Zika is spread through the bite of an infected mosquito.

Zika can be spread by an infected man to his sex partners through any kind of unprotected sex.

If your partner becomes infected with Zika when she is pregnant (or gets pregnant), she may have a miscarriage or the baby may be born with serious birth defects.

There is no medicine to treat Zika or vaccine to prevent Zika.

**PROTECT AND PREVENT**

**Zika Virus Infection**

**WHAT MEN SHOULD KNOW!**

- Use condoms for all sexual activity for 6 months or abstain from sex.
- Wait at least 6 months before getting your partner pregnant.

**WHAT WOMEN SHOULD KNOW!**

- Zika can be spread by an infected man to his sex partners through any kind of unprotected sex.
- If your partner becomes infected with Zika when she is pregnant (or gets pregnant), she may have a miscarriage or the baby may be born with serious birth defects.
- There is no medicine to treat Zika or vaccine to prevent Zika.

**ZIKA VIRUS SYMPTOMS**

- Fever
- Rash
- Red eyes
- Joint pain

**PROTECT AGAINST MOSQUITO BITES**

- Use EPA-registered insect repellents containing 20%-30% DEET (follow label directions).
- Wear long sleeves, long pants and socks.
- Wear permethrin-treated clothing.
- Stay in places with air conditioning or tight-fitting window and door screens.
- Tip ‘n Toss: eliminate standing water around your home and yard.

**PREVENT ZIKA SPREAD DURING SEX**

- Use condoms for all sexual activity for 6 months or abstain from sex.
- Wait at least 6 months before getting your partner pregnant.

**IF YOU HAVE ZIKA (OR HAVE BEEN EXPOSED TO ZIKA)**

- Use EPA-registered insect repellents containing 20%-30% DEET (follow label directions).
- Wear long sleeves, long pants and socks.
- Wear permethrin-treated clothing.
- Stay in places with air conditioning or tight-fitting window and door screens.
- Tip ‘n Toss: eliminate standing water around your home and yard.

**MOST PEOPLE DON’T KNOW THEY HAVE ZIKA. THE ILLNESS IS USUALLY MILD WITH SYMPTOMS LASTING SEVERAL DAYS.**

**Find out what it takes to stop Zika**

Please visit dph.georgia.gov/zika

Georgia Department of Public Health
Zika Virus Infection

**What Women Should Know!** | Zika Virus Symptoms

- Zika is spread through the bite of an infected mosquito
- Zika can be spread by an infected woman to her sex partners through any kind of unprotected sex
- If a woman becomes infected with Zika when she is pregnant (or gets pregnant), she may have a miscarriage or her baby may be born with serious birth defects
- There is no medicine to treat Zika or vaccine to prevent Zika

**Zika Considerations for Women**

**Women Who Are Pregnant**
- Pregnant women should not travel to areas with on-going Zika outbreaks or areas at risk of Zika outbreaks
- Use condoms for all sexual activity for six months if your partner has Zika or has been exposed to Zika
- Don’t have sex during your pregnancy

**Women Considering Pregnancy**
- Talk to your doctor about:
  - Plans for having children
  - The risk of getting Zika during pregnancy
  - Your partner’s possible exposure to Zika

**Women Wishing to Avoid or Delay Pregnancy**
- Talk to your doctor about:
  - Options for birth control that are safe, effective and fit your life style

**Protect Against Mosquito Bites**

- Use EPA-registered insect repellents containing 20%-30% DEET (follow label directions)
- Wear long sleeves, long pants and socks
- Wear permethrin-treated clothing
- Stay in places with air conditioning or tight-fitting window and door screens
- Tip ‘n Toss: eliminate standing water around your home and yard

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