

Georgia Senior Farmers Market Nutrition Program



## What is the Georgia Senior Farmers Market Nutrition Program?

The Georgia Senior Farmers Market Nutrition Program (GA-SFMNP) promotes healthy eating by providing fresh, Georgia-grown fruits, vegetables, and herbs to eligible participants at approved market sites from May 1 through October 30 each year. Benefits are issued through participating Area Agencies on Aging across the state to senior participants once per year on a first-come, first-served basis through September 30. The United States Department of Agriculture (USDA) provides the funding for GA-SFMNP benefits.

## What are the eligibility requirements?

To be eligible for GA-SFMNP benefits, you must:

- Be a Georgia resident;
- Be 60 years of age or older, or
- 55-59 years of age, deemed disabled, and currently living in a housing facility occupied primarily by older individuals where congregate nutrition services are provided, at the time of the market; and
- Have a household income at or below 185% of the Federal Poverty Guidelines\*.

## What do I receive as a GA-SFMNP participant?

- Benefits valued at \$30<sup>†</sup> to purchase fresh produce from approved Georgia Senior Farmers Market locations;
- · Nutrition education and information on the benefits of fresh fruits and vegetables;
- Tips for selecting, preparing, and storing fresh fruits and vegetables;
- · Money-saving advice; and
- Quick recipes.

## Where can I use my GA-SFMNP benefits?

GA-SFMNP benefits can be used to purchase eligible produce from approved farmers market locations displaying Georgia Senior Farmers Market Nutrition Program signage. Contact your local Area Agency on Aging (AAA) for market dates, times, and locations.

<sup>\*</sup>www.aspe.hhs.gov/topics/poverty-economic-mobility/poverty-guidelines

<sup>†</sup>Subject to change based on funding availability

# **Area Agencies on Aging (AAA) by region:** aging.georgia.gov/locations

Atlanta Regional AAA	Cherokee, Clayton, Cobb, DeKalb, Douglas, Fayette, Fulton, Gwinnett, Henry, Rockdale	(470) 378-1490
Central Savannah River Area-Regional Commission AAA	Burke, Columbia, Glascock, Hancock, Jefferson, Jenkins, Lincoln, McDuffie, Richmond, Screven, Taliaferro, Warren, Washington, Wilkes	(888) 922-4464
Coastal Georgia AAA	Bryan, Bulloch, Camden, Chatham, Effingham, Glynn, Liberty, Long, McIntosh	(800) 580-6860
Heart of Georgia Altamaha AAA	Appling, Bleckley, Candler, Dodge, Emanuel, Evans, Jeff Davis, Johnson, Laurens, Montgomery, Tattnall, Telfair, Toombs, Treutlen, Wayne, Wheeler, Wilcox	(888) 367-9913
Legacy Link AAA	Banks, Dawson, Forsyth, Franklin, Habersham, Hall, Hart, Lumpkin, Rabun, Stephens, Towns, Union, White	(855) 266-4283
Middle Georgia AAA	Baldwin, Bibb, Crawford, Houston, Jones, Monroe, Peach, Pulaski, Putnam, Twiggs, Wilkinson	(888) 548-1456
Northeast Georgia AAA	Barrow, Clarke, Elbert, Greene, Jackson, Jasper, Madison, Morgan, Newton, Oconee, Oglethorpe, Walton	(800) 474-7540
Northwest Georgia AAA	Bartow, Catoosa, Chattooga, Dade, Fannin, Floyd, Gilmer, Gordon, Haralson, Murray, Paulding, Pickens, Polk, Walker, Whitfield	(800) 759-2963
River Valley AAA	Chattahoochee, Clay, Crisp, Dooly, Harris, Macon, Marion, Muscogee, Quitman, Randolph, Schley, Stewart, Sumter, Talbot, Taylor, Webster	(800) 615-4379
Southern Georgia AAA	Atkinson, Bacon, Ben Hill, Berrien, Brantley, Brooks, Charlton, Clinch, Coffee, Cook, Echols, Irwin, Lanier, Lowndes, Pierce, Tift, Turner, Ware	(888) 732-4464
SOWEGA AAA	Baker, Calhoun, Colquitt, Decatur, Dougherty, Early, Grady, Lee, Miller, Mitchell, Seminole, Terrell, Thomas, Worth	(800) 282-6612
Three Rivers AAA	Butts, Carroll, Coweta, Heard, Lamar, Meriwether, Pike, Spalding, Troup, Upson	(866) 854-5652



## What types of produce can I purchase at GA-SFMNP market locations?

Only fresh, Georgia-grown fruits, vegetables, and/or herbs may be purchased at designated market sites. Eligible foods include (but are not limited to):

Apples
Beans, Lima
Beans, Snap
Beets
Blueberries
Cantaloupe
Cabbage
Carrots
Corn
Cucumbers

Eggplants
Fresh herbs
Grapes
Greens, Collard
Greens, Mustard
Greens, Turnip
Muscadines
Mushrooms
Nectarines
Okra

Onions
Peaches
Pears
Peas
Peppers, Bell
Peppers, Hot
Peppers, Sweet
Plums
Potatoes, Sweet
Potatoes, White

Pumpkin Spinach Squash Strawberries Tomatoes Watermelon In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: www.usda.gov/sites/default/files/documents/ad-3027.pdf, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410 FAX: (833) 256-1665 or (202) 690-7442

EMAIL: Program.Intake@usda.gov

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## **Helpful Tips and Reminders:**

- GA-SFMNP benefits can only be used to purchase produce at approved farmers market locations.
- Arrive at the farmers market early for the best selection.
- If your purchase exceeds the value of your GA-SFMNP benefits you must pay the difference with another form of payment.
- Use your GA-SFMNP benefits on or before the expiration date of October 30.



## **Contact Us**

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EMAIL: Farmers.Market@dph.ga.gov | PHONE: (404) 657-2900

### CUSTOMER SERVICE HOTLINE:

(866) 814-5468 (toll-free) Monday through Friday, from 8 a.m. to 5 p.m. (EST), excluding state holidays. After 5 p.m. or during periods of high call volume, please leave a voicemail.



Scan for more information about the Georgia Senior Farmers Market Nutrition Program or visit dph.georgia.gov/farmers-market

