



Georgia Department of Public Health WIC Dietetic Internship Program Community/Public Health Rotation Description

Community/Public Health Rotation: In the community/public health setting, interns will apply the Nutrition Care Process to provide nutrition care to individuals and populations through interventions at multiple levels. The interns' presence in the community and DPH programs will allow for interdisciplinary care and collaboration with other organizations and stakeholders in the health care field to benefit communities, families, and individuals within them.

Location: The Community/PH Rotation is completed in a variety of locations which may include local health departments, food retail businesses, and community and health organizations.

Before the rotation:

1. Attend Community Rotation Orientation.
2. Complete Community Rotation Module.
3. Complete Funding Proposal Short Course.
foundationcenter.org/getstarted/tutorials/shortcourse/

Length of rotation: 21 weeks (504 hours) **Standard hours:** To be determined by rotation preceptor

Expectations:

1. Interns will meet with preceptor on the first day of rotation to review and complete the orientation checklist and rotation goals forms.
2. Interns will abide by all internship and facility policies.
3. The intern will complete all didactic and practice assignments by stated deadlines.

Resources needed for rotation:

1. Computer and Internet access
2. Calculator
3. Required text books

Activities and Assignments:

1. Legislation and advocacy
2. Food Day – Cooking Matters at the Store shopping tours
3. Community needs assessment
4. Management and budget writing
5. Exploring nutrition connections in Georgia Department of Public Health programs
6. Business plan for billing for Medical Nutrition Therapy in Georgia Public Health programs
7. Grant writing
8. Children's Healthcare of Atlanta practicum and professional presentation



9. Nutrition Care Process using the ADIME (assessment, diagnosis, intervention, monitoring, and evaluation) model and motivational interviewing in Women, Infant, and Children's Program (WIC)
10. WIC Nutrition Education and Breastfeeding program quality monitoring
11. Health fair/screening
12. Partnership/outreach – health organization/provider
13. Professional and community organization participation
14. Professional writing – national blog

Learning Objectives:

1. The intern will be able to use technology and Academy of Nutrition and Dietetics resources to advocate and negotiate for appropriate compensation.
2. The intern will be able to identify their legislators and take action on pertinent public policy issues related to dietetics.
3. The intern will be able discuss the process of Environmental Health sanitation inspection and identify collaborative opportunities with EH and Nutrition Services.
4. The intern will be able to identify collaborative opportunities within public health programs for the registered dietitian (RD).
5. The intern will be able to locate funding sources request funds to solve priority public health needs.
6. The intern will be able to work effectively in a group to produce an effective presentation to a professional RD target audience.
7. The intern will be able to work effectively with healthcare partners in the nutrition care of high risk pediatric WIC clients.
8. The intern will be able to work effectively in a group to complete a comprehensive needs assessment for a target community.
9. The intern will be able to apply the nutrition care process motivational interviewing techniques to nutrition counseling and education process.
10. The intern will be able to identify and complete meaningful volunteer opportunities which aid the missions of community and dietetics professional organizations.
11. The intern will be able to effectively and appropriately conduct continuous quality improvement activities to improve care and service.
12. The intern will be able to plan, organize and provide appropriate nutrition/health related screening, resources, and referrals.
13. The intern will be able to establish partnerships with other health care providers and health care organizations and providers.
14. The intern will be able to write effective nutrition communications for the public.
15. The intern will be able to appropriately critique evidence analysis research articles.
16. The intern will be able to identify and plan for reimbursement opportunities for the provision of nutrition services in public health.



Competencies:

1. CRD 1.1: Select indicators of program quality and/or customer service and measure achievement objectives
2. CRD 1.2: Apply evidence-based guidelines, systematic reviews and scientific literature (such as the *Academy's Evidence Analysis Library and Evidence-based Nutrition Practice Guidelines*, the *Cochrane Database of Systematic Reviews* and the *U.S. Department of Health and Human Services, Agency for Healthcare Research and Quality, National Guideline Clearinghouse* Web sites) in the nutrition care process and model and other areas of dietetics practice
3. CRD 1.3: Justify programs, products, services, and care using appropriate evidence or data
4. CRD 1.4: Evaluate emerging research for application in dietetics practice
5. CRD 1.5: Conduct projects using appropriate research methods, ethical procedures, and data analysis
6. CRD 2.1: Practice in compliance with current federal regulations and state statutes and rules, as applicable and in accordance with accreditation standards and the *Scope of Dietetics Practice and Code of Ethics for the Profession of Dietetics*
7. CRD 2.2: Demonstrate professional writing skills in preparing professional communications
8. CRD 2.3: Design, implement, and evaluate presentations to a target audience
9. CRD 2.4: Use effective education and counseling skills to facilitate behavior change
10. CRD 2.5: Demonstrate active participation, teamwork, and contributions in group settings
11. CRD 2.7: Refer clients and patients to other professionals and services when needs are beyond individual scope of practice
12. CRD 2.8: Apply leadership skills to achieve desired outcomes
13. CRD 2.9: Participate in professional and community organizations
14. CRD 2.10: Establish collaborative relationships with other health professionals and support personnel to deliver effective nutrition services
15. CRD 2.11: Demonstrate professional attributes within various organizational cultures
16. CRD 2.13: Demonstrate negotiation skills
17. CRD 3.1: Perform the Nutrition Care Process (a through e below) and use standardized nutrition language for individuals, groups and populations of differing ages and health status, in a variety of settings
 - a. Assess the nutritional status of individuals, groups, and populations in a variety of settings where nutrition care is or can be delivered
 - b. Diagnose nutrition problems and create problem, etiology, signs, and symptoms (PES) statements
 - c. Plan and implement nutrition interventions to include prioritizing the nutrition diagnosis
 - d. Monitor and evaluate problems, etiologies, signs, symptoms, and the impact of interventions on the nutrition diagnosis



- e. Complete documentation that follows professional guidelines, guidelines required by the health care systems, and guidelines required by the practice setting
18. CRD 3.2: Demonstrate effective communication skills for clinical and customer services in a variety of formats
19. CRD 3.3: Develop and deliver products, programs or services that promote consumer health, wellness, and lifestyle management
20. CRD 3.4: Deliver respectful, science-based answers to consumer questions concerning emerging health trends
21. CRD 4.1: Participate in the management of human resources
22. CRD 4.3: Participate in public policy activities, including both legislative and regulatory initiatives
23. CRD 4.4: Conduct clinical and customer service quality management activities
24. CRD 4.5: Use current informatics technology to develop, store, retrieve and disseminate information and data
25. CRD 4.6: Analyze quality, financial or productivity data and develop a plan for intervention
26. CRD 4.7: Propose and use procedures as appropriate to the practice setting to reduce waste and protect the environment
27. CRD 4.10: Develop a plan to provide or develop a product, program or service that includes a budget, staffing needs, equipment and supplies
28. CRD 4.11: Code and bill for dietetic/nutrition services to obtain reimbursement from public or private insurers.
29. CC 5.1: Apply principles learned in core public health and dietetic internship courses to the multidisciplinary application of public health nutrition
30. CC 5.2: Evaluate emerging public health research and develop evidence based solutions to current public health issues

Evaluation

1. Interns will be evaluated by the community preceptor mid-way through the rotation using the DPH WIC Dietetic Internship midpoint evaluation form.
2. Intern activities and assignments will be evaluated by the preceptor using specific activity rubrics or grading definitions included in final evaluation form.
3. Interns will be given a final evaluation at the end of the rotation using the DPH WIC Dietetic Internship final evaluation form.
4. The final evaluation form will include grades from all activities/assignments as well as a review of professionalism parameters

After the rotation:

1. Submit electronically to DPH WIC Dietetic Internship Program Director:
 - a. Signed and dated rotation orientation check list.
 - b. Completed signed and dated rotation goals and reflections form.
 - c. Documentation from all activities and assignments.
 - d. All signed and dated activity logs for the entire rotation.
 - e. Completed, signed, and dated rotation hours' summary form.
 - f. Completed and signed rotation final evaluation form.