

In May 2019, CDC and the National TB Controllers Association issued

TUBERCULOSIS

TESTING



TREATMENT



FOR U.S. HEALTH CARE PERSONNEL

UPDATED RECOMMENDATIONS FOR TUBERCULOSIS (TB) SCREENING, TESTING, AND TREATMENT

for health care personnel in the United States.



What are the updated recommendations?

Before starting a new job in a health care setting, all workers and volunteers should receive



TB individual risk assessment



Symptom screening



TB test

An annual TB test is not recommended unless there is a known exposure or ongoing transmission.

All health care personnel should receive TB education every year.

Treatment for latent TB infection (LTBI) is strongly encouraged for health care personnel diagnosed with LTBI.

Shorter treatment regimens should be used.



Who is affected by the new recommendations?

Individuals who work or volunteer in health care settings



Health care settings include

- › Inpatient and outpatient settings
- › Laboratories
- › Emergency medical services
- › Medical settings in prisons or jails
- › Home-based health care settings
- › Long-term care facilities

What if my state's regulations are different?

Follow your state's guidance.



For TB regulations in your area, please contact your state or local TB control program.



Where can I get more information?

www.cdc.gov/tb



Centers for Disease Control and Prevention
National Center for HIV/AIDS, Viral Hepatitis, STD, and TB Prevention