



Georgia Department of Public Health

Smoke-free Multi-unit and Multi-Family Communities

Presentation to: **Chronic Disease Webinar**

Presented by: **Oluwayomi Fabayo, MPH**

Date: **August 9, 2017**



We Protect Lives.

Multi-unit and Multi-Family Communities



We Protect Lives.

Multi-unit and Multi-Family Communities

- Multi-unit housing is a building that has multiple apartments (dwelling units).
- Share ventilation system
- Connecting outlets such as electrical.



Multi-unit and Multi-Family Communities

- Multifamily communities also know as multi-dwelling unit is a classification of housing where multiple separate housing units for residential inhabitants are contained within one building or several building within one community.



Determinants of Health

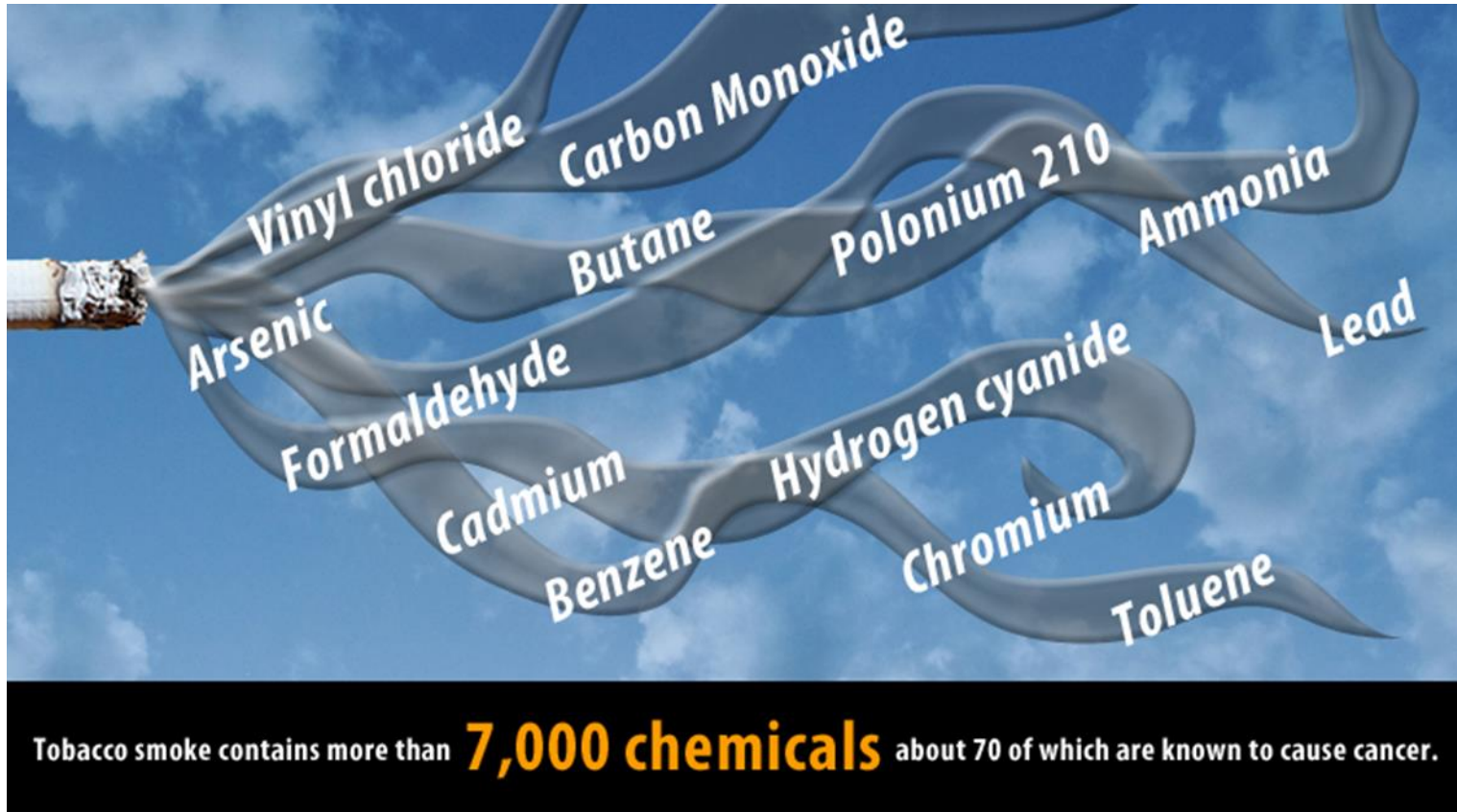
- Policies such as smokefree policies
- Social factors: environment where people are born, live, play, work and age such as homes.
- Health services: access to health services such as the Georgia quitline
- Individual behavior: smoking, using tobacco products.
- Biology and genetics: age, gender, genetics.

Where you reside?

- Can influence your mood.
- Impact your behavior and motivate behavior change.
- Create or reduce stress.
- Improve or worsen your health condition.



Secondhand Smoke

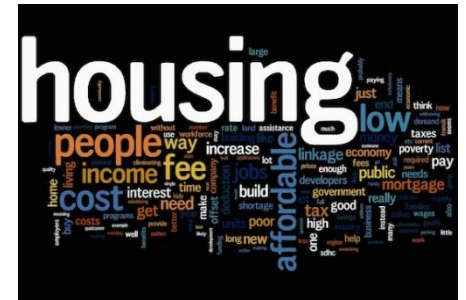


Secondhand smoke in your home



HUD Smokefree Policy

- HUD now requires all public housing authorities to be smokefree within 18 months from Nov. 30, 2016.
- Housing authorities have to be smokefree by August 2018.
- The smokefree policy will impact 189 housing authorities in Georgia.



HUD Smokefree Policy

- HUD smokefree policy prohibits lit tobacco products (cigarettes, cigars or pipes) in all living units, indoor common areas, administrative offices and all outdoor areas within 25 feet of housing and administrative office buildings.
- HUD smokefree policy will impact more than 940,000 public housing units, including more than 500,000 units inhabited by elderly residents and 760,000 children living in public housing across the nation.

Multifamily Communities

- <http://breatheasygahomes.org/>
- Georgia Smoke-free Property Ranking System
 - Gold Level
 - Silver Level
 - Bronze Level



Smokefree Multiunit Housing

- It is legal
- The air quality will be cleaner and healthier to inhale for family, pets and guests.
- Protect the health of residents and workers.
- Promote equity
- Positive role model for youth.
- Promote quitting.

Steps to Adopting Smoke-free Policy

- Create a timeline
 - Residents survey
 - Educate staff & residents on new policy
 - Notify residents of new policy
 - Renew leases
 - Remind residents through signage and/or notices
 - Launch and advertise your new policy!

Steps to Adopting Smoke-free Policy

- Develop an Action Plan
- Draft a policy
- Develop a lease addendum
- Educate tenants and provide resources to help them quit tobacco.
- Georgia Tobacco Quitline
- Post signs.



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Steps to Smoke-free Homes

- Promote the policy
- Make sure residents and staff are aware of your upcoming or in-place policy. Market your smoke-free amenity on your webpage and in lease applications.
- Implement the policy.

Implementation Steps

- Avoid “Grandfathering”
- Establish a date for policy adoption and implementation.
- Involve residents in the process and determine their opinions and needs through surveys before and after implementation.
- Seek advice from other housing providers who have no-smoking policies.
- Contact Georgia Tobacco Use Prevention Program for further technical assistance.

Communication

- Communicate the policy terms, effective date, and consequence of violations through meetings, in person and in writing with signatures of residents and staff.
- Educate residents about the health dangers of secondhand smoke and how smoking increases fire risk (education sessions, fliers and brochures).
- Develop the enforcement protocol and communicate the protocol with staff and residents.

Enforcement

- Advertise as smokefree/non-smoking
- Adequate signage
- Respond promptly and document complaints/violations.
- Investigate complaints/violations
- Follow established guidelines

Monitor for Compliance

- Offer residents a safe and anonymous way to report violations.
- Document and investigate complaints promptly and take action to ensure compliance.
- Maintain good signage throughout the property.

You Are Not Alone

- Currently, 17 Public Housing Authorities are smoke-free
- 3 low income housing/senior housing are smoke-free
- Private housing (apartment communities) are smokefree
- Breatheasy Georgia Workgroup was developed in partnership with stakeholders, health education professionals, public health practitioners and researchers and health systems.
- Breatheasy Georgia has developed strategies to educate, provide technical assistance and support multiunit housing environments to promote the adoption, implementation and enforcement of smoke-free policy.

GTQL Promotional Materials

GEORGIA TOBACCO QUIT LINE

Benefits of Tobacco Cessation
Tobacco use is a major cause of various forms of cancer, chronic obstructive pulmonary disease (COPD) and heart disease.

Health improves within minutes of quitting:

- 2 Weeks to 3 Months After Quitting**
Heart attack risk begins to drop. Lung function begins to improve.
- 1 to 9 Months After Quitting**
Coughing and shortness of breath decreases.
- 1 Year After Quitting**
Added risk of coronary heart disease is half that of a smoker's.
- Within 5 Years of Quitting**
Risk of cancer of the mouth, throat and bladder is cut in half.
- 10 Years After Quitting**
Risk of dying from lung cancer drops by half.

When you are ready, we're here.

Call the Georgia Tobacco Quit Line today. A free and effective service that helps Georgians quit smoking and using tobacco.
1-877-270-STOP (1-877-270-7867)
www.dph.georgia.gov/ready-quit

Funding provided by the Centers for Disease Control and Prevention Office of Smoking and Health

DPH
Georgia Department of Public Health

Your Reason for Quitting Today

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Georgia Department of Public Health
Georgia Tobacco Use Prevention Program (GTUPP)
Two Peachtree Street, N.W., 16th Floor,
Atlanta, Georgia 30303-3342, (404) 657-6637
Source: U.S. Surgeon General's Report, North American Quitline Consortium (NAQC), Smoke-Free Parties.

Quitting tobacco can lead to a healthier and longer life. Live to enjoy more precious moments with your baby. Live to watch your family grow healthy and thrive.

NOW IS THE BEST TIME TO QUIT. TAKE THE FIRST STEP.

Georgia Tobacco Quit Line
A Free and Effective Telephone Counseling Service That Helps Georgians Quit Smoking and Using Tobacco For Life

1-877-270-STOP (7867) | 1-877-2NO-FUME (Spanish) | Hearing Impaired: TTY services 1-877-777-6534 | WWW.LIVEHEALTHYGEORGIA.ORG

Funding provided by the Centers for Disease Control and Prevention Office of Smoking and Health

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Live healthy georgia

ELIJA VIVIR LIBRE DE TABACO
Dejar el tabaco puede conducir a una vida más saludable. Viva para disfrutar más momentos preciados con sus seres queridos.

LÍNEA DE AYUDA PARA DEJAR DE FUMAR DE GEORGIA

Un servicio de consejería telefónica gratuito y eficaz que ayuda a los residentes de Georgia a dejar de fumar y consumir tabaco para siempre

1-877-2NO-FUME (1-877-266-3863)
Personas con problemas auditivos: Servicios de TTY 1-877-777-6534
WWW.LIVEHEALTHYGEORGIA.ORG

Financiado por los Centros para el Control y la Prevención de Enfermedades - Oficina de Tabaquismo y Salud

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Live healthy georgia

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Línea de Ayuda para Dejar de Fumar de Georgia

ÉSTE ES UN RECURSO GRATIS QUE PROVEE CONSEJERÍA, APOYO Y REMISIONES A TODOS LOS RESIDENTES DE GEORGIA DE 18 AÑOS O MÁS Y A PADRES PREOCUPADOS DE QUE SUS HIJOS ESTÉN FUMANDO

DIRECCIÓN: EN TODO EL ESTADO DE GEORGIA TELÉFONO: 1-877-266-3863

NOBRE _____ FECHA _____

DIRECCIÓN _____

Rx

1-877-2NO-FUME

ETIQUETA

Recibido de medicamento - 1 - 2 - 3 - 4 hasta que deje de fumar

DEJAR DE FUMAR CONLEVA PRÁCTICA

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Georgia Tobacco Quit Line

A FREE RESOURCE PROVIDING TOBACCO CESSATION COUNSELING AND SUPPORT FOR ALL GEORGIA RESIDENTS 13 YEARS AND OLDER

ADDRESS: THROUGHOUT GEORGIA PHONE: 1-877-270-STOP

NAME _____ DATE _____

ADDRESS _____

Rx

1-877-270-STOP

NAME

REFILL - 1 - 2 - 3 - until you stop

QUITTING TAKES PRACTICE

We Protect Lives.

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