INCREASED RISK of complications is likely if you smoke during PREGNANCY

HEALTH EFFECTS to unborn babies...
- increased RISK BORN PRETERM
- underweight
- damage to baby’s LUNGS/BRAIN
- SUDDEN INFANT DEATH SYNDROME (SIDS)

MOMS WHO SMOKED DURING PREGNANCY

49% CHANCES OF HAVING AT LEAST 1 PREGNANCY RISK FACTOR
- Risk factors include...
  - hypertension
  - PRE-PREGNANCY / GESTATIONAL DIABETES

3X MOMS WHO DRANK ALCOHOL during pregnancy were more likely to have smoked cigarettes

WHAT CAN YOU DO?
CALL THE Georgia Tobacco Quit Line
1-877-270-STOP

CONTACT Georgia Crisis & Access Line
1-800-715-4225
to find a provider in your area to assist with ALCOHOL CESSATION

For more information on maternal behaviors during pregnancy: dph.georgia.gov/PRAMS

Data Source: The Georgia Pregnancy Risk Assessment Monitoring System (PRAMS) provides information on women's attitudes, experiences, and behaviors before, during, and after the delivery of their live born infant. Georgia resident mothers were selected to participate each month using a stratified random sampling method.