



Georgia Department of Public Health Dietetic Internship Program  
Long Term Care Rotation Curriculum

Georgia Department of Public  
Health

Long Term Care  
Rotation Curriculum

WIC Dietetic Internship Program



**Georgia Department of Public Health Dietetic Internship Program  
Long Term Care Rotation Curriculum**

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## Georgia Department of Public Health Dietetic Internship Long Term Care Rotation Curriculum

**Planned Activity:** Perform Nutrition Care Process

**Competencies:** CRD 1.1, CRD 1.2, CRD 2.1, CRD 2.6, CRD 2.7, CRD 2.10, CRD 2.11, and CRD 3.1 a-e, CRD 3.2, CRD 4.5

**Learning Objectives:**

1. The intern will be able to appropriately complete nutrition assessments, distinguish nutrition diagnoses, write nutrition goals, plan nutrition interventions and identify parameters to monitor intervention success.

**Resources:**

1. [pioneernetwork.net/](http://pioneernetwork.net/)
2. [pioneernetwork.net/Data/Documents/PioneerNetworkUpdate.pdf](http://pioneernetwork.net/Data/Documents/PioneerNetworkUpdate.pdf)
3. Position paper – Individualized Nutrition Approaches for the Older Adult in Health Care Communities [eatright.org/About/Content.aspx?id=8373](http://eatright.org/About/Content.aspx?id=8373)
4. Completed clinical pre rotation modules
5. [eatright.org/healthProfessionals/content.aspx?id=7077](http://eatright.org/healthProfessionals/content.aspx?id=7077)
6. ADA Pocket Guide to Nutrition Assessment, 2<sup>nd</sup> Edition
7. Food Medication Interaction Handbook, 17<sup>th</sup> Edition
8. Nutrition and Diagnosis Related Care, 7<sup>th</sup> Edition
9. Nutrition Therapy Pathophysiology, 2<sup>nd</sup> Edition by Nelms, et al (Chapters 2, 3, 4, and 6)

**Intern Directions:**

1. Review all resources.
2. Using the appropriate facility forms, conduct nutrition care process (nutrition assessment, diagnosis, intervention and goal, and monitoring/evaluation plan) on a variety of patients (minimum of three (3) per week)
3. Must to include those with diagnosis of (*diabetes, overweight, obesity, cancer, cardiovascular disease, gastrointestinal disorders, respiratory, enteral/parenteral feeding etc.*) in a variety of population groups (*men, women, geriatric, adult, etc. as available*)
  - a. Record all nutrition care contacts on conditions, populations and disciplines form.
4. Receive preceptor feedback on NCP performance.
5. At the completion of the rotation, submit completed conditions, populations and disciplines form.

**Preceptor Directions:**

1. Demonstrate to and assist the intern in completing NCP as needed.
2. Arrange for the intern to complete nutrition care process on a variety of patients (demographic and disease variety).
3. Using the definition of performance standards rubric on the long term care rotation final evaluation document, at the completion of the rotation, assign a score for this activity on the rotation final evaluation form.



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**Planned Activity:** Regulatory Compliance

**Competencies:** CRD 1.1, CRD 1.3, CRD 1.5, CRD 2.1, CRD 2.11, CRD 4.2, CRD 4.7

**Learning Objectives:**

1. The intern will be able to conduct quality monitoring activities, analyze results and make recommendations for improvement.
2. The intern will be able to identify, propose and use procedures to reduce waste and protect the environment.

**Resources:**

1. State Operations Manual – Guide to Surveyors for Long Term Care Facilities
2. Federal Nursing Home Regulations power point on Coursesites.com

**Intern Directions:**

1. Review all resources.
2. Discuss with preceptor regulatory compliance requirements in long term care.
3. Note deficiency tags that relate to the work of the RD
4. Note the role of the RD on the survey team
5. With RD, review and discuss the most recent regulatory compliance survey results report for the facility.
6. Using the appropriate facility form(s), conduct quality and compliance audits as directed by the RD (kitchen sanitation, tray preparation, etc.).
7. While conducting the review, consider the following questions and record written notes and recommendations to be turned in to preceptor along with completed audit form(s)
  - a. *What is currently being done to decrease waste and promote efficient use of water, energy and food resources?*
  - b. *Name additional actions that could decrease waste and promote efficient use of water, energy, and food resources.*

**Preceptor Directions:**

1. Discuss with intern regulatory compliance requirements in long term care.
2. Note deficiency tags that relate to the work of the RD
3. Note the role of the RD on the survey team
4. With intern, review and discuss the most recent regulatory compliance survey results report for the facility.
5. Demonstrate to the intern how to complete a quality/compliance audit using the facility specific standardized form and then assign quality/compliance audit(s) to the intern.
6. Using the definition of performance standards rubric on the long term care rotation final evaluation document, at the completion of the rotation, assign a score for this activity on the rotation final evaluation form.



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**Planned Activity:** Meal Rounds and Supplement Intake Review

**Competencies:** CRD 1.1, CRD 1.3, CRD 2.5, CRD 2.8, CRD 2.11, CRD 3.2, CRD 4.4, CRD 4.5, CRD 4.7

**Learning Objectives:**

1. Intern will be able to conduct quality monitoring activities, analyze results and make recommendations for improvement.

**Resources:**

1. Long Term Care Institute Resource Materials at
2. [2.fiu.edu/~nutreldr/LTC\\_Institute/materials/LTC\\_Products.htm](http://2.fiu.edu/~nutreldr/LTC_Institute/materials/LTC_Products.htm)
3. F- tags flash cards [flashcardmachine.com/f-tags.html](http://flashcardmachine.com/f-tags.html)
4. Meal Rounds and Dementia Brief on Coursesites.com

**Intern Directions:**

1. Review all resources and meet with preceptor to plan activity at selected meal(s).
2. With RD, review and discuss supplement intake log and make recommendations for supplement continuance or discontinuance based on facility protocol.
3. Make rounds at meal time as directed by the RD to include residents in congregate dining areas and resident rooms. Using the appropriate facility forms review resident tray card and compare it to what is served on the tray and make notes of any discrepancies (example, tray card says puree diet and client got chopped or tray card says no broccoli and client got broccoli soup).
4. Survey resident's acceptance of meals through questioning and observation of intake; make note of relevant findings. Record all nutrition care contacts on conditions, populations and disciplines form.
5. At the end of the rotation submit

**Preceptor Directions:**

1. Meet with intern to plan the activity; provide intern with meal rounds form if applicable.
2. Demonstrate one tray review/resident interview for intern and then allow intern complete the meal round (either independently or under supervision of preceptor if preferred).
3. Review the written report and grade for neatness, thoroughness, and evidence of critical thinking based on findings cited and recommendations made.
4. Using the definition of performance standards rubric on the long term care rotation final evaluation document, at the completion of the rotation, assign a score for this activity on the rotation final evaluation form.



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**Planned Activity:** Interdisciplinary Care

**Competencies:** CRD 2.5, CRD 2.6, CRD 2.7, CRD 2.8, CRD 2.10, 2.11, CRD, 4.11

### Learning Objectives:

Intern will be able to confidently and effectively work as part of an interdisciplinary care team to provide high quality patient care.

### Resources:

1. [eatrightmich.org/pdf/HODBackgrounderIT.pdf](http://eatrightmich.org/pdf/HODBackgrounderIT.pdf)
2. Nutrition Therapy & Pathophysiology, 2<sup>nd</sup> Edition by Nelms, et al (Chapter 11 “Role of the Dietitian in the Health Care System”).
3. [southwesthealthline.ca/healthlibrary\\_docs/B.8.2.NutritionAssmtGuide.pdf](http://southwesthealthline.ca/healthlibrary_docs/B.8.2.NutritionAssmtGuide.pdf)
4. Resident Nutrition Care pdf on Coursesites.com

### Intern Directions:

1. Review resources.
2. With preceptor, review policies and/or regulations on Interdisciplinary Care Team Conference/Meetings and referral protocols at the facility.
3. With preceptor, prepare for and attend interdisciplinary care team meetings and rounds and participate in meetings as directed by preceptor. *Complete the reflection brief after attending these meeting(s).*
4. Practice effective communication with medical care staff (MD, RN, SW, RD's, OT, ST, PT, RT, Pharmacy and others) and make referrals to other health professionals when deemed necessary.
5. Record all interdisciplinary care contacts on conditions, populations and disciplines form.
6. With Dietary Manager, discuss and complete Minimum Data Sets (MDS) and Care Area Assessments (CAA) on a variety of patients. *Complete the reflection brief after attending these meeting(s).*
7. With preceptor direction, meet with MDS Coordinator to discuss billing and reimbursement related to nutrition care of patients. *Complete the reflection brief after attending these meeting(s).*
8. At the completion of the rotation submit completed conditions, populations and disciplines form as well as reflection briefs.

### Preceptor Directions:

1. Review with intern all facility policies and/or regulations on Interdisciplinary Care Team Conference/Meetings and referral protocol.
2. Take intern to interdisciplinary care team meeting(s). Discuss the RD role in the care team and allow intern to participate as appropriate.
3. Arrange for intern to complete MDS and CAA with Dietary Manager. Arrange for intern to meet with MDS Coordinator.



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4. Orient intern to multidisciplinary referral resources and protocol for making referrals and allow the intern to make referrals to other disciplines as appropriate.
5. Using the definition of performance standards rubric on the long term care rotation final evaluation document, at the completion of the rotation, assign a score for this activity on the rotation final evaluation form.



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Reflection Brief

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Write the learning objective and a brief description of the activity.

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Discuss how the activity/experience has impacted you personally. What does it mean to you?

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State and give an example of what knowledge, skill and/or ability you gained or enhanced from completing this activity.

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Discuss how the experience has impacted your professional practice.

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**Professional Behaviors Evaluation**

Directions – At the end of the rotation, complete the evaluation and record the score on the rotation final evaluation

Scoring Definitions:

5 = Always                      4 = Frequently                      3 = Sometimes                      2 = Rarely                      0 = Never

Behavior	Score	Comment
Attention to Duty – Thorough and conscientious work ethic, meets responsibilities in a timely manner and displays professional appearance		
Dependability – Less amount of supervision needed, works independently, punctual, completes assignment and follows through		
Judgment – Displays decision making skills (logical and critical thinking), calm demeanor and is mindful of intern scope of practice		
Initiative – Displays initiative and active role in learning, demonstrates resourcefulness to find answers independently, volunteers for assignments and displays leadership		
Communication – Displays good oral and written communication skills, listens and responds appropriately, displays tact and diplomacy, initiates discussions with others when appropriate		
Theoretical Knowledge – Relates theory to practice, appropriately assesses situations/problems, identifies needs/solutions		
Quantity of Work – Demonstrates planning and time management		
Quality of Work – Demonstrates attention to detail as evidence by accurate, organized, and neat submissions		
Cooperation – Works with and helps others, maintains positive relationships, assumes appropriate share of work, accepts responsibility for mistakes, cooperates under stress, others seek interns assistance		
Attitude – Displays tact, self-confidence, positive and unbiased approach, integrity, and professional demeanor, incorporates constructive criticism to make improvements, self-reflects		
<b>Total</b>	/50	

4 = 90 – 100                      3.5 = 80 – 89                      3.0 = 75 - 79                      2.0= less than 75

Strongest Areas:

Areas for Improvement:



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### Final Evaluation

#### *Definition of Performance Standards:*

**4 = Independent.** Tasks are completed with minimal initial directions, minimal supporting cues, in an expedient time period, with intern always demonstrating critical thinking skills. The intern thoughtfully analyzes and evaluates all factors and demonstrates a comprehensive approach. Intern demonstrates “linking” previous knowledge to current situation. Projects are detailed, organized and complete. All tasks are completed in a professional manner. The intern consistently displays a positive attitude. ***This score is only achievable when the intern is required to perform a task or produce an end product.***

**3.5 = Mostly Independent.** Tasks are completed with initial directions and few supporting cues in a reasonable time period with intern frequently demonstrating critical thinking skills. The intern thoughtfully analyzes and evaluates the majority factors and demonstrates a comprehensive approach. Intern demonstrates “linking” previous knowledge to current situation. Projects are detailed, organized and complete. Intern completes all tasks in a professional manner. The intern consistently displays a positive attitude. ***This score is only achievable when the intern is required to perform a task or produce an end product.***

**3 = Supervised:** Tasks are completed with initial directions and periodic feedback, occasional supporting cues, in a reasonable time period, with intern occasionally demonstrating critical thinking skills. The intern offers analyses and evaluations of obvious factors. Sometimes demonstrates a comprehensive approach. Projects are detailed and organized. The intern completes all tasks in a professional manner, displaying a positive attitude. ***This score also applies to the projects in which the intern observes a process or event and in projects where the intern is required to perform a task or produce an end product. For observation assignments, a score of ‘3’ would indicate a positive attitude, thoughtful questions and insightful comments.***

**2 = Assisted:** Tasks are completed with initial directions and frequent feedback, frequent supporting cues, over a delayed time period, with intern rarely demonstrating critical thinking skills) Completes tasks in a professional manner, usually displaying a positive attitude. ***This score also applies to the projects in which the intern observes a process or event and in projects where the intern is required to perform a task or produce an end product. For observation assignments, a score of ‘2’ would indicate attendance but lack of thoughtful questions and insightful comments.***

**1= Incomplete:** Work is technically inaccurate or incomplete. Tasks do not meet expectations and are thrown together without much thought. Projects lack detail and/or are unorganized. The intern displays unprofessional behavior or negative attitude. ***This score also applies to the projects in which the intern observes a process or event and in projects where the intern is required to perform a task or produce an end product. For observation assignments, a score of ‘1’ would indicate absence or tardiness to the event and/or lack of participation and/or unprofessional behavior and negative attitude.***



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Planned Experience	Competency Met	Score	Comments					
Nutrition Care Process	CRD 1.1 CRD 1.2 CRD 2.1 CRD 2.6 CRD 2.7 CRD 2.10 CRD 2.11 CRD 3.1 a-e	<table border="1"> <tr> <td>4.0</td> <td>3.5</td> <td>3.0</td> <td>2.0</td> <td>1.0</td> </tr> </table>	4.0	3.5	3.0	2.0	1.0	
4.0	3.5	3.0	2.0	1.0				
Regulatory Compliance	CRD 1.1 CRD 1.3 CRD 1.5 CRD 2.1 CRD 2.11 CRD 4.2 CRD 4.7	<table border="1"> <tr> <td>4.0</td> <td>3.5</td> <td>3.0</td> <td>2.0</td> <td>1.0</td> </tr> </table>	4.0	3.5	3.0	2.0	1.0	
4.0	3.5	3.0	2.0	1.0				
Meal Rounds and Supplement Review	CRD 1.1 CRD 1.3 CRD 2.5 CRD 2.8 CRD 2.11 CRD 3.2 CRD 4.4 CRD 4.5 CRD 4.7	<table border="1"> <tr> <td>4.0</td> <td>3.5</td> <td>3.0</td> <td>2.0</td> <td>1.0</td> </tr> </table>	4.0	3.5	3.0	2.0	1.0	
4.0	3.5	3.0	2.0	1.0				
Interdisciplinary Care	CRD 2.5 CRD 2.6 CRD 2.7 CRD 2.8 CRD 2.10 CRD2.11 CRD 4.11	<table border="1"> <tr> <td>4.0</td> <td>3.5</td> <td>3.0</td> <td>2.0</td> <td>1.0</td> </tr> </table>	4.0	3.5	3.0	2.0	1.0	
4.0	3.5	3.0	2.0	1.0				
Professional Behaviors	CRD 2.1 CRD 2.7 CRD 2.11	<table border="1"> <tr> <td>4.0</td> <td>3.5</td> <td>3.0</td> <td>2.0</td> <td>1.0</td> </tr> </table>	4.0	3.5	3.0	2.0	1.0	
4.0	3.5	3.0	2.0	1.0				

Add up total score \_\_\_\_\_/20 X 100= \_\_\_\_\_%

Did the intern score a 75% or above on the rotation (circle one)                      YES    NO

Did the intern satisfactorily complete this rotation (circle one)                      YES    NO

Do you have ANY reservations about the advancement of this intern? If yes, please elaborate below.

Intern Signature: \_\_\_\_\_ Date \_\_\_\_\_

Preceptor Signature \_\_\_\_\_ Date \_\_\_\_\_