

## ABC'S of SAFE to SLEEP

## - ALONE -

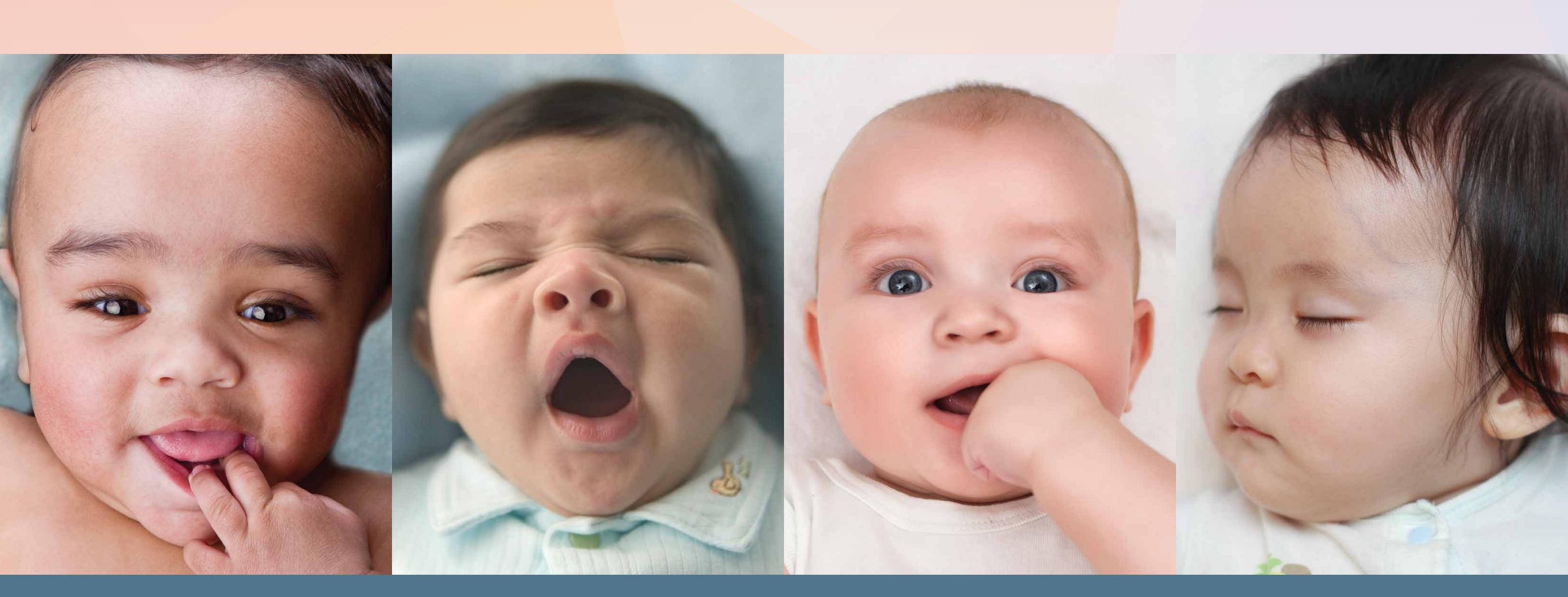
Babies should sleep **alone** in their own sleep space, close to but separate from their caregiver.

## - BACK -

Babies should be placed on their **back** to sleep. Every sleep. Every nap. Every time.

## - CRIB -

Babies should sleep in a **crib** or bassinet with a firm, flat surface with no extra items such as blankets and toys.



Promoting **Safe Infant Sleep**Policy & Education in Georgia