



## INITIAL ASSESSMENT

Get help to determine where you are, so you can learn what motivates you to quit.



## **INTERACTIVE CONTENT**

Receive videos, quizzes, self-assessments, audio podcasts, and more.

## **1-ON-1 SUPPORT**

Connect with a coach who can offer quit tips, easy ways to quit, and much more.

Get started with Live Vape Free for anonymous support to help you quit vaping. It's easy, and all you need is your mobile phone. You'll get text support to set your own quit date and help to take steps toward putting your health first - free from vaping.

Visit livevapefree.com for more information



TO GET STARTED, SCAN THIS QR CODE

