



## Vaping Prevention Education Rubric

The Georgia Tobacco Use Prevention Program (GTUPP) created the rubric below for vaping prevention programs. These programs were evaluated using the Georgia Standards of Excellence for Health Education approved by the Georgia Board of Education. The programs included in this rubric are not an exhaustive list of vaping prevention programs.

| Category                 | CATCH My Breath                                                                                                                              | Aspire                              | Vaping: Know the Truth                                                                  | Vaping Prevention and Education Resource Center | Know the Risks: A Youth Guide to E-cigarettes | Stanford Medicine Tobacco Prevention Toolkit                                                                         |
|--------------------------|----------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------|-----------------------------------------------------------------------------------------|-------------------------------------------------|-----------------------------------------------|----------------------------------------------------------------------------------------------------------------------|
| <b>Elementary School</b> | HE 1 HE 4<br>HE 5 HE 6<br>HE 7                                                                                                               | Does not offer                      | Does not offer                                                                          | Does not offer                                  | Does not offer                                | Does not offer                                                                                                       |
| <b>Middle School</b>     | HE 1 HE 2<br>HE 3 HE 4<br>HE 5 HE 6<br>HE 7 HE 8                                                                                             | HE 1 HE 2<br>HE 4 HE 5<br>HE 7 HE 8 | Does not offer                                                                          | HE 1 HE 2<br>HE 3 HE 4<br>HE 5 HE 7<br>HE 8     | HE 1 HE 2<br>HE 3 HE 8                        | HE 1 HE 2<br>HE 3 HE 4<br>HE 5 HE 6<br>HE 7 HE 8                                                                     |
| <b>High School</b>       | HE 1 HE 2<br>HE 3 HE 4<br>HE 5 HE 6<br>HE 7 HE 8                                                                                             | HE 1 HE 2<br>HE 4 HE 5<br>HE 7 HE 8 | HE 1 HE 2 HE 3<br>HE 4 HE 5 HE 6<br>HE 7 HE 8                                           | HE 1 HE 2<br>HE 3 HE 4<br>HE 5 HE 7<br>HE 8     | HE 1 HE 2<br>HE 3 HE 8                        | HE 1 HE 2<br>HE 3 HE 4<br>HE 5 HE 6<br>HE 7 HE 8                                                                     |
| <b>Program Resources</b> | Pre/post survey for middle and high school. Provides a self-guided training and two additional live in-service/train the trainers for a fee. | No additional resources.            | This includes sessions for 8th grade. Pre/post survey Available in English and Spanish. | No additional resources.                        | No additional resources.                      | Offers 2 Elementary School sessions. No health standards are associated. Pre/post survey for middle and high school. |

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| <b>Number and length of Sessions</b> | 2 - 4 sessions<br><br>25 - 35 minutes each session.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | 5 modules<br><br>~ 3 hours to complete the self-paced program. | 4 Sessions<br><br>10-15 minutes Self-pace program. | 4 sessions<br><br>40-60 minutes each session. | Varies<br><br>This is a single presentation. | 6 sessions<br><br>~50 minutes. |
| <b>Health Education Standards</b>    | <p>HE 1: Students will comprehend concepts related to health promotion and disease prevention to enhance health.</p> <p>HE 2: Students will analyze the influence of family, peers, culture, media, technology, and other factors on health behaviors.</p> <p>HE 3: Students will demonstrate the ability to access valid information, products, and services to enhance health.</p> <p>HE 4: Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.</p> <p>HE 5: Students will demonstrate the ability to use decision-making skills to enhance health.</p> <p>HE 6: Students will demonstrate the ability to use goal-setting skills to enhance health.</p> <p>HE 7: Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.</p> <p>HE 8: Students will demonstrate the ability to advocate for personal, family, and community health.</p> |                                                                |                                                    |                                               |                                              |                                |

Created by Georgia Tobacco Use Prevention Program  
Evaluation tool: The Georgia Standards of Excellence for Health Education <https://www.georgiastandards.org/Georgia-Standards/Pages/Health-Education.aspx>

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