

# Burden of Chronic Disease

If the people of Georgia with at least one chronic disease stood with arms outstretched, they would reach from Atlanta, Georgia to Seattle, Washington.



Chronic diseases causes premature death



Chronic diseases cost Georgia approximately 40 billion dollars each year



Chronic diseases are preventable and avoidable



## Modifiable Risk Factors

### Nutrition & Physical Activity



2 out of 3 Georgia adults are obese or overweight

### Tobacco



1 out of 5 Georgia adults smoke

### Breastfeeding



3 out of 10 Georgia mothers breastfeed for 6 months

HOW CAN WE CREATE A HEALTHIER GEORGIA?

**JOIN**

## GEORGIA WORKING ON HEALTH

TAKE THE PLEDGE ONLINE  
adopt worksite policies to:



PLEDGE TODAY AT:

[dph.ga.gov/working-on-health](http://dph.ga.gov/working-on-health)