



## Georgia Growing Fit Wellness Policies for Early Care Settings

### WHOLE WHEAT MINI PIZZA RECIPE

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#### INGREDIENTS

- ½ whole wheat english muffin
- 2 tbs pizza/ pesto sauce
- ¼ cup mozzarella cheese
- 2 tbs sliced vegetables: mushrooms, tomato, cooked spinach, zucchini, cooked squash

*Serves 1 person*

#### DIRECTIONS

1. Preheat oven to 400°F
2. Lay whole wheat english muffin on aluminum foil and top with sauce, vegetables and cheese
3. Place foil on tray and bake for 10 minutes or until cooked
4. Remove from oven and let cool
5. Cut and serve

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