10 TRUTHS ABOUT
Women and COVID-19 Vaccines

**Myth:** Pregnant women should wait until after delivery to get vaccinated.

**Truth:** Pregnant women should get vaccinated as soon as possible to protect themselves and the health of their babies. If infected with COVID-19, pregnant women are more likely to have a severe case of COVID-19 and their babies are at increased risk for preterm birth.

**Myth:** Most vaccines are not safe for breastfeeding women.

**Truth:** Most vaccines, including COVID-19 vaccines, are safe for breastfeeding women. Breastfeeding women routinely receive nearly all other vaccines.

**Myth:** There is no study information about the safety of COVID-19 vaccines in pregnancy.

**Truth:** While pregnant women were excluded from initial vaccine clinical trials, there is now substantial and reassuring study information that the COVID-19 vaccines are safe in pregnancy. Over 4,700 women are enrolled in a CDC-FDA birth registry that is reporting no abnormal adverse events in pregnant individuals.

**Myth:** COVID-19 vaccines cause infertility.

**Truth:** There is no evidence that COVID-19 vaccines affect fertility in women or men.

**Myth:** COVID-19 vaccines cause changes in menstruation and menopause.

**Truth:** Many factors can affect menstruation, like stress, sleep, changes in weight, infections, and many diseases. There is no current evidence that vaccines directly cause menstrual irregularities or early menopause.

**Myth:** There is no system to monitor pregnant women for side effects after receiving a COVID-19 vaccination.

**Truth:** Over 100,000 pregnant women are contributing to V-Safe, the CDC’s post-vaccination surveillance app. V-Safe data shows short-term side effects such as fever, redness at injection site, and fatigue are similar in pregnant and non-pregnant women.

**Myth:** Pregnant women need a note from their healthcare provider before being able to receive a vaccine.

**Truth:** All women, regardless of pregnancy status, are receiving vaccinations in the same way. Women do not need a note from their obstetrician certifying they can get a COVID-19 vaccine.

**Myth:** Vaccination is linked to a heightened risk of miscarriages.

**Truth:** The CDC’s V-Safe app is currently monitoring vaccinated women for miscarriage side effects. There appears to be no increased risk of miscarriage after vaccination.

For more information, visit:

- dph.georgia.gov/covid-vaccine