



## Georgia Department of Public Health WIC Dietetic Internship Program Pediatric Rotation Description

**Pediatric Rotation:** Selected Interns will spend two to four weeks at Children's Healthcare of Atlanta to gain a better understanding of dietetics in the pediatric setting. During this rotation, interns will use height and weight growth charts to assess nutritional status, learn tools to counsel children and their families on weight management, and become familiar with different types of pediatric formulas available. Interns will gain experience providing nutrition care to pediatric patients with a wide variety of diagnoses.

### **Before the rotation:**

1. Contact preceptor two weeks before the start of the rotation to arrange the rotation schedule.
2. Thoroughly review the *Academy of Nutrition and Dietetics (AND) Pediatric Nutrition Care Manual* all sections.
3. Complete the clinical pre-rotation modules.

**Length of rotation:** two-four weeks (48-96hours) **Standard hours:** To be determined by rotation preceptor

### **Expectations:**

1. Interns have completed clinical pre rotation modules entirely before the first day of any clinical rotation.
2. Interns will be knowledgeable about and able to effectively use AND's Pediatric Nutrition Care Manual information, tools and resources.
3. Interns will meet with preceptor on the first day of rotation to review the orientation checklist.
4. Interns will abide by all internship and facility policies.

### **Resources needed for rotation:**

1. Calculator and black ink pen.
2. *Food Medication Interaction Handbook, Nutrition Assessment Pocket Guide and Nutrition Care Process Pocket Guide, Nutrition and Diagnosis Related Care Textbook, Nutrition Diagnosis and Intervention: Standardized Language for the Nutrition Care Process, Nutrition Therapy & Pathophysiology, 2<sup>nd</sup> Edition*
3. Completed pre-rotation module and readings
4. Computer and Internet access

### **Learning Objectives:**

1. The intern will be able to utilize technology to access credible scientific sources to research nutrition related questions and apply evidence-based guidelines.



2. The intern will be able to appropriately complete nutrition assessments, distinguish nutrition diagnoses, plan nutrition interventions, and identify parameters to monitor intervention success.
3. Intern will be able to confidently and effectively work as part of an interdisciplinary care team to provide high quality patient care.

### **Activities:**

1. Nutrition Assessment, Diagnosis, Intervention and Monitoring (Nutrition Care Process)
2. Interdisciplinary care team meetings
3. Infant feeding comparison paper
4. Infant formula recipe calculation

### **Competencies:**

1. CRD 1.1: Select indicators of program quality and/or customer service and measure achievement objectives
2. CRD 1.2: Apply evidence-based guidelines, systematic reviews and scientific literature (such as *the Academy's Evidence Analysis Library and Evidence-based Nutrition Practice Guidelines, the Cochrane Database of Systematic Reviews and the U.S. Department of Health and Human Services, Agency for Healthcare Research and Quality, National Guideline Clearinghouse Web sites*) in the nutrition care process and model and other areas of dietetics practice
3. CRD 2.1: Practice in compliance with current federal regulations and state statutes and rules, as applicable and in accordance with accreditation standards and the *Scope of Dietetics Practice and Code of Ethics for the Profession of Dietetics*
4. CRD 2.2: Demonstrate professional writing skills in preparing professional communications
5. CRD 2.5: Demonstrate active participation, teamwork, and contributions in group settings
6. CRD 2.6: Assign patient care activities to registered dietetic technicians (DTRs) and/or support personnel as appropriate
7. CRD 2.7: Refer clients and patients to other professionals and services when needs are beyond individual scope of practice
8. CRD 2.10: Establish collaborative relationships with other health professionals and support personnel to deliver effective nutrition services
9. CRD 2.11: Demonstrate professional attributes within various organizational cultures
10. CRD 3.1: Perform the Nutrition Care Process (a through e below) and use standardized nutrition language for individuals, groups and populations of differing ages and health status, in a variety of settings
  - a. Assess the nutritional status of individuals, groups, and populations in a variety of settings where nutrition care is or can be delivered
  - b. Diagnose nutrition problems and create problem, etiology, signs, and symptoms (PES) statements



- c. Plan and implement nutrition interventions to include prioritizing the nutrition diagnosis
  - d. Monitor and evaluate problems, etiologies, signs, symptoms, and the impact of interventions on the nutrition diagnosis
  - e. Complete documentation that follows professional guidelines, guidelines required by the health care systems, and guidelines required by the practice setting
11. CRD 3.2: Demonstrate effective communication skills for clinical and customer services in a variety of formats
12. CRD 3.6: Develop and evaluate recipes, formulas, and menus for acceptability and affordability that accommodate the cultural diversity and health needs of various populations, groups and individuals
13. CRD 4.5: Use current informatics technology to develop, store, retrieve, and disseminate information and data

#### **Evaluation:**

1. Intern activities and assignments will be evaluated by the preceptor using grading definitions included in final evaluation form.
2. Interns will be given a final evaluation at the end of the rotation using the DPH WIC Dietetic Internship final evaluation form.
3. The final evaluation form will include grades from all activities/assignments as well as a review of professionalism parameters.

#### **After the rotation:**

1. Submit electronically to DPH WIC Dietetic Internship Program Director:
  - a. Signed and dated rotation orientation checklist.
  - b. Completed signed and dated rotation goals and reflections form.
  - c. Documentation from all activities and assignments.
  - d. All signed and dated activity logs for the entire pediatric rotation.
  - e. Completed, signed, and dated rotation hours' summary form.
  - f. Completed and signed pediatric rotation final evaluation form.