

GEORGIA 2002 STD TREATMENT GUIDELINES FOR ADULTS AND ADOLESCENTS

These guidelines for the treatment of clients with STDs reflect the **2002 CDC STD Treatment Guidelines**. The focus is primarily on STDs encountered in outpatient settings. The guidelines are intended as a source of clinical guidance; they are not a comprehensive list of all effective regimens. For more treatment information, please refer to the complete CDC document. To report STD infections, to request assistance with confidential notification of sexual partners of clients with syphilis, gonorrhea, chlamydia or HIV infection, or to obtain additional information on the medical management of STD clients, call your County Health Department. The Georgia STD Prevention Section is an additional resource for training and consultation in the area of STD clinical management and prevention (404-657-3100), also visit the DHR website at (<http://health.state.ga.us>).

DISEASE	RECOMMENDED DRUGS	DOSE/ROUTE	ALTERNATIVE REGIMENS
CHLAMYDIA			
Uncomplicated Infections Adults/Adolescents ¹	<ul style="list-style-type: none"> Azithromycin OR Doxycycline² 	1 g po single dose 100 mg po bid x 7d	<ul style="list-style-type: none"> Erythromycin base 500 mg po qid x 7 d OR Erythromycin ethylsuccinate 800 mg po qid x 7d OR Oflloxacin³ 300 mg po bid x 7 d OR Levofloxacin² 500 mg po qd x 7d
Pregnant Women ³	<ul style="list-style-type: none"> Azithromycin OR Amoxicillin OR Erythromycin base 	1 g po single dose 500 mg po tid x 7d 500 mg po qid x 7d	<ul style="list-style-type: none"> Erythromycin base 250 mg po qid x 14 d OR Erythromycin ethylsuccinate 800 mg po qid x 7d OR Erythromycin ethylsuccinate 400 mg po qid x 14 d
GONORRHEA⁴			
Uncomplicated Infections Adults/Adolescents	<ul style="list-style-type: none"> Cefixime⁵ OR Ceftriaxone OR Ciprofloxacin^{2,6} OR Oflloxacin^{5,6} OR Levofloxacin^{2,6} plus A recommended regimen for chlamydia Note: Due to high prevalence rate of QRNG in MSM, CDC recommends treatment with Ceftriaxone or Spectinomycin. 	400 mg po single dose 125 mg IM single dose 500 mg po single dose 400 mg po single dose 250 mg po single dose	<ul style="list-style-type: none"> Spectinomycin⁵ 2 g IM single dose Single-dose cephalosporin regimens* Single-dose quinolone² regimens* <p>*Refer to the complete 2002 CDC guidelines for recommended regimens</p>
Pregnant Women	<ul style="list-style-type: none"> Cefixime⁵ OR Ceftriaxone plus A recommended regimen for chlamydia 	400 mg po single dose 125 mg IM single dose	<ul style="list-style-type: none"> Spectinomycin⁵ 2g IM single dose
PELVIC INFLAMMATORY DISEASE ⁷	Parenteral <ul style="list-style-type: none"> Either Cefotetan OR Cefotaxime plus Doxycycline² OR Oral <ul style="list-style-type: none"> Clindamycin plus Gentamicin Either Oflloxacin^{2,9} OR Levofloxacin^{2,9} with or without Metronidazole 	2 g IV q 12 hrs 2 g IV q 6 hrs 100 mg po or IV q 12 hrs 900 mg IV q 8 hrs 2 mg/kg IV or IM followed by 1.5 mg/kg IV or IM q 8 hrs or single daily dosing 400 mg po bid x 14 d 500 mg po QD x 14 d 500 mg po bid x 14 d	Parenteral <ul style="list-style-type: none"> Either Oflloxacin^{2,9} 400 mg IV q 12 hrs OR Levofloxacin^{2,9} 500 mg IV qd with or without Metronidazole 500 mg IV q 8 hrs OR Ampicillin/Sulbactam 3 g IV q 6 hrs plus Doxycycline² 100 mg po or IV q 12 hrs Oral/IM <ul style="list-style-type: none"> Either Ceftriaxone 250 mg IM single dose OR Cefotaxine 2 g IM single dose with Probenecid 1 g po single dose OR Other parenteral third-generation cephalosporin plus Doxycycline² 100 mg po bid x 14 d with or without Metronidazole 500 mg po bid x 14 d
MUCOPURULENT CERVICITIS ⁷	<ul style="list-style-type: none"> Azithromycin OR Doxycycline² 	1 g po single dose 100 mg po bid x 7 d	<ul style="list-style-type: none"> Erythromycin base 500 mg po qid x 7 d OR Erythromycin ethylsuccinate 800 mg po qid x 7 d OR Oflloxacin^{2,9} 300 mg po bid x 7 d OR Levofloxacin^{2,9} 500 mg po qd x 7 days
NONGONOCOCCAL URETHRITIS ⁷	<ul style="list-style-type: none"> Azithromycin OR Doxycycline 	1 g po single dose 100 mg po bid x 7 d	<ul style="list-style-type: none"> Erythromycin base 500 mg po qid x 7 d OR Erythromycin ethylsuccinate 800 mg po qid x 7 d OR Oflloxacin 300 mg po bid x 7 d OR Levofloxacin 500 mg po qd x 7 days
EPIDIDYMITIS ⁷	Likely due to gonorrhea or chlamydia <ul style="list-style-type: none"> Ceftriaxone plus Doxycycline Likely due to enteric organisms, or client allergic to above drugs or age > 35 years <ul style="list-style-type: none"> Oflloxacin⁹ OR Levofloxacin⁹ 	250 mg IM single dose 100 mg po bid x 10 d 300 mg po bid x 10 d 500 mg po qd x 10 d	
TRICHOMONIASIS ¹⁰	Metronidazole	2 g po single dose	<ul style="list-style-type: none"> Metronidazole 500 mg po bid x 7 d
BACTERIAL VAGINOSIS			
Adults/Adolescents	<ul style="list-style-type: none"> Metronidazole OR Clindamycin cream 2%¹¹ OR Metronidazole gel 0.75% 	500 mg po bid x 7 d one full applicator (5g) intravaginally qhs x 7 d one full applicator (5g) intravaginally qd x 5 d	<ul style="list-style-type: none"> Metronidazole 2 g po single dose OR Clindamycin 300 mg po bid x 7 d OR Clindamycin ovules 100 g intravaginally qhs x 3 d
Pregnant Women	<ul style="list-style-type: none"> Metronidazole OR Clindamycin 	250 mg po tid x 7 d 300 mg po bid x 7d	
CHANCROID	<ul style="list-style-type: none"> Azithromycin OR Ceftriaxone OR Ciprofloxacin² 	1 g po single dose 250 mg IM single dose 500 mg po bid x 3 d	<ul style="list-style-type: none"> Erythromycin base 500 mg po tid x 7 d
LYMPHOGRANULOMA VENEREUM	Doxycycline ²	100 mg po bid x 21 d	<ul style="list-style-type: none"> Erythromycin base 500 mg po qid x 21 d
GENITAL WARTS			
External Genital/Perianal Warts	Patient Applied <ul style="list-style-type: none"> Podofilox¹² 0.5% solution or gel OR Imiquimod¹³ 5% cream Provider Administered <ul style="list-style-type: none"> Cryotherapy OR Podophyllin¹² resin 10%-25% in tincture of benzoin OR Trichloroacetic acid (TCA) OR Bichloroacetic acid (BCA) 80%-90% OR Surgical removal 	2x a day for 3 days then 4 days of no therapy 3x a week at hs for up to 16 weeks Repeat q 1-2 weeks prn Repeat weekly prn Repeat weekly prn Repeat weekly prn	<ul style="list-style-type: none"> Intralesional interferon OR Laser Surgery
Mucosal genital Warts	<ul style="list-style-type: none"> Cryotherapy OR TCA or BCA 80%-90% OR Podophyllin¹² resin 10%-25% in tincture of benzoin OR Surgical removal 	Vaginal, urethral meatus, or anal Vaginal or anal Urethral meatus Anal	
GENITAL HERPES SIMPLEX VIRUS INFECTIONS¹⁴			
First Clinical Episode of Herpes	<ul style="list-style-type: none"> Acyclovir OR Acyclovir OR Famciclovir OR Valacyclovir 	400 mg po tid x 7-10 d 200 mg po 5 x day x 7-10 d 250 mg po tid x 7-10 d 1 g po bid x 7-10 d	
Episodic Therapy for Recurrent Episodes (begun during prodrome or within 1 day of lesion onset)	<ul style="list-style-type: none"> Acyclovir OR Acyclovir OR Acyclovir OR Famciclovir OR Valacyclovir 	400 mg po tid x 5 d 200 mg po 5 x day x 5 d 800 mg po bid x 5 d 125 mg po bid x 5 d 500 mg po bid x 3-5 d or 1 g po qd x 5 d	Recommended Regimens for Persons Infected with HIV¹⁵ <ul style="list-style-type: none"> Acyclovir 400 mg po tid x 5-10 d OR Acyclovir 200 mg po 5 x day x 5-10 d OR Famciclovir 500 mg po bid x 5-10 d OR Valacyclovir 1g po bid x 5-10 d
Suppressive Therapy for ≥6 recurrences per year	<ul style="list-style-type: none"> Acyclovir OR Famciclovir OR Valacyclovir 	400 mg po bid 250 mg po bid 500 mg po qd or 1 g po qd	Recommended for Persons Infected with HIV <ul style="list-style-type: none"> Acyclovir 400-800 mg po bid-tid OR Famciclovir 500 mg po bid OR Valacyclovir 500 mg po bid
SYPHILIS			
Primary, Secondary and Early Latent	Benzathine penicillin G	2.4 million units IM single dose	<ul style="list-style-type: none"> Doxycycline^{2,16} 100 mg po bid x 2 weeks OR Tetracycline^{2,16} 500 mg po qid x 2 weeks OR Ceftriaxone¹⁶ 1 g IM OR IV qd x 8-10 d OR Azithromycin¹⁶ 2 g po
Late Latent and Unknown Duration, Tertiary	Benzathine penicillin G	7.2 million units, administered as 3 doses of 2.4 million units IM, at 1-week intervals	<ul style="list-style-type: none"> Doxycycline² 100 mg po bid x 4 weeks OR Tetracycline² 500 mg po qid x 4 weeks
Neurosyphilis ¹⁷	Aqueous crystalline penicillin G	18-24 million units daily, administered as 3-4 million units IV q 4 hrs or continuous infusion for 10-14 d	<ul style="list-style-type: none"> Procaine penicillin G, 2.4 millions units IM qd x 10-14 d plus Probenecid 500 mg po qid x 10-14 d OR Ceftriaxone¹⁶ 2 g IM OR IV qd x 10-14 d
PREGNANT WOMEN¹⁸			
Primary, Secondary and Early Latent	Benzathine penicillin G	2.4 million units IM single dose	<ul style="list-style-type: none"> None
Late Latent and Unknown Duration, Tertiary	Benzathine penicillin G	7.2 million units, administered as 3 doses of 2.4 million units IM, at 1-week intervals	<ul style="list-style-type: none"> None
Neurosyphilis ¹⁷	Aqueous crystalline penicillin G	18-24 million units daily, administered as 3-4 million units IV q 4 hrs or continuous infusion for 10-14 d	<ul style="list-style-type: none"> Procaine penicillin G, 2.4 millions units IM qd x 10-14 d plus Probenecid 500 mg po qid x 10-14 d
HIV INFECTED			
Primary, Secondary and Early Latent	Benzathine penicillin G	2.4 million units IM single dose	<ul style="list-style-type: none"> Doxycycline^{2,16} 100 mg po bid x 2 weeks OR Tetracycline^{2,16} 500 mg po qid x 2 weeks
Late Latent and Unknown Duration ¹⁸ with normal CSF Exam	Benzathine penicillin G	7.2 million units, administered as 3 doses of 2.4 million units IM, at 1-week intervals	<ul style="list-style-type: none"> None
Neurosyphilis ¹⁷	Aqueous crystalline penicillin G	18-24 million units daily, administered as 3-4 million units IV q 4 hrs or continuous infusion for 10-14 d	<ul style="list-style-type: none"> Procaine penicillin G, 2.4 millions units IM qd x 10-14 d plus Probenecid 500 mg po qid x 10-14 d

¹ Annual screening for women age 29 years and younger. Nucleic Acid Amplification Tests (NAATs) are recommended. Women with chlamydia should be re-screened 3-4 months after treatment.

² Contraindicated for pregnant and nursing women.

³ Test-of-cure follow-up is recommended because the regimens are not highly efficacious (amoxicillin and erythromycin) or the data on safety and efficacy are limited (azithromycin).

⁴ Co-treatment for chlamydia infection is indicated unless chlamydia infection has been ruled out using sensitive technology.

⁵ Not recommended for pharyngeal gonococcal infection.

⁶ Quinolones should not be used for infections acquired in Asia, Pacific, Hawaii or California.

⁷ Testing for gonorrhea and chlamydia is recommended because a specific diagnosis may improve compliance and partner management. These infections are reportable by GA State Law.

⁸ Discontinue 24 hours after client improves clinically and continue with oral therapy for a total of 14 days.

⁹ If gonorrhea is documented, test-of-cure follow-up is recommended to ensure patient does not have untreated resistant gonorrhea infection.

¹⁰ If re-infection is ruled out and persistence of trichomonas is documented, evaluate for metronidazole-resistant *T. vaginalis*. Referral to CDC at 770-488-4115.

¹¹ Might weaken latex condoms and diaphragms because oil-based.

¹² Contraindicated during pregnancy.

¹³ Safety in pregnancy has not been established.

¹⁴ Counseling about natural history, asymptomatic shedding, and sexual transmission is an essential component of herpes management.

¹⁵ If lesions persist or recur while receiving antiviral treatment, HSV resistance should be suspected and a viral isolate should be obtained for sensitivity testing.

¹⁶ Because efficacy of these therapies has not been established and compliance of some of these regimens difficult, close follow-up is essential. If compliance or follow-up cannot be ensured, then client should be desensitized and treated with benzathine penicillin.

¹⁷ Benzathine penicillin G, 2.4 million units may be administered once per week for up to three weeks after completion of neurosyphilis therapy.

¹⁸ Clients allergic to penicillin should be treated with penicillin after desensitization.