

DPH WIC Dietetic Internship Update

June 15, 2016





A Healthy and Safe Georgia

DPH Mission

To prevent disease, injury, and disability; promote health and well being; and prepare for and respond to disasters.

Georgia WIC Program

Vision Statement

A leader in promoting health behaviors that improve lives.

Mission Statement

The mission of the Georgia Special Supplemental Nutrition Program for Women, Infants and Children (WIC) Program is to improve health outcomes and quality of life for eligible women, infants, and children by providing nutritious food, nutrition education including breastfeeding education and support and referrals to health and other services.

Objectives

- Upon completion of this session, the following information will be addressed:
 - -NSD Dietetic Internship model survey data
 - -Review internship eligible survey data
 - Discussion of data collected
 - -Decision making/planning

Pass Rate Data

| List years sequentially | | Students Passing the CDR Exam | | Pass Rate Percentages | |
|---|---|---|--|-----------------------------------|---|
| from least recent to most recent (e.g., 2006, 20072010) | Students Taking the Exam for the First Time | (B) # of Students Passing on Their First Try | (C) # of Students Passing within One Year of Their First Try YTD (if available) | (B/A) First- Time Pass Rate | (C/A) One-Year Pass Rate (if available) |
| 2011 | 16 | 10 | 11 | 63% | 69% |
| 2012 | 2 | 0 | 0 | 0% | 0% |
| 2013 | 9 | 3 | 3 | 33% | 33% |
| 2014 | 10 | 9 | 9 | 90% | 90% |
| 2015 | 12 | 8 | 10 | 67% | 83% |
| Current Five Years 2011-2015 | 49 | 30 | 33 | 61% | 67% |

2016-17 Class

- Districts participating
 - Rome, Gwinnett, Dekalb, Coastal, Albany,
 Valdosta, LaGrange, Clayton, Augusta
- Applications
 - First round
 - 10 applications, 9 interviewed, 6 accepted
 - Second round
 - 3 applications (Interviews scheduled for June 13)

Georgia Licensure Law

§ 43-11A-18. Exceptions

Nothing in this chapter shall be construed to affect or prevent:

(5)Employees of a department, agency, or division of state, county, or local government from engaging in the practice of dietetics within the discharge of official duties when such practice is directed by or in consultation with a dietitian licensed under this chapter;

WIC Dietetic Internship Eligible Survey Results

The purpose of the survey was to inquire about interest and barriers to accessing the Dietetic Internship offered by Georgia WIC.

- 80 surveys sent to nutritionists with a verification statement on file at the state WIC office
- 44 responses received

Districts Represented in Survey



Georgia WIC Dietetic Internship

HOW DID YOU HEAR ABOUT THE GEORGIA WIC DIETETIC INTERNSHIP PROGRAM?



Application Interest



Application Barriers



Other Barriers

"I am not currently a full time employee."

"Don't want to be in current position as an RD for 2 years following the internship"

"I have not been employed for a year yet."

"I was unaware the district was supporting the dietetic internship this year. I did not know that we were able to apply. In recent years we were told there was not adequate staffing at the district (mentor) to support anyone to go through the internship."

Master's Degree



Master's Degree Continued

Are you aware that as of January 2024 a completed master's degree in addition to an internship will be required before you can sit for the RD exam?



Other Certifications



DI Eligible Survey Summary

- Majority learned about the program from their undergraduate DPD program
- 24 employees interested in applying next year
- Major barriers for applying included low GPA, district support, recency requirement
- Majority of employees do not have a master's but are aware of the 2024 master's requirement
- Interest varies in NDTR credential
- High interest in CLC/IBCLC credential

• Interns:

- gain experience and confidence
- develop skills
- make connections
- Iearn more about the field of nutrition
- assess their interest and abilities

Districts:

- Recruitment/Retention
 - Need for quality RDs in WIC/PH
- Staff with advanced skills
- Improved Collaboration/Relationships
 - Interns network with community organizations, schools, hospitals, other PH programs

- Preceptors:
 - Interns can assist preceptors get projects completed
 - Helps develop "best practices"
 - Improved employee morale and performance
 - Employees who are given a role in teaching interns often feel a greater sense of importance and contribution to the team
 - Role model/mentor/ sharing experiences

Preceptors:

- Improves knowledge
 - Keep up to date on current practices/research
- Challenged professionally
- Professional development opportunities
- Network with other districts and community organizations
- Participate in events/projects
- Giving back to profession

WIC Dietetic Internship Model Survey to NSD's

The purpose of the survey was to inquire about interest in and support for a part-time employee option for the DPH WIC Dietetic Internship.

- 19 surveys sent
- 16 responses received

Work Status Options



Work Experience Requirement

Would you recommend changing the work experience requirement to 1 year total work experience at time of internship program start in August, rather than requiring 1 full time equivalent?



Application Deadline

Would changing the application deadline date help you in recruiting a replacement for your intern?

-Responses split 50/50, yes and no

Part-time Work Status Options

| Answer Choices | Responses |
|--|-----------|
| The intern works for 16 hours per week, completes internship 24 hours per week and is paid for 16 hours per week and has a 6 month part time service pay back requirement post program completion. | 90% |
| The intern works for 16 hours per week, completes internship 24 hours per week and is paid for 29 hours per week (the normal part time work week) and has a 1year part time service pay back requirement post program completion. | 10% |
| The intern works for 5 hours per week, is paid for 5 hours per week, completes internship for 24 hours per week and has a 6 month part time service pay back requirement post program completion. | 0% |
| The intern works for 5 hours per week, is paid for 29 hours per week, completes 24 hours per week of internship and has a 1 year part time service pay back requirement post program completion | 0% |

Additional Comments

"Prefer full-time employees only"

"I don't support the part time work status option"

"I do not support the part time idea. "

"Only if we have an appropriate candidate"

DI Model Survey Summary

- Majority support full-time employment status at application and during DI
- Majority do not support changing work experience at application from 1 year FTE
- Changing application deadline was split 50/50
- Majority support paying part-time employees the 16 hours per week they work with a 6 month part time service pay back requirement post program completion

Workforce Development Survey Results

The purpose of this survey was to explore perceived or real barriers to the recruitment and retention of nutritionist and RD's in GA WIC as well as why budgeted positions go unfilled.

- 18 surveys sent
- 14 surveys received

Vacant Nutritionist Positions

| | Percentage ranked from 1-2 | Total Responses |
|---|-------------------------------|--------------------|
| Location - position(s) are located in areas that are not desirable to job seekers. | 60% | 10 |
| Location - position(s) are located in areas where there are limited qualified applicants. | 58% | 12 |
| Caseload - position(s) are not recruited for because they are not needed due to decreased caseload. | 23% | 13 |
| Budget - position(s) are needed but are not recruited for because there is not enough money in the budget | 20% | 10 |
| Budget - position(s) are needed and recruited for, but are unfilled because there is not enough money in the budget to offer a competitive salary. | 18% | 11 |

Vacant RD Positions

| | Percentage ranked from 1-2 | Total Responses |
|---|-------------------------------|--------------------|
| Location - position(s) are located in areas that are not desirable to job seekers. | 67% | 10 |
| Location - position(s) are located in areas where there are limited qualified applicants. | 55% | 12 |
| Budget - position(s) are needed and recruited for, but are unfilled because there is not enough money in the budget to offer a competitive salary. | 40% | 11 |
| Caseload - position(s) are not recruited for because they are not needed due to decreased caseload. | 23% | 13 |
| Budget - position(s) are needed but are not recruited for because there is not enough money in the budget | 18% | 10 |

Reasons for Leaving District

- Participants were asked to rank the reasons why Nutritionists/RD's have left employment with their district in the past year
 - Responses varied with no one standout reason for the employee leaving their district

Nutritionist Starting Salary



Entry Level Nutritionist Salary by Practice Setting

| Practice Area | Salary |
|---------------------------|----------|
| Food/Nutrition Management | \$35,000 |
| Acute care In-patient | \$30,000 |
| Long term care | \$30,000 |
| Community | \$33,000 |

Entry Level Community Nutritionist Salary Comparison

| AND Survey | DPH Hiring Guidelines | Georgia HRA | Actual |
|------------|--------------------------|-------------|----------|
| \$33,000 | \$34,000 | \$27,000 | \$33,000 |

RD Starting Salary



Entry Level RD Salary by Practice Setting

| Practice Area | Salary |
|------------------------------|----------|
| Consulting/Business | \$52,000 |
| Food/Nutrition Management | \$51,500 |
| Education/Research | \$50,000 |
| Long term care | \$50,000 |
| Outpatient | \$48,000 |
| Acute In-patient | \$46,000 |
| Community | \$43,000 |

Entry Level Community RD Salary Comparison

| AND Survey | | Georgia HRA | Actual |
|------------|----------|----------------|----------|
| \$43,000 | \$40,000 | \$32,000 | \$36,000 |

Compensation Resources



Improving Vacancy/Turnover

- What strategies could the state office assist with to improve vacancy and turnover among nutritionists and RDs in your district?
 - Salary/budget
 - DPD Outreach
 - Internship
 - Advocacy

Professional Development

- What can the State WIC Office offer to assist your staff with professional development?
 - Interactive CEU opportunities
 - Provide online courses
 - Webinars/conferences

Workforce Development Survey Summary

- Majority feel location is a major factor for nutritionist/RD position vacancies
- No clear reason for employees leaving districts
- Starting salary for nutritionist \$32,000-\$34,000 and \$35,000-\$37,000 for RD
- More trainings/CEU opportunities provided through SWO could improve professional development