



Georgia Department of Public Health Dietetic Internship Program  
Diabetes Outpatient Clinical Rotation Curriculum

Georgia Department of Public  
Health

# Diabetes Outpatient Rotation Curriculum

WIC Dietetic Internship Program



**Georgia Department of Public Health Dietetic Internship Program  
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## Georgia Department of Public Health Dietetic Internship Program Diabetes Outpatient Clinical Rotation Curriculum

**Planned Activity:** Perform Nutrition Care Process

**Competencies:** CRD 1.1, CRD 1.2, CRD 1.3, CRD 2.1, CRD 2.7, CRD 2.10, CRD 2.11, and CRD 3.1 a-e, CRD 3.2, CRD 3.3, CRD 4.5, CRD 4.11

### **Learning Objectives:**

1. The intern will be able to appropriately complete nutrition assessments, distinguish nutrition diagnoses, write nutrition goals, plan nutrition interventions and identify parameters to monitor intervention success.
2. Intern will be able to confidently and effectively work as part of an interdisciplinary care team to provide high quality patient care.

### **Resources:**

1. Completed clinical pre rotation modules
2. [eatright.org/healthProfessionals/content.aspx?id=7077](http://eatright.org/healthProfessionals/content.aspx?id=7077)
3. ADA Pocket Guide to Nutrition Assessment, 2<sup>nd</sup> Edition
4. Food Medication Interaction Handbook, 17<sup>th</sup> Edition
5. Nutrition and Diagnosis Related Care, 7<sup>th</sup> Edition
6. Nutrition Therapy&Pathophysiology, 2<sup>nd</sup> Edition by Nelms, et al (Chapters 2, 3, 4, and 6)

### **Intern Directions:**

1. Review all resources and the tutorial at [medtronicsdiabetes.com/](http://medtronicsdiabetes.com/) .
2. Review and discuss with preceptor the processes of appointment scheduling and patient billing for nutrition services.
3. Using the appropriate facility forms, conduct nutrition care process (nutrition assessment, diagnosis, intervention and goal, and monitoring/evaluation plan) on a variety of patients (Type 1 DM, Type 2 DM, Gestation DM, and Pre-diabetes) with a minimum of 3 per week of rotation.
  - a. Record all nutrition care contacts on conditions, populations and disciplines form
4. Receive preceptor feedback on NCP performance.
5. At the completion of the rotation, submit completed conditions, populations and disciplines form to Dietetic Internship Program Director.

### **Preceptor Directions:**

1. Demonstrate to and assist the intern in completing NCP as needed.
2. Arrange for the intern to complete nutrition care process on a variety of patients.
3. At the completion of the rotation, using the Definition of Performance Standards, score the intern on overall performance in this area on the final evaluation form.



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**Planned Activity:** Nutrition Education Individual and Group

**Competencies:** CRD 1.2, CRD 1.4, CRD 2.1, CRD 2.3, CRD 2.4, CRD 2.13, CRD 3.2, CRD 3.3, CRD 3.4, CRD 4.11

### **Learning Objectives:**

1. The intern will be able to use motivational interviewing techniques to effectively counsel, educate and facilitate behavior change of target audience
2. Develop or adapt credible educational materials based on the needs of a target audience.
3. The intern will be able to utilize technology to access credible scientific sources to research nutrition related question and apply evidence-based guidelines.

### **Resources:**

1. Nutrition and Diagnosis Related Care Textbook
2. Nutrition Care Manual
3. Nutrition Therapy & Pathophysiology, 2<sup>nd</sup> Edition by Nelms, et al Chapter 4
4. Coursesites materials

### **Intern Directions:**

1. Review Chapter 4 in Nutrition Therapy & Pathophysiology, 2<sup>nd</sup> Edition (didactic hours).
2. Review and discuss with preceptor the processes of education session scheduling and billing related to nutrition services. Prepare for the education session ahead of time with preceptor.
3. For Individual education gather materials and read and go over ahead of time with preceptor. For group education review/create lesson plan and complete the preparation section of the Nutrition Education Preparation and Reflection Form..
4. Conduct education session(s) and receive feedback from preceptor.
5. Complete the reflection section of the Nutrition Education Preparation and Reflection Form.
6. At the completion of the rotation submit electronically to Dietetic Internship Program Director all completed. Nutrition Education Preparation and Reflection Forms (one for each session conducted).

### **Preceptor Directions:**

1. Assist intern in preparing for nutrition education session(s).
2. During the education session, closely observe the intern and provide feedback on success and opportunities for improvement. Have the intern complete as many education sessions (group or individual) needed until satisfactory performance is achieved.
3. At the completion of the rotation, using the Definition of Performance Standards, score the intern on overall performance in this area on the final evaluation form.





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Scoring Definitions:

5 = Always                      4 = Frequently                      3 = Sometimes    2 = Rarely                      0 = Never

Behavior	Score	Comment
Attention to Duty – Thorough and conscientious work ethic, meets responsibilities in a timely manner and displays professional appearance		
Dependability – Less amount of supervision needed, works independently, punctual, completes assignment and follows through		
Judgment – Displays decision making skills (logical and critical thinking), calm demeanor and is mindful of intern scope of practice		
Initiative – Displays initiative and active role in learning, demonstrates resourcefulness to find answers independently, volunteers for assignments and displays leadership		
Communication – Displays good oral and written communication skills, listens and responds appropriately, displays tact and diplomacy, initiates discussions with others when appropriate		
Theoretical Knowledge – Relates theory to practice, appropriately assesses situations/problems, identifies needs/solutions		
Quantity of Work – Demonstrates planning and time management		
Quality of Work – Demonstrates attention to detail as evidence by accurate, organized, and neat submissions		
Cooperation – Works with and helps others, maintains positive relationships, assumes appropriate share of work, accepts responsibility for mistakes, cooperates under stress, others seek interns assistance		
Attitude – Displays tact, self-confidence, positive and unbiased approach, integrity, and professional demeanor, incorporates constructive criticism to make improvements, self-reflects		
Total	/50	

4 = 90 – 100                      3.5 = 80 – 89                      3.0 = 75 - 79                      2.0= less than 75

Strongest Areas:

Areas for Improvement:

**Diabetes Outpatient Clinical Rotation Final Evaluation**

*Definition of Performance Standards:*



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**4 = Independent.** Tasks are completed with minimal initial directions, minimal supporting cues, in an expedient time period, with intern always demonstrating critical thinking skills. The intern thoughtfully analyzes and evaluates all factors and demonstrates a comprehensive approach. Intern demonstrates “linking” previous knowledge to current situation. Projects are detailed, organized and complete. All tasks are completed in a professional manner. The intern consistently displays a positive attitude. ***This score is only achievable when the intern is required to perform a task or produce an end product.***

**3.5 = Mostly Independent.** Tasks are completed with initial directions and few supporting cues in a reasonable time period with intern frequently demonstrating critical thinking skills. The intern thoughtfully analyzes and evaluates the majority factors and demonstrates a comprehensive approach. Intern demonstrates “linking” previous knowledge to current situation. Projects are detailed, organized and complete. Intern completes all tasks in a professional manner. The intern consistently displays a positive attitude. ***This score is only achievable when the intern is required to perform a task or produce an end product.***

**3 = Supervised:** Tasks are completed with initial directions and periodic feedback, occasional supporting cues, in a reasonable time period, with intern occasionally demonstrating critical thinking skills. The intern offers analyses and evaluations of obvious factors. Sometimes demonstrates a comprehensive approach. Projects are detailed and organized. The intern completes all tasks in a professional manner, displaying a positive attitude. ***This score also applies to the projects in which the intern observes a process or event and in projects where the intern is required to perform a task or produce an end product. For observation assignments, a score of ‘3’ would indicate a positive attitude, thoughtful questions and insightful comments.***

**2 = Assisted:** Tasks are completed with initial directions and frequent feedback, frequent supporting cues, over a delayed time period, with intern rarely demonstrating critical thinking skills) Completes tasks in a professional manner, usually displaying a positive attitude. ***This score also applies to the projects in which the intern observes a process or event and in projects where the intern is required to perform a task or produce an end product. For observation assignments, a score of ‘2’ would indicate attendance but lack of thoughtful questions and insightful comments.***

**1= Incomplete:** Work is technically inaccurate or incomplete. Tasks do not meet expectations and are thrown together without much thought. Projects lack detail and/or are unorganized. The intern displays unprofessional behavior or negative attitude. ***This score also applies to the projects in which the intern observes a process or event and in projects where the intern is required to perform a task or produce an end product. For observation assignments, a score of ‘1’ would indicate absence or tardiness to the event and/or lack of participation and/or unprofessional behavior and negative attitude.***

Planned Experience	Competency	Score	Comments
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	<b>Met</b>					
Nutrition Care Process	CRD 1.1 CRD 1.2 CRD 1.3 CRD 2.1 CRD 2.7 CRD 2.10 CRD 2.11 CRD 3.1 a-e CRD 3.2 CRD 3.3 CRD 4.5 CRD 4.11	4.0	3.5	3.0	2.0	1.0
Individual/Group Nutrition Education	CRD 1.2 CRD 1.4 CRD 2.1 CRD 2.3 CRD 2.4 CRD 2.13 CRD 3.2 CRD 3.3 CRD 3.4 CRD 4.11	4.0	3.5	3.0	2.0	1.0
Professional Behaviors	CRD 2.1 CRD 2.7 CRD 2.11	4.0	3.5	3.0	2.0	1.0

Add up total score \_\_\_\_\_/12 X 100= \_\_\_\_\_%

Did the intern score a 75% or above on the rotation? (circle one)                      YES    NO

Did the intern satisfactorily complete this rotation? (circle one)                      YES    NO

Do you have ANY reservations about the advancement of this intern? If yes, please elaborate below.

Intern Signature: \_\_\_\_\_

Date \_\_\_\_\_

Preceptor Signature \_\_\_\_\_

Date \_\_\_\_\_