoke exposure in

public/work

places



Data Source: The Georgia Pregnancy Risk Assessment Monitoring System (PRAMS) provides information on women's attitudes, experiences, and behaviors before, during, and after the delivery of their live born infant. Georgia resident mothers were selected to participate each month using a stratified random sampling method.