



What is WIC?

WIC promotes the health of families by providing nutritious foods, health education, breastfeeding support, and health care referrals from staff dedicated to a healthy Georgia.



WIC is a no-cost, flexible program that offers services to fit all stages of life. WIC currently serves 220,000+ Georgians!

We encourage different types of families, including newly pregnant, working, military, and migrant families, to apply!

Scan the QR code to learn more at wic.ga.gov



This institution is an equal opportunity provider.



Georgia WIC is for your family

Nutritious food, health education, and support to give your children and family a healthy start





Who can sign up for WIC?

WIC is not just for moms — primary caretakers, pregnant women, single dads, and foster parents are all eligible to receive WIC benefits for their families.

You may be eligible if you live in Georgia and you ...

- Are a pregnant woman, a new mom, breastfeeding, or the sole provider of an infant or child under age five
- Meet the WIC income guidelines
- Have a nutritional need determined by a WIC health professional at your first WIC appointment

Did you know?

Medicaid and/or SNAP recipients who are raising a child under the age of five automatically meet the income requirements for WIC.



How can WIC help your family?

WIC includes:

- Monthly food benefits that can be used to buy healthy foods at authorized WIC vendors, including local grocery stores, pharmacies, and farmers markets
- Expert guidance on breastfeeding
- One-on-one support from certified nutritionists and dietitians
- Referrals to other health care and community resources for your family
- Multilingual staff dedicated to enhancing your family's health and wellness

eWIC is here to help!

Georgia now uses eWIC for an easier and more flexible grocery experience for WIC participants:

- Think of eWIC as a debit card you can use to buy healthy foods such as milk, eggs, bread, juice, peanut butter, infant formula, and more
- Your eWIC card automatically reloads with food benefits after WIC appointments
- Participants can check their eWIC balance online at any time on an easy-to-use WIC site