

Building Your Plan for Improvement



Step 1: Identify Areas for Improvement

Look back at each Indicator and the ratings on your assessment.

- Ratings in the far left or center columns are areas for improvement.
- Ratings in the far right column are your strengths or indicators to promote and celebrate.

Look at each Indicator as a whole with its ratings and note where it is in terms of needing work and improvement.

INDICATOR	NEEDS IMPROVEMENT: Work needed to meet the Indicator	MIXED RESULTS: Some work needed to meet the Indicator, but some strong aspects	STRENGTHS: Fully Meets the Indicator (Celebrate and Publicize!)
NUTRITION			
1. Breastfeeding			
2. Eating Environment			
3. Caregiver Behaviors			
4. Nutrition Education			
5. Healthy Eating – Foods to Increase			
6. Healthy Eating – Foods to Limit			
7. Beverages			
8. Training			
9. Policies			
10. Local Procurement			
11. Farm to Table			
12. Growing Season			
PHYSICAL ACTIVITY			
1. Unstructured Physical Activity			
2. Caregiver Behaviors			
3. Structured Physical Activity Education			
4. Sedentary Activity			
5. Screen Time			
6. Training			
7. Policies			

Step 2: Selecting Priority Indicators for Improvement

Now, use your work in Step 1 and prioritize results to select the Indicators you will work on. Select 1-3 Indicators in the Nutrition Domain and 1-3 Indicators in the Physical Activity Domain. You will use these Indicators to help you build your plan for improvement and create your policy document. When selecting your Indicators, consider the following:

- Which Indicator(s) will be the most beneficial for our children, families and staff?
- Which Indicator(s) can you realistically achieve over the next year?

Circle your prioritized Indicators in the chart in Step 1.

Step 3: Build Your Plan for Improvement

Create a Plan for Improvement (page 20) for each nutrition and physical activity Indicator selected.

Plan for Improvement

Indicator for Improvement: _____

What steps will we take	When will it be done?	Who will do it?	Who will help?	How will we know it is complete?