PROTECT AND PREVENT

Zika Virus Infection

• Use EPA-registered insect repellents

  For children 2 months old and older use products with 10%-30% DEET
  For children 3 years old and older oil of lemon eucalyptus may be used

• Apply sunscreen first, then insect repellent
  (mosquitoes that spread Zika bite mostly during the daytime)

• Dress in light-weight clothing to cover arms and legs (avoid bright colors, flowery prints)

• DO NOT apply insect repellents to children’s eyes, mouth, hands or irritated skin

  Adults: spray insect repellent on your hands then apply to child’s face and top of head

• DO NOT apply insect repellent to skin under clothing

• Cover strollers, baby carriages, and car seats with mosquito netting

TIP ‘N TOSS TO ELIMINATE STANDING WATER

Find out what it takes to stop Zika
Please visit dph.georgia.gov/zika

ILLUSTRATION COURTESY CDC

DEET

ILLUSTRATION COURTESY CDC
No vaccine to prevent Zika

No medicine to treat Zika

Zika can be spread through mosquito bites and through unprotected sex

Zika is linked to serious birth defects

PREVENT ZIKA INFECTION DURING PREGNANCY

Use condoms for all sexual activity if partner may have or had Zika

—OR—

Don’t have sex during pregnancy if partner may have or had Zika

THINKING ABOUT PREGNANCY?

Talk to your doctor or healthcare provider about the risks of Zika during pregnancy

BREASTFEEDING

There are no reports of infants being infected with Zika through breastfeeding

PROTECT AGAINST MOSQUITO BITES

Use EPA-registered insect repellents containing 20%-30% DEET (follow label directions)

Used properly, EPA-registered insect repellents are safe for pregnant and breastfeeding women

Dress in light-weight clothing to cover arms and legs (no bright colors, flowery prints)

Tip ’n Toss: eliminate standing water around your home and yard

ZIKA VIRUS SYMPTOMS

HEADACHE

RED EYES

FEVER

MUSCLE PAIN

JOINT PAIN

RASH

MICROCEPHALY

• Zika spreads from woman to baby during pregnancy

• Zika causes a smaller-than-normal head

• Zika causes poor brain development in babies

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