

# Georgia Department of Public Health

# Intern Handbook

WIC Dietetic Internship Program



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# I. PROGRAM ACCREDITATION

The Georgia Department of Public Health (DPH) Women, Infants, and Children Supplemental Nutrition Program (WIC) Dietetic Internship is accredited by the Accreditation Council on Education for Nutrition and Dietetics (ACEND), the accrediting agency for the Academy of Nutrition and Dietetics (AND). The DPH WIC Dietetic Internship Program is approved for 16 interns to participate each year.

#### Contact information:

Accreditation Council on Education for Nutrition and Dietetics 120 South Riverside Plaza, Suite 2000 Chicago, IL 60606-6995 1-800-877-1600 Ext. 5400

Fax: 312/899-4817

E-mail: education@eatright.org

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# II. PHILOSOPHY

# Philosophy of the Georgia Department of Public Health WIC Dietetic Internship Program

The DPH WIC Dietetic Internship Program provides an opportunity for employees of the Georgia Department of Public Health WIC Program and contracted WIC agency staff at Grady Hospital who have met the admission requirements for Registered Dietitian (RD) eligibility, to complete the Core Competencies for Dietitians (CRD) through supervised practice. A minimum of twenty-four (24) hours per week should be released from employment responsibilities to allow interns to participate in planned program experiences to achieve basic competencies.

Emphasis is placed on the development of competence in providing nutrition services as integral parts of health programs, especially public health programs. Individualized study permits interns to achieve professional development goals. Program flexibility provides opportunity for meeting individual needs and interests.

Self-assessment and faculty evaluation assist in improving practice and professional development. A base is provided for lifelong self-development to improve knowledge and skills.

Staff of the Georgia Department of Public Health WIC Program and participating Health Districts are committed to assisting those interns/employees who wish to overcome financial, geographical, or personal barriers to verify their professional competence through the Academy of Nutrition and Dietetics (AND) credentialing process.

Interns who successfully complete the DPH WIC Dietetic Internship Program and obtain registration are encouraged to serve as mentors and preceptors for future DPH WIC Dietetic Interns.

# III. MISSION AND GOALS

# The DPH WIC Dietetic Internship Program Mission

To improve the health outcomes of Georgians through promotion of quality nutrition care practice by assisting qualified employees of the Georgia Department of Public Health WIC Program to become Registered Dietitians.

# **Program Goals and Outcome Measures**

**DPH WIC Dietetic Internship Program Goal 1:** The DPH WIC Dietetic Internship Program will prepare graduates to be competent at an entry level through high quality educational offerings.

# Outcome Measures - Goal 1:

- Over a five-year period, 80% of program graduates will pass the Commission on Dietetic Registration (CDR) Examination on the first attempt.
- Fifty percent (50%) of interns will achieve an average ranking of 3.5 or above (scale of 1-4) on core and community nutrition emphasis competencies.
- Ninety percent (90%) of employers will rate program graduates as competent at entry level.

**DPH WIC Dietetic Internship Program Goal 2:** The DPH WIC Dietetic Internship Program will attract and retain well qualified candidates.

### Outcome Measures - Goal 2:

- Ninety percent (90%) of interns will complete the program in 18 months or 150% time planned for completion.
- Ninety percent (90%) of graduates seeking employment will be employed within 90 days of graduation.

**DPH WIC Dietetic Internship Program Goal 3:** The DPH WIC Dietetic Internship Program will prepare graduates who will continue to practice in community nutrition care services in Georgia after program completion.

# Outcome Measures - Goal 3:

• Eighty percent (80%) of program graduates will indicate working and/or volunteering in nutrition within Georgia Department of Public Health two years after program completion.

# IV. PROGRAM CONCENTRATION

The program concentration for the DPH WIC Dietetic Internship Program is **Community Nutrition/Public Health**, which includes 1200 hours of supervised practice: 504 hours in community nutrition, public health research, life-cycle and health promotion; 504hours in medical nutrition therapy; and 192 hours in food service.

# V. <u>ACADEMY OF NUTRITION AND DIETETICS REGISTRATION</u> <u>REQUIREMENTS</u>

Requirements for registration are established by the Commission on Dietetic Registration (CDR). The present eligibility requirements include:

# A. Academic Preparation

- Completion of the ACEND didactic program in dietetics and a minimum of a baccalaureate degree from a United States regionally accredited college or university
- 2. A completed verification statement
- 3. Supervised practice requirement obtained through one of the ACEND accredited or approved experience pathways.
  - a. Accredited Dietetic Internship
  - b. Accredited Coordinated Program
  - c. Individualized Supervised Practice Pathway (ISPP)
- Successful completion of the Registration Examination for Dietitians. Site locations can be obtained at <a href="mailto:cdrnet.org/programdirector/actcenters.cfm">cdrnet.org/programdirector/actcenters.cfm</a>
- Continuing education participation is mandatory for maintenance of registration. Dietitians must accumulate 75 hours of approved continuing education every five years

- B. Verification of Educational Program
  Upon completion of the internship, the DPH WIC Dietetic Internship Program
  Director will issue to the graduate a verification statement that will be needed
  to apply for the national registration examination. Graduates desiring to apply
  for the registration examination should contact the DPH WIC Dietetic
  Internship Program Director for information about the procedures required.
- C. Academy of Nutrition and Dietetics Membership Information:

As an intern enrolled in an accredited dietetic internship, you are eligible for STUDENT MEMBERSHIP in the Academy of Nutrition and Dietetics. Membership is <u>required</u> for the Georgia Department of Public Health WIC Dietetic Internship Program.

Membership benefits include:

- Monthly issues of the Journal of the Academy of Nutrition and Dietetics
- Access to the AND Evidence Analysis Library
- Reduced fees for AND's Annual Meeting and other educational programs
- Automatic membership in the state dietetic association Discounts on professional publications and merchandise
- Toll-free number to call AND for assistance (Center for Nutrition and Dietetics can provide you with research information.)
- Applications are available at www.eatright.org

# VI. ADMISSION REQUIREMENTS OF THE DPH WIC DIETETIC INTERNSHIP PROGRAM

# **Prospective Interns**

The following information about the DPH WIC Dietetic Internship Program is available to prospective interns on the website located at dph.georgia.gov/dietetic-internship

- Description of the program, including mission, goals and objectives that will be monitored for program effectiveness
- A statement that program outcomes data are available on request
- Description of how the program fits into the credentialing process to be a registered dietitian and state certification/licensure for dietitians, if applicable
- Cost to interns, such as estimated expenses for travel, housing, books, liability insurance, medical exams, uniforms and other program-specific costs, in addition to application fees and tuition
- Accreditation status, including the full name, address, and phone number of ACEND
- Admission requirements for all pathways and options for which the program is accredited

- Academic and program calendar or schedule
- Graduation and program completion requirements for all pathways and options for which the program is accredited

# Criteria for Application to the program

The DPH WIC Dietetic Internship Program has established eligibility criteria for admission to the program.

An applicant must have:

- Current full-time status as an employee in the Georgia WIC Program with at least one FTE year (2080 hours) of working experience in the Georgia WIC Program. (The one year period is from hire date to internship starting date).
- Letter of support from the Health Director in the Public Health district in which the applicant is employed.
- Letter of support from the Nutrition Services Director in the Public Health district in which the applicant is employed.
- Supervisor's confirmation of applicant's job performance as satisfactory or better. Submit a copy of the most recent performance management form (PMF).
- Signed community preceptor agreement.
- A completed baccalaureate degree and verification statement from a didactic program accredited by the Accreditation Council on Education in Nutrition and Dietetics (ACEND)
- A reliable laptop computer, e-mail address and Internet service
- A overall grade point average (GPA) of 2.80 or above\*
- Completion of recency of education requirement if applicant has been out of college more than five years\*\*

An applicant who meets the following criteria may still be considered:

\*Guideline for low grade point average

- Earn a GPA of 3.0 or higher in each course; complete a minimum of nine semester hours in upper level dietetics courses from an accredited college or university after graduation and not more than five years prior to application to the dietetic internship program. Transcripts must include evidence of this course work. Prospective interns will need to obtain prior approval from DPH WIC Dietetic Internship Program Director on acceptable coursework to meet this requirement.
- Coursework requirements must be completed and transcripts must be submitted to internship director no later than June 30<sup>th</sup>. The applicant should indicate in their application that coursework to meet requirements is pending and will be completed prior to June 30<sup>th</sup>.

 Applicants with pending coursework may be selected for interview but will not be offered an internship position until and unless all requirements have been met by June 30<sup>th</sup>.

# \*\*Recency of Education requirements

- If an applicant has graduated from college with an undergraduate dietetics degree more than five years prior to the time of submission of application, the applicant is required to take one upper level college-level course (a minimum of three semester hours) from an accredited college or university in the area of dietetics and to earn an A or B in that course prior to applying to the dietetic internship program. Prospective interns will need to obtain prior approval from DPH WIC Dietetic Internship Program Director on acceptable coursework to meet this requirement.
- If an applicant has graduated from an accredited graduate program in nutrition and/or dietetics more than five years prior to the time of submission of application, the applicant is required to take one upper level college-level course (a minimum of three semester hours) from an accredited college or university in the area of dietetics and to earn an A or B in that course prior to applying to the internship program. Prospective interns will need to obtain prior approval from DPH WIC Dietetic Internship Program Director on acceptable coursework to meet this requirement.
- If an applicant has graduated from college with an undergraduate degree in dietetics ten years or more at the time of submission of application, two upper level college-level courses (a minimum of six semester hours) from an accredited college or university are required. Coursework must be in the area of dietetics and must be completed by the application deadline with proof of coursework in the transcripts. Classes must have been completed no more than four years prior to application deadline. Prospective interns will need to obtain prior approval from DPH WIC Dietetic Internship Program Director on acceptable coursework to meet this requirement.
- Coursework requirements must be completed and transcripts must be submitted to the Dietetic Internship Program Director no later than June 30<sup>th</sup>. The applicant should indicate in their application that coursework to meet requirements is pending and will be completed prior to June 30<sup>th</sup>.
- Applicants with pending coursework may be selected for interview but will not be offered an internship position until and unless all requirements have been met by June 30<sup>th</sup>.

# **Application Procedures**

The Application packet may be requested from:
DPH WIC Dietetic Internship Program
Program Operations and Nutrition Unit
2 Peachtree Street NW, Suite 10-283

Atlanta, GA 30303-3142 404-463-0742

# The following items must be submitted (One original for each of the following):

- Official verification statement of completion of ACEND approved academic requirements from an accredited college or university.
- Official transcripts from all universities attended for undergraduate and graduate coursework. Transcripts must show the date of graduation and major. Interns should order official transcripts in a sealed envelope from the universities and include the unopened transcripts in the application packet.
- Recommendations from one academic professor and two recommendations from employers with one of them from the current supervisor. If the applicant agrees for the recommendation to remain confidential as indicated on the recommendation request form, the unopened, sealed letters should be included in the application packet.
- Supervisor's confirmation of applicant's job performance as satisfactory or better. Submit a copy of the most recent PMF.
- DPH WIC Dietetic Internship Program contract signed by District Health Director and applicant.
- Community Preceptor Agreement signed by applicant, community preceptor and District Nutrition Services Director.
- A folder containing copies of each of the following documents:
  - Completed Application for the DPH WIC Dietetic Internship Supervised Practice Program
  - 2. Personal statement (following personal statement guidelines)
  - 3. Completed project (following project guidelines)
  - Letters of support from District Health Director and District Nutrition Services Director
  - 5. One page resume

Applications must be postmarked no later than March 31 to be considered. Incomplete application packets will not be considered. All materials submitted for application to the DPH WIC Dietetic Internship Program become the property of the Georgia Department of Public Health WIC Program and will not be returned to the applicant.

| Date                     | Action   |
|--------------------------|--|
| January                  | Intern Open House  |
| March – End of Month     | Applications due   |
| April – Middle of Month  | Applicants notified of applicant status <sup>1</sup>   |
| May – Early to Mid-month | Conduct interviews <sup>2</sup>  |
| May – End of Month       | Notification of acceptance or rejection sent to all eligible candidates  |
| June – Middle of Month   | Accepted applicants notify internship management of their intent to enter and complete the internship and submits additional documents |
| August – Second Week     | General internship orientation   |
| August – Third Week      | Community Rotation Orientation   |
| August – Fourth Week     | Internship begins  |

<sup>&</sup>lt;sup>1</sup>Applicants who will be considered for the internship will receive a letter verifying receipt of their application packet and instructions on scheduling a date and time for an interview with the selection panel. Applicants who will not be considered will receive a letter stating the reason(s) they are not eligible for consideration.

<sup>2</sup>Applicants will be interviewed by a panel. Each interviewer will rate the applicants using a standardized scoring sheet. Applicants will be ranked based on their performance in the interview, grade point average (overall and food and nutrition specific coursework), letters of recommendation and references, length of service in public health, work experience, extracurricular involvement, professional membership and service, completed project, and personal statement.

#### Selection of Interns

Applicants will be ranked with ratings based on the following factors:

- GPA cumulative undergraduate, and food/nutrition/dietetics coursework
- GPA science and graduate degree bonus points may be awarded for GPA of 3.0 or better in science courses and for a completed graduate degree
- Extracurricular activities
- Work Experience in dietetics/nutrition
- Personal statement
- Completed project

- Recommendation rating scores from college professor and supervisor(s)
- Interview

# Acceptance/rejection letters

Internship applicants are informed by letter of their acceptance/rejection by mail. This letter is sent to the address noted on the application form. Applicants accepted as interns are required to inform the DPH WIC Dietetic Internship Program Director in writing of their acceptance/rejection of the appointment and to provide any other requested documentation. The intern will be required to sign and date a commitment agreement (see Intern Commitment Agreement page 50). If the DPH WIC Dietetic Internship Program Director has not heard from each intern within the specified time frame, the intern will lose placement in the program.

# **Pre-Entrance Requirements**

Once the intern accepts placement into the DPH WIC Dietetic Internship Program, the intern will be required to send a photo proof of AND student membership, driver's license, health insurance, automobile insurance, medical clearance, proof of immunization to measles, mumps, and rubella (MMR), tetanus, Hepatitis B, and varicella as well as purified protein derivative (PPD) result and current Basic Life Saving (BLS) certification card.

Interns will be sent pre-orientation assignments which must be completed prior to attending general orientation. The homework is assigned to provide an opportunity for self- assessment and introduction to code of ethics and standards of practice.

### VII. FINANCIAL AID AND COST TO INTERNS

- There is no tuition fee at this time to participate in the DPH WIC Dietetic Internship Program. Participation in the dietetic internship program may allow college loans to be deferred. Also, because of the internship status, educational loans may be requested through the Academy of Nutrition and Dietetics (AND) or a lending institution. Seeking financial aid is the responsibility of the dietetic intern.
- DPH WIC dietetic interns continue to receive their full-time salary and fringe benefits from their district public health employer during the internship. Dietetic interns do not receive stipends in addition to their salaries provided by their employer. Interns must provide their own transportation, lap top, and internet service. When WIC funds are available, the intern's district public health office may assist the intern with WIC-allowable expenses such as lodging, travel, conference fees, books, etc., but this is not an expectation. The following costs to the intern are estimates and subject to change:

| Estimated Internship Cost   |                  |  |  |
|---|------------------|--|--|
| Books (provided by employer or provided by intern)  | \$ 0 - 500       |  |  |
| Medical Insurance (provided by employer or provided by intern)  | \$900 - 1,500    |  |  |
| Liability Insurance (provided if a GDPH employee)   | \$ 0             |  |  |
| Automobile Insurance  | \$ 500 - 1,000   |  |  |
| AND Student Membership (required) and student membership to a local Georgia academy of Nutrition and Dietetic Association and student membership to Georgia Public Health Association (recommended) | \$ 50 - 100      |  |  |
| Laboratory Coats or Uniforms (if required by site)  | \$ 150           |  |  |
| Medical Exam and vaccinations   | \$ 200           |  |  |
| Criminal background check (if required by site)   | \$ 50-100        |  |  |
| Drug testing (if required by site)  | \$ 50-100        |  |  |
| Laptop computer and internet access   | \$ 1,500         |  |  |
| Printing or copying cost  | \$ 100           |  |  |
| Transportation/Mileage to orientation sessions, training sessions and rotation sites (provided by employer or provided by intern)   | \$ 0 - 1,000     |  |  |
| Lodging/Meals to orientation sessions, training sessions and rotation sites (provided by employer or provided by intern)  | \$ 0 - 1,000     |  |  |
| Conference/Training Registration Fees (provided by employer or provided by intern)  | \$ 0 - 1,000     |  |  |
| Meals and Parking at rotation facilities (if required by site)  | \$ 0 – 100       |  |  |
| Registration Examination  | \$ 200           |  |  |
| TOTAL COST  | \$ 3,700 – 9,350 |  |  |

# VIII. <u>INTERNSHIP CONTRACT</u>

• Prior to beginning the internship, the intern/employee must sign a legally binding contractual agreement with his/her employer, e.g., district public health office. This affirms his/her understanding that, upon successfully completing the internship, he/she will continue to work with his/her respective Georgia Public Health District WIC Program. The contract requires that an intern complete the required 12-month supervised experience, and complete a twenty-four (24) month work commitment with his/her current employer, to commence on the date of his/her first attempt to sit for the dietetic registration examination. Interns will be responsible for reimbursing the district for unfulfilled obligations pursuant to the contract.

- Interns who choose to leave the internship within the initial probation period (the first 240 hours of supervised experience) will not be required to make monetary restitution to their employer/agency. Interns who choose to leave the internship after the initial probation period (the first 240 hours of supervised practice) will be required to make monetary restitution to their employer/agency. Interns who are dismissed from the internship at any time during the program will be required to make monetary restitution to their employer/WIC local agency in accordance with the contract.
- No internship-related expenses will be returned to an intern who leaves or is terminated from the internship program. Upon receipt of notification of the reimbursement amount from his/her employer/local agency, the intern is required to remit payment in full.

# IX. INTERNSHIP SCHEDULE

- The internship schedule is 54 weeks total. Interns will participate in supervised practice hours of the internship for up to 24 hours per week and work in their respective jobs for 16 hours per week.
- Didactic hours and internship documentation (logs, reports, evaluations, etc.) will require additional hours beyond the 40 hour internship/work week.
- Interns are expected to be present for each scheduled rotation, orientation and training. If circumstances beyond an intern's control (i.e., illness, car trouble, illness or death of an immediate family member) occur, the preceptor may assist the intern to reschedule these experiences. There is no guarantee that these experiences can be made up without repeating the rotation, but every reasonable effort should be made.

| Rotation                       | Didactic Hours | Practice Hours | Dates                                   |
|--------------------------------|----------------|----------------|---|
| General Orientation            | 24             | 0              | August 15 – 17, 2016                    |
| Community Rotation Orientation | 24             | 0              | August 22 – 24, 2016                    |
| RD Review                      | 24             | 0              | August 29 – 31, 2016                    |
| Community Rotation             | 100+           | 504            | September 5, 2016 – January<br>27, 2017 |
| Food Service Rotation          | 50             | 192            | January 30 – March 25, 2017             |
| Clinical Skills Class          | 24             | 14             | March 27 – 29, 2017                     |
| Clinical Rotation(s)           | 50             | 432            | April 3 – August, 2017                  |
| Renal Rotation                 | 30             | 72             | August 7 – August 4, 2017               |
| RD Review                      | 16             | 0              | August 29 – 30, 2017                    |
| Total                          | 302            | 1200           |   |

| Graduation | 0 | 0 | August 31, 2017 |
|------------|---|---|-----------------|

Note: Rotation schedules may be subject to change

# X. <u>TIME COMMITMENT</u>

- The designated practice hours in each facility do not include travel time, outside preparation, didactic lessons or the orientation training. The intern will work the schedule which best facilitates learning which could include weekends and early or late hours.
- Practice hours may be required beyond this minimum depending on the demands of the rotation and assignments.
- Interns are expected to complete all didactic assignments. The didactic hours above are only estimates and the didactic assignments may require hours beyond this estimate.
- In addition to practice hours and didactic hours, interns should expect to expend "other" (typing reports, typing activity logs, etc.) hours on a regular basis and should plan their schedules accordingly.

# XI. ORIENTATION

- Preceptors are provided with information on the purpose of the ACEND accreditation process and the intent of accreditation standards as well as the preceptor handbook, appropriate curriculums, and evaluation tools ahead of intern site rotations. All preceptors are encouraged to complete the eight hour training provided online by the Academy of Nutrition and Dietetics. All preceptors may schedule as needed a phone conference with the Dietetic Internship Program Director.
- Internship orientation will take place at the beginning of the internship
  program. Program orientation will be held for three (3) days. The DPH WIC
  Dietetic Internship Program notebook, including internship policy and
  procedures will be reviewed during the orientation. During orientation the
  intern will also begin exploring various learning styles and personality types
  and theories that they will be observing and applying throughout the
  supervised practice experience.
- A three (3) day rotation-specific orientation will take place the week before each rotation begins (community and clinical). Interns will be required to complete pre-rotation modules for community, food service and clinical rotations.

 Rotation curriculum and evaluation process will be reviewed during orientation and the intern will be provided with an overview and introduction to specific clinical, community, and food service skills which will be required of the intern in rotation site supervised practice.

### XII. COMPETENCIES/INTERN LEARNING OUTCOMES

 There are four broad Intern Learning Outcomes (ILOs) and one Community/Public Health Concentration Learning Outcome that are tied directly to the curriculum. This allows for assessment of intern learning and provides a measure for assessing program goal effectiveness. The ILOs illustrate how outcome measures are used to assess the interns' progress and achievement of the 38 core competencies for dietitians and five (5) community/public health emphasis competencies.

# Intern Learning Outcome 1: Scientific and Evidence Base of Practice:

Integration of scientific information and research into practice.

# **Intern Learning Outcome 2:** Professional Practice Expectations:

 Beliefs, values, attitudes and behaviors for the professional dietitian level of practice.

### **Intern Learning Outcome 3:** Clinical and Customer Service:

• Development and delivery of information, products and services to individuals, groups and populations.

#### **Intern Learning Outcome 4:** Practice Management and Use of Resources:

 Strategic application of principles of management and systems in the provision of services to individuals and organizations.

### **Intern Learning Outcome 5:** Community/Public Health Emphasis:

 Development and delivery of nutrition intervention programs to culturally and ethnically diverse communities.

See the 2012 Core Knowledge and Competencies for the RD in the appendices page 47-49.

### XIII. SUPERVISED PRACTICE HOURS/ CURRICULUM

- The DPH WIC Dietetic Internship Program is comprised of 1200 hours of supervised practice hours through three internship areas:
  - Community/Public Health (504 hours)
  - Clinical (504 hours)
  - ➤ Food Service (192 hours)
- Interns may be divided into Group A and Group B depending on available rotation site schedules and may complete rotations on opposite schedules (Group A completes community while Group B completes food service and clinical). Individual and group work will be conducted by each intern during the internship. Interns complete 24 practice hours per week participating in the DPH WIC Dietetic Internship Program.
- Interns will complete the community/public health rotation supervised practice hours within the public health district where they are employed and throughout the communities they serve. The intern may also work in groups for some community projects.
- Interns will complete the clinical/food service rotation supervised practice hours in hospitals, school systems, medical clinics, renal dialysis clinics and diabetes centers through-out the state of Georgia.
- Interns assist the DPH WIC Dietetic Internship Program Director in locating rotation facilities in close proximity to the intern's location. Every effort is made to place the intern as close as possible to their home location; however, it is not always possible to secure a rotation in close proximity to the intern. The intern must be willing and able to travel as needed and should know that rotations could be as much as two hours away. Interns are responsible for any internship-related travel costs.
- The DPH WIC Dietetic Internship Program will also offer supervised practical training sessions for each intern. Examples of practical training include:
  - Community Needs Assessment
  - A 3-day Pediatric Nutrition Practicum at Children's Health Care of Atlanta
  - Nutrition Care Process
  - Grant Writing
  - Clinical skills

Four curriculums have been developed for the DPH WIC Dietetic Internship:

Community/Public Health

- 21 weeks of supervised practice
- Can be completed in the public health district and in local community agencies
- Includes grant writing, community needs assessment and interdisciplinary focused activities

### Clinical

- > 18 weeks of supervised practice
- ➤ Can be completed in a hospital and in other clinical settings like a, diabetes clinic, bariatric clinic, oncology outpatient clinic, etc.

#### Renal

- > Three (3) weeks of supervised practice
- > Can be completed in a hospital and/or outpatient dialysis facility

#### School Food Service

- > Eight (8) weeks of supervised practice
- Completed in a in a school system setting

### XIV. DIDACTIC HOURS

- The DPH WIC Dietetic Internship will provide didactic hours throughout the internship. Examples include:
  - Three day dietetic internship program orientation (includes some practice hours)
  - Three day rotation specific orientations (includes some practice hours)
  - CourseSites.com an online course for didactic assignments
    - Nutrition modules
    - Journal articles
    - Reading assignments
    - Internship resource links
    - RD practice exams and study sessions
- User training for CourseSites.com will be provided at the internship orientation. Each intern will be provided the URL and log in information for CourseSites.com. The intern is expected to check the CourseSites.com website daily for assignments and announcements.

### XV. REQUIRED TEXTBOOKS

- Book expenses are the responsibility of the intern. Internship-related books are WIC allowable expenses, if funds are available, the district public health office may choose to pay for them, but this is not an expectation. Books must be purchased prior to the internship orientation.
  - Pocket Guide to Pediatric Nutrition Assessment, 2<sup>nd</sup> edition (AND)
  - Nutrition and Diagnosis Related Care, 8th edition (by Escott-Stump)
  - Food Medication Interaction, 18th edition (by Pronsky)
  - ADA Pocket Guide to Nutrition Assessment 2nd Edition (By Charney)
  - Access to eNCPT at https://ncpt.webauthor.com/
  - Foodservice Organizations: A Managerial and Systems Approach, 8<sup>th</sup> edition (Gregoire)
  - Medical Nutrition Therapy: A Case Study Approach, 4<sup>th</sup> edition (by Nelms and Roth)

# XVI. EVALUATION PROCEDURES

Evaluation procedures are a very important part of a dietetic internship. The
evaluation process aids in the assessment of the interns' abilities to be
successful in the program as well as in the profession of dietetics. The
evaluation process additionally provides for early detection of academic
difficulty and improvement. It allows important feedback to the intern to allow
them to build dietetic practice skills. Communication and feedback throughout the internship is considered best practice.

### • Evaluation opportunities include both formative and summative:

- Activity Logs
- Peer Evaluation
- Self -Evaluation
- Intern Midpoint Evaluation
- Preceptor/Rotation Evaluation
- Intern Final Evaluation
- Orientation, Training, and Didactic Assignment Evaluation
- Dietetic Internship Program Evaluation

# • Evaluations completed by the intern:

- Internship Time Logs
  - Supervised Practice and didactic hours must be logged by the intern and verified by the preceptor.
  - Completed time logs which have been verified by the preceptor are to be turned in weekly and with the final evaluation and rotation paperwork at the completion of the rotation.

- Orientation, Training, and Didactic Assignment Evaluation
- Intern Self-Assessment Evaluation
  - The DPH WIC Dietetic Internship Program will utilize the University of Minnesota Self-Assessment Tool for Public Health/Community Nutritionist Modules.
    - http://www.epi.umn.edu/let/assessment/index.html
  - The intern self-assessment evaluation will be conducted prior to and during the internship orientation at the beginning of the internship.
  - The self-evaluation is an on-line tool and requires the intern to bring a lap top to the orientation meeting.
  - The modules will provide the dietetic intern with an opportunity to systematically identify strengths and weaknesses in specific areas of public health and community nutrition practice. It will also provide guidance and resources to assist individuals in career development planning.

**Module 1** guides individuals through a self-reflection exercise to assist in articulating personal and professional goals that may impact career development.

**Module 2** contains an interactive self-assessment that allows individuals to determine specific areas of strength and weakness in public health and community nutrition practice.

**Module 3** provides guidance in analyzing and interpreting the results of Module 2.

**Module 4** consists of resources that can be used by students and practitioners to identify agencies and resources that can assist them with career development.

- Once completed, the intern would need to print the self-assessment and action plans for the Internship file.
- Rotation Goals and Reflections
  - This form is completed and reviewed by the intern and preceptor at the beginning of each rotation. The completed and signed Rotation Goals and Reflection form should be turned in

to the DPH WIC Dietetic Internship Program Director at the end of every rotation with rotation paperwork for each intern.

# Preceptor/Rotation Evaluation

- This form is completed at the end of each rotation and is used to assess whether the intern perceived that the preceptor/rotation provided an adequate supervised practice experience.
- The Preceptor/Rotation Evaluation should be sent electronically to the DPH WIC Dietetic Internship Program Director within oneweek of the end of the rotation.
- The evaluations are treated as confidential and will not be shared with the preceptor.
- Feedback from the evaluations will be used to coach preceptors, guide preceptor training needs, revise supervised practice experiences, and to prepare future interns for supervised practice.

# Program Exit Evaluation

- At the completion of the program each intern is asked to complete a program exit evaluation and a post-internship self-evaluation.
- The self-evaluation tool examines how the intern feels about the overall internship program and whether or not experiences were provided that have prepared him/her for the registered dietitian exam.
- The intern can compare the self-evaluation tool completed at the beginning of the internship with the post-internship self-evaluation.
- The program exit evaluation tool is used to evaluate the intern's views and opinions about the internship and its many components. This is an opportunity for the intern to voice any concerns about the program, the rotations, supervised practice hours, assignments, trainings and preceptors.

# **Evaluations completed by the Preceptor**

### Project Evaluation

• Individual and group projects will be evaluated by the preceptor using a standardized evaluation tool or rubric, when appropriate.

Evaluation guidelines are provided for supervised practice activities.

 The grading scale is 1-4. In order to pass a rotation, interns should achieve an average of '3' or higher on all activities/competencies assigned in the rotation. This is determined by adding up the scores for all activities/competencies and dividing by the number of activities listed for that particular rotation.

#### Mid-Point Evaluation

- The Preceptor will evaluate the performance of the intern at the mid-point of the rotation.
- The preceptor and intern should meet in person to discuss the mid-point rotation evaluation.
- Immediately following the meeting, both preceptor and intern should sign and date the evaluation form and electronically submit it to the DPH WIC Dietetic Internship Program Director and/or Internship Coordinator.
- If adequate progress is not being made, steps needed to correct the deficiencies will be established as part of the mid-point evaluation documentation.
- Early feedback and preceptor suggestions for improvement are strongly encouraged before problems develop.
- Mid-point evaluations are not required for rotations of six weeks or less.

# Community Rotation Progress Evaluation

- In the community rotation, preceptors will formally evaluate their intern at 7 weeks and 14 weeks using the mid-point tool.
- If adequate progress is not being made, steps needed to correct the deficiencies will be established. See Section, Remediation, Probation, and Termination, at page 35).

#### Final Evaluation

Must be conducted at the end of each rotation.

- The Preceptor will evaluate the performance of the intern.
- Professional behavior, knowledge/skills, and core competencies comprise the three components of the evaluation.
- A final evaluation form is included with each curriculum. The final evaluation consists of the rotation grade sheet which compiles all the project grades from the rotation, and the professional behavior evaluation from the rotation.
- The final evaluation paperwork should be sent electronically to the DPH WIC Dietetic Internship Program Director within one week of the end of the rotation.

# XVII. GRADUATION REQUIREMENTS

- Graduation from the internship is expected by the end of the 54-week program with successful completion and documentation of Intern Learning Outcomes and Competencies. If the intern is not able to complete the program in this time due to an authorized reason, the internship may be extended to a maximum of 18 months.
- For completion of the program, interns must meet the following requirements:
  - Complete the 1200 hours of planned supervised practice hours.
  - Complete didactic learning experiences.
  - Obtain a satisfactory rating on all rotations and examinations.
  - Submit documentation for all CRDs for each rotation to the preceptors, and the program director, at the end of each rotation.
  - Submit all required time logs, evaluation forms, self-assessments by the assigned due dates.
    - The intern must demonstrate no misconduct, academic or nonacademic, and must perform ethically in accordance with the values of the Academy of Nutrition and Dietetics.

# XVIII. Registered Dietitian (RD) EXAM REVIEW

- The DPH WIC Dietetic Internship Program desires for each intern to successfully pass the RD exam. Each intern will be provided opportunities to assist them with passing the exam which may include:
  - RD Exam review materials (flash cards, on-line tutorials, study guides and frequent practice exams)
  - RD Exam review course

# XIX. <u>VERIFICATION STATEMENT AND REGISTRATION EXAMINATION</u> <u>ELIGIBILITY</u>

- After completion of the program by the intern, the DPH WIC Dietetic Internship Program Director will provide the intern with an intern exit packet. The intern must then do the following:
- A. Complete the Name/Address Verification Forms provided by the program director.
- B. Return the CDR Copy to the Program Director on or before the deadline. The Program Director will submit this original form to CDR.
- C. Retain the Name/Address Verification Form, Student Copy for your records.
- D. The "Student Copy" is to be used when you have a name/address change after you have submitted the original CDR copy to your Program Director.
- E. When a name/address change occurs, notify the Program Director of the change(s) via FAX so that he/she can revise your record and advise CDR by attaching this fax copy to your original form. Make sure you complete ALL areas of the Change Form, including previous address (the address you submitted to your Program Director) and new address, Program Director's name and four-digit program code found on your Verification Statement from your Program Director indicating completion of your supervised practice.
- F. Program Directors will forward the *Computerized Registration Eligibility Application* to CDR. You will receive a letter confirming your registration eligibility from CDR approximately two to three weeks following Program Director submission to CDR.
- G. Refer to the February 1999 *JADA*, page 156, for an article entitled, "Computer-based testing: A new experience in 4 easy steps" and the October 1998 *JADA*, page 1102, for an article entitled, "Computer-based certification tests integrate testing and scoring, increase convenience" for a detailed description of the eligibility process.

- H. The Registration Examination for Dietitians is given year round at over two hundred approved Sylvan Learning Corporation sites nationwide. All test sites are open Monday through Friday and the eligible candidate must call the Sylvan testing site to schedule an appointment to take the examination.
- I. Applicants should keep the following in mind:
  - Make certain the Commission on Dietetic Registration is furnished with a current mailing address.
  - The examination fee is approximately \$200.
  - The test is multiple- choice and has a minimum of one hundred and twenty five questions.
  - The authorization to take the examination expires after the test is taken one year after authorization.
- J. Following completion of the above requirements, the program director will verify completion of the program to the Commission on Dietetic Registration (CDR) and provide the intern with a verification statement.
  - At that time, interns will be eligible to write the Registration Examination of the Commission on Dietetic Registration.
  - After successful completion of the Registration Examination for Dietitians, interns have completed the requirements for becoming a registered dietitian.
  - If the intern does not successfully pass the CDR Registration Examination on his/her first attempt, the intern must retake the examination in ninety (90) day increments until the examination is passed or until his/her authorization to sit for the examination has expired. Failure to pass the CDR Registration Examination does not absolve the intern from the work commitment responsibility
- K. The DPH WIC Dietetic Internship Program Director will maintain one verification statement in the intern's permanent file and will provide five verification statements to each graduate. Statements are needed when applying to:
  - Academy of Nutrition and Dietetics for membership
  - States for licensure Georgia requires dietitians to be licensed
  - For more information see <a href="http://sos.ga.gov/index.php/licensing/plb/19">http://sos.ga.gov/index.php/licensing/plb/19</a>
  - Potential employers

- In addition to the above, each intern should keep an original signed verification statement in a secure place as a permanent record.
- L. In order for the DPH WIC Dietetic Internship Program to help future interns, each graduating intern is encouraged to:
  - Inform the program director of any change of address.
  - Sign the release form allowing the testing center to release individual test scores to the DPH WIC Dietetic Internship Program staff.
  - Sign the release and ask your employer to share your performance evaluation with the DPH WIC Dietetic Internship staff.
  - Complete and return periodic program evaluations that are sent to former interns of the DPH WIC Dietetic Internship Program.
- Such information is very useful in evaluation and improvement of the program for future interns. Data from specific informants will be compiled with that from other former interns to identify characteristics and trends. The identity of individual respondents will be protected.

# XX. SITE SELECTION AND AFFILIATION AGREEMENTS

- The DPH WIC Dietetic Internship Program Director will select new rotation sites based on need or the ability of the site to provide appropriately credentialed and/or educated, trained and experienced in the subject area and a unique experience to the rotation offerings. The DPH WIC Dietetic Internship Program Director will meet (via phone or in person) with the lead preceptor and review relevant competencies and learning activities appropriate to the site's emphasis area.
- Scheduling procedures, length of rotation and learning activities will be
  mutually agreeable to both the DPH WIC Dietetic Internship Program and
  primary preceptor. An affiliation agreement must be signed by both parties
  before interns may be placed in rotation at that site. Site evaluation will occur
  through intern evaluations and correspondence with the primary preceptor.
- The affiliation agreements have been developed by the Georgia Department of Public Health's WIC Program Legal Services. The DPH WIC Dietetic Internship Program must abide by all the rules and guidelines set and mandated by the Georgia Department of Public Health's Legal Services. The affiliation agreements are maintained in good standing and filed in the DPH

WIC Dietetic Internship Program office. Once the affiliation agreement is signed, it will automatically renew annually unless otherwise terminated.

# XXI. ROLES AND RESPONSIBILITIES

#### Dietetic Intern

- The dietetic intern will acquire the skills and knowledge to function as an entry-level dietitian or manager in all areas of dietetics. Failure to follow these rules may result in termination from the program.
  - Present himself/herself in a professional manner and appearance at all times.
  - The intern assigned to each rotation site is responsible for contacting the main preceptor to arrange the time and location for the first day of the rotation. Preceptors are asked to be as detailed as possible when providing directions and instructions to interns.
  - Be punctual and available throughout the internship.
  - Complete objectives, learning experiences, reading assignments, and projects by due dates.
  - Be prepared for each rotation by reading required texts and articles and by completing modules prior to or during each rotation.
  - Follow department, rotation facility and internship program policies and procedures.
  - Maintain confidentiality of all information discussed within the department or rotation facility.
  - Ask for the preceptor's approval to leave his/her area of responsibility.
  - Communicate to the preceptor when attending meetings or other internship related activities during the rotation.
  - Inform the preceptor of any change in his/her schedule in a timely manner
  - Accept any change in the preceptor's schedule that may arise.
  - Maintain respect for positions of authority.
  - Function as a team player.
  - Seek guidance when needed.
  - Research and look up information as needed.
  - Accept constructive criticism.
  - Completely accept responsibility for all actions.
  - Maintain a positive and hard-working attitude.
  - Maintain open and frequent communication.
  - Attend all required teleconferences, meetings, training sessions, etc.
  - Maintain electronic Dietetic Internship rotation files.

#### **Preceptors**

- On the first day of the rotation, preceptors are asked to complete an orientation checklist with the intern. This details the information that should be reviewed with each intern upon arrival at a rotation site. It includes information about facility access, workspace, parking, dress code, scheduling, general work hours, rules regarding rest breaks and meal periods, attendance expectations (i.e. sick policy, procedures for advanced notice of absence, making up missed work), and any other relevant policies and procedures. In addition, preceptors are asked to provide interns with a tour of the facility, discuss proper channels of communication (i.e. who to contact with questions, grievances, etc.).
- Preceptors should provide the intern with appropriate contact information and review the curriculum with them.
- If there are any concerns or questions, preceptors and interns are asked to contact internship staff immediately. Names and contact information for internship staff members are listed below.

Rhonda Tankersley, MPH, RD, LD

Dietetic Internship Administrator

Georgia WIC Program, Program Operations and Nutrition Office
Georgia Department of Public Health

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10<sup>th</sup> Floor, Suite 283

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Email: Rhonda.Tankersley@dph.ga.gov

- It is the expectation that the preceptor will:
  - Assess the educational needs of the intern (this may be done by providing a pre-rotation module which can be used to introduce the intern to the subject matter and create a baseline for the supervised practice, or the preceptor may give a quiz, question/answer, or case study to assess knowledge and level analysis/synthesis performed by the intern at the rotation start).
  - ➤ Each Intern identifies his/her learning style at the beginning of the internship. Work with the intern to incorporate educational methods that meet the needs of the learner as well as addressing the required competency.

- Focus on entry level concepts that you apply in your daily work and assist the intern in developing the knowledge and skills needed for entry level practice competence.
- Allow interns adequate opportunities to practice what they have learned
- Provide one on one guidance for the intern that supplements and enhances information interns receive from their didactic training
- ➤ Evaluate the both formally (i.e., at midpoint and final using the DPH WIC Dietetic Internship Program evaluation tools) and informally (i.e. provide daily feedback on progress and praise the intern for achieving competency where applicable or highlight areas of needed improvement).
- Assist the intern in addressing noted deficiencies with a plan (i.e., readings, case studies, more practice time, etc.).
- Solicit feedback from the intern throughout the rotation to gain insight on how they feel they are doing and if they feel they are getting the direction and practice opportunities needed for them to achieve competence.
- Respect and treat the intern as an individual and unique adult learner.
- Provide clear guideline on rotation rules, policies, and procedures as well as your expectations of the intern.
- Yield to another dietetics professional when needed (i.e., if you are asked to evaluate an intern project that you are not or do not feel competent to evaluate, ask for help).

# **DPH WIC Dietetic Internship Program Director**

- The DPH WIC Dietetic Internship Program Director is responsible for the planning, administration and evaluation of the DPH WIC Dietetic Internship Program.
  - Develop and update recruitment and application information for prospective interns.
  - > Provide program information and meet with prospective interns.
  - Orient the intern to the program.

- Organize the rotations throughout the year.
- Coordinate with the preceptor the objectives, learning experiences and projects for the intern for that rotation.
- Monitor and evaluate the intern's progress in each rotation throughout the year.
- Provide ongoing support and advice for all interns during their placement.
- Remain in constant communication with the interns via telephone, email, scheduled site visits, and facilitates meetings with all current interns to provide further support, guidance, counseling, and advice.
- Develop the interns' rotation schedules.
- Plan and schedule didactic hours via training sessions and CourseSites.com.
- ➤ Maintain records pertaining to the maintenance of the program including intern complaints and resolutions.
- Serve as a role model and mentor to the intern.
- Act as a liaison between the preceptor and intern as needed.
- Serve as an advocate for the intern when appropriate and justified.
- Enforce policies and procedures.
- Direct the selection and procession of new dietetic interns.
- ➤ Enforce the role and responsibilities of both the intern and the preceptor.
- Recruit adequate and appropriate preceptors.
- Facilitate the negotiation of all contacts between the program and the supervised practice sites.
- Recruit members for the DPH WIC Dietetic Internship Program Advisory Board.

- Complete all official forms, studies, reports, RD exam registration, etc., necessary for maintenance of DI program.
- Conduct continuous internal and external program evaluations.
- Develop new and/or modify current curriculum based on the ongoing achievement of intern learning outcomes, expected competence of the interns, program goals, and changes impacting dietetic practice.
- Review the progress of the DI and program. Decide on future goals and implementation plans.
- The Georgia Department of Public Health WIC Program will maintain a full time employee as program director. In addition the program will utilize an advisory board to support internship planning activities. The advisory board will include previous interns, preceptors, other dietetic internship directors, and dietetic/public health professionals among whom some will be Georgia WIC employees who are RD's.
- In the event that the DPH WIC Dietetic Internship Program Director is unable to meet responsibilities the supervisor of Internship Program Director will ensure that an appropriately credentialed and trained employee of the organization who is also an advisory board member be designated as interim DPH WIC Dietetic Internship Program Director.
- The interim designee will work with advisory board members and other organization staff to ensure that all evaluations and paperwork are completed in a timely manner and that intern's progress adequately through the program. In the unlikely event that an appropriately credentialed individual is not available within the organization to resume the responsibilities of an internship program director, the Georgia WIC Program intends to establish a short term contract until the position is filled.

### XXII. ADVISORY BOARD

The DPH WIC Dietetic Internship Program will recruit board members from the following:

- Previous Interns
- Preceptors
- Other Dietetic Internship Directors
- Dietetic Professionals
- Public Health Professionals

# **Advisory Board Meetings**

- The DPH WIC Dietetic Internship Program will have two Advisory Board meetings annually which will be conducted by the Internship Program Director.
- The format of the Advisory Board Meeting may include, but not be limited to:
  - Introductions
  - History of the DPH WIC Dietetic Internship Program
  - Facts and figures about applicants and graduates
  - Broad program goals and related outcome measures
  - Strengths and weakness of the program
  - Discussion and decision
- The DPH WIC Dietetic Internship Program Director will solicit open feedback by all advisory board members.
- The DPH WIC Dietetic Internship Program Director will report back to the preceptors about results of advisory board meeting and possible program modifications.
- Minutes of the Advisory Board meeting will be filed in Internship files.

### XXIII. POLICIES and PROCEDURES

#### Internship Handbook Acknowledgement Form

- At the completion of the internship orientation, each intern is required to acknowledge receipt of the internship handbook and:
  - ➤ That they understand the policies and procedures of the DPH WIC Dietetic Internship Program, and
  - That they have had an opportunity to ask questions regarding the program.
  - ➤ The signed acknowledgement form will be kept in the intern file at the DPH WIC Dietetic Internship Program office.

### **Attendance at Professional Meetings**

 Membership in organizations provides opportunities for participation in workshops and conferences at the national, state and regional level. It

also provides for extended learning opportunities through group interactive experiences.

- Each rotation provides numerous opportunities for interns to interact with a wide variety of professionals in the dietetic profession.
- DPH WIC Dietetic Interns are required to become a student member of the Academy of Nutrition and Dietetics. Student membership is \$50 and runs from June 1-May 31. <a href="http://www.eatright.org/">http://www.eatright.org/</a>
- Interns are required to maintain student membership for the duration of the entire program and will need to renew their membership by the May 31 deadline in the year subsequent to their entry into the program.

# Vacation, Annual and Sick Leave Requirements:

- Interns are expected to be present for each scheduled rotation, seminar and training. If circumstances beyond an intern's control (i.e., illness, car trouble, illness or death of an immediate family member) occur, the preceptor will assist the intern to reschedule these experiences. There is no guarantee that these experiences can be made up without repeating the rotation, but every reasonable effort will be made.
- Annual leave that does not conflict with scheduled internship activities may be requested from the employee's supervisor.
- If sick leave is taken during the 24-hours of internship activity, the intern is required to notify the supervisor and preceptor. The sick leave request form must be completed and submitted to the supervisor.
- If a scheduled internship day falls on a State holiday and the preceptor or designated alternate is scheduled and available to supervise the intern's practice, then interns are required to adhere to the internship schedule. However, if interns wish to observe a State holiday, arrangements must be made with their preceptor in advance of the holiday and those arrangements must also be approved by the intern's supervisor, preceptor, and the DPH WIC Dietetic Internship Program Director. If an intern's request to make alternative arrangements to observe a State holiday is not approved, the intern must adhere to the original schedule. Participation in an internship day that falls on a State holiday does not qualify an intern to "make up" its observance on another day. Interns are required to complete a set number of hours for all rotations in a 12-month period. Therefore, interns are encouraged to make up time allocated to internship related activities during weekends or evenings, where possible. Unless an internship day falls on a State holiday, based on a pre-approved rotation schedule approved by the preceptor, supervisor, and DPH WIC Dietetic Internship Program

Director, interns have the discretion to use State holidays to make up internship hours.

- September 5, 2016 Labor Day
- October 10, 2016

   Columbus Day
- November 11, 2016 Veterans Day
- November 24, 2016 Thanksgiving Day
- November 25, 2016 State Holiday
- December 26, 2016 Christmas (observed)
- December 27, 2016 Washington's Birthday (observed)
- January 2, 2017 New Year's Day
- January 16, 2017 Martin Luther King's Birthday
- April 24, 2017

  State Holiday
- May 29, 2017 Memorial Day
- July 4, 2017 Independence Day

# **Punctuality**

- The intern is expected to be ready for work at the scheduled starting time for supervised practice, training or didactic experiences. Lateness will not be tolerated. If the intern expects to be late, he/she should call the preceptor to inform him/her of lateness and expected time of arrival.
- Since late arrival is disruptive to training, the DPH WIC Dietetic Internship Program Director has the option to exclude the intern from the learning activity. Exclusion from training/clinical learning activity due to tardiness results in absence and will be treated as such.
- Punctuality is monitored by site preceptors and reflected on intern evaluations. The DPH WIC Dietetic Internship Program Director counsels the intern, documents the lateness and places the information in the intern's file.

### Communication

- Interns are responsible to check e-mail and CourseSites.com daily and promptly provide information requested by the internship staff. Current e-mail and telephone numbers must be provided to the DPH WIC Internship Program Director and preceptors.
- While on internship duty, the use of personal cell phones/text messaging is <u>prohibited</u>. Avoid discussions of a private, personal or confidential nature, and never in the presence of patients, employees, visitors, and personnel from other departments.

- Telephones at the rotation sites are for business only. No personal calls are allowed without permission.
- Any personal calls must be restricted to break time. Receiving personal calls is limited to emergencies only.
- The interns must follow the facilities' policy regarding long distance calls.
- Cell phones are not permitted during training or at rotation sites.
- Computers at rotation sites are for business only. No personal use of the computer is permitted. Checking email is limited to personal time at home, before or after starting internship work.

# **Personal Computer**

- Interns are required to have their own computer, printer and access to the Internet. MS Word and PowerPoint software are required. Some preceptors require interns to have their own laptop computer with them. If you do not have personal lap-top, you either need to buy or borrow a laptop.
- The preceptor reserves the right to dismiss an intern until personal laptop is either purchased or taken to the site.

#### HIPAA

- DPH WIC employees should already have received training on HIPAA (Health Insurance Portability and Accountability Act of 1996) requirements. Some rotations facilities will require each intern to participate in HIPAA training. The privacy of a patient or client's health information is protected by this federal law.
- The intern MUST REMOVE ALL IDENTIFYING DATA from copies of patients' nutritional assessments, plans of care, etc., to use for evaluation purposes.

#### **Universal Precautions**

 DPH WIC employees should already have received training on Universal Precautions. Some rotation facilities will require each intern to participate in additional training.

#### **Dress Code**

- Interns must follow established dress code policies set by each supervised practice facility they are assigned to.
- To promote a professional image, the intern will wear professional attire at clinical and community rotations and while in attendance of training sessions and professional meetings.
- The following general policies apply to all DPH WIC dietetic interns:
  - ➤ Interns are expected to be neat and clean, taking pride in personal grooming to reflect concern and respect for patients, clients, preceptors, and others the intern works with.
  - Lab coats or scrubs can be used if required in the clinical facility.
  - Dress is business casual. No jeans, revealing clothing, form-fitting leggings, short skirts, bare arms, bare shoulders, bare midriffs or athletic wear is allowed.
  - Shoes must have closed toes and closed heels.
  - DPH name badges must be worn at all times when on duty.
  - During food service rotations, hair covering, minimal jewelry, and no artificial fingernails may be required.
  - No gum chewing is allowed in the facilities or during times interns are participating in professional activities.
  - ➤ Hair must be worn in a neat simple style, clean, and appropriate for professional activity.
  - Beards and mustaches are acceptable if they are short, clean, and well groomed, but they may not be "grown" during time of contact with patients or clinical facilities.
  - Preceptors have the right to determine if the attire worn is consistent with the image desired. Interns who do not follow facility guidelines for dress code will be sent home and counted absent. It is the intern's responsibility to arrange to make up any supervised practice experience to which he/she was denied access due to personal appearance.
  - It is the responsibility of the intern to contact each rotation facility to inquire about the dress code prior to the rotation.

 Professional dress with specific examples will be discussed in detail during dietetic internship orientation.

## **Program Withdrawal and Refund**

- Interns can withdraw from the internship program at any time. An intern who wishes to withdraw from the DPH WIC Dietetic Internship Program should inform the Internship Program Director in writing of his/her intent.
- Because the majority of the program costs are covered by the district which the intern works, refunds are not applicable for this program. However, payback to the district will be required of the intern as defined in the contract between the intern and the district/county by which they are employed.
- Interns will be allowed to withdraw at or before 240 supervised practice hours without monetary penalty.
- Prior to withdrawal, the intern, DPH WIC Internship Program Director and district supervisor will meet to determine if withdrawal is necessary or if other arrangements can be made.

## **Protection of Privacy**

- The DPH WIC Dietetic Internship Program ensures the importance of protecting interns' privacy. Access to the intern's file will be limited to the intern, the Internship Program Director or other internship personnel. Preceptors will have access only to those portions of the intern's file deemed necessary by the DPH WIC Dietetic Internship Program Director for the provision of appropriate supervision and evaluation of the intern.
- In the case of an intern whose performance is in question, the DPH WIC Dietetic Internship Program Director will have the authority to share portions of the file with a select committee in order to aid in reviewing the intern's performance and make a determination regarding the eligibility of the intern to continue in the program. Personal information about an intern may be released outside of the DPH WIC Dietetic Internship Program only with the written consent of the intern, except to verify employment or intern status or satisfy legitimate investigatory, regulatory or other legal obligations.
- Personal records for all dietetic interns currently admitted to the program and former interns who have graduated will remain on file in the DPH WIC Dietetic Internship Program office. Only information

pertinent to maintaining regulatory agency compliance and accreditation status of the program will be retained indefinitely. Information not retained for these purposes will be destroyed.

#### **Access to Personal Files**

 Interns have the right to access any personal, academic, or advisement records maintained by the DPH WIC Dietetic Internship Program Director. Any intern wishing to review his/her records should submit the request in writing to the Internship Program Director, and make an appointment to access the records. If the intern waived the right to review the letters of recommendation in the application process, the intern will not have access to these letters.

## **Record Retention**

- Internship records are maintained by the DPH WIC Dietetic Internship Program Director and Administrative Staff of DPH WIC Dietetic Internship Program.
- Records (hard copies) are housed in locked files at the DPH WIC state office, (soft copies) are housed in e-files on the laptop of the Dietetic Internship Program Director and in the Internship share drive (note: files with SSN are kept in hard copy only and in locked files).
- Records will be retained according to the following schedule

| Name of Record  | Method of Retention | Retention Timeframe and Location | Document Destruction  |
|---|---------------------|----------------------------------|---|
| Application and selection   | Hard copies         | 5 years; locked file             | Secure document shredding   |
| Acceptance and entrance (i.e. immunization, insurance, background check)  | Hard copies         | 5 years; locked file             | Secure document shredding   |
| Intern assignments and projects   | E copies            | 5 years; my documents<br>N drive | Samples will be retained by DI Director for purposes of accreditation site visit, marketing, etc. Remaining documents will be deleted |
| Verification statements<br>(DPD program and<br>Internship), RD misuse<br>form, final transcripts,<br>consent and<br>acknowledgement | Hard copies         | Permanent; locked file           | N/A   |

| forms  |  |  |   |
|--|--|--|---|
| Evaluations (intern<br>surveys, employer<br>surveys, rotation final<br>evaluations, mid- point<br>evaluations) | E copies and some<br>hard copies (rotation<br>final evaluations/mid-<br>point evaluations) | 5 years; my documents<br>N drive and locked file | Samples will be retained by the DI Director for purposes of accreditation site visit, marketing, etc. Remaining documents will be deleted |

## **Access to Student Support Services**

- The Employee Assistance Program (EAP) is available to DPH employees.
- There is no tuition for the DPH WIC Dietetic Internship Program and interns
  retain their full salary and benefits while completing part time internship
  activities. At the completion of the internship, the intern is required to provide
  two years of service to the supporting public health district.
- Interns will have access to on-line education and training using CourseSites.com. Log-in and password information will be given during the internship orientation.
- Extensive training is provided by the internship throughout the year. Financial support is provided by the internship, when available for conference registrations and travel expenses. However, some cost may be the responsibility of the intern.
- Interns will have access to the on-line Nutrition Care Manual. Log-in and password information will be given during the internship orientation.
- Books and other internship resources may be provided to the intern through the public health district office. However, some cost may be the responsibility of the intern.
- The internship will provide an RD Exam review course during the internship at no cost to the intern.

#### Evidence of Health Status/Medical Clearance Form and BLS Certification

- Before entering the program, interns must provide the DPH WIC Dietetic Internship Program Director with documentation of the following:
  - A current medical history, including blood pressure, height and weight Tuberculin (TB) skin test or chest x-ray within the last year. This must be kept current throughout the internship.

- > A Tetanus Booster within the last ten (10) years.
- Proof of Tdap vaccination.
- Measles, mumps and rubella vaccination (documentation of two doses or MMR titer).
- Proof or Varicella vaccination or Varicella titer (history of disease is not accepted).
- Hepatitis B vaccine series or documentation of decline (only declinations for documented medical reasons verified by a physician will be accepted).
- Seasonal flu shot (optional, but recommended and may be required by some facilities).
- Basic Life Saving (BLS) certification card
- Intern physicals must be conducted by the intern's primary care provider.
   Interns who do not provide medical information are not allowed to begin the internship.
- The affiliation agreement memorandum of understanding (MOU) states that
  the program will document the health status of interns. The program director
  provides each facility with assurance that all interns assigned to that facility
  are in good health. Facilities may refuse educational access when the intern's
  health status does not meet its employee standards for health.
- Some rotation sites may require additional medical tests. Interns are responsible for the cost and must provide documentation to that facility for any testing required.

#### **Insurance Requirements**

Professional Liability

- The Georgia Department of Public Health has a comprehensive general liability insurance policy that will protect the intern/employee from legally imposed liability when such liability arises as a result of error, omission or negligence in the performance of his or her duties and professional training responsibility.
- A copy of the liability policy from the DPH Administrative Policy and Procedure Manual is included in the appendices.

Interns that are not covered by DPH liability coverage are required to purchase professional liability insurance from a company who covers dietetic interns. Proof of liability insurance must be provided once he or she is accepted into the internship program. Preceptors may also require interns to present evidence of insurance. Interns will be responsible for obtaining any required coverage over and above the amount provided by DPH.

#### Health Insurance

- Evidence of current health insurance (wallet card, copy of the policy or any record showing clearly that the intern is covered by a health insurance policy) must be provided once he or she is accepted into the internship program. Health insurance must be maintained throughout the internship. Interns are required to submit a new insurance card for the new plan year.
- Preceptors at rotation facility sites may also require interns to present proof of health insurance.

#### Automobile Insurance

- Evidence of current automobile insurance (wallet card, copy of the policy or any record showing clearly that the intern is covered by an automobile insurance policy) must be provided once he or she is accepted into the internship program.
- Automobile insurance must be maintained throughout the internship. Interns are required to submit a new automobile insurance card or proof of automobile insurance upon expiration of the previously submitted card/proof.

## Liability for Safety in Travel to and from Assigned Areas

- If the intern uses a state or county-owned automobile, the intern must comply with all DPH policy and procedural rules regarding state or countyowned vehicles. Vehicle accidents must be reported to the insurance company designated by the state or county immediately. Failure to report an accident could result in disciplinary action. Interns employed by DPH will be covered under the DPH Compensation Law.
- If the intern uses a personal vehicle, proof of liability insurance is required by the internship and must be kept on file in the internship program office.

## Injury or Illness in Facility for Supervised Practice

- All job-related dietetic internship illness or injuries, including those involving operation of state, county or personal vehicles on official business must be reported to the intern's supervisor and the preceptor for the rotation as soon as possible.
- If the injured intern does not report the incident to the immediate supervisor within thirty (30) days, coverage may be jeopardized.
- Upon receipt of a report of a job/dietetic internship related injury or illness, the supervisor must <u>immediately</u> complete and transmit the Employee's First Report of Injury Form; Worker's Compensation Form No. WC - 1.

## **Workers Compensation**

- Workers' Compensation may provide benefits in the event that an intern incurs a work-related injury or occupational disease. If an intern/employee is injured on the job, no matter how minor the injury, the intern/employee should report it as promptly as possible to his/her supervisor.
- Injured intern/employees may choose to receive weekly Workers'
  Compensation for the compensable injury or disease, or they may use
  accumulated leave. If an intern/employee elects to accept Workers'
  Compensation, he/she must notify his/her department in writing that
  he/she has decided to use this option. Otherwise, it will be presumed that
  the intern/employee has elected to use accrued leave.
- For any questions concerning Workers' Compensation, contact the district personnel officer or:

Department of Administrative Services Workers' Compensation Capitol Hill Station Atlanta, Georgia 30334 (404) 656-6245

## **Drug Test and Criminal Background Test**

- All DPH employees must have a drug test and criminal background test as a condition of employment.
- Interns who participate in the DPH WIC Dietetic Internship Program are assigned to off-site clinical and food service facilities. They may be required to obtain a criminal background check before attendance is permitted. A drug screen may also be required by some facilities.
- Some facilities have specific requirements and vendors for background checks and drug screening. The DPH WIC Dietetic Internship Program

Director will notify the intern of the requirements of their respective rotation sites.

- The intern is responsible for completing the requirements of the rotation facility prior to the start date of the rotation.
- Interns are responsible for all costs associated with required criminal background checks and drug screens.
- The DPH WIC Dietetic Internship Program will support the facility if they reject an intern whose criminal background check and/or drug screen raises any concern.

## Meals and Parking Costs at Facilities

 Interns follow the policies of each rotation site in regard to meal and parking costs. These policies vary with the facility. Parking fees and meals during internship rotations are the intern's responsibility.

## **Educational Purpose**

- Supervised practice is for educational purposes only and is not intended to replace facility employees, except as planned to demonstrate competence/planned learning experiences.
- Dietetic intern supervised practice experiences will adhere to competency attainment as described in the curriculum and work assignments for the purpose of education, i.e., mastery of techniques and reinforcing knowledge. All preceptors are to adhere to the rotation schedules and learning activities as provided by the DPH WIC Dietetic Internship Program Director.

## **Grievances/Complaints from Interns and Preceptors**

This policy exists to define how the DPH WIC Dietetic Internship Program files and handles grievances/complaints from interns and preceptors to prevent retaliation

- When an intern has a grievance it should first be reported to the rotation preceptor. The second course of action is to bring it to the attention of the DPH WIC Dietetic Internship Program Director.
- If the DPH WIC Dietetic Internship Program Director deems it appropriate
  a meeting will be arranged with the preceptor, the intern and the Internship
  Director. If the matter remains unresolved to the satisfaction of the intern,
  the next step is to bring the grievance to the attention of the Georgia WIC
  Program Nutrition Operations and Education Manager.

- If the Nutrition Operations and Education Manager deems it appropriate a meeting will be arranged with the intern, the DPH WIC Dietetic Internship Program Director and the Nutrition Operations and Education Manager.
- If the grievance again remains unresolved, the matter will be brought to the Deputy Director of WIC Program Operations and Nutrition Unit.
- If a preceptor needs to file a grievance regarding internship staff, they should first bring it to the attention of the DPH WIC Dietetic Internship Program Director. The second course of action is to bring the grievance to the attention of the Georgia WIC Program Nutrition Operations and Education Manager. If the Georgia WIC Program Nutrition Operations and Education Manager deems it appropriate, a meeting will be arranged with the preceptor, the Dietetic Internship Director and the Georgia WIC Program Nutrition Operations and Education Manager. If the grievance cannot be resolved, the preceptor can meet with the Deputy Director of WIC Program Operations and Nutrition Unit.
- Interns should submit complaints directly to ACEND only after all other options through the DPH WIC Dietetic Internship Program have been exhausted.
- The DPH WIC Dietetic Internship Program will maintain a record of all intern complaints related to the ACEND accreditation standards, including the resolution of complaints for a period of five years.
- The DPH WIC Dietetic Internship Program will allow inspection of complaint records during on site evaluation visits by ACEND.

## Filing Complaints with the Accreditation Council for Education in Nutrition and Dietetics

The Accreditation Council for Education in Nutrition and Dietetics (ACEND) will review complaints that relate to a Dietetic Internship program's compliance with accreditation standards. ACEND is interested in the sustained quality of continued improvement of dietetics education programs, but does not intervene on behalf of individuals in matters of admission, appointment, promotion, or dismissal of faculty, staff, or interns. A copy of the accreditation standards and/or ACEND's policy and procedure for submission of complaints may be obtained by contacting ACEND at:

The Accreditation Council for Education in Nutrition and Dietetics 120 South Riverside Plaza, Suite 2000 Chicago, IL 60606-6995 1-800-877-1600 Ext. 5400

## **Credit for Prior Experience**

 The DPH WIC Dietetic Internship Program does not allow exemption from any dietetic internship rotations, supervised practice hours, or assignments because of prior education courses or work experiences.

## **Extension of Internship**

- An intern may request an extension of time beyond the twelve months allotted for the internship for hardship cases. Examples of hardship include, but are not limited to: illness of intern, illness or death of family member, personal problems. The following procedures must be followed:
  - Intern submits a written request for an extension of time to the DPH WIC Dietetic Internship Program Director.
  - A committee comprised of the DPH WIC Dietetic Internship Program Director, internship management team, and preceptor will review the request.
  - The intern will be notified of the decision of the committee.

## Remediation, Probation, Disciplinary Action, and Termination

• Interns must achieve an average score of 3 (based on a 1-4 point scale) on all activities to successfully complete each rotation. Interns are evaluated during the internship, as specified in the Internship Schedule. During these evaluations, interns receive feedback from their preceptors. In the event an intern's performance is below standards for the Program, his/her preceptor and the DPH WIC Dietetic Internship Program Director will take one or more of the actions described below to address any deficiencies, as deemed appropriate.

#### Remediation

The preceptor, in consultation with the DPH WIC Dietetic Internship Program Director, may request that the intern complete work under a remediation or corrective action plan if the intern is performing below expectations on his/her assignments, failing to meet assignment deadlines, at risk of not timely completing a rotation or failing a rotation, or failing to otherwise demonstrate the academic ability and integrity and

professional behaviors required to successfully complete a rotation or the internship The remediation plan should include:

- A written summary documenting the bases for placement on a remediation plan, which will be placed in the intern's file. The written summary must include all disciplinary actions (e.g., warnings, etc.) previously taken to address the intern's deficiencies. Specific educational activities and supplemental resources to aid the intern in remediation.
- Deadlines by which the specific educational activities must be completed.
- A timeline for evaluation of the intern's progress
- Competence of the intern during or at the end of this remedial experience is evaluated before an intern is allowed to move into the next rotation.
- If the intern does not meet the criteria for completion of experience and attainment of identified competencies, at the discretion of the preceptor and/or DPH WIC Dietetic Internship Program Director, he/she may be given the opportunity to repeat the rotation, be placed on probation, or counseled out of the DPH WIC Dietetic Internship Program.

#### Probation

- Interns may be placed on probation if his/her preceptor and the DPH WIC Dietetic Internship Program Director determine that adequate progress towards core competencies are not being met, and/or that the intern is failing to maintain professional behavior and/or academic integrity.
- The written request for probation may be initiated by the local internship management team and preceptor, or the DPH WIC Dietetic Internship Program Director. The request must contain the following:
  - Specific violations of internship policy/procedures and/or examples of failure to perform competently along with appropriate documentation;
  - o Terms of probation; and,
  - o Consequences for failure to meet terms of probation.
- The DPH WIC Dietetic Internship Program Director will review the request and allow or disallow the probation. Interns with minimal chances of success in the program should be counseled into career paths that are appropriate to their ability.
- Probationary action that is initiated by the DPH WIC Dietetic Internship Program
  Director will be reviewed and allowed or disallowed by Georgia WIC Nutrition

Operations and Education Manager, Deputy Director of Operations and Nutrition Unit, in consultation with the WIC attorneys.

• The intern will be notified in writing of the terms of the probation. If the intern fails to meet the terms of the probation at any time during the probation period, the intern may be counseled out of the program, and the contract between the intern and his/her employer/local agency may be terminated.

## **Disciplinary Action**

- Interns are required to comply with the DPH WIC Dietetic Internship Program's policies, procedures, and academic and professional standards. A violation of any of these may result in disciplinary action.
- Disciplinary action is for the purpose of calling to the attention of the intern the need to correct, improve or change behavior or productivity. The degree of discipline applied will be consistent with the necessity of corrective behavior change rather than inflict punishment for unsatisfactory behavior. Records of progressive disciplinary action are kept in the intern file and in a locked file cabinet.
- Examples of unsatisfactory behavior that may warrant disciplinary action and/or dismissal include: failure to maintain quality or quantity of work required; excessive absenteeism and tardiness; failure to maintain appropriate or professional standards of dress or hygiene; disclosing confidential information; and inability to meet internship requirements.

Guideline for Progressive Disciplinary action steps:

- 1. Verbal warning with counseling
- 2. Written reprimand with counseling
- 3. Written warning of dismissal
- 4. Dismissal
- The DPH WIC Dietetic Internship Program Director must be immediately notified when disciplinary action is imposed.
- Grounds for immediate dismissal may include but are not limited to mistreatment
  of patients, clients, preceptors, facility staff, other interns or the public; drug or
  alcohol use during internship or working hours; deliberate or willful violation of
  instructions or safety rules and plagiarism. If an intern is dismissed or terminated
  from the program, he/she will be responsible for reimbursing their employer/ local
  agency in accordance with the terms of the contract.

#### > Termination

- The training facility may refuse educational access to its facilities, thus terminating any intern who does not meet and maintain employee standards for safety, health, ethics and behavior.
- Cause for dismissal from the district health department may also result in notice of termination from the DPH WIC Dietetic Internship Program.
- Maintaining Georgia WIC Employment
  - a. Interns must remain employed at their current place of employment from the time of acceptance until completion of the internship. Employment will then continue according to the signed contractual agreement.
  - b. Failure to remain employed with the originating facility can result in termination of the internship position. This policy supports the professional ethics of the Academy of Nutrition and Dietetics and the Georgia Board of Examiners of Licensed Dietitians.
  - Written notification will be given to interns about their deficits in the DPH WIC Dietetic Internship Program.
  - Any notice of termination will include information about grievance procedures.

## **Problem Solving Skills and Challenges**

- The internship may present some problems therefore; interns must be able to resolve problems and conflicts when they occur. There will not be perfect days. On top of a heavy load of work, interns will face challenges and people who are not always operating at their best and conflicts may occur as a result. Learning to resolve problems with people is crucial to being a great professional. It is how you choose to resolve the problems that will make you a winner in the situation.
- It is important to be flexible and know that you will face many situations which may rearrange your plans and schedule. That is part of the internship; learning to work in real situations.

#### **Code of Ethics**

 The Academy of Nutrition and Dietetics and its credentialing agency, the Commission on Dietetic Registration, believe it is in the best interest of the profession and the public it serves to have a Code of Ethics in place that provides guidance to dietetics practitioners in their professional practice and conduct. Dietetics practitioners have voluntarily adopted a Code of

Ethics to reflect the values and ethical principles guiding the dietetics profession and to outline commitments and obligations of the dietetics practitioner to client, society, self, and the profession.

• The Ethics Code applies in its entirety to members of the Academy of Nutrition and Dietetics who are Registered Dietitians (RD's) or Dietetic Technicians, Registered (DTR's). Except for aspects solely dealing with membership, the Code applies to all RD's and DTR's who are not members of the Academy of Nutrition and Dietetics. All of the aforementioned are referred to in the Code as "dietetics practitioners." By accepting membership in the Academy of Nutrition and Dietetics and/or accepting and maintaining Commission on Dietetic Registration credentials, members of the Academy of Nutrition and Dietetics and the Commission on Dietetic Registration credentialed dietetics practitioners agree to abide by the Code.

## Principles:

- 1. The dietetics practitioner conducts himself/herself with honesty, integrity, and fairness.
- The dietetics practitioner practices dietetics based on scientific principles and current information.
- 3. The dietetics practitioner presents substantiated information and interprets controversial information without personal bias, recognizing that legitimate differences of opinion exist.
- 4. The dietetics practitioner assumes responsibility and accountability for personal competence in practice, continually striving to increase professional knowledge and skills and to apply them in practice.
- 5. The dietetics practitioner recognizes and exercises professional judgment within the limits of his/her qualifications and collaborates with others, seeks counsel, or makes referees when appropriate.
- 6. The dietetics practitioner provides sufficient information to enable clients and others to make their own informed decisions.
- The dietetics practitioner protects confidential information and makes full disclosure about any limitations on his/her ability to guarantee full confidentiality.
- 8. The dietetics practitioner provides professional services with objectivity and with respect for the unique needs and values of individuals.
- The dietetics practitioner provides professional services in a manner that is sensitive to cultural differences and does not discriminate against others on the basis of race, ethnicity, creed, religion, disability, sex, age, sexual orientation, or national origin.
- 10. The dietetics practitioner does not engage in sexual harassment in connection with professional practice.

- 11. The dietetics practitioner provides objective evaluations of performance for employees and coworkers, candidates for employment, interns, professional association memberships, awards, or scholarships. The dietetics practitioner makes all reasonable effort to avoid bias in any kind of professional evaluation of others.
- 12. The dietetics practitioner is alert to situations that might cause a conflict of interest or have the appearance of a conflict. The dietetic practitioner provides full disclosure then a real or potential conflict of interest arises.
- 13. The dietetics practitioner who wishes to inform the public and colleagues of his/her services does so by using factual information. The dietetics practitioner does not advertise in a false or misleading manner.
- 14. The dietetics practitioner promotes or endorses products in a manner that is neither false nor misleading.
- 15. The dietetics practitioner permits the use of his/her name for the purpose of certifying that dietetics services have been rendered only if he/she has provided or supervised the provision of those services.
- 16. The dietetics practitioner accurately presents professional qualifications and credentials.
  - a. The dietetics practitioner uses Commission on Dietetic Registration awarded credentials ("RD" or "Registered Dietitian"; "DTR" or "Dietetic Technician, Registered"; "CSP" or "Certified Specialist in Pediatric Nutrition"; "CSR" or "Certified Specialist in Renal Nutrition"; and "FAND" or "Fellow of The Academy of Nutrition and Dietetics") only when the credential is current and authorized by the Commission on Dietetic Registration. The dietetics practitioner provides accurate information and complies with all requirements of the Commission on Dietetic Registration program in which he/she is seeking initial or continues credentials from the Commission on Dietetic Registration.
  - b. The dietetics practitioner is subject to disciplinary action for aiding another person in violating any Commission on Dietetic Registration requirements or aiding another person in representing himself/herself as Commission on Dietetic Registration credentialed when he/she is not.
- 17. The dietetics practitioner withdraws from processional practice under the following circumstances:
  - a. The dietetics practitioner has engaged in any substance abuse that could affect his/her practice;
  - b. The dietetics practitioner has been adjudged by a court to be mentally incompetent;
  - c. The dietetics practitioner has an emotional or mental disability that affects his/her practice in a manner that could harm the client or others.

- 18. The dietetics practitioner complies with all applicable laws and regulations concerning the profession and is subject to disciplinary action under the following circumstances:
  - a. The dietetics practitioner has been convicted of a crime under the laws of the United States, which is a felony or misdemeanor, an essential element of which is dishonesty, and which is related to the practice of the profession.
  - b. The dietetics practitioner has been disciplined by a state, and at least one of the grounds for the discipline is the same or substantially equivalent to these principles.
  - c. The dietetics practitioner has committed an act of misfeasance or malfeasance, which is directly related to the practice of the profession as determined by a court of competent jurisdiction, a licensing board, or an agency of a governmental body.
- 19. The dietetics practitioner support and promotes high standards of processional practice. The dietetics practitioner accepts the obligation to protect clients, the public, and the profession by upholding the Code of Ethics for the Profession of Dietetics and by reporting alleged violations of the Code through the defined review process of the Academy of Nutrition and Dietetics and its credentialing agency, the Commission on Dietetic Registration.

## **Statement of Equal Opportunity**

 The program adheres strictly to the anti-discrimination policy of the Georgia Department of Public Health. Interns of the DPH WIC Dietetic Internship Program are subject to the provision of the federal civil rights, equal employment, vocational rehabilitation/handicapped, equal pay and age discrimination based on race, sex, color, religion, physical or mental handicap, national origin, age or political affiliation.

## **Standards of Professional Behavior**

- Interns are exposed to the code of ethics and the guidelines for professional conduct of the Academy of Nutrition and Dietetics (AND) in their orientation to the program.
- Interns are expected to adhere to the following guidelines:
  - 1. Interns will not disrupt the operation of the cooperating facility.

- 2. Interns are expected to dress and conduct themselves in a professional manner for each facility. Standards are set by the facility and/or preceptor and should be communicated to the intern at the beginning the rotation.
- 3. The institution reserves the right to adjust intern's experience if conduct and/or dress do not meet standards.
- The number of interns assigned to a facility, intern schedules, and objectives will be determined in cooperation with the cooperating department supervisor.
- 5. Interns will be provided an orientation to the cooperating facility including employee dress, confidentiality, human rights, ethical considerations, and liability.
- 6. Interns will function within the organizational framework of the cooperating facility; policies and procedures for the institution will be available to the interns.
- 7. The cooperating facility has the right to withhold use of the facility for failure to follow its policies and procedures as well as accepted standards for health and behavior.
- 8. Transportation to cooperating facilities is the responsibility of the individual intern.
- 9. Work hours may vary from rotation to rotation and within rotations so it is important for interns to be flexible. <u>Preceptors should communicate expectations to the intern at the beginning of the rotation and provide updates as necessary</u>.

## 2012 Core Competencies for the RD

- 1. Scientific and Evidence Base of Practice: Integration of scientific information and research into practice
  - CRD 1.1: Select indicators of program quality and/or customer service and measure achievement objectives
  - CRD 1.2: Apply evidence-based guidelines, systematic reviews and scientific literature (such as the Academy's Evidence Analysis Library and Evidence-based Nutrition Practice Guidelines, the Cochrane Database of Systematic Reviews and the U.S. Department of Health and Human Services, Agency for Healthcare Research and Quality, National Guideline Clearinghouse Web sites) in the nutrition care process and model and other areas of dietetics practice
  - CRD 1.3: Justify programs, products, services and care using appropriate evidence or data
  - CRD 1.4: Evaluate emerging research for application in dietetics practice CRD 1.5: Conduct projects using appropriate research methods, ethical procedures, and data analysis
- 2. Professional Practice Expectations: beliefs, values, attitudes and behaviors for the professional dietitian level of practice
  - CRD 2.1: Practice in compliance with current federal regulations and state statutes and rules, as applicable and in accordance with accreditation standards and the Scope of Dietetics Practice and Code of Ethics for the Profession of Dietetics
  - CRD 2.2: Demonstrate professional writing skills in preparing professional communications
  - CRD 2.3: Design, implement, and evaluate presentations to a target audience
  - CRD 2.4: Use effective education and counseling skills to facilitate behavior change
  - CRD 2.5: Demonstrate active participation, teamwork, and contributions in group settings
  - CRD 2.7: Refer clients and patients to other professionals and services when needs are beyond individual scope of practice
  - CRD 2.8: Apply leadership skills to achieve desired outcomes
  - CRD 2.9: Participate in professional and community organizations

CRD 2.10: Establish collaborative relationships with other health professionals and support personnel to deliver effective nutrition services

CRD 2.11: Demonstrate professional attributes within various organizational cultures

CRD 2.13: Demonstrate negotiation skills

# 3. Clinical and Customer Services: development and delivery of information, products and services to individuals, groups and populations

- CRD 3.1: Perform the Nutrition Care Process (a through e below) and use standardized nutrition language for individuals, groups and populations of differing ages and health status, in a variety of settings
  - a. Assess the nutritional status of individuals, groups, and populations in a variety of settings where nutrition care is or can be delivered
  - b. Diagnose nutrition problems and create problem, etiology, signs and symptoms (PES) statements
  - c. Plan and implement nutrition interventions to include prioritizing the nutrition diagnosis
  - d. Monitor and evaluate problems, etiologies, signs, symptoms, and the impact of interventions on the nutrition diagnosis
  - e. Complete documentation that follows professional guidelines, guidelines required by the health care systems and guidelines required by the practice setting
- CRD 3.2: Demonstrate effective communication skills for clinical and customer services in a variety of formats
- CRD 3.3: Develop and deliver products, programs or services that promote consumer health, wellness, and lifestyle management
- CRD 3.4: Deliver respectful, science-based answers to consumer questions concerning emerging health trends
- CRD 3.5: Coordinate procurement, production, distribution and service of goods and services
- CRD 3.6: Develop and evaluate recipes, formulas and menus for acceptability that accommodate the cultural diversity and health needs of various populations, groups and individuals
- 4. Practice Management and Use of Resources: strategic application of principles of management and systems in the provision of services to individuals and organizations
  - CRD 4.1: Participate in the management of human resources
  - CRD 4.2: Perform management functions related to safety, security and sanitation that affect employees, customers, patients, facilities and food

- CRD 4.3: Participate in public policy activities, including both legislative and regulatory initiatives
- CRD 4.4: Conduct clinical and customer service quality management activities
- CRD 4.5: Use current informatics technology to develop, store, retrieve and disseminate information and data
- CRD 4.6: Analyze quality, financial, or productivity data and develop a plan for intervention
- CRD 4.7: Propose and use procedures as appropriate to the practice setting to reduce waste and protect the environment
- CRD 4.8: Conduct feasibility studies for products, programs or services with consideration of costs and benefits
- CRD 4.9: Analyze financial data to assess utilization of resources
- CRD 4.10: Develop a plan to provide or develop a product, program or service that includes a budget, staffing needs, equipment and supplies
- CRD 4.11: Code and bill for dietetic/nutrition services to obtain reimbursement from public or private insurers.

## 5. GDPH DI Core Competencies

- CC 5.1: Apply principles learned in core public health and DI courses to the multidisciplinary application of public health nutrition
- CC 5.2: Evaluate emerging public health research and develop evidence based solutions to current public health issues

## **Georgia Department of Public Health WIC Dietetic Internship**

DPH) WIC Dietetic Internship Program Dietetic Intern Commitment Agreement

There are a number of important policies and procedures governing the Georgia Department of Public Health WIC Dietetic Internship Program, all of which are equally important. However, there are a few policies that interns will need to know and commit to **upon acceptance to the program.** Your initials next to each statement below will indicate that you have read, understand, and commit to these conditions.

| 1. You agree to assist your community preceptor and internship leadership in identification of potential rotation sites.   |
|--|
| 2. You agree to comply with all policies and procedures of the internship per the handbook.  |
| 3. You agree to commit the time necessary to successfully complete the program (the interns schedule often involves work that may require additional time beyond the twenty-four hour, i.e., meetings conferences, projects, paperwork, etc.). |
| 4. You agree to commit to the monetary obligation of the internship, which may include lodging expenses, travel expenses, materials and supplies.  |
| 5. You understand that rotation schedules and sites are subject to change and that your flexibility is critical.   |
| 6. You understand and accept that some rotation sites may be located a long distance (more than 70 miles one way) from your residence and/or work site.  |
| 7. You agree to participate in all required meetings, trainings and conference calls.  |
| 8. You agree to keep your supervisor informed of your schedule and progress throughout the program.  |
|  |

Congratulations on your acceptance into the Georgia Department of Public Health WIC Dietetic Internship Program. Together we will work diligently to ensure your success. Please call 404-463-0742 if you have any questions.

| BEORGIA DEPARTMENT OF PUBLIC HEALTH WIC DIETETIC INTERNSHIP PROGRAM HANDBOOK |                  |      |  |  |
|--|------------------|------|--|--|
|  |                  |      |  |  |
| Intern Printed Name  | Intern Signature | Date |  |  |