

Tobacco-Free Campus Assessment Survey (students, staff & faculty)

Instructions to coalition: Use this survey to collect important information from staff, faculty and students on your campus. Some questions may be more relevant for your campus than others, so please pick the items you think are most applicable to the campus. Please also add the necessary IRB approval information to the instructions below. A customizable Word document is available on our website: www.wakehealth.edu/tobaccofreecolleges.

Instructions to participants: This survey is for faculty, staff, and students of _____ college/university to help us determine the best tobacco policy for the campus. Your participation will be very helpful in determining priorities and therefore we greatly appreciate your participation. This survey is voluntary and anonymous.

The first few questions ask for some background information about you.

1. What is your gender?

- ☐ Female ☐ Male ☐ Prefer not to answer

2. What is your age? _____

3. What is your highest level of education?

- ☐ High school ☐ Some College ☐ Associate Degree
☐ Bachelor degree ☐ Graduate or Professional degree

4. What is your race/ethnicity? (Choose as many as apply)

- ☐ Asian ☐ Black or African-American ☐ White ☐ Hispanic or Latino
☐ Native Hawaiian or Other Pacific Islander ☐ Other ☐ American Indian or Alaskan Native

5. Do you consider yourself to be?

- ☐ Straight (heterosexual) ☐ Gay or lesbian ☐ Bisexual ☐ Other

6. At _____ college, are you currently a:

- ☐ Full-time student
☐ Part-time student
☐ Full-time staff
☐ Part-time staff
☐ Full-time faculty
☐ Part-time faculty
☐ Other

7. Do you reside: (Choose best response)

- ☐ On-campus dormitories/housing
☐ Off-campus college housing
☐ Off-campus private housing
☐ Other

8. Are you a member of: (Choose as many as apply)

- ☐ Club
☐ Student government
☐ Sports team
☐ Academic society
☐ Fraternity/Sorority
☐ Other college organization

Tobacco-Free Campus Assessment Survey

The following questions ask about secondhand smoke exposure.

9. When I walk through campus, I am exposure to secondhand smoke:

- ☐ Never
 ☐ Rarely
 ☐ Sometimes
 ☐ Often
 ☐ Always

10. Is secondhand smoke on campus a concern/annoyance for you?

- ☐ Yes, a concern/annoyance
 ☐ No, not a concern/annoyance
 ☐ No opinion

The following questions ask about your personal tobacco use.

11. Have you ever tried any tobacco product, even one time (e.g., cigarette, cigar, hookah, pipe, smokeless, etc.)?

- ☐ Yes (go to next question)
 ☐ No (skip to question # 17)

12. How old were you when you smoked a whole cigarette for the first time?

- ☐ 8 years old or younger
☐ 9 – 12 years old
☐ 13 – 17 years old
☐ 18 – 21 years old
☐ 22 years old or older
☐ I have never smoked a whole cigarette (skip to question # 16)

13. During the past 30 days, on how many days did you smoke cigarettes?

- ☐ 0 days (skip to question # 16)
☐ 1 or 2 days
☐ 3 to 5 days
☐ 6 to 9 days
☐ 10 to 19 days
☐ 20 to 29 days
☐ All 30 days

14. During the past 30 days, on the days you smoked, how many cigarettes did you smoke per day?

- ☐ Less than 1 cigarette per day
☐ 2 to 5 cigarettes per day
☐ 6 to 10 cigarettes per day
☐ 11 to 20 cigarettes per day
☐ More than 20 cigarettes per day

15. Were the cigarettes that you typically smoked menthol?

- ☐ Yes
 ☐ No

16. During the past 30 days, on how many days did you use each of these tobacco products? (Please choose one answer in each row).

Number of days	0	1 or 2	3 to 5	6 to 9	10 to 19	20 to 29	All 30
Cigars, Cigarillos, Little Cigars							
Traditional Pipe							
Bidis, Kreteks (Clove cigarettes)							
Waterpipe or Hookah							
Chewing Tobacco, Snuff, Dip							
Snus							
Dissolvables tobacco (sticks, strips, orbs)							

Tobacco-Free Campus Assessment Survey

The next series of question ask you about tobacco-use issues at your college.

17. Please use the scale to assess the extent of smoking at the following locations:

Extent of Smoking	No problem	Minor	Serious	Severe	No Opinion
Dormitories					
Classroom buildings					
Cafeterias					
Indoor recreational/exercise areas					
Student Center					
Entrances/Exits to/from buildings					
Outside on the campus					
Off-campus housing					
Parties, student hangouts					
On-campus events (i.e. concerts or athletic events)					

18. Since the semester started, have you been at an event where tobacco companies offered free samples of tobacco products?

- ☐ Yes ☐ No

19. In the last 30 days, have you seen any advertising of tobacco products on campus?

- ☐ Yes ☐ No

20. Have you received emails from tobacco companies to your college email address?

- ☐ Yes ☐ No

The next questions ask about cessation services available on campus.

21. When you've gone to the campus health center for service, were you asked if you used tobacco?

- ☐ Yes
☐ No
☐ I've never gone to the campus health center for service (skip to #24)

22. Were you advised to quit using tobacco?

- ☐ Yes
☐ No
☐ I don't use any tobacco products (skip to # 26)

23. Were you referred to any service that might help you quit?

- ☐ Yes
☐ No

24. Have you ever participated in a program to help you quit using tobacco?

- ☐ Yes
☐ No
☐ I don't use any tobacco products (skip to # 26)

25. Would you use NRT (Nicotine Replacement Therapy), such as nicotine gum, patches or inhalers to help you quit if they were offered at no cost to you?

- ☐ Yes
☐ No

Tobacco-Free Campus Assessment Survey

26. Does your college have special groups, classes or counselors to help students who want to quit using tobacco?

- ☐ Yes
☐ No
☐ Not sure

The following questions focus on your beliefs regarding a college tobacco use policy.

27. Colleges have a responsibility to lessen the risk of tobacco addiction by adopting policies that discourage tobacco use.

- ☐ Strongly Agree ☐ Agree ☐ Disagree ☐ Strongly Disagree

28. Colleges have a responsibility to adopt policies that ensure people have smoke-free air to breathe.

- ☐ Strongly Agree ☐ Agree ☐ Disagree ☐ Strongly Disagree

29. Colleges should regulate tobacco use on campus.

- ☐ Strongly Agree ☐ Agree ☐ Disagree ☐ Strongly Disagree

30. Which type of college tobacco-use policy do you believe would be best for the college community? (choose only one)

- ☐ Allows smoking inside campus buildings
☐ Allows smoking outdoors on campus in all locations
☐ Allows smoking outdoors at specific locations only
☐ Prohibits smoking anywhere on campus at all times
☐ Prohibits all tobacco use anywhere on campus at all times

31. Colleges should not allow tobacco companies to promote tobacco use on campus through advertising, sponsorship of student events and/or financial support of student organizations.

- ☐ Strongly Agree ☐ Agree ☐ Disagree ☐ Strongly Disagree

32. When you hang out, what type of place do you like to socialize in?

- ☐ Places where no smoking is allowed indoors
☐ Places where smoking is allowed indoors at some times or in some places
☐ Places that allow people to smoke anywhere

The next questions address the current tobacco-use policy if one exists.

33. What is the current written policy on tobacco use at this college?

- ☐ Prohibits only smoking inside buildings
☐ Prohibits only smoking outdoors
☐ Prohibits all tobacco use
☐ No written tobacco-use policy—SURVEY IS FINISHED
☐ I do not know—SURVEY IS FINISHED

34. To what extent do people comply with the policy?

- ☐ Totally ☐ Mostly ☐ Somewhat ☐ Not at all

35. To what extent is the policy enforced?

- ☐ Totally ☐ Mostly ☐ Somewhat ☐ Not at all

Thank you for your time. The survey is now complete.

Adopted from Wake Forest School of Medicine Tobacco-Free Policy Manual