DTTAC Lifestyle Coach Training





Training and Technical Assistance Center

DTTAC Lifestyle Coach Training. The Diabetes Training and Technical Assistance Center (DTTAC) at Emory University is providing in-person training, as well as ongoing learning resources, for Lifestyle Coaches delivering the evidence-based, year-long National Diabetes Prevention Program lifestyle change program - the nation's foremost evidence-based program for preventing type 2 diabetes.



Why should Lifestyle Coaches be trained by DTTAC?

- DTTAC Lifestyle Coach Training provides participants with the skills, experience, and knowledge they need to successfully facilitate the lifestyle change program.
- We have developed a cadre of experienced Master Trainers who are experts in the national, CDCrecommended curriculum, which was developed by DTTAC for the CDC.
- We have trained 700 Lifestyle Coaches representing 350 employers, educational institutions, health care systems, and community and faith-based organizations around the country.
- Located within the Rollins School of Public Health at Emory University, we have a public health mission and a proven track record for providing capacity-building services to our partners .



DTTAC's 2-day in-person Lifestyle Coach Training:

- Features an interactive, small group format with hands-on practice in group facilitation techniques.
- Is delivered by expert Master Trainers from diverse organizations with real-world experience delivering lifestyle change programs.
- Includes the most up-to-date information on CDC recognition process and the national program.
- Includes free, ongoing access to tools and technical assistance from our expert staff and Master Trainers.
- Offers CEUs for dietitians and certified diabetes educators.
- Is hosted in regional locations around the country and can be provided at your site, making the training accessible for organizations and communities.

If your organization is interested in DTTAC Lifestyle Coach Training, please contact us at dttac@emory.edu for more information.

Diabetes Training and Technical Assistance Center (DTTAC) www.tacenters.emory.edu