

**A Family Guide to  
A Medical Home and a Dental Home**

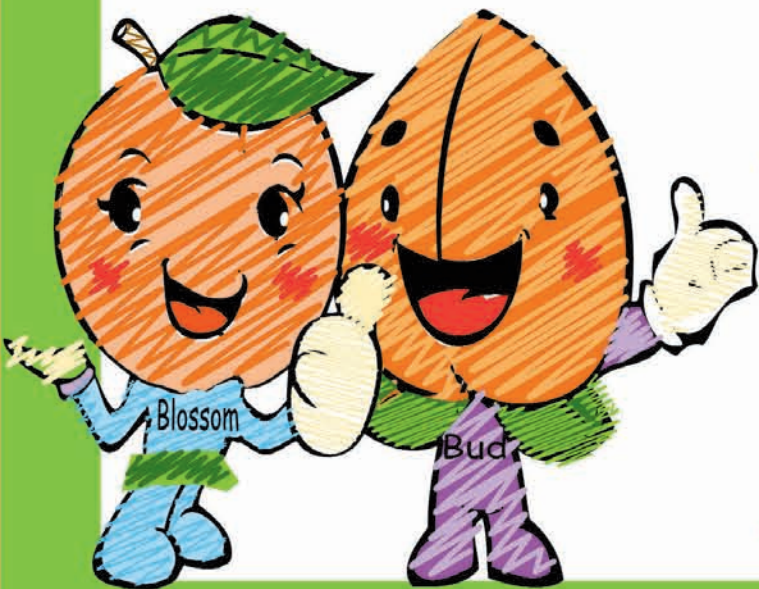
Grow  
Learn  
& Thrive

**Every Child NEEDS a Medical Home and a Dental Home**







# A Family Guide to a Medical Home and a Dental Home

## What Is a "HOME?"



### A HOME Is Where:

-  You feel cared for and safe
-  You have long-term relationships
-  Everyone works together as a team
-  Everyone is respected and valued







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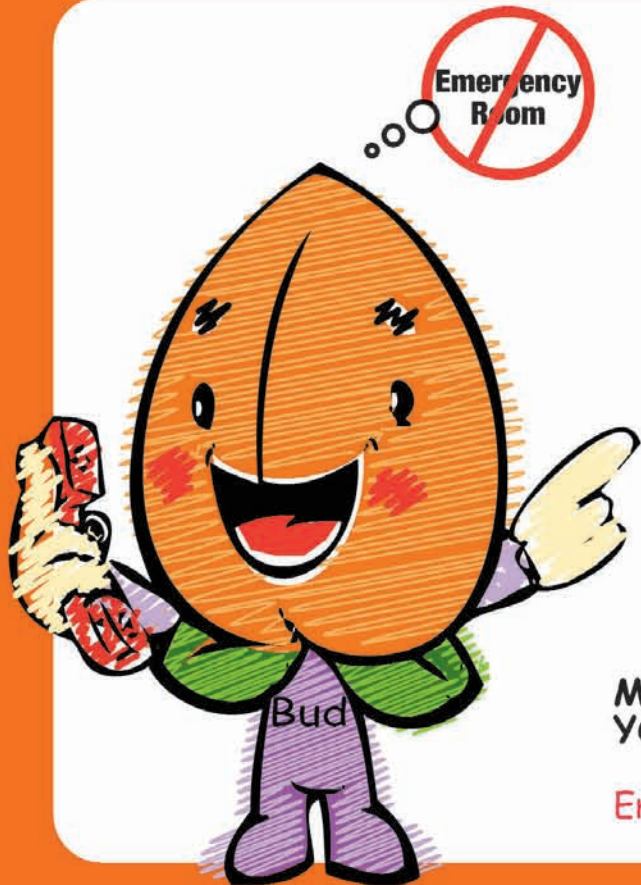
## What is a Medical HOME and a Dental HOME?



**A Medical HOME and Dental HOME is where your family:**

-  1 Feels cared for and comfortable
-  2 Becomes partners with your doctor or dentist
-  3 Is recognized as the main care giver for your child
-  4 Feels their cultural background and beliefs are valued





## A Medical HOME and Dental HOME Is Where Your Child's Care Is Improved By:

- 1 Seeing the same doctor and dentist over a long period of time
- 2 Having access to office staff 24 hours, 7 days a week
- 3 Having medical and dental records available in one safe place
- 4 Working together with medical and dental specialists

Medical HOMES and Dental HOMES are YOUR routine (or usual) sources of care.

Emergency Rooms are for **EMERGENCIES ONLY!**









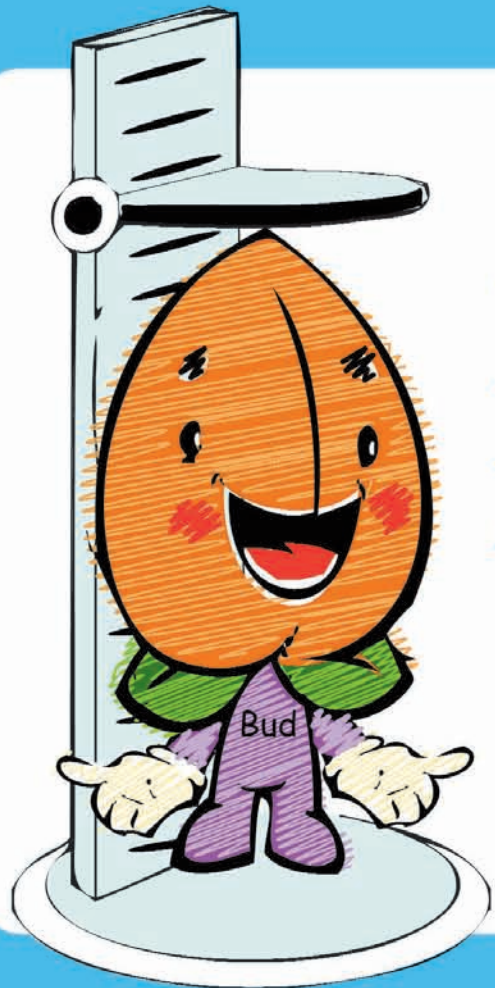
## Make Each Medical and Dental Visit Work for You...







### Before Each Visit Bring:

-  1 A list of your questions and concerns
-  2 A list of prescriptions and/or over-the-counter medicines your child takes regularly
-  3 Your child's insurance card, shot records, or other medical and dental papers
-  4 Some fun items such as toys, books and healthy snacks





## During Each Visit:

-  Tell how your child is growing and changing
-  Ask about places that can help your child or family
-  Take notes and ask questions
-  If helpful, bring someone with you





## After Each Visit:

- 1 Update any records and put them in a folder or notebook
- 2 If your child sees medical and dental specialists, ask them to send their reports to your Medical and Dental HOME
- 3 Get prescriptions filled
- 4 Follow any instructions given by your doctor or dentist



## Make Sure You Are On the Right Track



Is there a place you usually take your child when he/she is sick?



Does your child have ONE main doctor and dentist who knows their medical and dental history?



Do you know how to contact your doctor/dentist's office after regular work hours and on weekends?



Do you know of places in your community to get health information and care?







## Make Sure You Are On the Right Track

Do you and your child feel comfortable and safe when visiting the doctor/dentist?



Does your child's doctor/dentist make it easy for you to talk about your concerns?



Do you feel your child's doctor/dentist respects your family's culture and beliefs?



# Resources for Parents:



## Parent to Parent of Georgia

Web address: [www.p2pga.org](http://www.p2pga.org)

Provides statewide support and training to families of children and youth with disabilities

### Services include:

- Matching parents with other parents for guidance and support
- Parent support groups
- Available training opportunities
- Answers to health and education related disability questions/concerns

### Call today!

Atlanta: 770-451-5484

Statewide: 1-800-229-2038

Parent to Parent of Georgia is a free service, funded in part by the Georgia Department of Public Health

# Resources for Parents:

## Medicaid & PeachCare for Kids™

### To enroll in Medicaid:

- Contact your local Department of Family and Children Services (DFCS) office.
- Call 1-800-Georgia (436-7442) to find the DFCS location closest to you.

### To enroll in PeachCare for Kids™:

**Web address:** [www.peachcare.org](http://www.peachcare.org)

**Call:** 1-877-GAPEACH (427-3224)

## Department of Public Health

To receive more information on public health or community services available in your area:

- Call Children 1st at 1-800-822-2539.

**Web address:** <http://health.state.ga.us/programs/childrenfirst/index.asp>



# Resources for Parents:



## Healthy Children

Web address: [www.healthychildren.org](http://www.healthychildren.org)

An interactive parenting website

### The website features:

- General information on children's physical, and social health and well-being
- Specific guidance on parenting issues
- Optimal access to publications and other child health resources

Healthy Children is backed by over 60,000 pediatricians and approved by the American Academy of Pediatrics, the nation's leading experts in child health.

# Resources for Parents:

## Healthy Mothers, Healthy Babies Coalition of Georgia, Inc.

Web Address: [www.hmhbga.org](http://www.hmhbga.org)

Provides **POWERLINE** - a free call center (available in Spanish) that identifies:

- A doctor/dentist who accepts Medicaid
- Referral for low cost prenatal care or healthcare
- Referrals for breast feeding questions
- Referrals to HIV testing sites
- Assistance with "Women's Right to Know"

**Call today!**

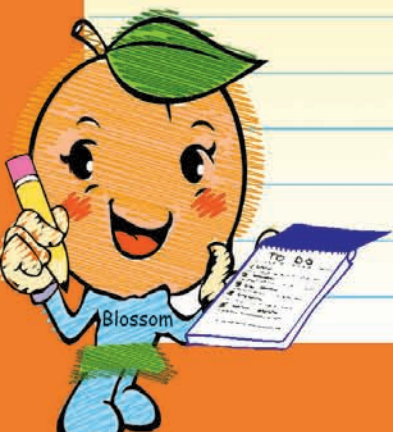
**Atlanta:** 770-451-5501

**Statewide:** 1-800-822-2539

POWERLINE is a free service, funded in part by the Georgia Department of Public Health



# Notes



Georgia  
ECCS  
Early Childhood  
Comprehensive  
Systems Grant



Helping Georgia's Young Children, **Grow, Learn & Thrive**

Sponsored by the Georgia Early Childhood Comprehensive Systems (ECCS) Grant  
<http://www.eccsga.org>

**Proudly supported by:**



Georgia  
ECCS  
Early Childhood  
Comprehensive  
Systems Grant



**This is My Medical HOME**

**Name:**

**Address:**

**Telephone:**

**Web Address:**

**Email:**

**This is My Dental HOME**

**Name:**

**Address:**

**Telephone:**

**Web Address:**

**Email:**