Anaphylaxis and Administering EpiPen® (epinephrine injection, USP) Auto-Injector Quiz

Name:

## 1. What is anaphylaxis?

- a. Any allergic reaction
- b. Inflammation of the blood vessels
- c. A life-threatening allergic reaction
- d. None of the above

## 2. Anaphylaxis signs and symptoms may:

- a. Vary from one event to the next
- b. Occur quickly (within 5 minutes) or progress over hours
- c. Both a and b
- d. None of the above

## 3. Anaphylaxis signs and symptoms may include:

- a. Tongue and/or lip swelling
- b. Hives and/or swelling
- c. Vomiting and weak pulse
- d. Both a and b
- e. All of the above

## 4. How do you determine if a person is having an anaphylactic reaction?

- a. Look for an allergic reaction
- b. Look for symptoms from 2 or more body systems
- c. Look for symptoms that persist for more than 5 minutes
- d. None of the above

## 5. Which of the following can cause anaphylaxis?

- a. Certain foods
- b. Insect stings
- c. Medications
- d. All of the above

## **Indications**

EpiPen® (epinephrine injection, USP) 0.3 mg and EpiPen Jr® (epinephrine injection, USP) 0.15 mg Auto-Injectors are for the emergency treatment of life-threatening allergic reactions (anaphylaxis) caused by allergens, exercise, or unknown triggers; and for people who are at increased risk for these reactions. EpiPen® and EpiPen Jr® are intended for immediate administration as emergency supportive therapy only. Seek immediate emergency medical help right away.

#### **Important Safety Information**

Use EpiPen® or EpiPen Jr® Auto-Injectors right away when you have an allergic emergency (anaphylaxis). **Get emergency medical help right away.** 

Please see Important Safety Information at the end of this quiz. Please see accompanying full Prescribing Information and Patient Information.



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## 6. Which of the following is a less common cause of anaphylaxis?

- a. Pollen
- b. Wasp sting
- c. Aspirin
- d. Latex gloves

## 7. When should you first administer epinephrine?

- a. After other medications fail
- b. Ten or more minutes after symptoms begin
- c. At the first sign of symptoms
- d. None of the above

## 8. What does the "R" mean in REACT?

- a. Reach for epinephrine
- b. Recognize signs and symptoms
- c. Run for help
- d. None of the above

## 9. After you administer epinephrine ("A"), you should:

- a. Leave the person alone
- b. Call 911 or emergency responders
- c. Stay with the person and treat again, if symptoms worsen
- d. Both b and c

## 10. Where should epinephrine be administered?

- a. In the outer thigh
- b. In the arm
- c. In the buttocks
- d. In the lower leg

## 11. If epinephrine is administered and symptoms persist after 5 minutes:

- a. Call 911
- b. Monitor symptoms
- c. Remove the allergen/trigger
- d. Administer a second dose

#### Important Safety Information (continued)

You may need further medical attention. Only a healthcare professional should give additional doses of epinephrine if you need more than two injections for a single anaphylactic episode. EpiPen® or EpiPen Jr® should **only** be injected into the middle of your outer thigh (upper leg), through clothing if necessary. Do not inject into your veins, buttocks, fingers, toes, hands or feet. Hold the leg of young children firmly in place before and during injection to prevent injuries. In case of accidental injection, please seek immediate medical treatment.

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## 12. A second reaction can occur within 1 to 72 hours.

- a. True
- b. False

## 13. EpiPen® should be stored:

- a. In the refrigerator
- b. In the carrier tube
- c. Away from light
- d. a and b
- e. b and c

## 14. EpiPen® (epinephrine injection, USP) 0.3 mg is approved for:

- a. Adults only
- b. Children 12+ years old and adults
- c. Anyone 66 lbs or more
- d. Anyone 50 lbs or more
- e. None of the above

## 15. EpiPen Jr® (epinephrine injection, USP) 0.15 mg is approved for:

- a. Children 5-11 years old
- b. Any child
- c. Anyone 25 lbs to 50 lbs
- d. Anyone 33 lbs to 66 lbs
- e. Anyone 25 lbs to 60 lbs

## **Important Safety Information (continued)**

Rarely, patients who have used EpiPen® or EpiPen Jr® may develop an infection at the injection site within a few days. Some of these infections can be serious. Call your healthcare professional right away if you have any of the following at an injection site: redness that does not go away, swelling, tenderness, or the area feels warm to the touch.

Tell your healthcare professional about all of your medical conditions, especially if you have asthma, a history of depression, thyroid problems, Parkinson's disease, diabetes, high blood pressure or heart problems, have any other medical conditions, are pregnant or plan to become pregnant, or are breastfeeding or plan to breastfeed. Be sure to also tell your healthcare professional all the medicines you take, especially medicines for asthma. If you have certain medical conditions, or take certain medicines, your condition may get worse or you may have longer lasting side effects when you use EpiPen® or EpiPen Jr®.

Please see Important Safety Information at the end of this quiz. Please see accompanying full Prescribing Information and Patient Information.

## **Important Safety Information**

## **Important Safety Information**

Use EpiPen® (epinephrine injection, USP) 0.3 mg or EpiPen Jr® (epinephrine injection, USP) 0.15 mg Auto-Injectors right away when you have an allergic emergency (anaphylaxis). **Get emergency medical help right away.** You may need further medical attention. Only a healthcare professional should give additional doses of epinephrine if you need more than two injections for a single anaphylactic episode. EpiPen® or EpiPen Jr® should **only** be injected into the middle of your outer thigh (upper leg), through clothing if necessary. Do not inject into your veins, buttocks, fingers, toes, hands or feet. Hold the leg of young children firmly in place before and during injection to prevent injuries. In case of accidental injection, please seek immediate medical treatment.

Rarely, patients who have used EpiPen® or EpiPen Jr® may develop an infection at the injection site within a few days. Some of these infections can be serious. Call your healthcare professional right away if you have any of the following at an injection site: redness that does not go away, swelling, tenderness, or the area feels warm to the touch.

Tell your healthcare professional about all of your medical conditions, especially if you have asthma, a history of depression, thyroid problems, Parkinson's disease, diabetes, high blood pressure or heart problems, have any other medical conditions, are pregnant or plan to become pregnant, or are breastfeeding or plan to breastfeed. Be sure to also tell your healthcare professional all the medicines you take, especially medicines for asthma. If you have certain medical conditions, or take certain medicines, your condition may get worse or you may have longer lasting side effects when you use EpiPen® or EpiPen Jr®.

Common side effects include fast, irregular or "pounding" heartbeat, sweating, nausea or vomiting, breathing problems, paleness, dizziness, weakness, shakiness, headache, feelings of over excitement, nervousness or anxiety. These side effects usually go away quickly if you lie down and rest. **Tell your healthcare professional if you have any side effect that bothers you or that does not go away.** 

## Please see the full Prescribing Information and Patient Information enclosed.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch or call 1-800-FDA-1088.

For additional information, please contact us at 800-395-3376.



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## Answer Key

- 1. c.
- 2. c.
- 3. e.
- 4. b.
- 5. d.
- 6. a.
- 7. c.
- 8. b.
- 9. d.
- 10. a.
- 11. d.
- 12. a.
- 13. e.
- 14. c.
- 15. d.